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# Detection of human influences on temperature seasonality from the 19th century

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1 **Detection of human influences on temperature seasonality from the**  
2 **19<sup>th</sup> century**

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19

20 **It has been widely reported that anthropogenic warming is detectable with high**  
21 **confidence after the 1950s. However, current palaeoclimate records suggest an**  
22 **earlier onset of industrial-era warming. Here, we combine observational data,**  
23 **multi-proxy palaeo records and climate model simulations for a formal detection**  
24 **and attribution study. Instead of the traditional approach to the annual mean**  
25 **temperature change, we focus on changes in temperature seasonality (i.e., the**  
26 **summer-minus-winter temperature difference) from the regional to whole**  
27 **Northern Hemisphere scales. We show that the detectable weakening of**  
28 **temperature seasonality, which started synchronously over the northern**  
29 **mid-high latitudes since the late 19th century, can be attributed to anthropogenic**  
30 **forcing. Increased greenhouse gas concentrations are the main contributors over**  
31 **northern high-latitudes, while sulphate aerosols are the major contributors over**  
32 **northern mid-latitudes. A reduction in greenhouse gas emissions and air**  
33 **pollution is expected to mitigate the weakening of temperature seasonality and**  
34 **its potential ecological effects.**

35 It is now common knowledge that human activities have a profound influence on the  
36 Earth's climate<sup>1</sup>; the most evident influence is the trend of continuing warming in the  
37 surface air temperature and the increased occurrence of climate extremes since the  
38 1950s<sup>1-3</sup>. In addition to changes in the mean and extremes, the warming climate will,  
39 as a consequence, affect organisms and ecological systems, such as species  
40 physiology<sup>4</sup>, ecological stability<sup>5</sup> and ecological functions<sup>6</sup>. One of the primary  
41 drivers of these ecological effects is the change in the magnitude of the annual  
42 temperature cycle (ATC), which is calculated as the summer-minus-winter  
43 temperature difference<sup>7-8</sup>. Emerging evidence has shown prominent ATC weakening  
44 in the northern mid-high latitudes during the past several decades<sup>8-10</sup>. Extensions in

45 the growing season<sup>11</sup> and spatial and temporal adaptations of several plants<sup>12</sup> have  
46 occurred either regionally or globally as a consequence of the weakened ATC. Based  
47 on climate model simulations, the recent weakening of temperature seasonality has  
48 been attributed to anthropogenic forcing<sup>13</sup>.

49 It has long been suspected that the human influence on the climate may have started  
50 much earlier than that in the recent data-rich period<sup>14</sup>. Because of the limitations of  
51 early instrumental observations and temporal variations in the strength of  
52 anthropogenic influence combined with internal climate variability and changes in  
53 natural external forcing factors, the detection and attribution of human influences on  
54 earlier climate changes have always been difficult to perform. Based on palaeoclimate  
55 records, a recent study reported that the onset of industrial-era warming across the  
56 oceans and continents occurred earlier than the 20th century, suggesting that the  
57 greenhouse forcing of industrial-era warming commenced as early as the  
58 mid-nineteenth century<sup>15</sup>. Moreover, a tree-ring-based study from the Tibetan Plateau  
59 (TP) extended the records of the magnitude of the ATC back to the year 1700<sup>16</sup>; this  
60 extended record shows that the onset of weakening temperature seasonality may have  
61 occurred as early as the 1870s, coinciding with an increase in human-induced  
62 atmospheric sulphate concentrations recorded in an ice core from the Dasuopu glacier  
63 (28°23'N, 85°43'E; 7200 m asl)<sup>17</sup>. However, as shown in Fig. 1, both the seasonal  
64 warming rates and the trends in the magnitude of the ATC show strong spatial  
65 variability. Therefore, it is important to explore the detectability of earlier human  
66 influences on temperature change, as broadly as historical records allow, to determine

67 whether these recent findings bear any global implications.

68 Here, we examine changes in the magnitude of the ATC based on available proxy  
69 records and instrumental observations in four regions that show prominent weakening  
70 in the magnitude of the ATC (marked by the boxes shown in Fig. 1), as well as in the  
71 northern mid-high latitudes. Well-validated proxy data from Europe (1500-2004)<sup>18</sup>  
72 and the TP (1700-2011)<sup>16</sup> are used to explore the changes in the magnitude of the ATC  
73 from the pre- to post-industrial period; then, the CRU4.6 land surface air temperature  
74 since 1850<sup>19</sup> is used to examine broader spatial patterns (Methods). Historical  
75 ensemble simulations from the fifth Coupled Model Intercomparison Project (CMIP5)  
76 driven by all forcings and separate external forcings<sup>20</sup> are used for detection and  
77 attribution (D&A hereafter).

### 78 **Changes in the trend of the magnitude of the ATC**

79 A change-point analysis shows that the sustained and significant weakening in the  
80 magnitude of the ATC in Europe started in 1865 (Fig. 2a). Based on a 312-year  
81 reconstruction of the magnitude of the ATC<sup>16</sup>, the change-point analysis reveals that  
82 the TP has experienced persistent and significant ATC weakening since 1872, while a  
83 weak and insignificant strengthening occurred during 1700-1873 (Fig. 2b). There is  
84 no ATC proxy evidence available that is long enough to identify when the sustained  
85 and significant ATC weakening started in northeastern Asia (NEA), North America  
86 (NA), the northern mid-latitudes (NHM), the northern high-latitudes (NHH) and the  
87 northern mid-high-latitudes (NH). However, observations starting in 1851 show

88 discernible weakening in the magnitude of the ATC in all of these regions (Fig. 2c-g).  
89 These results indicate that although the specific year when the magnitude of the ATC  
90 began weakening might not be identical among all regions, prominent ATC  
91 weakening has occurred widely since the late 19<sup>th</sup> century.

## 92 **Changes in the magnitude of the ATC related to different forcings**

93 Climate model simulations driven by all historical forcings (i.e., natural and  
94 anthropogenic, ALL) can generally reproduce the observed changes in temperature  
95 seasonality since 1851 (Fig. 1). However, the simulated trends in the magnitude of the  
96 ATC driven by separate forcings appear to be different (Fig. 3). The spatial patterns of  
97 the trends in the magnitude of the ATC in the ALL simulations and the anthropogenic  
98 forcing only simulations (ANT) are very similar and both are consistent with the  
99 observations. Both the spatial pattern and the significant regions of the weakening in  
100 the magnitude of the ATC are different from those of indicated by the observations  
101 when only natural forcings (NAT) are applied. Interestingly, greenhouse gas  
102 (GHG)-induced ATC weakening mainly occurs in the northern high latitudes (north of  
103 60°N), while the anthropogenic aerosol (AA)-triggered ATC weakening occurs in the  
104 northern mid-latitudes (30-60°N).

105 Thus, there are two critical anthropogenic factors that contribute to the weakening in  
106 the magnitudes of the ATC: GHG concentrations and AA loadings (Supplementary  
107 Figure 1). Due to their different radiative properties, GHGs and AAs have different  
108 effects on the local ATC. Increased GHG concentrations reduce outgoing long wave

109 radiation from the surface and prevent the surface temperature from falling. This  
110 pattern is most effective over the high-altitude<sup>21</sup> and high-latitude regions<sup>22,23</sup> in  
111 winter. AAs dominated by sulphate aerosols<sup>24,25</sup>, on the other hand, act to  
112 reflect/scatter incoming solar radiation and prevent the surface temperature from  
113 rising. This pattern is, therefore, most effective over the subtropical/mid-latitude  
114 regions, which have the largest AA loadings<sup>26</sup> during the summer when sunlight is the  
115 strongest. In addition to their direct effect, the indirect effect of aerosols on clouds  
116 amplifies their influence on short wave scattering, causing net cooling, which is most  
117 effective in summer<sup>27</sup>.

118 As shown in Fig. 2, the temporal evolution of the magnitude of the ATC  
119 approximately follows those of the GHG emissions<sup>28</sup> and the sulphate aerosol  
120 concentration levels recorded in Greenland ice cores over the past half millennium<sup>29</sup>  
121 (i.e., a small change preceding the 1860s with a prominent increase thereafter  
122 resulting from human emissions) (Fig. 2a). This consistency indicates a potential  
123 linkage between human emissions and the weakened ATC. Moreover, a millennial  
124 record of atmospheric sulphate concentrations from a TP ice core confirms that  
125 human-induced atmospheric sulphate concentrations increase after 1870<sup>17</sup> (Fig. 2b).

#### 126 **Detection and attribution analysis of the change in the magnitude of the ATC**

127 Further D&A analyses based on simulations derived from 45 Earth system models  
128 (Methods) are utilized to distinguish anthropogenic signals from natural forcing over  
129 different spatial regions (Fig. 4). The D&A analysis period is 1872-2001 for the TP

130 and 1865-2004 for the other six regions (for details on the analysis period selection,  
131 please see the Methods). Based on one-, two- and three-signal D&A analyses, scaling  
132 factors and their 90% confidence intervals are obtained for different forcings in all  
133 regions. In all cases, the residual consistency test (RCT) does not indicate  
134 inconsistency between the regression residuals and the model-simulated variability  
135 (i.e.,  $RCT > 0.1$  in all cases). Detection is confirmed if the 90% confidence interval of  
136 the scaling factor is above zero, and attribution is claimed by the analysis if this  
137 confidence interval also includes one. The one-signal D&A analysis shows that the  
138 ALL and ANT response patterns are fully detectable in the analysed regions, except  
139 for the high northern latitudes (Fig. 4a). Conversely, NAT forcing is detectable only at  
140 high northern latitudes. The failed detection of the ALL and ANT forcings in the high  
141 northern latitudes may be related to the scarce observation data available representing  
142 large spatial scales (Supplementary Figure 2) and, thus, a large amount of noise was  
143 produced. The ALL forcing is attributable in Europe and North America, while the  
144 ANT forcing is attributable in Europe, the TP, North America, and the northern  
145 mid-high-latitudes. However, the model simulations underestimate both the ALL and  
146 ANT responses in northeastern Asia and the northern mid-latitudes. These  
147 underestimations are also present in the linear trends in the magnitude of the ATC  
148 between the observations and simulations (Fig. 1e, f); the observations show the  
149 greatest weakening in the magnitude of the ATC in the NEA (Supplementary Figure  
150 3). An additional two-signal D&A analysis shows that ANT can be distinguished  
151 successfully from NAT in six out of seven regions but fails over the high northern



152 latitudes. This is consistent with the results from the one-signal D&A analysis. There  
153 is also a generally better agreement between the simulated and observed magnitude of  
154 the ATC in the other six regions, compared to that over the high northern latitudes,  
155 although there is a tendency for the simulated magnitude of the ATC to be smaller  
156 than the observed trends (Supplementary Figure 4). Based on the results presented in  
157 Fig. 3, the three-signal D&A analysis (i.e., GHG, NAT and AA) is used to examine  
158 whether the latitude-dependent forcings of GHGs or AAs on the weakened magnitude  
159 of the ATC can be detected and distinguished from the other two forcings. The results  
160 show that the AA forcing can be distinguished from the GHG and the NAT forcings  
161 over the northern mid-latitudes, but the GHG forcing cannot be distinguished from the  
162 AA and NAT forcings over the high northern latitudes. Consistent with the results  
163 presented in Fig. 3, the weakening of the ATC in the northern mid-latitudes can be  
164 attributed to AAs, which are dominated by sulphate aerosols, but not to GHGs and  
165 NAT. Specifically, GHG and NAT forcings present an obvious underestimation; the  
166 underestimation derived from the NAT forcing is much more greater than that derived  
167 from the GHG forcing (the scaling factors of GHGs and NAT are approximately 5 and  
168 10, respectively). For the northern mid-high-latitudes, although AAs, GHGs and NAT  
169 are detected in the weakened ATC, AAs and GHGs more attributable than NAT (i.e.,  
170 the scaling factors of GHGs and AAs are closer 1 than that of NAT). These results  
171 indicate that AAs are the most important factor for northern mid-latitude ATC  
172 weakening, while AAs and GHGs show a greater possibility of contributing to ATC  
173 weakening in the northern mid-high-latitudes. All of the D&A analyses fail over the

174 high northern latitudes, possibly due to the small amount of data available to represent  
175 large spatial scales (Supplementary Figure 2).

176 In conclusion, our study indicates that the regime shift in temperature seasonality in  
177 approximately the 1870s identified over the TP also occurred in Europe, indicating a  
178 broad weakening of the magnitude of the ATC since the late 19<sup>th</sup> century. Although  
179 different magnitudes of weakening in the temperature seasonality exist between  
180 regions, the D&A analyses demonstrate that anthropogenic signals are detectable in  
181 the long-term, with a widespread weakening of temperature seasonality since the late  
182 19<sup>th</sup> century. In addition to the increased concentrations of GHGs and atmospheric  
183 sulphate loadings, which are identified as critical contributors to long-term  
184 temperature seasonality weakening, latitude-dependent effects of these two factors on  
185 temperature seasonality are found; GHGs are mainly responsible for the weakening in  
186 the temperature seasonality in the northern high latitudes, while AAs are the key cause  
187 of weakening in the northern mid-latitudes. These results imply that a policy of  
188 reducing greenhouse gas emissions and air pollution can mitigate the anthropogenic  
189 weakening of the temperature seasonality.

## 190 **Methods**

191 **Climatic and environmental data.** Summer and winter temperatures are defined as  
192 the mean temperature of June-August and the mean temperature of the previous  
193 December-February, respectively. The amplitude of the ATC is calculated as the  
194 difference between the summer temperature and the winter temperature. Gridded data

195 of CRUTEM4.6 land surface air temperature at a spatial resolution of 5° by 5° starting  
196 in 1850<sup>19</sup> (<https://www.metoffice.gov.uk/hadobs/crutem4/data/download.html>) were  
197 used to show the trends in the seasonal warming rates and the magnitude of the ATC  
198 at a global scale (Fig. 1) and the D&A analyses in the five regions (Supplementary  
199 Table 2). The reconstructed magnitude of the ATC for Europe (EU) is the  
200 reconstructed summer temperature minus the reconstructed winter temperature  
201 derived from reference 18, which covers the period 1500-2004 and has a high  
202 consistency with the regionally averaged magnitude of the ATC obtained from the  
203 CRUTEM4.6 grid data ( $r_{1851-2004} = 0.92$ ) (Supplementary Figure 5). The ATC proxy  
204 series for the TP is derived from reference 16 and covers the period 1700-2011.  
205 Although the ATC proxy series from the TP was used to reflect the temperature  
206 difference in the mean temperature of July-September minus that of the previous  
207 November-February in the original study<sup>16</sup>, it is also a good proxy for the temperature  
208 difference between the mean temperature of June-August and that of the previous  
209 December-February, as the two seasonal temperature difference series are almost  
210 identical ( $r_{1952-2013} = 0.84$ ) (Supplementary Figure 6). Additional comparisons  
211 between the magnitude of the ATC proxy series from the TP and the observed  
212 magnitude of the ATC series from northeastern India  
213 ([http://www.tropmet.res.in/static\\_page.php?page\\_id=54](http://www.tropmet.res.in/static_page.php?page_id=54)) in the common period  
214 1902-2007 also indicate that the magnitude of the ATC proxy series from the TP is  
215 representative of the temperature difference between the mean temperature of  
216 June-August and that of the previous December-February. Although large

217 tree-ring-based summer temperature reconstructions have been performed for  
218 high-latitude North America, there is no corresponding winter temperature  
219 reconstruction available. Therefore, an analysis of the summer-minus-winter  
220 temperature difference in this region is not currently feasible. The magnitudes of the  
221 ATC in North America (NA), northeastern Asia (NEA), the northern mid-latitudes  
222 (NHM), the northern high-latitudes (NHH) and the northern mid-high latitudes (NH)  
223 are calculated to be the gridded regional average of the CRUTEM4.6 land surface air  
224 temperature difference between the mean temperature of June-August and that of the  
225 previous December-February over the period 1851-2005. For definitions of the seven  
226 geographical regions used in this study, please see Supplementary Table 2. The  
227 following approaches were applied in each grid box and to all the regions analysed  
228 (Supplementary Figure 2, Supplementary Table 2) to calculate the  
229 summer-minus-winter temperature difference and to treat the missing data. The  
230 summer-minus-winter temperature difference was calculated for each grid box for  
231 every year based on the criterion that at least one month of data was available for both  
232 summer and winter; otherwise, the year was treated as having missing data. For the  
233 summer-minus-winter temperature difference series calculated in each grid box, only  
234 time series with at least 52 years of data (i.e., one-third of the length of the full period  
235 of 1851-2005) were defined as valid grid boxes and were used for further analysis.  
236 The percentage of valid grid boxes for each region analysed in this study is shown in  
237 Supplementary Table 2. Moreover, the grid boxes were used for trend analyses; for  
238 example, Figs.1a, c and e have data lengths of at least 52 consecutive years. The

239 series of the regional magnitude of the ATC was produced by averaging all valid grid  
240 boxes in the corresponding regions (Supplementary Figure 2, Supplementary Table 2).  
241 Because the numbers of available valid grid boxes decreases for the regional series in  
242 the early time period, we test the influence of this decrease in the number of grid  
243 boxes on both the long-term trend and the non-overlapping 10-year-averaged series  
244 used for the D&A analyses (Supplementary Figures. 7-11). The results show that  
245 although the series of changes in the magnitude of ATC (with data coverage reduced  
246 to a minimum) can trigger changes in variance, little change occurred in the trend of  
247 the full-period and the non-overlapping 10-year-averaged series, both in the data rich  
248 period and in the full period. These results demonstrate that the decrease in number of  
249 valid grid boxes in the early period has little influence on the long-term trend of the  
250 magnitudes of the ATC and the D&A analyses conducted in this study. Atmospheric  
251 sulphate concentrations recorded in the TP ice core<sup>17</sup> and five Greenland ice cores  
252 (i.e., D20, GISP2, B16, B18 and B21; detailed in reference 29)<sup>29</sup> are used to indicate  
253 the sulphate emission strength caused by human activity.

254 **Change-point analysis.** We identified the change points in the trend of the  
255 reconstructed magnitude of the ATC in Europe and the TP using the SiZer (SIgnificant  
256 ZERo crossings of derivatives) method<sup>30</sup>. SiZer determines the change point and the  
257 significance of trends in time series data by performing an analysis across different  
258 smoothing bandwidths. For the bandwidths, the range of 15-50 years was considered  
259 suitable to reduce the influence of interannual to decadal climate variability on the  
260 detection of a sustained trend<sup>15,30</sup>. Therefore, we assess the change points of the

261 magnitude of the ATC from the SiZer output by determining the median year of  
262 initiation for the most recent significant ( $P < 0.1$ ) and sustained trends across the  
263 bandwidth range (in integer years from 15 to 50). The adaptability and stability of the  
264 SiZer method in addressing the climate changes that characterized industrial-era  
265 climate trends have been tested in reference 15, and a detailed description of the SiZer  
266 method is available in references 30 and 15. The code for performing the  
267 change-point analysis in this study is derived from reference 15.

268 **Model simulations.** Monthly mean land near-surface temperature (tas) simulations  
269 from 45 fully-coupled Earth system models (ESMs) participating in the CMIP5  
270 project<sup>20</sup> (Supplementary Table 1) are used to perform the D&A analyses on the  
271 magnitude of the ATC over a long period. The ESMs comprise a set of simulations:  
272 ALL, with historical anthropogenic and natural forcings (i.e., solar variability;  
273 volcanic aerosols; well-mixed greenhouse gases; other anthropogenic factors, such as  
274 aerosols, land use/land cover change and/or ozone); GHG, with greenhouse gases  
275 forcing only (anthropogenic well-mixed greenhouse gases); NAT, with natural  
276 forcings only (solar variability and volcanic aerosols); ANT, with well-mixed  
277 greenhouse gases plus other anthropogenic factors (such as aerosols, land use/land  
278 cover change and/or ozone); AA, with anthropogenic aerosol forcings dominated by  
279 sulphate aerosols<sup>24,25</sup>; and internal climate variability (i.e., preindustrial control  
280 simulations, PiControl). Supplementary Table 1 shows the number of simulations runs  
281 used for each external forcing (i.e., ALL, NAT, ANT, GHG and AA) and model.  
282 Because climate models might overestimate the indirect effect of aerosol cooling<sup>31</sup>, an

283 alternative estimate of AA forcing was calculated as  $AA=ALL-NAT-GHG$ . Most of  
284 the external forcing simulations end in 2005. Monthly anomalies of the external  
285 forcing simulations are calculated for each grid box point and simulations based on  
286 the base period of 1961–1990. The PiControl simulations are treated as a time series,  
287 with an ending year of 2005, and monthly anomalies are calculated in the same way  
288 as the external forcing simulations. The anomalies are then re-gridded to a common  
289 grid of  $5^\circ \times 5^\circ$  and are masked to the corresponding range (Supplementary Table 2) to  
290 obtain the regionally averaged series. The multi-model ensemble means of the  
291 external forcing simulations are obtained by first computing the individual model  
292 ensemble mean and then averaging across all available models. This calculation gives  
293 equal weights to the different models and thus avoids models with larger numbers of  
294 ensemble members dominating the statistics of the multi-model mean.

295 **Detection and attribution (D&A) analysis.** Beyond the standard comparison of time  
296 series and trend patterns, one formal optimal fingerprint method<sup>32,33</sup> was applied to  
297 detect and attribute changes in the observed/reconstructed magnitude of the ATC in  
298 seven geographical areas (Supplementary Table 2, Supplementary Figure 12) since  
299 the late 19th century. The optimal fingerprint method is based on the generalized  
300 linear regression of the observed or reconstructed magnitude of the ATC as a  
301 combination of climate responses to external forcing plus internal variability. To  
302 detect and attribute the changes in the magnitude of the ATC (i.e.,  $ATC_{OBS}$ ) to  
303 different external forcings (i.e.,  $ATC_{ALL}$ ,  $ATC_{ANT}$ ,  $ATC_{NAT}$ ,  $ATC_{GHG}$  and  $ATC_{AA}$ ),  
304 we regressed the observed magnitude of the ATC onto different signal patterns under

305 one-signal, two-signal and three-signal settings, respectively. The specific regression  
306 settings for the one-signal D&A analysis are as follows:

$$307 \quad ATC_{OBS} = \beta_{ALL} (ATC_{ALL} - \vartheta_{ALL}) + \varepsilon \text{ or } ATC_{OBS} = \beta_{ANT} (ATC_{ANT} - \vartheta_{ANT}) + \varepsilon \text{ or}$$

$$308 \quad ATC_{OBS} = \beta_{NAT} (ATC_{NAT} - \vartheta_{NAT}) + \varepsilon.$$

309 The specific regression settings for the two-signal D&A analysis are as follows:

$$310 \quad ATC_{OBS} = \beta_{ANT} (ATC_{ANT} - \vartheta_{ANT}) + \beta_{NAT} (ATC_{NAT} - \vartheta_{NAT}) + \varepsilon$$

311 The specific regression settings for the three-signal analysis are as follows:

$$312 \quad ATC_{OBS} = \beta_{NAT} (ATC_{NAT} - \vartheta_{NAT}) + \beta_{GHG} (ATC_{GHG} - \vartheta_{GHG}) + \beta_{AA} (ATC_{AA} - \vartheta_{AA}) + \varepsilon.$$

313 where  $ATC_{OBS}$  represents a vector of the observational or reconstructed magnitude of

314 the ATC.  $ATC_{ALL}$ ,  $ATC_{ANT}$ ,  $ATC_{NAT}$ ,  $ATC_{GHG}$  and  $ATC_{AA}$  (i.e., signal patterns) are

315 calculated using the mean of a large ensemble of simulations from all available model

316 simulations (Supplementary Figure 1).  $\vartheta_{ALL}$ ,  $\vartheta_{NAT}$ ,  $\vartheta_{ANT}$ ,  $\vartheta_{GHG}$  and  $\vartheta_{AA}$  represent noise

317 from internal variability in the corresponding signal patterns;  $\beta_{ALL}$ ,  $\beta_{NAT}$ ,  $\beta_{ANT}$ ,  $\beta_{GHG}$

318 and  $\beta_{AA}$  represent the corresponding scaling factors; and  $\varepsilon$  represents the regression

319 residual. The scaling factor and its uncertainty were estimated using the total least

320 squares method<sup>32,33</sup>. The covariance structure of the noise terms is estimated from a

321 long-term control simulation of the unforced climate (i.e., PiControl) with the model

322 used in each analysis, and the estimates of the intra-ensemble variability are computed

323 with the same model. The consistency of the unexplained signal (i.e.,  $\varepsilon$ , which

324 represents the residual of the regression) with internal variability was also assessed

325 using a residual consistency test (RCT). The RCT implementation uses a

326 non-parametric estimation of the null distribution through Monte Carlo simulations



327 (see reference 32 for details).

328 The observational vector, ATC, which describes the space-time evolution of the ATC,  
329 is calculated with consecutive 10-year mean magnitude of the ATC over the analysis  
330 period for all seven regions. The purpose of 10-year averages is to suppress natural  
331 variability, particularly at interannual timescales<sup>32,33</sup>. According to the results of the  
332 change-point analyses of the reconstructed magnitude of the ATC in Europe and the  
333 TP (arrows in Fig. 2a, b) and the end year of the model simulations (2005), the  
334 periods 1865-2004 for Europe and 1872-2005 for the TP can be used for the  
335 long-term D&A analysis. The European ATC proxy series ends in 2005<sup>18</sup>. Because  
336 there is not long enough ATC proxy evidence available to identify the year in which  
337 the sustained and significant ATC weakening began for northeastern Asia (NEA),  
338 North America (NA), the northern mid-latitudes (NHM), the northern high-latitudes  
339 (NHH) and the northern mid-high latitudes (NH), the earlier year identified in the  
340 proxies in Europe and the TP (i.e., 1865) is used as the beginning year of the ATC  
341 weakening for these regions. Thus, the available D&A analysis period for these five  
342 regions (i.e., NEA, NA, NHM, NHH and NH) can be from 1865 to 2004. Considering  
343 that as long as possible periods are used for dimension reduction (i.e., consecutive  
344 10-year mean), the final selected period for the D&A analysis for the TP is 1872-2001  
345 (13×10 yr) and for the other six regions is 1865-2004 (14×10 yr). Correspondingly,  
346 the PiControl simulations are divided into multiple non-overlapping 130-yr segments  
347 for the TP and 140-yr segments for the other six regions, with the last segments  
348 discarded if they are shorter than 130 years or 140 years (Supplementary Table 1).

349 The one-signal and two-signal D&A analyses were conducted in all seven regions  
350 (Supplementary Table 2, Supplementary Figure 12), while the three-signal D&A  
351 analysis was conducted in three regions (i.e., NHM, NHH and NH) based on the  
352 latitude-dependent effects of GHGs and AAs on the change of the magnitude of the  
353 ATC identified in Fig. 3. All of the D&A analyses were performed using the code  
354 provided in reference 32.

355 **Data availability.** The data that support the findings of this study are available from  
356 the corresponding author upon request.

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#### 443 **Additional information**

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#### 445 **Competing interests**

446 The authors declare no competing interests.

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#### 463 **Author contributions**

464 J.D. designed the study and performed most of the analyses with support from Z.M.  
465 and L.L.. J.D., L. J. and X. E. collected data. J.D. drafted and P.W. revised the  
466 manuscript. J. L., S. A., G. H., D. G. and X. E. also contributed to the revision and  
467 improvement of the manuscript. Y.D and L.C improved the figures presentations. All  
468 authors contributed interpreting the results and discussions.

469

470 **Figure captions**

471 **Figure 1 | Linear trends ( $^{\circ}\text{C}/100$  yr) in the surface temperature seasonality for**  
472 **the period 1851-2005 calculated from observational records (CRUTEM4.6) (a, c,**  
473 **e) and the ensemble mean of the simulations from 45 ESMs driven by all forcings**  
474 **(b, d, f) for boreal winter (DJF) (a, b), boreal summer (JJA) (c, d) and the**  
475 **difference between summer and winter (e, f), with decreasing trends in the**  
476 **magnitude of the annual temperature cycle. The black dots indicate a trend**  
477 **significance level of 0.05. The four boxes in (e) and (f) mark the regions of interest:**  
478 **the Tibetan Plateau, northeastern Asia, Europe and North America. Data derived from**  
479 **the ensemble mean of the simulations were masked to mimic the data availability of**  
480 **the CRUTEM4.6.**

481

482 **Figure 2 | Time series of the magnitude of the regional annual temperature cycle**  
483 **(ATC) (grey) in comparison with  $\text{CO}_2$  emissions (thick black line, increasing**  
484 **downward) and sulphate concentrations recorded in ice cores (thin coloured**  
485 **lines, increasing downward) for (a) Europe (EU), with five Greenland ice cores**  
486 **over the period 1500-2004; (b) the Tibetan Plateau (TP), with one TP ice core**  
487 **over the period 1700-2011; and (c-g) North America (NA), northeastern Asia**  
488 **(NEA), the northern mid-latitudes (NHM), the northern high-latitudes (NHH)**  
489 **and the northern mid-high latitudes (NH) over 1865-2005. The solid and dotted**  
490 **magenta lines represent 15-yr and 50-yr Gaussian smoothing of the magnitude of the**  
491 **ATC, respectively. The magenta arrow in (a) points to the year 1865, and that in (b)**  
492 **points to the year 1872. These arrows represent the median time of the onset of**  
493 **sustained, significant ATC weakening assessed across the 15-50-yr filter widths**



494 (Methods). The black triangle in **(b)** indicates the starting year (1870) of the  
495 human-induced sulphate concentration increase identified from the Dasuopu glacier  
496 located in the southern TP<sup>17</sup> and the dashed lines represent the mean magnitudes of  
497 the regional annual temperature cycle in the period. For the specific definition of the  
498 seven geographical regions used in this study, please see Supplementary Table 2.

499

500 **Figure 3 | Linear trends (°C/100 yr) in the simulated magnitude of the ATC over**  
501 **the period 1851-2005 driven by separate forcings for (a) ALL, (B) NAT, (c) ANT,**  
502 **(d) GHG, (e) OANT, (f) AA.** For the number of simulations and ESMs used for each  
503 forcing, please see supplementary Table 1. The black dots indicate a significance level  
504 of 0.05 for the trends. The black lines represent the 60°N and 30°N lines, respectively.  
505 The calculation for OANT is OANT=ALL-Nat-GHG, which stands for the other  
506 anthropogenic forcing derived mainly from anthropogenic aerosols (i.e., AA) but also  
507 from ozone and land use changes. The other forcings were calculated as the ensemble  
508 mean of multiple ESMs.

509 **Figure 4 | Results of the detection and attribution analyses applied to the**  
510 **magnitude of the ATC in seven regions.** Scaling factors and the residual consistency  
511 test (RCT) derived from the one-signal analysis **(a, b)**, two-signal analysis **(c, d)** and  
512 three-signal analysis **(e, f)** (Methods). The confidence interval for the scaling factors  
513 is 90%. The analysis period for Europe (EU), North America (NA), northeastern Asia  
514 (NEA), the northern mid-latitudes (NHM), the northern high-latitudes (NHH) and the  
515 northern mid-high latitudes (NH) is from 1865-2004 and that for the Tibetan Plateau  
516 (TP) is from 1872-2001 (Methods).







