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RESEARCH PAPER

Potent endogenous allelopathic compounds in *Lepidium sativum* seed exudate: effects on epidermal cell growth in *Amaranthus caudatus* seedlings

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Abstract

Many plants exude allelochemicals – compounds that affect the growth of neighbouring plants. This study reports further studies of the reported effect of cress (*Lepidium sativum*) seedling exudates on seedling growth in *Amaranthus caudatus* and *Lactuca sativa*. In the presence of live cress seedlings, both species grew longer hypocotyls and shorter roots than cress-free controls. The effects of cress seedlings were allelopathic and not due to competition for resources. *Amaranthus* seedlings grown in the presence of cress allelochemical(s) had longer, thinner hypocotyls and shorter, thicker roots – effects previously attributed to lepidimoide. The active principle was more abundant in cress seed exudate than in seedling (root) exudates. It was present in non-imbibed seeds and releasable from heat-killed seeds. Release from live seeds was biphasic, starting rapidly but then continuing gradually for 24 h. The active principle was generated by aseptic cress tissue and was not a microbial digestion product or seed-treatment chemical. Crude seed exudate affected hypocotyl and root growth at \( \frac{25}{0.450} \) \( \text{mg l}^{-1} \) respectively. The exudate slightly (28%) increased epidermal cell number along the length of the *Amaranthus* hypocotyl but increased total hypocotyl elongation by 129%; it resulted in a 26% smaller hypocotyl circumference but a 55% greater epidermal cell number counted round the circumference. Therefore, the effect of the allelochemical(s) on organ morphology was imposed primarily by regulation of cell expansion, not cell division. It is concluded that cress seeds exude endogenous substances, probably including lepidimoide, that principally regulate cell expansion in receiver plants.

Key words: Allelopathy, *Amaranthus*, cell division, cell expansion, 4-deoxy-\( \beta \)-L-threo-4-enopyranuronosyl-(1→2)-L-rhamnose, growth regulator, lepidimoide, *Lepidium sativum*, oligosaccharins, seed mucilage.

Introduction

Plants are sources of diverse natural products, some of which have biological activity such as phytotoxins, antimicrobial agents, phytoalexins, and signalling agents (Fry et al., 1993; Deng et al., 2004; Muscolo et al., 2005; Hegab et al., 2008) and some of which provide nutrition to soil microbes (Braga and Dietrich, 1998; Braga et al., 1998; Brigham et al., 1999; Beninger et al., 2004; Meepagala et al., 2005; Isfahan and Shariati, 2007). The exudates from various plant organs contain low-molecular-weight compounds (such as sugars, inorganic ions, vitamins, nucleotides, amino acids, and phenolics), high-molecular-weight substances (polysaccharides and enzymes, and other proteins), and root border cells (Campbell et al., 1995; Dakora and Phillips, 2002; Macario et al., 2003; Prakash et al., 2003; Muscolo et al., 2005; Bais et al., 2006). For example, the polysaccharides of cress root epidermal mucilage were found to be rich in uronic acid, galactose, rhamnose, and arabinose residues (Ray et al., 1988). Thus plant exudates consist of complex mixtures of large and small molecules, and cells, any of which might be of biological significance.

The secondary metabolites that are released into the rhizosphere by plant organs, such as roots, rhizomes, leaves,
4-deoxy-component, rhamnogalacturonan-I (RG-I) (Fry moide was suggested to be derived from a pectic cell-wall has sometimes been inaccurately called 2-
exudation, seed-coat exudation after imbibition, and de-
composition of diverse parts of the plant (Rice, 1984 ;

Hasegawa et al. (1992) reported that cress seedlings significantly affect the elongation of hypocotyls and roots in neighbouring Amaranthus seedlings. Exudates of 2-d-old cress seedlings have a similar effect on Amaranthus in the absence of living cress, and Hasegawa et al. (1992) initially suggested that the roots of cress seedexude a potent allelopathic substance that overstimulates shoot growth and inhibits root growth of potentially competing neighbouring plants. An active principle in cress seed exudate was identified as lepidimoide [the sodium salt of 4-deoxy-β-L-
threo-hex-4-enopyranuronosyl-(1→2)-L-rhamnose], an unsaturated disaccharide (Hasegawa et al., 1992) conveniently represented as ΔUA→Rha. Based on its structure, lepidi-
moide was suggested to be derived from a pectic cell-wall component, rhamnogalacturonan-I (RG-I) (Fry et al., 1993). Later, it was indeed successfully synthesized by digestion of RG-I-rich okra mucilage (Tanaka et al., 2002). Lepidimoide has sometimes been inaccurately called 2-O-rhamnopyranosyl-
4-deoxy-α-L-threo-hex-4-enopyranosiduronate, a name which wrongly implies Rha→ΔUA rather than ΔUA→Rha; this distinction is important because the rhamnose moiety is the reducing terminus of the disaccharide and the bio-activity of lepidimoide is lost if this position is converted to a methyl rhamnoside group (Hirose et al., 2003). The 2-epimer of lepidimoide, ΔUA(1→2)-6-deoxy-α-L-glucose, does possess activity (Hirose et al., 2004), as does ΔUA(1→2)-d-glucose (Yamada et al., 1996).

Purified lepidimoide promoted hypocotyl elongation at concentrations above 3 μM and inhibited root elongation above 100 μM (Hasegawa et al., 1992). Above about 300 μM, lepidimoide increased the whole-seedling concentra-
tion of fructose 2,6-bisphosphate, a potent endogenous regulator of central metabolism which might possibly mediate changes in growth rate (Kato-Noguchi et al., 2001); however, no significant effect on fructose 2,6-bisphosphate was detected at 3–100 μM lepidimoide, concentrations sufficient for growth effects. Lepidimoide also enhanced the light-induced accumulation of chlorophyll and its precursor 5-aminolaevulinic acid in sunflower seedlings (Yamada et al., 1998), delayed the loss of chlorophyll during senescence in oat leaf segments (Miyamoto et al., 1997a), and mimicked auxin in inhibiting the abscission of bean petiole explants (Miyamoto et al., 1997b).

Lepidimoide is not confined to cress seeds. It was exuded by surface-sterilized seeds of 24 species, including 17 dicots, asparagus, leek, and five members of the Poaceae, when each was soaked in water at 25 °C for 2 d (Yamada et al., 1995). Its high abundance in maize and oat is interesting because RG-I is relatively scarce in these plants. Arabidopsis thaliana (seeds soaked at 5 °C for 1 d) was later added to the list; its lepidimoide was isolated as the free acid rather than as the Na+ salt and given a different name, ‘lepidimoic acid’ (Yokotani-Tomita et al., 1998). However, in vivo the ionic form applied is immaterial; therefore this report uses the name ‘lepidimoide’ for the free acid and any of its salts.

There are numerous reports of oligosaccharides (oligosac-
charides exhibiting hormone-like biological effects) derived from plant and fungal cell-wall polysaccharides (Darvill et al., 1992; Aldington and Fry, 1993). Examples include xyloglucan oligosaccharides (York et al., 1984; McDougall and Fry, 1991; Kaida et al., 2010), oligogalacturonides (Aziz et al., 2004), galactoglucomannan oligosaccharides (Auxtová et al., 1995; Benová-Kákosová et al., 2006), gentiobiose (Dumville and Fry, 2003), and fungal oligo-β-glucans (Sharp et al., 1984; Jameois et al., 2005). Lepidimoide is of particular interest as it is one of the few postulated examples of an oligosaccharide with allelochemical activity (thus an interspecies specific oligosaccharin). Therefore, the physiology of the cress–Amaranthus interaction needed to be explored in more depth.

Several aspects of the cress–Amaranthus interaction re-
mained poorly understood. For example, it was not certain whether cress tissues themselves directly manufacture lepidi-
moide by plant-genome-encoded activities or if lepidimoide is formed by the partial digestion of cress RG-I by microbial lyses, e.g. those from fungi (Saranpuetti et al., 2006), including endophytic strains (Tanaka et al., 2002), or bacteria (Ochiai et al., 2007). Some previous studies (Yamada et al., 1995, 1997) but not others (Yokotani-Tomita et al., 1998) had used surface-sterilized seeds as a source of lepidimoide. The current study therefore directly compared aseptic and non-
aseptic cress. Also, although lepidimoide was first described as originating from 2-d-old cress roots (Hasegawa et al., 1992) and from 2-d-old seedlings of numerous species (Yamada et al., 1995), later work on sunflower and buckwheat suggested that much of it actually exudes from the seed-coat and embryo prior to germination (Yamada et al., 1997); the current study therefore compared seed exudates with seedling (root) exudates. Another question was whether a heat-stable allelochemical agent was solely responsible for the effect of cress seedlings on Amaranthus growth or whether interspecific competition also plays a role. An additional possibility was that the effect on hypocotyl and root elongation was due to seed-treatment chemicals present on commercially available cress seed and not due to natural cress exudates. Finally, this study investigated whether the cress allelochemicals influence Amaranthus seedling growth by regulating cell expansion alone or also cell division.

**Materials and methods**

**Surface sterilization of seeds**

Where specified in the Results, seeds were sterilized by shaking in sodium hypochlorite (containing 0.13%, w/v, active chlorine) at
room temperature for 10 min, then washed with 0.01 M HCl followed by sterile water. Seed sterility was verified by incubation in sterile water followed by nutrient broth (each 23 °C for 2 d). No microbial colonies were observed.

**Germination of seeds in Petri dishes**

In all experiments, unless otherwise stated, seeds were placed in 15 ml water or aqueous solution of exudates (with no filter-paper disc) in a 9-cm Petri dish, which was sealed with Parafilm and maintained at 23 °C for 5 d in the dark without shaking. In some experiments, 0.9 ml aqueous solution per 3-cm Petri dish was used. The seedlings were then surface-dried with paper towels, gently flattened between a sheet of glass and a piece of card, and photographed. The length of each seedling's hypocotyl and root was measured on the digital image by use of LabWorks software.

**Growing cress seedlings with other species**

Twenty seeds of *Amaranthus caudatus* (Love-lies-bleeding) plus 20 cress seeds were randomly placed in a Petri dish; 40 seeds of *A. caudatus* alone were used as a control. Similar experiments were repeated with lettuce (*Lactuca sativa*) in place of *Amaranthus*.

**Growing Amaranthus seedlings in cress seed exudates**

Forty cress seeds were incubated as normal but for only 3 d; the seedlings were then removed and the water+exudate was left in the Petri dish. *Amaranthus* seeds (20) were then added and incubated for the next 5 d.

**Growing Amaranthus seedlings in cress seed-coat exudates**

Cress seeds (40) were imbibed in 15 ml water (for 24 h unless otherwise stated) at 4 °C, which allows imbibition but not germination and minimizes any contamination from micro-organisms. The seeds were then removed and *Amaranthus* seeds were placed in the same water and incubated for the next 5 d. Similar experiments were performed with so-called ‘organic’ cress seeds (free of pesticides) and with cress seeds collected from plants grown in a private garden in Edinburgh (receiving only rainwater). In other experiments, the 24-h cress exudate was collected and centrifuged and the supernatant was freeze-dried; the dried exudate was then diluted in water at various concentration prior to a standard 5-d bioassay on *Amaranthus*. Finally, in a test of whether seeds needed to be viable in order to release a biologically active exudate, 1 g dry cress seeds was plunged into 200 ml boiling water, maintained at 100 °C for 15 min, and then incubated at 4 °C for 24 h in the same water, and then the effect of the exudate on *Amaranthus* seeds was bioassayed.

**Measurements of epidermal cells**

A 1-cm segment of hypocotyl from the middle of the hypocotyl was placed on a slide with a scale, and then the epidermal cells were examined under a transmitted light compound microscope (×40 objective). The photomicrographs were analysed by use of LabWorks software.

**Results and discussion**

**Cress seedlings affect the elongation of receiver seedlings**

Hasegawa *et al.* (1992) reported that cress root exudate has an allelopathic effect on *Amaranthus* seedlings. To extend this observation, the current study initially tested the effect of cress seedlings on the germination and seedling elongation of two receiver species in the same Petri dish. Twenty seeds of either *Amaranthus* or lettuce were incubated with 20 cress seeds. As a control, 40 seeds of each receiver species were incubated without cress seeds. Germination was unaffected (data now shown). However, seedlings of both receiver species that had been incubated with cress had significantly longer hypocotyls and shorter roots than the controls (Fig. 1). These results are in close agreement with the findings of Hasegawa *et al.* (1992).

**Fig. 1.** Effect of cress (donor) seedlings on growth of *Amaranthus* or lettuce (receiver) seedlings. *Amaranthus* or cress seedlings were grown alone (–) or mixed with cress seedlings (+). After 5 d at 25 °C in the dark, representative receiver seedlings were photographed (A) and their hypocotyl and root lengths were measured (B). Data represent means from triplicate 9-cm Petri dishes ± inter-dish SE. Significant differences from the relevant ‘–’ seedlings are indicated: * P < 0.05; ** P < 0.01.
Cress seedlings also affect radial swelling of receiver seedlings and the effect persists under aseptic conditions

Live cress seedlings affected not only *Amaranthus* seedlings’ growth in length (Fig. 2A) but also their growth in girth, inhibiting and promoting the swelling of hypocotyls and roots, respectively (Fig. 2B). Consequently, there was a large effect on the length:width ratio (Fig. 2C).

The effects of cress seedlings on the receiver species could in principle be due either purely to the cress seedlings themselves or to cress tissue plus associated micro-organisms, which might for example generate lepidimoide by partially digesting RG-I (Tanaka et al., 2002; Saranputti et al., 2006; Ochiai et al., 2007). In a test of this, cress and *Amaranthus* seeds, or *Amaranthus* seeds alone, were incubated in both aseptic and non-aseptic conditions. After 5 d of incubation, *Amaranthus* seedlings from both aseptic and non-aseptic treatments had longer hypocotyls and shorter roots when grown with cress than when grown alone (Fig. 2A). Thus the effect of cress on *Amaranthus* seedlings was not due to surface micro-organisms.

The effect of cress seedlings on *Amaranthus* seedling growth is not due to competition for resources

Aseptic cress seedlings might exude allelopathic compound(s) and/or might compete with *Amaranthus* for dissolved oxygen in the medium (there were no other nutrients present in the medium, de-ionized water, for potential competition). In an experiment designed to distinguish allelopathy from competition, 20 *Amaranthus* seedlings were grown in the root exudates of 20 cress seedlings after removal of the latter. After 5 d, *Amaranthus* seedlings incubated with cress root exudates had longer and thinner hypocotyls and shorter and thicker roots even though no living cress tissue was present (Fig. 3; root exudate data). This evidence shows that the effect of cress on a receiver species is not due to competition but must be an effect of substance(s) released from the cress seedlings.

Exudate from ungerminated cress seeds has a potent effect on *Amaranthus* seedling growth

Hasegawa et al. (1992) assumed that an allelopathic substance was exuded from the roots of cress seedlings. However, they used whole seedlings, and the same laboratory later reported that much of the allelopathic material actually originated from the seed-coat and embryo prior to germination (Yamada et al., 1997). To distinguish these possibilities, the current study imbibed cress seeds for only 24 h at 4 °C, thus allowing imbibition but preventing germination, and applied the resulting seed exudate to *Amaranthus* seedlings at 25 °C. The seed exudate promoted *Amaranthus* hypocotyl elongation more strongly than the root exudate, while the effect on receiver roots was no different from that of the root exudate (Fig. 3; seed exudate data). This finding suggests that either the seed exudate contained new bioactive compound(s) different from the one (lepidimoide) found by Hasegawa et al. (1992) in cress seedling exudate or that the amount of lepidimoide was higher in seed exudate.

Exudate from ‘organic’ cress seeds also has potent allelopathic effects

Commercial seed may have come into contact with artificial plant growth regulators, fungicides, herbicides, or insecticides, which could theoretically have been responsible for

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**Fig. 2.** Effect of cress seedlings on the growth of *Amaranthus* in aseptic and non-aseptic conditions. *Amaranthus* seedlings were grown alone (control) or mixed with cress seedlings under aseptic or non-aseptic conditions. After 5 d, the receiver (*Amaranthus*) seedlings’ hypocotyls and roots were measured for length (A), width (B), and length:width ratio (C). Data represent means from triplicate 9-cm Petri dishes ± inter-dish SE. Significant differences from the relevant control are indicated: *P < 0.05; **P < 0.02; ***P < 0.01; ****P < 0.001.
the observed effects of seed exudate on the growth of receiver seedlings. Therefore, seed exudate from commercial ‘organic’ cress seed (stated to be free of synthetic chemicals) was collected. Amaranthus seedlings grown in its presence were affected in the usual way (Fig. 3).

Although the commercial ‘organic’ seed was stated to be free from synthetic chemicals, there was still the possibility that it had been in contact with ‘organic’ preparations containing natural growth regulators (e.g. auxins and gibberellins). Cress plants were therefore grown in an unfertilized garden in Edinburgh supplied only with rainwater and the next generation of seed was collected after flowering. Exudate from this seed again affected Amaranthus seedlings grown in its presence were affected in the usual way (Fig. 3). It is deduced that seed-treatment chemicals are not responsible for the apparent allelopathic effect. Therefore, the effect on Amaranthus seedlings was due to the compound(s) which are naturally exuded from cress seeds.

Release of allelochemical(s) from cress seed is very rapid

In an experiment designed to identify when maximally bioactive material is exuded from seed, cress seeds were imbibed for various times and applied the exudates to Amaranthus (Fig. 4). Within the first few minutes, cress seeds released soluble bioactive compound(s) into their surroundings. Hypocotyl and root length and width were all affected by the 10-min exudate. The bioactivity towards receiver hypocotyls reached its maximum at 24 h and thereafter started losing activity, while the activity towards Amaranthus roots reached its maximum at 6 h and then remained constant until at least 48 h. Thus, the bioactive compound(s) were released into aqueous solution as soon as the seeds were imbibed. This quick release of bioactivity suggests that the allelochemical(s) might be stored in or on the seed-coat and released into the environment, possibly as a defence mechanism, as soon as the seeds are imbibed; nevertheless, additional activity was gradually released given more time. Yamada et al. (1997) had shown that dry sunflower and buckwheat seeds contain phenol-extractable lepidimoide, especially in the seed-coat. They also showed that a large amount of additional lepidimoide is released by moistened seeds during 2-d imbibition, the great majority arising from the embryos rather than the seed-coats (Yamada et al., 1997).

The allelopathic material is heat-stable and already present in dry cress seeds

In a test of whether the release of the bioactive principle was dependent on the cress seeds’ metabolism, dry cress seeds were placed in boiling water for 15 min and then incubated in cold water for 24 h. The collected exudate from denatured seeds again resulted in Amaranthus hypocotyls with significantly longer hypocotyls and shorter roots than the control (Table 1). The results show that the bioactive compound(s) were heat-stable and were formed and stored by the embryo or seed-coat during seed maturation.

Fig. 3. Effect of root and seed exudates on Amaranthus seedlings in the absence of competition. Amaranthus seeds were incubated for 5 d in water (control), root exudate collected by the method of Hasegawa et al. (1992) from cress seedlings, or seed exudate from imbibed but ungerminated cress seeds. Where indicated, the exudates were from commercial ‘organic’ cress seed or from seed collected from ‘home-grown’ cress plants maintained in unfertilized garden soil with only rainwater. The 5-d-old Amaranthus seedlings were then measured for length (A), width (B), and length:width ratio (C). Data represent means from triplicate 9-cm Petri dishes ± inter-dish SE. Significant differences from the relevant control are indicated: * P < 0.05; ** P < 0.02; *** P < 0.01; **** P < 0.001.
Potency of cress seed exudate

In a test of the minimal effective concentration of cress seed exudate, a sample was dried, redissolved in water at various concentrations, and bioassayed on *Amaranthus* as the receiver species. The effect on both hypocotyl and root elongation was concentration-dependent (Fig. 5). The minimum effective concentrations on hypocotyl and root growth were ~25 and ~450 μg ml⁻¹, respectively. This ~18-fold difference is comparable to the ~33-fold difference between hypocotyl- and root-sensitivity to lepidimoide reported by Hasegawa *et al.* (1992).

Effect of cress seed exudate on epidermal cell expansion and division

The promotion of hypocotyl elongation by seed exudate axiomatically involves a promotion of side-wall elongation.

Table 1. Heat-stable active principle is present in dry cress seeds

Dry cress seeds (1 g) were plunged into 200 ml boiling water and kept at 100 °C for 15 min; the seeds were removed from the hot water and incubated in 200 ml fresh water at 4 °C for 24 h. Exudate from the denatured seeds was freeze-dried and redissolved in water at 0.5% (w/v). *Amaranthus* seeds were incubated in 0.9 ml of the solution or in water as a control, in 3-cm Petri dishes for 5 d, and then measured. Data are means from triplicate 9-cm Petri dishes ± inter-dish SE.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Hypocotyl length (mm)</th>
<th>Root length (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>15.8 ± 0.6</td>
<td>29.7 ± 0.5</td>
</tr>
<tr>
<td>Exudate from heat-killed cress seeds</td>
<td>29.0 ± 1.0²</td>
<td>16.5 ± 0.9³</td>
</tr>
</tbody>
</table>

² Effect of treatment significant (*P* < 0.001).

Fig. 4. Effect of cress seed exudate collected at various times of imbibition on *Amaranthus* seedling organ lengths (A) and widths (B). Cress seeds were imbibed at 4 °C for various times. *Amaranthus* seeds were then incubated in the collected exudates or in water as a control (plotted at 0 h) for 5 d. Other details are as given for Fig. 3.

![Fig. 4.](image)

Fig. 5. Concentration-dependence of effect of cress seed exudate on *Amaranthus* seedling hypocotyl (A) and root (B) length. Dried cress seed exudate was redissolved in water to give the concentrations indicated. *Amaranthus* seeds were incubated in 0.9 ml of each solution or water (control; dashed line), for 5 d in 3-cm Petri dishes and the lengths were then measured. Data are single measurements from duplicate Petri dishes. Other details are as given from in Fig. 3. Dotted arrows indicate the approximate minimum effective concentration.

![Fig. 5.](image)

Figure captions:

**Fig. 4.** Effect of cress seed exudate collected at various times of imbibition on *Amaranthus* seedling organ lengths (A) and widths (B). Cress seeds were imbibed at 4 °C for various times. *Amaranthus* seeds were then incubated in the collected exudates or in water as a control (plotted at 0 h) for 5 d. Other details are as given for Fig. 3.

**Fig. 5.** Concentration-dependence of effect of cress seed exudate on *Amaranthus* seedling hypocotyl (A) and root (B) length. Dried cress seed exudate was redissolved in water to give the concentrations indicated. *Amaranthus* seeds were incubated in 0.9 ml of each solution or water (control; dashed line), for 5 d in 3-cm Petri dishes and the lengths were then measured. Data are single measurements from duplicate Petri dishes. Other details are as given from in Fig. 3. Dotted arrows indicate the approximate minimum effective concentration.
In principle, this could be accompanied or unaccompanied by a matching promotion of cell division. Likewise, the inhibition of growth in hypocotyl girth by seed exudate could be accompanied or unaccompanied by a matching inhibition of cell division. In an experiment designed to distinguish these possibilities in the case of the epidermis, which is usually the growth-limiting tissue in aerial plant organs (Kutschera, 2008), the final cell dimensions were measured (Fig. 6). Epidermal cells of *Amaranthus* hypocotyls that had been incubated with cress seed exudate were narrower and longer than water-treated controls (Fig. 6; Table 2). These cell patterns were consistent along the lengths of the hypocotyls with and without exudate. Epidermal cells of exudate-treated hypocotyls were 1.78 times the length and 0.49 times the width (and thus circumference) of controls (Table 2). In the same experiment, the whole hypocotyls were 2.29 times the length and 0.74 times the width of controls (Table 2). The effects on hypocotyl dimensions in this experiment were thus similar to those in all comparable experiments [mean ± SE 2.30 ± 0.14 times the length (n = 7) and 0.71 ± 0.01 times the width (n = 5)].

Thus, treatment with exudate increased epidermal cell division in both planes of the epidermal sheet (Table 2). However, although causing a 129% increase in hypocotyl elongation, it caused only a 28% increase in epidermal cell number along the long axis of the organ (Table 2). Thus the principal effect of exudate on processes involved in hypocotyl elongation is to promote cell elongation and the effect on cell division in this dimension is inadequate to explain the observed growth. In the lateral dimension, the exudate resulted in a final hypocotyl circumference 26% less than in the controls, but a 55% greater cell number counted round the circumference (Table 2). This is therefore another clear case of organ growth being determined by cell expansion, not division.

### Conclusion

These observations support the findings of Hasegawa’s group (e.g. Hasegawa *et al.*, 1992; Yamada *et al.*, 1997). The results show that the bioactive material is released as soon as the cress seed is imbibed, without the need for metabolism or

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**Fig. 6.** Effects of cress seed exudate on epidermal cells of *Amaranthus* hypocotyls. *Amaranthus* seeds were incubated for 5 d in the dark at 25 °C in water (A) or cress seed-coat exudate (B). A 1-cm segment from the middle of each hypocotyl was placed on a slide and the epidermal cells were photographed under the ×40 objective. The pictures are representative of the respective cell populations. Bars, 25 μm.

**Table 2.** Effect of cress seed exudate on epidermal cell size, shape and number in *Amaranthus* hypocotyls

*Amaranthus* seeds were incubated in water (control) or in a solution of cress seed exudate for 5 d. From images such as those shown in Fig. 6, the length and width of the epidermal cells were estimated. In addition, the hypocotyls’ lengths and widths were measured and their circumferences estimated (π × width). The number of epidermal cells along the long axis of the hypocotyl was approximated (hypocotyl length:cell length), as was the number of epidermal cells around a circumference of the hypocotyl (hypocotyl circumference: cell width). The total epidermal number per hypocotyl was then approximated (n along length × n around circumference). Data are means from triplicate 9-cm Petri dishes ± inter-dish SE. ****Effect of treatment significant (P < 0.001); ***Effect of treatment significant (P < 0.01). Ratio is calculated as treated:untreated.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Hypocotyl length (mm)</th>
<th>Epidermal cell length (μm)</th>
<th>Hypocotyl circumference (mm)</th>
<th>Epidermal cell width (μm)</th>
<th>Estimated epidermal cell number per:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Hypocotyl length</td>
</tr>
<tr>
<td>Control</td>
<td>15.1 ± 0.2</td>
<td>111 ± 3</td>
<td>2.17 ± 0.05</td>
<td>21.3 ± 0.6</td>
<td>136 ± 4</td>
</tr>
<tr>
<td>Exudate</td>
<td>34.6 ± 0.1***</td>
<td>198 ± 6***</td>
<td>1.60 ± 0.08***</td>
<td>10.4 ± 0.4***</td>
<td>175 ± 5***</td>
</tr>
<tr>
<td>Ratio</td>
<td>2.29 ± 0.02</td>
<td>1.78 ± 0.07</td>
<td>0.74 ± 0.04</td>
<td>0.49 ± 0.02</td>
<td>1.28 ± 0.05</td>
</tr>
</tbody>
</table>
active secretion. The biological potency of the seed exudate is very high, measurably promoting hypocotyl growth at 25 µg ml⁻¹ despite the crude nature of this exudate preparation, which is likely to contain numerous inert carbohydrates, etc. besides the bioactive principle(s).

Any agent that promotes the longitudinal growth of a plant organ must axiomatically increase the total elongation of its cells’ side-walls (regardless of the number of cells and thus cross-walls). A priori, cell division along the long axis could remain unchanged (Fig. 7A), concurrently increase (Fig. 7B), or even decrease. The scenario shown in Fig. 7C is not an option because it would not cause the effects reported in Figs. 1–5. The data indicate that cell division increases only slightly during the dramatic promotion of *Amaranthus* hypocotyl elongation by cress seed exudate. Therefore, it is not a question of enhanced cell division being followed by a matching elongation. On the contrary, an enhancement of cell elongation is the prime mechanism leading to a greater hypocotyl length (Fig. 7A); the small promotion of cell division noted does not keep pace with the elongation. In the case of growth in hypocotyl width, it is even clearer that the inhibitory effect of cress seed exudate on cell-wall expansion is the primary mechanism, since cell division in the tangential plane was actually promoted (Fig. 7D, E).

The biological role of the allelopathic material in cress seed exudates is difficult to ascertain: it could possibly protect the donor plant from competitors by overstimulating the

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Fig. 7. Interpretative diagrams of the epidermis of the *Amaranthus* hypocotyl and its response to cress seed exudate. (A–C) Epidermal cells seen in tangential longitudinal section, to show hypocotyl elongation. Three theoretically possible stimulatory effects are shown: (A) growth without cell division, (B) growth with cell division, and (C) cell division without growth. The effect of cress seed exudate on *Amaranthus* hypocotyls is best represented by (A). (D–E) Epidermal cells seen in transverse section, to show the hypocotyl’s girth. Treatment with exudate (E) results in a more slender hypocotyl despite increasing the cell count in the tangential plane, compared with water treatment (D).
hycotyl growth of the latter to produce excessively tall, weak, ‘foolish’ seedlings similar to those overstimulated by gibberellin, as well as by inhibiting root growth (Rice, 1979). Alternatively, however, the presence of lepidimoide in the seedling(s) of numerous species (Yamada et al., 1995) may suggest that it is a normal component of the growth-regulator repertoire of plants in general, additional to the better-known auxins, gibberellins, cytokinins, etc. Either way, a possible application of the seed exudate phenomenon explored here could be as the basis of novel natural agrochemicals.

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