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The Effects of Deleterious Mutations on Evolution at Linked Sites

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ABSTRACT  The process of evolution at a given site in the genome can be influenced by the action of selection at other sites, especially when these are closely linked to it. Such selection reduces the effective population size experienced by the site in question (the Hill-Robertson effect), reducing the level of variability and the efficacy of selection. In particular, deleterious variants are continually being produced by mutation, and then eliminated by selection, at sites throughout the genome. The resulting reduction in variability at linked neutral or nearly neutral sites can be predicted from the theory of background selection, which assumes that deleterious mutations have such large effects that their behavior in the population is effectively deterministic. More weakly selected mutations can accumulate by Muller’s ratchet after a shut-down of recombination, as in an evolving Y chromosome. Many functionally significant sites are probably so weakly selected that Hill-Robertson interference undermines the effective strength of selection upon them, when recombination is rare or absent. This leads to large departures from deterministic equilibrium, and smaller effects on linked neutral sites, than under background selection or Muller’s ratchet. Evidence is discussed that is consistent with the action of these processes in shaping genome-wide patterns of variation and evolution.
Mutations that increase the fitness of their carriers are, of course, the basis of adaptive evolution. For this reason, the literature on evolutionary genetics is full of studies that document ‘positive’ selection on genetic variants in natural populations— with the advent of data on the resequencing of numerous whole genomes from the same species, we can expect a tidal wave of such examples. But, as was pointed out long ago by geneticists such as Timofeeff-Ressovsky (1940) and Muller (1949, 1950), most mutations that affect the phenotype must be deleterious, because biological machinery has been subject to billions of years of selection to improve its performance. Because the nucleotide sites at which deleterious mutations can arise are numerous and distributed throughout the genome, the constant mutational production of deleterious variants and their elimination by ‘purifying’ selection have major effects on the mean fitness of a population, its level of inbreeding depression, and its genetic variability with respect to fitness components.

These properties of populations have important consequences for the evolution of such fundamental features of organisms as sex and genetic recombination, diploidy versus haploidy, outbreeding versus inbreeding, mate choice, and aging. Jim Crow, a great admirer of Muller (Crow 2005), has devoted much of his career both to improving our theoretical understanding of the population consequences of deleterious mutations, and to documenting their rates of occurrence and their effects on fitness, summed up in several masterly reviews (Crow 1970, 1993, 2000; Simmons and Crow 1977; Crow and Simmons 1983). This body of work has been an inspiration to many who, like myself, have never had the opportunity of studying or working with him.

In this paper, I will review work on an important indirect effect on evolution of the presence of deleterious mutations in populations, discovered by R.A. Fisher, another
of Jim’s heroes (Crow 1990). The following statement appears on pp.121-122 of Fisher (1930b), referring to the fate of a new mutation in an asexual population:

*If we consider the prospect of a beneficial mutation occurring at any instant, ultimately prevailing throughout the whole group, and so leading to evolutionary progress, it is clear that its prospect of doing so will depend upon its chance of falling, out of the whole population, upon the one individual whose descendants are destined ultimately to survive. .. if .. the mutation rates both of beneficial and of deleterious mutations are high enough to maintain any considerable genetic diversity, it will only be the best adapted genotypes which can become the ancestors of future generations…*

In the context of deleterious mutations, this means that only the portion of an asexual or non-recombining population that carries the smallest number of mutations will contribute to the ancestry of future generations. A new beneficial mutation will then have a chance of spreading through the population only if it arises in that class— the descendants of all other classes are ultimately destined for elimination. This is equivalent to saying that the effective population size \( N_e \) (Wright 1931) is equal to the number of breeding individuals in this ‘least-loaded’ class, and is necessarily much smaller than the number of breeding individuals in the whole population (Fisher would not have approved of this way of putting it). This brings out the important point that the effect applies to the fates of neutral and slightly deleterious mutations, as well as beneficial ones. Sexual populations with recombination are far less subject to this reduction in \( N_e \) by mutations in the genetic background, since variants at different sites can disentangle themselves from initial chance associations.

This concept seems to have lain dormant for over 50 years; it is not referred to in the standard monograph on the evolution of sex (Maynard Smith 1978), nor does it appear in the
reviews of the advantages of sex and recombination by Felsenstein (1988) and Crow (1988). The first step towards quantifying the effect was taken by Manning and Thompson (1984). This was, however, somewhat confusingly placed in the context of Muller’s ratchet, which involves an instability in the distribution of the numbers of carriers of deleterious mutations when there is no recombination, brought about by genetic drift in a finite population (Muller 1964; Felsenstein 1974). Rice (1987) similarly made a brief reference to it in the context of the ratchet, while Birky and Walsh (1988) presented simulation results that showed that the presence of deleterious mutations in a non-recombining genome reduces the chance of fixation of a positively selected new mutation, and enhances the chance of fixation of a new deleterious mutation.

The influence of deleterious mutations on evolution at closely linked sites is a form of what Joe Felsenstein (Felsenstein 1974) called the ‘Hill-Robertson effect’, after the seminal paper of Hill and Robertson (1966), whereby selection at one site in the genome interferes with the action of selection at other sites (reviewed by Comeron et al. 2008). This can usefully be thought of in terms of a reduction in $N_e$ caused by the increased variance in fitness associated with the action of selection, an idea introduced in relation to freely recombining loci by Robertson (1961); the effect is stronger when there is close linkage, because associations between variants at different sites are maintained for much longer (Santiago and Caballero 1998). As shown below, for a non-recombining genome this formulation is equivalent to equating $N_e$ to the size of the least-loaded class, provided that selection is sufficiently strong.

The Hill-Robertson effect was discussed by Felsenstein (1974, 1988) in the context of interference among positively selected mutations spreading through a population, a process originally described by Fisher (1930b) and Muller (1932), as well as with reference to Muller’s ratchet. For some time, however, these ideas largely remained the subject of
theoretical discussion, without many applications to data, but the situation has now changed dramatically.

Interest among population geneticists in the effects of selection on variability and evolution at linked sites increased in the late 1980s and early 1990s, in response to the finding that putatively neutral silent DNA restriction site variability in Drosophila populations was lowest in regions of the genome with little or no genetic recombination (Aguadé et al. 1989; Stephan and Langley 1989). Across the D. melanogaster genome as a whole, there was soon found to be a positive correlation between the local recombination rate experienced by a gene and its level of silent variability (Begun and Aquadro 1992), a finding that has been amply confirmed by later research (Begun et al. 2007; Shapiro et al. 2007). These findings stimulated the refinement of models of hitchhiking by positively selected mutations (‘selective sweeps’) (Kaplan et al. 1989; Stephan et al. 1992; Braverman et al. 1995; Simonsen et al. 1995), a concept introduced by Maynard Smith and Haigh (1974), and to the use of the data on the relation between variability and recombination in D. melanogaster to estimate the frequency of such sweeps (Wiehe and Stephan 1993; Stephan 1995)– other things (such as gene density) being equal, selective sweeps should be more effective in reducing variability when recombination rates are low.

It was, however, soon realized that the elimination of deleterious mutations has a similar effect to selective sweeps on neutral or nearly neutral variability at linked sites, by the process outlined above. A simple analytic formula was derived for the reduction in neutral variability caused by deleterious mutations at mutation-selection equilibrium in the absence of recombination (Charlesworth et al. 1993); our work on this problem was helped by discussions with Nick Barton and with Jim, who had been thinking on similar lines. We called this effect ‘background selection’ (a term also used by Birky and Walsh 1988), and showed
that it provides an alternative to selective sweeps as a possible explanation of the correlation between recombination rate and diversity in Drosophila. It does not, of course, exclude a role for selective sweeps, and both processes are likely to contribute to the observed patterns (Sella et al. 2009; Stephan 2010).

In this paper, I will focus exclusively on the effects of deleterious mutations on evolution at linked sites, both in the context of background selection and when purifying selection is sufficiently weak that mutations deviate substantially from their deterministic equilibria as a result of genetic drift— the latter situation is especially important for large non-recombining genomic regions and for asexual or highly self-fertilizing species (Charlesworth et al. 2010). Given the pervasive occurrence of deleterious mutations throughout the genome, it may well be necessary to include their effects on variability and evolution at linked sites in any tests for the operation of other forces, such as positive selection. As shown below, there is increasingly good evidence for such effects.

The Properties of Deleterious Mutations

Before discussing the processes introduced above, it is useful to describe briefly what is known about the frequency of occurrence of deleterious mutations, and the sizes of their effects on fitness. This is, of course, a field to which Jim has made fundamentally important contributions throughout his career. Methods for studying the genome-wide occurrence of deleterious mutations, and the magnitudes of their effects on fitness, are reviewed by Keightley (2012), so that only a brief summary is given here, with an emphasis on Drosophila, Jim’s favorite experimental organism.
Mutation accumulation experiments and the deleterious mutation rate

One parameter of major importance is the per genome deleterious mutation rate, $U$. This is the mean number of mutations that appear per generation in a newly formed zygote, which reduce the fitness of their carriers. It represents the sum of individual mutation rates per nucleotide site over all relevant sites in the genome. The classical method for estimating $U$ has been to measure a fitness-related trait such as viability or fertility, in experiments where lines started from the same initial isogenic stock have fixed mutations independently, an approach pioneered in Drosophila by Terumi Mukai (Mukai 1964; Mukai et al. 1972). Selection against mutations is rendered largely ineffective by minimizing the $N_e$ of each line and/or maintaining the chromosomes accumulating mutations heterozygous over a balancer chromosome, before they are assayed as homozygotes. Such experiments allow measurement of the rate of decline of the mean value across homozygous lines ($DM$) of a fitness related trait such as egg-to-adult viability, and the rate of increase in the variance of line means ($DV$).

The ratio $(DM)^2/DV$ provides a lower bound to the estimate of $U$; the mean selection coefficient, $\bar{s}$, for a homozygous mutation is $\leq DV/DM$ (Bateman 1959; Mukai 1964), where the selection coefficient $s$ for a given mutation is defined as the reduction below one in the ratio of the fitness of mutant homozygotes to the fitness of wild-type homozygotes These relations are only equalities if all mutations have the same $s$ values. In general, there will be a probability distribution of the values of $s$, $\phi(s)$; a wide distribution of $s$ can lead to $U$ being greatly underestimated and $\bar{s}$ being overestimated. More sophisticated statistical methods have also been used to analyze mutation accumulation experiments, such as fitting maximum likelihood models to a
specified distribution of \( s \) to the data, but it has proved hard to obtain accurate parameter estimates (Halligan and Keightley 2009).

Attention is usually restricted to non-lethal or non-sterile mutations (‘detrimentals’), as these constitute the majority of spontaneous deleterious mutations (Crow and Simmons 1983). Unfortunately, the results for detrimental mutations have been rather discordant, even for \( D. melanogaster \) (Halligan and Keightley 2009; Mallet et al. 2011, 2012). Overall, there is evidence in this species for a detectable \( DM \) for fitness (equal to \( U \bar{s} \)), of around one or two per cent. It is less easy to be sure of the values of \( U \) and \( \bar{s} \). The most promising way of resolving these uncertainties is to use methods based on DNA sequence information, which will be considered next.

\textit{Molecular methods for estimating U}

It was pointed out by Kondrashov and Crow (1993) that DNA sequence comparisons of related species can provide an estimate of the proportion of mutations that are sufficiently deleterious that they are certain to be eliminated from the population by selection. If sequence divergence is measured for a class of presumptively selectively neutral sequences, then the divergence per neutral nucleotide site, \( K_{\text{neu}} \), is proportional to the product of the mutation rate and the time separating the two sets of sequences (Kimura 1983). If \( K_{\text{sel}} \) is the corresponding divergence value for sequences that are subject to purifying selection, such as nonsynonymous sites or putatively functional noncoding sequences, then \( 1 - K_{\text{sel}}/K_{\text{neu}} \) provides an estimate of the ‘level of selective constraint’, \( c \), provided that mutation rates are similar for the two classes of sequences. If this proviso is met, then \( c \) is likely to be an underestimate of the true fraction of mutations that are deleterious, since in practice some slightly deleterious mutations get
fixed by drift, and some mutations are fixed by positive selection. Various elaborations of this method have since been developed (Keightley et al. 2011; Keightley 2012).

An estimate of $U$ can be obtained if estimates of $c$ for different components of the genome are available, by taking the sum over all components of the product of $c$ times the mutation rate per basepair and the number of basepairs for the component in question. It is now possible to determine mutation rates in model organisms by the detection of DNA sequence alterations in mutation accumulation lines; in humans, comparisons of whole genome sequences of parents and offspring are being carried out (Keightley 2012). By using these methods, $U$ has been estimated as 1.2 per diploid zygote per generation in *D. melanogaster*; for humans, the current estimate of $U$ is 2.1 (Keightley 2012). Both of these values should be regarded as provisional.

**The distribution of fitness effects of deleterious mutations**

An estimate of $c$ tells us little about the magnitude of the selection coefficient associated with a typical deleterious mutation; unless recombination rates are very low, there is a negligible probability of fixation of a deleterious mutation with a selection coefficient of the order of a small multiple of the reciprocal of the $N_e$ of a species (Fisher 1930a; Kimura 1962); as far as past evolutionary change is concerned, $1/N_e$ is approximately $10^{-4}$ for humans, with their relatively small historical effective population size, and $10^{-6}$ for many Drosophila species (Charlesworth and Charlesworth 2010, Table 5.2). Even very minute selection coefficients are therefore compatible with high levels of selective constraints. Since mutation accumulation experiments have not provided reliable estimates of the distribution of selection coefficients, recent research has used data on
the frequencies within a population of variants at nucleotide sites that are putatively subject to purifying selection (Keightley 2012).

To relate data on the frequencies of nucleotide site variants within populations to the underlying distribution of selection coefficients against deleterious amino-acid mutations, sequence polymorphism data are fitted to population genetic models that predict measurable features of the population from $\phi(s)$. On the assumption that most autosomal mutations in randomly mating populations are selected against when carried in heterozygotes, the methods estimate the distribution of the reductions in fitness to heterozygous carriers of mutations, which we can denote by $t_s$ for a given homozygous effect $s$. This assumption is justified by the finding that lethal mutations in Drosophila reduce fitness by approximately 2% when they are heterozygous with wild-type (Dobzhansky and Wright 1941; Crow and Temin 1964), while detrimental mutations tend to be much closer to semidominance with respect to their fitness effects (Crow and Simmons 1983; Garcia-Dorado and Caballero 2000), as expected on biochemical grounds (Wright 1934; Kacser and Burns 1981).

Applications of these methods have mainly involved nonsynonymous variants, and human, mouse, plants and Drosophila (Gossmann et al. 2010; Haddrill et al. 2010; Halligan et al. 2010; Keightley and Eyre-Walker 2010; Slotte et al. 2010). In addition, in order to reduce the dimensionality of the problem, these studies have mostly used distributions that can be described by two parameters (e.g. mean and standard deviation), such as the normal, log-normal and gamma distributions. The results suggest that the distribution of selection coefficients is very wide, so that gamma or log-normal distributions generally provide a much better fit than normal distributions. In *Drosophila pseudoobscura*, for example, the coefficient of variation of $t_s$ (the ratio of the standard deviation to the mean) exceeds one, and the mean selection coefficient
against mutations segregating in the population is very small, such that its product with $N_e$ is of the order of 20 (Haddrill et al. 2010); this, of course, indicates a very small value of the relevant mean $t_s$, approximately $10^{-5}$. It has proved more difficult, however, to obtain accurate estimates of the arithmetic mean of $t_s$ for newly arising mutations—the point estimates of this parameter have very large confidence intervals and are sensitive to the model that is used. In Drosophila, it seems clear, however, that there is only a small proportion (5% or less) of new nonsynonymous mutations whose behavior as polymorphic variants within the population is effectively selectively neutral ($N_e t_s \leq 0.5$). Around 90% are so strongly selected ($N_e t_s \geq 5$) that they have a negligible chance of fixation. In humans with their much smaller effective population size, the proportion of effectively neutral mutations is closer to 25% (Eyre-Walker and Keightley 2009).

These results can be shown to imply that the mean number of deleterious nonsynonymous mutations that behave approximately deterministically, and which are carried by a typical individual, is approximately 5,000 for Drosophila (Haddrill et al. 2010), and 800 for humans (Charlesworth and Charlesworth 2010, p.295). The estimated mean number of deleterious nonsynonymous mutations present in a randomly chosen gene sampled from a population is surprisingly large for organisms like Drosophila (which has 14,000 genes)—$0.5 \times (5,000/14,000) = 0.18$ per gene in $D. pseudoobscura$ (Haddrill et al. 2010).

These findings suggest that (1) we cannot ignore the possibility that the continual input and selective elimination of deleterious mutations will affect evolution at nearby sites in the genome; (2) much of the behavior of these mutations, at least in freely recombining parts of the genome, can be captured by deterministic models of mutation and selection.
Mutation and selection

Before describing how selection against deleterious mutations may influence evolution at linked sites, the basic population genetics theory of mutation and selection in a diploid, infinitely large, randomly mating population will be presented. Any complications due to genetic drift and non-random associations between linked sites will be ignored at this point. It is assumed that the deleterious mutations of interest are so strongly selected against that they are kept at low frequencies, so that second-order terms in their frequencies can be neglected. Provided that mutations affect fitness independently of each other (i.e., fitnesses can be combined multiplicatively across sites), the following results apply equally well to sexual and asexual populations (Kimura and Maruyama 1966; Crow 1970).

For non-recessive, autosomal mutations affecting a non-synonymous site or non-coding site of functional importance, these assumptions mean that the equilibrium frequency \( q_i \) of the mutant variant at the \( i \)th site in question is determined by the ratio of the mutation rate to the deleterious variant, \( u_i \), and the heterozygous selection coefficient against the variant, \( t_i \) (back mutations can be neglected, since the mutant variants are all at low frequencies). With a dominance coefficient \( h_i \), the effective selection coefficient against the mutation is \( t_i = h_i s_i \) (provided that \( h_i > 0 \); as noted above, this is usually likely to be the case), where \( s_i \) is the selection coefficient against homozygotes. For \( X \)-linked mutations with equal selection on the two sexes, the corresponding effective selection coefficient against a mutation is \( t_i = (2h_i + 1)s_i/3 \). Haploid populations can be treated similarly, with \( t_i \) representing the haploid selection coefficient. In all three cases, we have \( q_i = u_i / t_i \) (Charlesworth and Charlesworth 2010, pp.160-161).
Summing $2q_i$ across sites, the mean number of mutations carried by a newly born diploid individual in a given genomic region is

$$\bar{n} = 2 \sum_i \frac{u_i}{t_i} \quad (1a)$$

where the sum is taken over all relevant sites in the region in question (this is the value for females in the case of X linkage). The corresponding mean number of mutations in a haploid genome is one-half of this.

If the mutation rates and selection coefficients vary independently across sites, this simplifies to

$$\bar{n} = \frac{U}{t_h} \quad (1b)$$

where $t_h$ is the harmonic mean value of the $t_i$ across sites (i.e. the reciprocal of the mean of the reciprocals of $t_i$).

It follows that, in an equilibrium population, $t_h$ measures the mean selection coefficient of a segregating deleterious mutation discussed above; this mean is, of course, biased towards weakly selected mutations compared with the arithmetic mean of the $t$ values for new mutations.

Finally, it is useful to note that the equilibrium distribution of the numbers of mutations carried by different individuals in the population is a Poisson distribution with mean $\bar{n}$ (Kimura and Maruyama 1966). In particular, this implies that the equilibrium frequency of mutation free individuals in an infinitely large population, $f_0^*$, is equal to $\exp (-\bar{n})$. If we average across this distribution, and assume multiplicative
fitness interactions between variants at different sites, the mean fitness of the population (relative to a value of one for a mutant-free individual) is

\[
\bar{w} \approx \prod_i (1 - 2q_i t_i)^i = \exp(-U)
\]  
(2)

This result holds for any mode of selection against deleterious mutations in an asexual population (Kimura and Maruyama 1966); in sexual populations, the mean fitness is higher than this when there is synergistic (negative) epistasis among mutations, such that log fitness declines faster than linearly with the number of mutations, and lower with diminishing-returns (positive) epistasis (log fitness declines more slowly than linearly with the number of mutations) (Kimura and Maruyama 1966; King 1966; Crow 1970; Kondrashov 1982; Charlesworth 1990; Shnol and Kondrashov 1993). This finding has important implications for the evolutionary significance of sex and recombination (Kondrashov 1982, 1988), which continues to be debated but will not be considered here; the consequences of Hill-Robertson interference for this question are reviewed briefly in the Discussion.

**Background Selection**

The above empirical and theoretical findings set the stage for examining the consequences of the continual input and removal of deleterious mutations for evolution in nearby regions of the genome. It is helpful to think about this problem in terms of three divisions of a continuum, according to the effectiveness of selection against deleterious mutations relative to drift. At one extreme, sites are subject to purifying
selection that is so strong that $N_e t$ is much bigger than 1, and their average frequencies are close to their equilibrium frequencies under mutation and selection, as analyzed in the previous section (the \textit{background selection} regime: BGS). (It is important to note that $N_e$ is here taken to be the value in the absence of any interference effects.)

For somewhat smaller $N_e t$ values, most sites remain close to their equilibria, so that any reverse mutations from mutant to wild-type can be neglected; however, with no or very little recombination there can be repeated stochastic losses of the genotypes with the smallest number of deleterious mutations, leading to a gradual build-up of deleterious mutations (\textit{Muller’s ratchet}: MR). With even weaker selection, the efficacy of selection is so greatly reduced by interference among the selected sites that deleterious mutations can drift to intermediate frequencies (the \textit{weak selection Hill-Robertson interference} regime: WSHRI). This is, of course, a somewhat arbitrary division of a continuum of effects into discrete categories, with grey zones at the boundaries; in addition, given that there is probably a wide range of selection coefficients and recombination rates across the genome, different sites in the genome of the same species may fall into different categories.

In the remainder of this section, I will discuss background selection. The other two processes will be considered, rather more briefly, in the next section.

\textbf{A general result for the effect of BGS on the level of variability}

The simplest question that can be asked about this process is: what is the effect of BGS on the mean coalescence time, $T_2$, for a pair of alleles sampled from the population, at a given neutral site? Since the mean pairwise nucleotide site diversity ($\pi$) for neutral mutations under the infinite sites model is directly proportional to $T_2$ (Hudson 1990), the
answer to this question allows predictions to made about the effect of BGS on DNA sequence variability. Under the standard assumptions of coalescent theory for a panmictic population with constant size, \( T_2 = 2N_e \) (Hudson 1990; Charlesworth and Charlesworth 2010, p.217), so that \( T_2 \) can be used to provide a measure of the effect of BGS on the effective population size or level of neutral variability at a given location in the genome.

In a large randomly mating population, for sites with \( N_e t_i \gg 1 \) that are distributed along a single chromosome or chromosomal region, the following formula (Hudson and Kaplan 1995; Nordborg et al. 1996a; Nordborg 1997) provides a good approximation for \( B \) for a given neutral site, which is defined as the ratio of \( T_2 \) under BGS to its value in the absence of any interference effects of selection

\[
B = \exp \left( -\sum_i \frac{\mu_i t_i}{(t_i + r_i(1 - t_i))^2} \right) \tag{3}
\]

where \( r_i \) is the frequency of recombination between the focal neutral site under consideration and the \( i \)th site subject to purifying selection; the other variables were defined in the previous section.

A heuristic derivation, using the idea that the variance in fitness associated with linked deleterious mutation reduces \( N_e \), is given in the Appendix. This shows that this expression underestimates the effect of BGS when there is loose linkage between the focal neutral site and the sites under selection, in the case of diploidy but not haploidy (Santiago and Caballero 1998). Alternative derivations that use the coalescent process with subdivision of the population according to genotype, which are close in spirit to the

With free recombination \((r_i = 0.5)\), the following result applies to diploids

\[
B = \exp \left( - 8 \sum_i u_i t_i \right)
\]  

(4)

The term \(8 \sum_i u_i t_i\) is equal to four times the additive variance in fitness under mutation-selection balance contributed by the sites in question (Mukai et al. 1972). Data on genetic variability in fitness suggest that this variance is unlikely to be much more than a few per cent for the genome as a whole (Charlesworth and Hughes 2000), so that unlinked sites make only a relatively small contribution to BGS in a randomly mating population, as would be expected intuitively. It should, however, be borne in mind that a typical site on a given Drosophila or mammalian chromosome has an \(N_e\) or \(T_2\) that is probably reduced to 95% or so of the strictly neutral value by mutation and selection acting on other chromosomes. The comparisons made below should therefore be interpreted as relating \(N_e\) or \(T_2\) values for a focal site to a value that includes the effects of unlinked sites, not to the ideal situation without any BGS effects.

Highly inbreeding species, such as Caenorhabditis elegans and Arabidopsis thaliana (currently the subject of intensive population genetic studies), need a different treatment for loose linkage. In a population with inbreeding coefficient \(F\), the population-effective recombination rate is reduced from \(r\) to \(r(1 - F)\) (Dye and Williams 1997; Nordborg 1997). When \(F\) is close to one, even unlinked sites behave as though they are closely linked, and the combined effects of selection at sites across the whole
genome must be considered (Nordborg et al. 1996b), in a similar way to the case of low recombination in randomly mating populations discussed below.

Overall effects of BGS on levels of variability

Equation 3 can be used to provide a broad-brush picture of the effect of BGS on variability for a chromosome or part of a chromosome (Nordborg et al. 1996a). The simplest approach is to assume that sites subject to mutation and selection are distributed uniformly along a chromosome, with the same effective selection coefficient $t$ at each site, and a diploid mutation rate $U$ for the chromosome. The map length of the chromosome is $M$ Morgans, and double crossovers are assumed to be negligible in frequency, so that recombination is linearly related to map distance, with a constant frequency of recombination between adjacent sites along the chromosome. A proportion $x$ of the chromosome is assumed to be located to the left of the focal site, and $1 - x$ to the right. Summation over sites can be approximated by integration, yielding the following expression (Nordborg et al. 1996a)

$$B \approx \exp \left( -\frac{U \left([t + 2x[1 - x]M[1 - t]]\right)}{2(t + xM [1 - t])(t + [1 - x]M[1 - t])} \right) \quad (5a)$$

For $t \ll M$ and when the focal site is not too close to the end of the chromosome (see (Nordborg et al. 1996a), we have $x(1 - x)M \gg t$, and this expression reduces to
\[ B \approx \exp\left(-\frac{U}{M}\right) \] (5b)

i.e., the effect of BGS depends only on the density of deleterious mutations per unit map length, as first pointed out by Hudson and Kaplan (1994) and Barton (1995). (The lack of dependence on \( t \) means that this result also holds with an arbitrary distribution of \( t \) values.)

For a site at either end of the chromosome, such that either \( x \) or \( (1 - x) = 0 \), a similar approximation yields

\[ B \approx \exp\left(-\frac{U}{2M}\right) \] (5c)

The effect of background selection in this case is thus smaller than for a focal site in most of the rest of the chromosome, by a factor of \( \exp(-U/2M) \), i.e., \( B \) is the square root of the previous value (Nordborg et al. 1996a).

BGS in a recombining region is thus most effective in the middle of a chromosome or chromosomal region, and least effective at either end of it, as one would intuitively expect from the fact that the density of sites under selection that are close to the focal site is greatest in the center of the region. Equations 5b and 5c can thus be used to predict the extent to which BGS is effective in reducing the overall level of neutral or nearly neutral variability in a defined genomic region. For example, the map length in females is about 0.5 Morgans for an arm of one of the two major autosomes of \( D. melanogaster \) (Ashburner et al. 2005, Chapter 10). Given that there is no crossing over in males, and that an autosomal gene spends half of its time in each sex, the population-effective map length \( (M_e) \) to be used in the equations is 0.25, since recombination rates
in males and females should each be given a weight of one-half in this case (Charlesworth and Charlesworth 2010, p.381). Using a slightly conservative estimate of 1.0 for the deleterious mutation rate for the *D. melanogaster*, and the fact that a chromosome arm is on average about 20% of the genome, the relevant *U* is 0.20. Equation 4b then gives *B* = 0.45, a large reduction below one. Even with *U* = 0.5, *B* = 0.67.

In contrast, humans have 23 chromosomes, with a sex-averaged mean map length per autosome of approximately 1.57 Morgans (Jensen-Seaman *et al.* 2004); *U* for the whole genome is estimated to be approximately 2.1 (see above), giving a value of 1.99 for the autosomes, from their contribution to the assembled genome sequence relative to the whole genome (Jensen-Seaman *et al.* 2004). This yields an estimate of *B* ≈ 0.94 for a centrally located site on a typical autosome, a fairly trivial effect (but note that the considerable variation in physical sizes and map lengths among chromosomes (Jensen-Seaman *et al.* 2004) has been ignored here). This corresponds well to the estimate that hitchhiking effects have reduced the average neutral diversity on a human chromosome by about 6%, based on the relation between variability and proximity to functionally important sequences (Cai *et al.* 2009).

*X* chromosomes have a different exposure to recombination from that for autosomes, since they spend two-thirds of their time in females and one-third in males, where they do not recombine with most of the *Y* (the reverse is true for *Z* chromosomes in species with female heterogamety). In mammals and other groups with crossing over on the autosomes in both sexes, this implies a stronger overall effect of BGS on the *X* chromosome. Values for physical size and map lengths (Jensen-Seaman *et al.* 2004) allow estimation of the relevant *U* and population-effective map length for the *X*, yielding *B* ≈ 0.91 for humans, about 97% of the autosomal value.
This does not, however, directly predict the ratio of pairwise coalescent times or neutral diversities for $X$ versus autosomes, since these also depend on the effective population sizes in the absence of BGS. If the sex ratio is 1:1 and the variances in offspring numbers are similar for males and females (e.g., when there is little competition among males for mates), the neutral value of $N_e$ for the $X$ is three-quarters of that for the autosomes (Wright 1931; Charlesworth and Charlesworth 2010, p.224), so that the predicted ratio of $T_2$ values for an equilibrium human population is $(3 \times 0.97)/4 = 0.73$. In addition, the difference between male and female mutation rates in mammals (Crow 2000) means that putatively neutral diversity estimates for $X$ and autosomes should be divided by the respective estimates of neutral divergence from an outgroup species for this prediction to be tested.

Overall ratios of $X$ to autosome within-population diversity ratios of 0.73 and 0.61 (after such divergence adjustments) were obtained from African and European whole genome resequencing data by Gottipatti et al. (2011); values of greater than 0.75 and 0.71 for Africans and Europeans were obtained by Hammer et al. (2010) from smaller datasets. The ratios are significantly higher for sites close to genes than for sites remote from genes, strongly suggesting the action of hitchhiking effects caused by selection on coding or regulatory sequences, as was also found in another study of four human populations (Hernandez et al. 2011). In Africans, but not Europeans, the $X$ to autosome diversity ratio is greater than 0.85 far from genes (Gottipatti et al. 2011). These differences between populations may reflect non-equilibrium demography in European populations, and the effect of an excess variance in male mating success due to sexual competition, which inflates the $X$ to autosome diversity ratio (Charlesworth and Charlesworth 2010, p.224).
In Drosophila, the lack of crossing over in males means that the $X$ has about $4/3$ times the autosomal population-effective recombination rate, for pairs of sites with comparable frequencies of recombination in females on the $X$ and the autosomes. In $D.\ melanogaster$, it also has a slightly longer map than an autosomal arm (0.6 Morgans) (Ashburner et al. 2005, Chapter 10). Equation 5b with $U = 0.20$ then yields $B \approx 0.61$ for the $X$ chromosome. The $X$/autosome ratio of $B$ values is thus 1.36, in sharp contrast to the mammalian values, and the predicted ratio of diversity values for an equilibrium population is $(3 \times 1.36)/4 = 1.02$, in the absence of sexual competition effects. There is little evidence for mutation rate differences between $X$ and autosomes in Drosophila (Bauer and Aquadro 1997; Keightley et al. 2009; Zeng and Charlesworth 2010b), so that this implies that there should be similar or even slightly higher levels of silent site diversity for the $X$ chromosome than the autosomes, as is indeed observed for the presumptively ancestral East African populations of $D.\ melanogaster$ (Andolfatto 2001; Hutter et al. 2007; Singh et al. 2007). In contrast, a similar calculation for $D.\ pseudoobscura$, which has map lengths that are more than twice those in $D.\ melanogaster$ (Kulathinal et al. 2008; Stevison and Noor 2010), yields a predicted $X$ to autosome diversity ratio of 0.83. This is close to the values obtained from estimates of silent site variability at $X$-linked and autosomal loci in $D.\ pseudoobscura$ and its relative $D.\ miranda$ (Haddrill et al. 2010).

These calculations show that even species in the same taxonomic group may differ quite widely in the overall predicted effect of BGS on a chromosome, and on the relative values of its effect on the $X$ versus the autosomes. Opposite patterns of $X$ to autosome diversity ratios are expected for mammals and Drosophila. However, the assumption of a uniform density of sites subject to selection along a chromosome is obviously unrealistic, since these are always clustered into coding sequences and groups
of functional non-coding sequences, separated by blocks of sequence (intrinsic and intergenic), much of which is likely to be under weak or no selection, especially in organisms like mammals where only a small fraction of the genome is apparently subject to purifying selection (Keightley 2012). More realistic models of a chromosome arm of Drosophila, with alternating weakly selected and strongly selected noncoding and coding sequences, have recently been examined (Charlesworth, in preparation). These show that the ratio of X chromosome to autosomal diversities seems to be fairly insensitive to the presence of intergenic weakly selected sequences.

**Recombination rate and BGS**

We now consider the question of how variation in recombination rates across the genome affects $B$ for local regions of the genome. The most extreme situation is a genome region with no recombination at all (or at least no crossing over), as is the case for $Y$ and $W$ chromosomes in many species, and the ‘dot’ chromosome of Drosophila. In the complete absence of recombination, and assuming that the $t_i$ follow a distribution with harmonic mean $t_h$, Equations 1b and 3 together yield the expression

$$B \approx \exp\left(-\frac{U}{2t_h}\right)$$

where $B$ is the first term $P_0$ of a Poisson distribution whose mean is equal to the mean number of mutations per haploid genome, $U/(2t_h)$, i.e., it is the frequency in the population of haplotypes that lack any deleterious mutations. (This expression was
originally derived by Charlesworth et al. (1993), using the argument outlined in the Introduction.)

This result suggests that, in order to predict the reduction in nucleotide site variability caused by BGS in a non-recombining region of the genome, we need to know the deleterious mutation rate $U$ for this region, and the harmonic mean selection coefficient for deleterious mutations, $t_h$ (see the section on the properties of deleterious mutations). The small dot chromosome of Drosophila is classic material for asking this question, since it represents an isolated region of the genome with an almost complete lack of crossing over in all species that have been studied (Ashburner et al. 2005). With a gene content of about 80 genes, it represents approximately 0.57% of the coding sequence in the genome. Using a conservative estimate of the deleterious mutation rate of 0.5 per diploid genome, and a $t_h$ of $10^{-3}$ (substantially higher than the estimate mentioned earlier), $P_0 = \exp (-0.25 \times 0.057 \times 10^3) = \exp (-14.2) = 6.8 \times 10^{-7}$.

This implies that no variability should be found on the dot chromosome in a sequence variability study of reasonable size, even allowing for the considerable stochastic variation of diversity around its expected value that is caused by the vagaries of the coalescent process (Hudson 1990). In fact, the dot is generally found to have about 10% as much variability as a typical region of the genome (Betancourt et al. 2009; Arguello et al. 2010). Equation 6 thus wildly overpredicts the effect of BGS for the dot; as shown below, this is because the close linkage between the sites under selection undermines the assumption that these are all held close to their equilibria under selection.

When there is a moderate amount of recombination, however, simulations show that Equation 3 should work well as a description of the effect of BGS for a single chromosome, for sites at which $t_i N_e > 3$ or so (Nordborg et al. 1996a; Barton and
Etheridge 2004). Equation 3, or the related equation of Hudson and Kaplan (1995), has therefore been used in several attempts to test whether BGS can explain the observed relations between nucleotide site diversity and the chromosomal location of a sequence, or the local rate of genetic recombination that it experiences.

The earliest of these attempts successfully used the then available data on DNA sequence variation in *D. melanogaster*, combined with estimates of local recombination rates from the Drosophila genetics literature, and per genome mutation rates and selection coefficients against deleterious mutations obtained from the Mukai experiments (Hudson and Kaplan 1995; Charlesworth 1996); a parallel study was carried for the second chromosome of *D. pseudoobscura* (Hamblin and Aquadro 1999). However, the *D. melanogaster* material available at the time came largely from European and North American samples, which are known to be depauperate in variability compared with the ancestral East African populations, probably as a result of population bottlenecks associated with movement to new continents (Begun and Aquadro 1993; Andolfatto 2001; Haddrill *et al.* 2005; Hutter *et al.* 2007). It remains to be seen if the use of the more recent estimates of selection and mutation parameters discussed earlier, together with genome-wide data from East African populations produce similarly good fits, and to what extent selective sweeps also contribute to these patterns.

Attempts have also been made to investigate the fit to BGS models of data on the level of human genetic diversity in the human genome (Payseur and Nachman 2002; Reed *et al.* 2005; Hellmann *et al.* 2008; Cai *et al.* 2009; McVicker *et al.* 2009; Lohmuller *et al.* 2011). As mentioned above, these studies, and those of Hammer *et al.* (2010), Hernandez *et al.* (2011) and Gottipatti *et al.* (2011), provide evidence that diversity at putatively neutral or nearly neutral sites is reduced when these are close to
selectively constrained coding and non-coding sequences, and that diversity is significantly correlated with local recombination rates. While BGS models generally provide a good fit to the data, it remains unclear to what extent they provide a unique explanation, or whether the effects of selective sweeps also contribute (Hellmann et al. 2008; Cai et al. 2009; Lohmuller et al. 2011).

Some attempts have been made to distinguish between the two explanations using a method proposed by Innan and Stephan (2003), which relies on differences between the expected curves relating diversity and recombination under sweeps versus BGS when recombination rates are moderately low, e.g., Hellmann et al. (2008). These should, however, be regarded with caution as a way of rejecting BGS, because this approach uses Equation 5b. This equation is inaccurate when the recombination rate between the focal site and the selected sites is of similar magnitude to, or smaller than, the selection coefficient, as is likely to be the case with low recombination rates, and it also assumes that selected sites are evenly spread over the region in question. A recent analysis of whole human genome resequencing data has provided little evidence for recent selective sweeps (Hernandez et al. 2011), suggesting that BGS may be the primary factor in humans.

Apart from Drosophila and humans, there have been few genome-wide studies of the relation between recombination rate and local recombination rates and gene densities. In the highly selfing nematode species *Caenorhabditis briggsae*, there is a significant relation between silent nucleotide site diversity and recombination rate, which fits poorly to the expectation under analytical and simulation models of the effects of recurrent selective sweeps (Cutter and Choi 2010). Rockman et al. (2010) showed that patterns of quantitative variation in gene expression levels in *C. elegans* in relation to recombination rate fit a BGS model well, although a contribution from
sweeps could not be ruled out. Roselius et al. (2005) found a significant relation between diversity levels and recombination rate in wild tomato species. Nordborg et al. (2005) and Kawabe et al. (2008) found a negative association between gene density and diversity levels in Arabidopsis thaliana and A. lyrata, respectively, as did Flowers et al. (2011) in rice; given the positive correlation between recombination rate and gene density, this tends to obscure any effect of recombination rate. Positive correlations between recombination rate and putatively neutral diversity, have also been reported in budding yeast (Cutter and Moses 2011) and chickens (Rao et al. 2011).

**Effects of BGS on the shapes of gene genealogies**

The reduction in pairwise coalescent time caused by BGS, as described by Equation 3, can heuristically be regarded as equivalent to a reduction in $N_e$. However, this is only part of the picture. It was recognized from the start of theoretical studies of BGS that it also distorts the shape of gene genealogies, causing an excess of terminal branches relative to the equilibrium neutral expectation, and a corresponding excess of rare variants, especially when selection is weak (Charlesworth et al. 1993; Charlesworth et al. 1995). The number of neutral sites in a sample that are segregating for polymorphic variants ($S$) is, therefore, not reduced by BGS to the same extent as the pairwise diversity, $\pi$, resulting in negative expected values of test statistics such as Tajima’s $D_{T}$ (Charlesworth et al. 1993, 1995; Tachida 2000; Gordo et al. 2002; Williamson and Orive 2002; O’Fallon et al. 2010; Seger et al. 2010). One way of looking at this effect is to note that, unless $N_e t$ is $>> 1$, the time to loss of a deleterious mutation is not very different from the time to loss of a neutral variant that is destined to be lost (Kimura and Ohta 1969). Low frequency mutations that are likely to be lost contribute more to $S$ than
to $\pi$, so that $S$ is less affected than $\pi$ by the elimination of deleterious variants at linked sites, unless $N_e t$ is very large.

Apart from the heuristic expression for the expected value of $S$ derived by Santiago and Caballero (1998), the magnitude of this effect has mainly been studied by structured coalescent calculations or simulations that assume a fixed selection coefficient and no recombination. This limits their applicability to data on natural variability, but the results provide a general guide to what might be happening. Distortions of the genealogy in a non-recombining genome can occur, such that the mean value of Tajima’s $D_T$ statistic $\approx -0.6$, even with $N_e t$ as large as 30, when $U/t$ is such that $B \approx 0.2$ (Gordo et al. 2002). Larger values of $U/t$ or smaller values of $N_e$ lead to violation of the assumptions of the BGS model (see below), and to much larger distortions of the genealogy and variant frequency spectra (see below).

Recombination should greatly diminish these distortions of the genealogy, but its effect has been little studied, except by Santiago and Caballero (1998). A structured coalescent procedure for modeling BGS that incorporates recombination has recently been developed, which shows that some degree of distortion occurs even with recombination (Zeng and Charlesworth 2011); this approach should enable tests of significance for agreement between the data and the predictions of BGS models to be developed. For parameters that correspond reasonably well to those for a single gene of $D. melanogaster$ in a region of normal recombination, $B$ is approximately 0.90 and 0.85 for sites at one end or in the middle of a gene, respectively; the ratio of the expected length of the gene genealogy represented by the terminal branches to the size of the rest of the genealogy is increased to about 1.02 at the end of the gene and 1.05 in the middle (Zeng and Charlesworth 2011), and of course declines away from genes. While these
effects are small, they should be detectable in genome-wide resequencing screens of variability.

The first attempt to test for a role of BGS in producing distortions of neutral genealogies was made by Charlesworth et al. (1995), using a rather limited D. melanogaster dataset. Larger than average negative $D_T$ values have subsequently been found in low recombination regions in African populations (Andolfatto and Przeworski 2001; Sella et al. 2009). Reed et al. (2005) and Stajich and Hahn (2005) found a similar pattern in humans, as did Cutter and Choi (2010) in C. briggsae. Given that selective sweeps can also generate this type of effect (Braverman et al. 1995), its interpretation remains ambiguous, although Lohmuller et al. (2011) concluded that most of the excess of rare silent variants in human populations observed near genes is likely to be caused by BGS. In addition, a causal role for selective sweeps in the reduced variability on the dot chromosome of D. americana seems to be ruled out (Betancourt et al. 2009).

**Effects of BGS on selection at linked sites**

The question of the effect of BGS on the outcome of selection at a focal site has mostly been studied by determining the probability of ultimate fixation in the population of a deleterious or an advantageous mutation at the site in question, relative to its value in the absence of BGS. Since these fixation probabilities are widely used for interpreting rates of molecular evolution (Kimura 1983), and features of the genome such as GC content and codon usage bias (Bulmer 1991; Sharp et al. 2010), knowledge of the effects of BGS on fixation probabilities is important for understanding the effects of different levels of genetic recombination on the efficacy of selection. The fixation probability of a single copy of a semidominant mutation with selection coefficient $s$
when homozygous ($s$ is positive if the mutation is advantageous, and negative when deleterious), relative to the value for a neutral mutation, is given by

$$\lambda \approx \frac{\gamma}{\{1 - \exp (-\gamma)\}}$$

(7)

where $\gamma = 2N_e s$ (Fisher 1930a; Kimura 1983).

This is also the ratio of the rate of evolutionary substitution of mutations with this value of $s$, relative to the neutral rate, when new mutations are the source of evolutionary change (Kimura 1983). The effectiveness of selection relative to genetic drift can thus conveniently be measured by $\gamma$. This suggests that we could predict the effect of BGS on the fixation probabilities of mutations through its effect on $N_e$ for neutral variants at a focal site, simply by replacing $\gamma$ in Equation 7 by $B\gamma$, where $B$ is determined by the equations described above. Numerical and analytical studies show that a sufficient condition for this to be true is for the selection coefficient at the focal site to be smaller than the selection coefficients at the sites causing BGS (Barton 1994; Charlesworth 1994; Peck 1994; Barton 1995; Stephan et al. 1999; Johnson and Barton 2002). This is likely to apply, for example, when selection against nonsynonymous mutations in coding sequences influences the much weaker selection on codon usage at synonymous sites in the same gene, although the picture here is complicated by interference among the synonymous sites themselves (see below).

However, it is less clear what happens when selection at the focal site is greater than or of similar strength to those causing BGS. Johnson and Barton (2005) examined the fixation probability of a beneficial mutation in a non-recombining genome subject to BGS, and found a complex pattern when this has a selection coefficient as large as those
causing BGS. If $s$ for a beneficial mutation is $> U$, but $t$ for the deleterious mutations is $< U$, then there is essentially no reduction in fixation probability as a result of BGS. Unfortunately, we currently lack firm estimates of the distribution of the selection coefficients on beneficial mutations, although some recent work suggests that a substantial proportion of favorable nonsynonymous mutations in Drosophila could have mean values of $s$ as low as $10^{-5}$ (Sella et al. 2009; Sattah et al. 2011; Schneider et al. 2011). For a fairly large genomic region, such as a newly evolving $Y$ chromosome with a thousand or more genes, $U$ will probably be 0.05 or more, and there will then be a substantial reduction in the fixation probabilities of beneficial nonsynonymous or regulatory noncoding mutations, and an increase in the fixation probabilities of very weakly deleterious synonymous or noncoding mutations, even for $s$ values as high as 0.01.

The expectation of a relaxed efficiency of selection in genomic regions with low frequencies of recombination has been tested in a number of Drosophila systems, reviewed by Charlesworth et al. (2010). A virtual absence of recombination seems to be associated with a higher rate of substitution of nonsynonymous mutations, a higher ratio of nonsynonymous to silent diversity levels, a reduced rate of substitution of adaptive nonsynonymous mutations, and reduced selection for codon usage. These patterns are consistent with the action of BGS and the other Hill-Robertson interference effects discussed in the next section (Charlesworth et al. 2010), although there may also be contributions from selective sweeps.

Loewe and Charlesworth (2007) used Equation 3 to examine the effect of BGS due to purifying selection acting on nonsynonymous mutations within genes of $D. melanogaster$, considered in isolation from other genes. They found that $B$ is reduced in the middle of genes compared with their ends, and is lower for genes that lack introns
compared with genes with introns (these were assumed to evolve neutrally, but this is not necessarily realistic: Haddrill et al. 2005); it is higher, the greater the contribution of introns to the total size of a gene, and for short compared with long coding sequences. These conclusions parallel observations on overall patterns of codon usage in the D. melanogaster genome (Comeron and Kreitman 2002; Qin et al. 2004), suggesting that BGS may play an important role in generating these very local patterns by reducing the efficiency of selection on synonymous mutations affecting codon usage. Population genetic estimates of such selection (Comeron and Guthrie 2005) are consistent with this interpretation, although Hill-Robertson interference among the synonymous sites themselves (see below) may also contribute to these patterns (Comeron and Kreitman 2002; Comeron and Guthrie 2005; Comeron et al. 2008). Recent simulation results, suggest, however, that the effect of selection on nonsynonymous sites dominates, except for near-zero recombination rates (Zeng and Charlesworth 2010a).

**Muller’s Ratchet and Weak Selection Hill-Robertson Interference**

*Muller’s ratchet*

Muller’s ratchet operates when a non-recombining genome or genome segment fixes deleterious mutations at a much higher rate than with recombination, but most sites that are subject to purifying selection remain close to their equilibria under mutation and selection. This means that back mutations from mutant to wild-type can be ignored, at least in the initial stages of the process. The effects of MR on neutral or weakly selected sites embedded in the region in question are thus very similar to those of BGS (Gordo et al. 2002). Most modeling work on MR has considered a population of haploid organisms, with the same selection coefficient at all sites. Since the Y chromosome is
permanently heterozygous with the X chromosome, this also describes the evolution of a non-recombining Y, except that the selection coefficient against a deleterious mutations in a haploid is replaced by that for heterozygotes with wild-type, to a good approximation (Kaiser and Charlesworth 2010). The same general principles apply to diploids, with some differences in details (Charlesworth and Charlesworth 1997). We can imagine the ratchet starting to move when a recombining genome or genome region becomes non-recombining quite suddenly, as a result of the formation of a new Y chromosome or the loss of sexual reproduction or outcrossing.

The classical approach to understanding MR is to recall that there is a Poisson distribution of the equilibrium number of mutations per individual, if fitness effects are multiplicative. The frequency of the zero mutation class of haplotype, \( P_0 \), is then given by Equation 6, or its haploid equivalent. As discussed earlier, \( P_0 \) is likely to be very small for a large region of the genome, and at most only a few individuals will be mutation-free. Assume for the moment that the genome region in question is sufficiently small that some mutation-free individuals are indeed present. If recombination is shut down in this region, the “least-loaded” zero-mutation class is then easily lost from the population by genetic drift. With no recombination and no back mutation, it can never be regenerated (a “click of the ratchet”). Once the zero class has been lost, the distribution of the numbers of mutations reshapes itself and eventually approaches the deterministic equilibrium distribution, with the least-loaded class carrying one mutation (Haigh 1978). This process is repeated indefinitely in a ratchet-like manner, at an approximately constant click rate, which depends in a complex way on the effective population size, the value of \( P_0 \), and the strength of selection (Haigh and Maynard Smith 1972; Gessler 1995; Stephan and Kim 2002; Loewe 2006; Söderberg and Berg 2007; Brunet et al. 2008; Jain 2008). With a fixed selection coefficient \( s \) in a haploid
population, the ratchet will move at an evolutionarily significant rate when $sN_0$ is 15 or less, where $N_0 = NP_0$ is the size of the zero mutation class in a population of $N$ breeding individuals (Gordo and Charlesworth 2000).

In the haploid case, each click of the ratchet is followed by the fixation of a single mutation somewhere in the genome region involved (Rice 1987; Higgs and Woodcock 1995; Charlesworth and Charlesworth 1997). This is because, after the loss of a least-loaded class, the new least-loaded class contains a mix of haplotypes, each carrying a mutation that was absent from the previous least-loaded class. Because this class is small in number, one of the haplotypes will rapidly become fixed within it by drift. The absence of back mutations means that, as with BGS and no recombination (see the Introduction), the least-loaded class eventually becomes the ancestor of all of the other classes in the population, so that the mutation that was fixed in the least-loaded class is present throughout the entire population.

This assumes that $N_0 > 1$, so that some mutation-free individuals are present in the initial population. But even with $\bar{n}$ as low as 50, the frequency of the zero class is $1.9 \times 10^{-22}$. No mutation-free individuals can therefore be present in the population unless it is improbably large. In such a case, a more complex analysis is required (Gessler 1995; Brunet et al. 2008). This shows that the ratchet moves very fast, accompanied by fixations of deleterious mutations. This situation is likely to be close to reality for an asexual population derived from a sexual ancestor, or even for the small dot chromosome of Drosophila. The mean fitness of an asexual population of multicellular eukaryotes, with a deleterious mutation rate as high as 1 or more, must decline rapidly, potentially dooming the population to extinction (Lynch et al. 1993). Similarly, an evolving $Y$ chromosome may accumulate large numbers of mutations that reduce its
functionality, leading to its degeneration over time (Charlesworth 1978; Gordo and Charlesworth 2001; Gordo et al. 2002; Kaiser and Charlesworth 2010).

The effects of the ratchet on neutral sites within a non-recombining region affected by MR can also be studied; it turns out that structured coalescent simulations that assume a stable frequency distribution of genotypic classes with respect to the selected sites give a remarkably good fit to full simulations of MR, even when the condition that $N_0$ exceeds one is violated (Gordo et al. 2002). Provided that $sN_0$ is so large that MR does not operate and the population stays in the BGS regime, $B$ decreases with smaller $s$, for a fixed population size, corresponding to the decline in $P_0$ in the haploid equivalent of Equation 6. This is accompanied by an increased distortion of the gene genealogy, as mentioned in the section on BGS. Once $s$ is small enough for the ratchet to start operating, $B$ reaches a minimal value, and then starts to increase again, reaching unity when $s = 0$; this minimum coincides approximately with a maximal distortion of neutral genealogies, but the distortion stays fairly flat until $s$ approaches zero (Gordo et al. 2002).

An unrealistic assumption of the ratchet model is, however, one-way mutation from good to bad, except for irreversible types of mutation such as deletions or insertions. This assumption works reasonably well for the initial process of departure from the deterministic equilibrium under mutation and selection, when the wild-type variant will be much more frequent than the mutant at each site. In such situations, reverse mutations can be neglected. However, for nucleotide substitutions, back mutations will become increasingly frequent as deleterious mutations become fixed at many sites. This slows the ratchet down, until the rate of fixation of deleterious mutations is balanced by fixations of reverse mutations. Once this state has been reached, there will be a flux of fixations of both deleterious mutations and beneficial
reverse mutations, and no ongoing decline in mean fitness. Unless the population has

gone extinct, a new equilibrium, associated with a reduced mean fitness, will be

established (Gordo and Charlesworth 2001; Kaiser and Charlesworth 2009).

Thus, although MR is formally an irreversible process of accumulation of
deleterious mutations, this does not accurately describe what happens after a long period
of time has elapsed, as far as the nucleotide substitutions that form the majority of
mutations are concerned. Irreversible mutations can, however, accumulate by MR, and
this may explain the fixation of deletions and insertions causing loss of function of
genes carried on newly-evolving Y or neo-Y chromosomes (Kaiser and Charlesworth
2010). These arise at a much lower rate than single nucleotide mutations and have much
larger fitness effects, so that the assumption that \( N_0 > 1 \) is quite reasonable,
even for a whole Drosophila chromosome arm (Kaiser and Charlesworth 2010).
Interestingly, MR for irreversible mutations is speeded up significantly by the presence
of more weakly selected, reversible mutations in the background, presumably because
they reduce \( N_e \) (Kaiser and Charlesworth 2010).

In very small, diploid non-recombining populations, a build-up of partially
recessive mutations can cause a ‘crystallization’ of the genome into two complementary
segregating haplotypes, within each of which deleterious alleles become fixed
(Charlesworth and Charlesworth 1997; Pálson and Pamilo 1999; Pálson 2001). If
maintained for a long time, this situation leads to the accumulation of differences at
neutral sites, and hence an enhancement of silent site variability in regions with no
recombination. Currently, there seems to be little evidence that this occurs in nature.

Weak selection Hill-Robertson interference
These considerations imply that MR is only a partial description of the behavior of a non-recombining genome or genomic region that is fixing reversible deleterious mutations more rapidly than with free recombination. In fact, it may be regarded as a sub-class of what has rather clumsily been called weak selection Hill-Robertson interference (WSHRI) (McVean and Charlesworth 2000), which will now be described.

If many sites under purifying selection (e.g. nonsynonymous sites) are packed into a non-recombining genome or genomic region, Hill–Robertson interference (see the Introduction) among them can weaken the effective strength of selection acting on each of them. Thus, deleterious nonsynonymous or noncoding variants can reach high frequencies or fixation. For a large non-recombining genome or genomic region with several tens of thousands of sites under selection, this effect can be very large (for example, for an incipient Y chromosome, or even the dot chromosome of Drosophila).

Simulations with realistic distributions of selection coefficients show that the decline in the overall level of adaptation in this situation is accompanied by an increased rate of substitution of deleterious variants, and a reduction in DNA sequence variability at both the selected sites and neutral sites located in the same genomic region, reflecting a reduction in $N_e$; the reduction in variability, can be on the order of 100-fold in regions with 1 megabase or more of coding sequence, and is approximately 10-fold for a region the size of the dot chromosome (about 80 kilobases of coding sequence), in agreement with data on sequence variability (Kaiser and Charlesworth 2009). The distortion in gene genealogies at neutral sites embedded in the region, with an accompanying excess of rare variants, can be very large, much greater than with BGS or MR, and indeed approaches its maximum possible value (Kaiser and Charlesworth 2009; Zeng and Charlesworth 2010a).
The ratio of diversity at selected sites to that at neutral sites is greatly increased compared with the case with free recombination, indicating a decline in the efficacy of selection versus drift at the selected sites. Interestingly, the effects of adding more sites under selection into a non-recombining region seem to become weaker as the number of sites increases, and the level of neutral diversity approaches an asymptotic value, presumably because the interference among the selected sites increasingly undermines their effective strength of selection (Kaiser and Charlesworth 2009). This is probably why a large non-recombining section of the genome, such as the non-recombining neo-Y chromosome of *D. miranda*, which is estimated to have about 1500 genes that are still functional (Bachtrog et al. 2008), shows a silent site diversity value that is still measurable (about 1% of the value for homologous sites on the neo-X chromosome: Bartolomé and Charlesworth 2006). As noted by McVean and Charlesworth (2000), these effects of WSHRI imply that organisms such as bacteria with low genome-wide levels of recombination will have much lower effective population sizes, and hence levels of silent site variability and codon usage bias, than would be expected from their very large numbers of individuals.

**Discussion**

There is now a solid body of theory that makes testable predictions about the effects of deleterious mutations on evolution at linked sites. There are also clear signals from genome analyses, population genetic data, and between-species comparisons that are consistent with these predictions, but it is often unclear to what extent selective sweeps also contribute to the observed patterns. There is reason to be optimistic that the impending explosion of data from genome-wide resequencing projects will provide
better estimates of critical parameters such as the deleterious mutation rate, the distribution of fitness effects of new mutations and the frequency and strength of selective sweeps, enabling more conclusive tests of alternative hypotheses.

An important aspect of local variation in $N_e$ across the genome, driven either by BGS or selective sweeps, is that it influences the level of neutral divergence between closely related species, as noted by Reed et al. (2005). This is because the fixation of ancestral polymorphisms subsequent to the split between two species can contribute a substantial fraction of the total number of neutral fixations along a lineage, for more than $10N_e$ generations, where $N_e$ is the long-term effective population size for the lineage in question (Charlesworth et al. 2005)– this represents about 2.5 million years in the case of humans. This boosts the rate of divergence over the value expected from the fixation of new mutations, which is unaffected by selection at linked sites (Birky and Walsh 1988). Where local $N_e$ is reduced by the effects of selection, there will be a smaller amount of polymorphism and hence lower divergence. In humans, it seems likely that at least part of the observed relations between recombination rate and divergence can be explained by this effect (Reed et al. 2005; McVicker et al. 2009; Lohmuller et al. 2011), suggesting that the proposed mutagenic effect of recombination (Hellmann et al. 2003) is probably an artefact. For between-population comparisons within a species, $F_{ST}$ values are expected to be higher for genes or genomic regions for which $N_e$ is low (Charlesworth et al. 1997; Charlesworth 1998); there is evidence for this in human populations (Keinan and Reich 2010) and C. briggsae (Cutter and Choi 2010), for example. Again, this effect needs to be carefully considered when interpreting data, since ignoring it can lead to false inferences of local selective differences among populations (Charlesworth 1998; Noor and Bennett 2009).
More comparative studies involving related species that differ with respect to their breeding systems (outcrossing sexuality versus asexuality or predominance of self-fertilization) would also be valuable in seeking evidence for the effects of restricted recombination on variation and the efficacy of selection. For example, while it is well-established that self-fertilizing plants generally have greatly reduced levels of within-population variability (Charlesworth 2003), it is less clear whether they show evidence of a reduced efficiency of selection, partly because they are often of comparatively recent origin. A recent study using population genetic data shows, however, that the effectiveness of selection on codon usage is greatly reduced in two different selfing species of plants compared with their outcrossing relatives (Qiu et al. 2011). Similarly, the efficacy of selection on nonsynonymous mutations is higher in the outcrossing plant Capsella grandiflora than in the related selfer Arabidopsis thaliana (Slotte et al. 2010), in outcrossing versus selfing species of Neurospora (Nygren et al. 2011), and in sexual versus asexual lineages of Daphnia (Paland and Lynch 2006), freshwater snails (Johnson and Howard 2007) and rotifers (Barraclough et al. 2007). We are, however, far from having a comprehensive picture of the consequences of evolving low or zero rates of recombination throughout the genome.

In addition, it may be worth pointing out that the possible effects of Hill-Robertson interference due to purifying selection in microbial populations seem to be largely unstudied, other than for endosymbiont bacteria (Moran et al. 2008). Given the high mutation rates of RNA viruses (Drake et al. 1998), these organisms may well be vulnerable to the processes discussed here, as well as bacterial species that have only sporadic and patchy recombinational exchange among individuals (Didelot and Maiden 2010).
Finally, the theoretical and empirical evidence that restricted recombination among a large number of sites subject to purifying selection reduces the ability of selection to remove deleterious variants and fix favorable ones suggests that modifier alleles that promote non-zero levels of recombination will be selectively favored. This conjecture has been confirmed by computer simulations (e.g., Keightley and Otto 2006; Gordo and Campos 2008; Charlesworth et al. 2010). The processes discussed here may therefore play a significant role in the evolution of sex and recombination.

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**Appendix**

Consider a population with $N$ diploid breeding adults, a 1:1 sex ratio, and purely random variation in offspring number other than that contributed by the presence of deleterious mutations. At a single site $i$ subject to mutation-selection balance, mutations from wild-type to deleterious alleles arise at rate $u_i$ per generation and are subject to a selection coefficient $t_i$. Recombination between the neutral site and the selected site takes place at rate $r_i$. This is effective only in heterozygous carriers of deleterious mutations, which have fitness $1 - t_i$; since the population mean fitness is equal to $1 - 2u_i$ (c.f. Equation 2), only a fraction $(1 - t_i)/(1 - 2u_i)$ of these individuals contribute to the next generation, so that the effective rate of recombination is $r_i' = r_i(1 - t_i)/(1 - 2u_i) = r_i(1 - t_i)$.

Consider the effect of selection and recombination on a neutral variant that is initially present in the same individual as a deleterious mutation. Two possible initial states need to be considered in the case of a diploid population (Santiago and Caballero 1998). First, the neutral variant is in coupling with the deleterious variant. The rate at which it is either eliminated from the population by selection, or loses its association with the mutant allele by recombination, is $t_i + r_i'$, so that the fraction of descendant gametes which still carry the deleterious allele $n$ generations later is $(1 - t_i - r_i')^n$. In the initial generation ($n = 0$), the
association of a neutral variant with the deleterious allele leads to an expected change of \(-t_1\) in its representation in the population; there will be a further expected change of \(-t_i(1 - t_1 - r_1')\) after one generation, and so on, so that the net change after \(n\) generations is the sum of \(-t_i(1 - t_1 - r_1')^n\); summing this geometric progression from \(n = 0\) to \(\infty\), the expected net reduction in frequency over all generations is \(\delta_{ci} = t_i/(t_i + r_i')\).

The second case is when the neutral variant is in repulsion with the deleterious variant. In the initial generation, there is again an expected reduction in frequency of \(-t_i\). In the next generation, the chance that the deleterious mutation becomes associated with the neutral variant is \(r_i'\); there is then a further change in expected frequency of \(-t_1 r_i'\). For all subsequent generations, the argument applied to the coupling case can be applied, but all terms are multiplied by \(r_i'\). The net frequency reduction in this case is \(\delta_i = t_i (1 + r_1'/(t_i + r_1'))\).

Following Robertson (1961), the \(\delta\)'s can be regarded as the asymptotic reductions in fitness associated with the original neutral variant. Given that a fraction \(q_i\) of the initial population carry the mutant allele, these associations therefore contribute asymptotic additive genetic variances at the neutral site of \(2q_i\delta_{ci}^2\), and \(2q_i\delta_{ni}^2\), respectively, assuming that \(q_i\) is so low that \(q_i^2\) is negligible (Mukai et al. 1972). The effect of these associations on \(N_e\) can be found from the standard formula for the ratio \(N/N_e\) when there is an excess variance over random expectation in offspring number per individual, \(\Delta V_i\) (measured relative to the square of the population mean): \(N/N_e \approx (1 + \Delta V_i)\) (Wright 1938; Charlesworth and Charlesworth 2010, p.222). Only one half of the progeny of carriers of the mutant allele suffer a loss in fitness, so that \(\Delta V_i \approx q_i (\delta_{ci}^2 + \delta_{ni}^2)\).

This can be extended to multiple sites by using the fact that \(1 + \Delta V_i\) is the expectation of the square of the effect of variation at site \(i\) on per capita offspring number, scaled relative to the population mean (Nordborg et al. 1996a, Santiago and Caballero 1998). With
independence among sites and multiplicative fitness effects, the expectation of the squared effects over all sites is given by the product of the expectations for each site (Nordborg et al. 1996a, Santiago and Caballero 1998), so that \( N / N_e = \prod_i \{1 + q_i (\delta_{ci}^2 + \delta_{ri}^2)\} \), giving \( N_e / N \approx \prod_i \{1 - q_i (\delta_{ci}^2 + \delta_{ri}^2)\} \). When \( r_i \) and \( t_i \) are both small, \( N_e / N \approx \prod_i (1 - q_i t_i^2 /[t_i + r_i'])^2 \approx \exp (-\sum_i q_i t_i^2 /[t_i + r_i'])^2 \). By using the expression \( q_i = u/t_i \) for the equilibrium frequencies of mutations, and setting \( T_2 = 2N_e \), we obtain Equation 3. With free recombination, \( q_i (\delta_{ci}^2 + \delta_{ri}^2) \) is approximately \( 8q_i t_i^2 \), which yields Equation 4.