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1 Loss of *Mfn1* but not *Mfn2* enhances adipogenesis

2

3 Jake P. Mann ¹, Luis Carlos Tábara ², Satish Patel ¹, Pushpa Pushpa¹, Anna Alvarez-Guaita ¹,

4 Liang Dong ¹, Afreen Haider ¹, Koini Lim ¹, Panna Tandon ³, Fabio Scurria ¹, James E.N.

5 Minchin ³, Stephen O’Rahilly¹, Daniel J. Fazakerley ¹, Julien Prudent ², Robert K. Semple ^{3,4},

6 David B. Savage ^{1*}

7

8 **Affiliations**

9 1. Metabolic Research Laboratories, Wellcome Trust-Medical Research Council Institute of
10 Metabolic Science, University of Cambridge, UK

11 2. MRC Mitochondrial Biology Unit, University of Cambridge, UK

12 3. Centre for Cardiovascular Science, University of Edinburgh, UK

13 4. MRC Human Genetics Unit, University of Edinburgh, UK

14

15 **Corresponding author:**

16 *Email: dbs23@cam.ac.uk (DBS)

17

18

19 **Keywords:**

20 Mitochondrial dynamics, adipogenic differentiation, glucose uptake, mouse embryonic

21 fibroblasts, mitofusins.

22

23 **Abstract**

24 **Objective:**

25 A biallelic missense mutation in mitofusin 2 (*MFN2*) causes multiple symmetric lipomatosis and
26 partial lipodystrophy, implicating disruption of mitochondrial fusion or interaction with other
27 organelles in adipocyte differentiation, growth and/or survival. In this study, we aimed to
28 document the impact of loss of mitofusin 1 (*Mfn1*) or 2 (*Mfn2*) on adipogenesis in cultured cells.

29 **Methods:**

30 We characterised adipocyte differentiation of wildtype (WT), *Mfn1*^{-/-} and *Mfn2*^{-/-} mouse
31 embryonic fibroblasts (MEFs) and 3T3-L1 preadipocytes in which Mfn1 or 2 levels were reduced
32 using siRNA.

33 **Results:**

34 *Mfn1*^{-/-} MEFs displayed striking fragmentation of the mitochondrial network, with surprisingly
35 enhanced propensity to differentiate into adipocytes, as assessed by lipid accumulation,
36 expression of adipocyte markers (*Plin1*, *Fabp4*, *Glut4*, *Adipoq*), and insulin-stimulated glucose
37 uptake. RNA sequencing revealed a corresponding pro-adipogenic transcriptional profile
38 including *Pparg* upregulation. *Mfn2*^{-/-} MEFs also had a disrupted mitochondrial morphology, but
39 in contrast to *Mfn1*^{-/-} MEFs they showed reduced expression of adipocyte markers. *Mfn1* and
40 *Mfn2* siRNA mediated knockdown studies in 3T3-L1 adipocytes generally replicated these
41 findings.

42 **Conclusions:**

43 Loss of *Mfn1* but not *Mfn2* in cultured pre-adipocyte models is pro-adipogenic. This suggests
44 distinct, non-redundant roles for the two mitofusin orthologues in adipocyte differentiation.

45

46

47 **Keywords:** Mitofusin, mitochondrial dynamics, lipodystrophy, adipogenesis

48 **Abbreviations**

49 2DOG, 2-deoxy-glucose; BDMA, Benzyl dimethylamine; BSA, bovine serum albumin; DGE, Differential
50 gene expression; DMEM, Dulbecco's Modified Eagle's Medium; DIW, deionised water; FBS, foetal bovine
51 serum; FDR, false-discovery rate; IBMX, 3-Isobutyl-1-methylxanthine; MEF, mouse embryonic fibroblast;
52 Mfn1/2, Mitofusin 1/2; mtDNA, mitochondrial DNA; ORO, oil red O; Opa1, Optic atrophy 1; PBS,
53 phosphate buffered saline; Pparg, Peroxisome proliferator-activated receptor gamma; ROS, reactive
54 oxygen species; RT-qPCR, real-time quantitative polymerase chain reaction; TEM, Transition electron
55 microscope; WT, wild-type.

56

57 **Introduction**

58 Primary mitochondrial disorders result in pleiotropic syndromes disturbing the function of
59 multiple organ systems commonly including the central and peripheral nervous system and
60 neuromuscular function[1,2]. Adipose tissue dysfunction and related features of the metabolic
61 syndrome are not present in most primary mitochondrial disorders[3,4]. One striking exception
62 to this is the recent discovery that a point mutation in human mitofusin 2 (*MFN2*) produces
63 profound adipose tissue dysfunction, non-alcoholic fatty liver disease, insulin resistance and
64 type 2 diabetes[5–7]. Humans with biallelic p.Arg707Trp *MFN2* mutations develop increased
65 upper body adiposity (multiple symmetric lipomatosis) with lower body lipodystrophy. Over-
66 grown adipose depots show deranged ultrastructure of the mitochondrial network but largely
67 normal adipocytes on light microscopy[5]. Affected adipose tissue exhibits a strong
68 transcriptomic signature of activation of the integrated stress response and increased pro-
69 growth signalling. This adipose phenotype appears to be specific to the p.Arg707Trp mutation,
70 which has been identified in all reported cases to date. Other *MFN2* mutations, many effectively
71 leading to loss of one allele (i.e. haploinsufficiency) and often located in the N-terminal GTPase
72 domain, are associated with autosomal dominant sensorimotor neuropathy without an adipose
73 phenotype[8]. No monogenic disease attributable to *MFN1* mutations has yet been reported.

74
75 Within the last 20 years, the dynamic nature of the mitochondrial network has been clearly
76 established, and many of the molecules mediating mitochondrial morphology have been
77 identified[9,10]. Mitochondrial network dynamics are entrained to adapt to the cellular nutritional
78 state: starvation or nutrient excess trigger changes in mitochondrial morphology that correspond
79 to functional changes in mitochondrial oxidative phosphorylation[11] and the generation of
80 reactive oxygen species (ROS)[12,13]. The mitofusins (*MFN1* and *MFN2*) are GTPases
81 required for fusion of the outer mitochondrial membrane. Loss of either mitofusin leads to

82 fragmentation of the mitochondrial network and disrupts its function[14–16]. *Mfn1* is widely
83 expressed and is required for mitochondrial fusion whereas *Mfn2* reportedly has additional
84 roles, such as being intimately involved in forming membrane contact sites between
85 mitochondria and the endoplasmic reticulum[17] or lipid droplets[18], and in facilitating apoptosis
86 and mitophagy[19].

87

88 Global *Mfn1* or *Mfn2* deletion in mice is embryonically lethal, but knockout of *Mfn2*[20–22]
89 specifically in mature adipocytes has illustrated the importance of mitochondrial network
90 dynamics in adipose tissue. Loss of *Mfn2* from *Ucp1*-expressing brown adipose tissue impairs
91 its thermogenic capacity and increases lipid droplet size[20,21], but surprisingly increases
92 insulin sensitivity. In contrast, deletion of *Mfn2* from mature white adipocytes in adult mice was
93 obesogenic and impaired insulin sensitivity [22]. Adipose-specific knock-out of *Mfn1* has yet to
94 be described. Importantly, all promoters used for adipose-specific knockouts to date have been
95 from genes expressed during terminal adipocyte differentiation, so whether loss of one or both
96 mitofusins perturbs the process of adipogenesis, which involves significant expansion of
97 mitochondrial mass[23–25], is unknown.

98

99 Genetic perturbation of mitochondrial function has been shown to cause loss of white adipose
100 tissue (lipoatrophy) in some in vivo models, providing further evidence for the importance of
101 mitochondrial function in adipose function. Adipose-tissue specific (using adiponectin-Cre) loss
102 of *Tfam*, a key regulator of mitochondrial biogenesis, caused a classical lipodystrophic
103 phenotype: loss of adipose mass and insulin resistance [26]. However, other models have
104 resulted in lipoatrophy without insulin resistance[27] or even increased glucose tolerance[28,29].

105

106 Impaired cold adaptation is a fairly consistent feature of models of mitochondrial dysfunction in
107 adipose tissue, particularly where mitochondrial function is perturbed in brown adipose tissue

108 alone or in addition to perturbation in white adipose tissue. Loss of *Mfn2* in all adipose tissue
109 (adiponectin-Cre)[20] or brown adipose tissue (Ucp1-Cre)[21] both cause cold intolerance.
110 Similarly, adipose tissue-specific loss of *Opa 1*[30], which mediates fusion of the inner
111 mitochondrial membrane, causes cold intolerance. This underscores the prominent role of
112 mitochondrial dynamics in cold-induced thermogenesis.

113

114 Differentiation of fibroblast-like cells into mature adipocytes is a well-established experimental
115 paradigm used to dissect molecular regulation of adipogenesis[31,32]. In this study we
116 examined the role of *Mfn1* and *Mfn2* in adipogenesis using knock-out mouse embryonic
117 fibroblasts (MEFs), validating findings in 3T3-L1 preadipocytes using siRNA-mediated knock-
118 down. We found that loss of *Mfn1* enhances adipogenesis, whereas loss of *Mfn2* has no effect
119 on total lipid accumulation but alters lipid droplet morphology and reduces the expression of
120 some adipogenic markers. These findings suggest that the two mitofusin proteins have
121 important but divergent roles in the control of adipogenesis.

122

123 **Methods**

124 **Culture and adipogenic differentiation of MEFs**

125 Mouse embryonic fibroblasts (MEFs) null for *Mfn1*^{-/-}, *Mfn2*^{-/-}, *Mfn1*^{-/-}*2*^{-/-}, and *Opa1*^{-/-}, and wild-
126 type MEFs, originally derived by Chen *et al.*[14], were obtained for use in this study from
127 American Type Culture Collection in February 2019 (see S1 Table for a list of reagents).

128 MEFs were cultured in Dulbecco's Modified Eagle's Medium supplemented with 10% (vol/vol)
129 foetal bovine serum (FBS), 1% (1mM) sodium pyruvate (from stock 100mM), 1% non-essential
130 amino acids 100x, 1% penicillin/streptomycin (10,000 units penicillin and 10 mg streptomycin
131 per mL), 2mM L-glutamine, and 50mM 2-mercaptoethanol. All cells were grown at 37°C in 20%
132 O₂ and 5% CO₂.

133 Cells were maintained and passaged whilst sub-confluent prior to adipogenic differentiation. All
134 experiments were performed with cells at passage <10. To initiate differentiation, cells were
135 grown to confluence (day -2) in 6- or 12-well plates and then, two days later, treated with
136 8µg/mL D-pantothenic acid, 8µg/mL biotin, 1µM rosiglitazone, 0.5mM 3-isobutyl-1-
137 methylxanthine (IBMX), 1µM dexamethasone, and 1µM insulin. Treatment with D-pantothenic
138 acid, biotin, rosiglitazone, and insulin was repeated on day +2, +4, and +6. Differentiation
139 continued until day +8.

140 For fluorometric quantification of intracellular lipid accumulation, cells were incubated with
141 AdipoRed at 1:25 dilution and 37°C for 20 minutes in the dark. Cells were washed twice in PBS
142 then fluorescence was measured on Tecan M1000 Pro plate reader with excitation at 485nm
143 and emission at 572nm.

144 For studies using the reactive oxygen species (ROS) scavenger N-acetylcysteine (NAC), MEFs
145 were differentiated according to the above protocol in the presence of pH7 adjusted NAC
146 (Sigma) at either 1mM, 2.5mM, or 5mM. NAC treatment began at day -2 and was repeated with
147 each media change.

148

149 **Over-expression of *Pparg2* in MEFs**

150 To improve the adipogenic potential of MEFs, cells were retrovirally transduced with murine
151 Peroxisome proliferator-activated receptor gamma 2 (*Pparg2*). Phoenix-AMPHO (ATCC) cells
152 were used for packaging. 70% confluent Phoenix cells were transfected with 12µg pBABE
153 (puromycin-resistant)-mPparg2 vector or pBABE-EGFP (control) plasmid DNA using
154 Lipofectamine 3000 transfection reagent. 72-hours later the supernatant media containing the
155 virus was collected and filtered through a 0.45µm membrane. Retroviral stocks were used to
156 transduce 50-60% confluent MEFs with addition of 12µg/mL polybrene. From 24-hours after
157 transduction, puromycin selection began using 4µg/mL, and MEFs were subsequently cultured
158 in media containing this concentration of puromycin. Adipogenic differentiation was then
159 performed according to the above protocol.

160

161 **Confocal microscopy of mitochondrial network**

162 Cells were stained with Mitotracker Orange CMTMRos (ThermoFisher) for imaging of the
163 mitochondrial network using confocal microscopy. MEFs were grown on cover slips to 80-90%
164 confluence (pre-adipocytes at day -2 for MEFs and day 0 for 3T3-L1s) and treated with 400nM
165 Mitotracker for 20 minutes at 37°C in the dark. Cells were washed with fresh media four times,
166 each for 30 minutes at 37°C in the dark, followed by three washes in phosphate buffered saline
167 (PBS). Cells were then fixed in 4% formaldehyde at room temperature for 10 minutes and
168 mounted onto slides using ProLong Gold or Diamond Antifade Mountant with 4',6-diamidino-2-
169 phenylindole (DAPI) (ThermoFisher). Images were obtained using a Leica SP8 confocal
170 microscope using excitation/emission spectra: Mitotracker Orange CMTMRos (550/560-580),
171 BODIPY (490/515-535), and DAPI (405/450-470).

172

173 **Culture and adipogenic differentiation of 3T3-L1 fibroblasts**

174 Mouse fibroblast 3T3-L1 fibroblasts (3T3-L1s)[33] were used as an in vitro model of adipocyte
175 differentiation and were obtained as a gift from D.J. Fazakerley and D.E. James (University of
176 Sydney), originally obtained from Dr. Howard Green (Harvard Medical School, Boston, MA).
177 3T3-L1s were cultured in Dulbecco's Modified Eagle's Medium supplemented with 10% (vol/vol)
178 foetal bovine serum and 1% GlutaMax. Cells were grown at 37°C in 20% O₂ and 10% CO₂.
179 Cells were maintained and passaged sub-confluent prior to adipogenic differentiation.
180 To initiate differentiation, cells were grown to confluence (day -2) in 12-well plates and then two
181 days later (day 0) treated with 0.5mM IBMX, 410nM biotin, 220nM dexamethasone, and 350nM
182 insulin. After 72-hours (day +3), media was replaced with addition of 350nM insulin. A further
183 72-hours later (day +6) media was changed (without any additional chemicals) and
184 subsequently replaced on day +8 and day +10 with experiments ending on day +12. On day
185 +12, lipid accumulation was assessed using Oil Red O staining and AdipoRed quantification.
186 RNA and protein were also extracted at day +12.

187

188 **siRNA knock-down experiments in 3T3-L1s**

189 For knock-down, confluent pre-adipocyte (day -2) 3T3-L1s grown in 12-well plates were
190 transfected with a pool of two anti-*Mfn1* siRNAs (ThermoFisher Scientific, CatIDs: s85002 &
191 s85004), each at 40nM to achieve a final concentration of 80nM, with 2.5µl RNAiMax
192 (ThermoFisher Scientific) in OptiMEM (ThermoFisher Scientific). In addition, we tested the
193 knock-down efficacy of a third anti-*Mfn1* siRNA (ThermoFisher Scientific, CatID s85003), which
194 had less efficacy and was not taken forward in further experiments. For knock-down of *Mfn2*, an
195 anti-*Mfn2* SmartPool (Dharmacon) was used at a final concentration of 40nM. In all
196 experiments, a scrambled Silencer Negative Control siRNA (ThermoFisher Scientific) was used

197 at 80nM. Knock-down was performed with each media change, i.e. day -2, 0, +3, +6, +8, and
198 +10.

199

200 **Immunofluorescence in 3T3-L1s**

201 Mature (day +8) differentiated 3T3-L1 adipocytes were reseeded onto matrigel-coated (Corning)
202 coverslips at 50% density. siRNA knockdown was performed during reseeding. Reseeded
203 adipocytes (day 9) were cultured under standard “high glucose” conditions (Dulbecco’s modified
204 eagle’s medium containing 25mM glucose supplemented with 10% (vol/vol) foetal bovine serum
205 and 1% GlutaMax) or “low glucose” (serum-free Dulbecco’s modified eagle’s medium containing
206 5mM glucose supplemented with 0.2% (w/v) bovine serum albumin and 1% GlutaMax)
207 conditions for 16 hours. Cells were then fixed in 4 % paraformaldehyde (PFA) in PBS at room
208 temperature for 20 minutes, quenched with 100mM glycine in PBS, washed three times with
209 PBS, followed by incubation with 50mM ammonium chloride in PBS to quench the unspecific
210 fluorescence signal from aldehyde groups. Cells were washed again three times with PBS and
211 permeabilized in 0.1% Triton X-100 in PBS for 10 minutes. Then, cells were blocked with 10%
212 FBS in PBS, followed by incubation with the appropriate primary antibodies in 5% FBS in PBS,
213 for two hours at room temperature . After three washes with 5 % FBS in PBS, cells were
214 incubated with specific secondary antibodies (1:1,000) for one hour at RT. After three washes
215 in PBS, coverslips were mounted onto slides using Dako fluorescence mounting medium
216 (Dako).

217 Mitochondria were stained using a rabbit anti-TOMM20 antibody (11802-1-AP/Proteintech)
218 (1:1,000). Alexa Fluor 488 (anti-rabbit) was used as a secondary antibody (1:1,000) (Invitrogen).
219 Lipid droplets were stained by incubating coverslips with LipidTOX deep red (Thermo-fisher) for
220 2 hours (1:1,000).

221

222 For confocal image acquisition, cells were visualized using a 100X objective lenses (NA1.4) on a
223 Nikon Eclipse TiE inverted microscope and 7 stacks of 0.2 μ m each were acquired with
224 appropriate lasers using an Andor Dragonfly 500 spinning disk system, equipped with a Zyla 4.2
225 PLUS sCMOS camera (Andor), coupled with Fusion software (Andor). Images from the same
226 experiment were acquired following the same parameters including exposure time and laser
227 intensities.

228 For image analysis, mitochondrial morphology was manually analysed and classified as
229 intermediate, hyperfused or fragmented as already described[34]. The different mitochondrial
230 parameters (area, length and number) were quantified by randomly selecting region of interests
231 (ROIs) of 225 μ m² at the cell periphery and analysed using MitoMapr (Fiji)[35]. Error bars displayed
232 on graphs represent the mean \pm S.D from 3 independent experiments (at least 18 cells per
233 experiment and condition). Statistical significance was analysed using Nested t-test or Two-way
234 ANOVA test using GraphPad Prism software. *p < 0.05, **p < 0.01, *** p < 0.001 and **** p <
235 0.0001 were considered significant.

236

237 **Electron microscopic imaging of mitochondria**

238 Transmission electron microscope (TEM) studies were performed at the Cambridge Advanced
239 Imaging Centre, University of Cambridge. Undifferentiated MEFs (day -2) were grown to sub-
240 confluence in 6-well plates. Cells were washed twice in 0.9% NaCl then fixed in (2%
241 glutaraldehyde/2% formaldehyde in 0.05M sodium cacodylate buffer pH 7.4 containing 2mM
242 calcium chloride) for 4 hours at 4°C. Cells were then scraped from plates and, after washing five
243 times with 0.05M sodium cacodylate buffer pH 7.4, samples were osmicated (1% osmium
244 tetroxide, 1.5 % potassium ferricyanide, 0.05M sodium cacodylate buffer pH 7.4) for three days
245 at 4°C. After washing five times in DIW (deionised water), samples were treated with 0.1% (w/v)
246 thiocarbohydrazide/DIW for 20 minutes at room temperature in the dark. After washing five

247 times in DIW, samples were osmicated a second time for 1 hour at room temperature (2%
248 osmium tetroxide/DIW). After washing five times in DIW, samples were block stained with uranyl
249 acetate (2% uranyl acetate in 0.05M maleate buffer pH 5.5) for three days at 4°C. Samples
250 were washed five times in DIW and then dehydrated in a graded series of ethanol
251 (50%/70%/95%/100%/100% dry) 100% dry acetone and 100% dry acetonitrile, three times in
252 each for at least 5 minutes. Samples were infiltrated with a 50/50 mixture of 100% dry
253 acetonitrile/Quetol resin (without BDMA) overnight, followed by three days in 100% Quetol
254 (without BDMA). Then, samples were infiltrated for 5 days in 100% Quetol resin with BDMA,
255 exchanging the resin each day. The Quetol resin mixture is: 12g Quetol 651, 15.7g NSA, 5.7g
256 MNA and 0.5g BDMA (all from TAAB). Samples were placed in embedding moulds and cured at
257 60°C for 3 days.

258 Thin sections were cut using an ultramicrotome (Leica Ultracut E) and placed on bare 300 mesh
259 copper TEM grids. Samples were imaged using a Tecnai G2 TEM (FEI/Thermo Fisher
260 Scientific) run at 200 keV using a 20µm objective aperture to improve contrast. Images were
261 acquired using an ORCA HR high resolution CCD camera (Advanced Microscopy Techniques
262 Corp, Danvers USA).

263

264 Analysis was performed by manual measurement of individual mitochondria from all obtained
265 images using ImageJ. Despite multiple mitochondria measured per sample, statistical tests
266 (pairwise comparisons relative to wild-type) were based on the mean from two independent
267 biological replicates and false-discovery rate adjustment for the number of tests[36].

268

269 **mtDNA content assay**

270 Relative mtDNA content was assayed using real-time quantitative polymerase chain reaction
271 (RT-qPCR) for a mitochondrial DNA gene (*Rnr2*) and a nuclear DNA gene (*Hk2*). DNA was

272 extracted from undifferentiated MEFs at 80% confluence using DNeasy kit (Qiagen). DNA was
273 quantified on a Nanodrop and diluted to 4ng/μl. RT-qPCR was performed in triplicate for each
274 sample using 8ng DNA with primers for *Hk2* (Forward: GCCAGCCTCTCCTGATTTTAGTGT,
275 Reverse: GGGAACACAAAAGACCTCTTCTGG) and *Rnr2* (Forward:
276 AACTCGGCAAACAAGAACCC, Reverse: CCCTCGTTTAGCCGTTTCATG). The ratio
277 $mtRnr2/nHk2$ was calculated using the standard curve method and expressed relative to wild-
278 type.

279

280 **Oil Red O staining**

281 Mature adipocytes (day +8 MEFS or day +12 3T3-L1s) in six-well plates were gently washed in
282 PBS before fixing in 10% formalin for 30 minutes at room temperature. Cells were then washed
283 twice in PBS before dehydration in 60% isopropanol for 5 minutes (twice). Oil Red O (ORO)
284 working solution was then added for 20 minutes. ORO working solution was made from 1g ORO
285 (Sigma) dissolved in 400ml isopropanol, diluted 3:2 with milli-Q water and filtered through a
286 0.45μm membrane. Cells were washed with water then imaged on a flat-bed scanner and with
287 light microscopy. Lipid droplet width was measured in day +12 3T3-L1s using ImageJ[37].

288

289 **2-deoxy-glucose uptake assay**

290 2-deoxy-glucose (2DOG) uptake assays were performed on mature adipocytes (day +8)
291 following differentiation of MEFs in 24-well plates, according to standard protocols[38]. Briefly,
292 MEFs were serum starved in Dulbecco's Modified Eagle's Medium (DMEM)/0.2% bovine serum
293 albumin (BSA)/1% GlutaMax for 2 hours then washed three times in KRP buffer with 0.2% BSA.
294 KRP buffer was prepared as: 0.6mM Na₂HPO₄, 0.4mM NaH₂PO₄, 120mM NaCl, 6 mM KCl,
295 1mM CaCl₂, 1.2mM MgSO₄ and 12.5mM HEPES adjusted to pH 7.4. At least one well on each
296 plate served as a negative control by addition of 25μM cytochalasin B (Sigma Aldrich) to block

297 all transporter-mediated glucose uptake. Cells were incubated with KRP/0.2% BSA \pm 100nM
298 insulin for 20 minutes. After 15 minutes, 2-deoxyglucose (Sigma/Merck; radiolabelled 2DOG
299 from PerkinElmer) was added to each well to a final concentration of 50 μ M and 0.25 μ Ci/well . 5
300 minutes after addition of 2DOG, cells were quickly washed three times in ice-cold PBS then
301 lysed in 1% (v/v) Triton X-100. Uptake of 2DOG (3 H) was quantified using liquid scintillation
302 counting and normalised to protein content.

303 For immunoblots of the insulin signalling cascade, MEFs were grown to day +10 of adipogenic
304 differentiation, serum starved for 2 hours, then stimulated with 1nM insulin for 30 minutes. Cells
305 were then washed in cold PBS and lysed in RIPA buffer (Sigma) with PhosSTOP Phosphatase
306 Inhibitor (Roche) and Complete-Mini Protease Inhibitor (Roche), as described below. Lysates
307 for immunoblotting of Glut1 and Glut4 were sonicated prior to quantification and were not
308 denatured.

309

310 **RNAseq in knock-out MEFs**

311 Bulk RNA sequencing (RNAseq) was performed on wild-type (WT) and *Mfn1*^{-/-} MEFs at four
312 time points: day -2 (pre-adipocyte), day 0 (initiation of adipogenic differentiation), day +3 (early
313 adipocyte), and day +8 (mature adipocyte). RNAseq was performed on *Mfn2*^{-/-} MEFs at two time
314 points: day -2 (pre-adipocyte) and day +8 (mature adipocyte). Three independent biological
315 replicates of each sample were used for analysis.

316 Cells were cultured and differentiated as described above, then briefly washed in PBS and lysed
317 in RLT Buffer (Qiagen) with 1% 2-mercaptoethanol then passed through Qiashreder tubes
318 (Qiagen). RNA was extracted using the RNeasy Isolation Kit (Qiagen) according to the
319 manufacturers' protocol. RNA was quantified using Agilent 2100 Bioanalyzer (Agilent

320 Technologies Inc) and only samples with RNA Integrity Number ≥ 8 were used for library
321 preparation. cDNA libraries were made using Illumina TruSeq RNA sample kits and sequencing
322 was performed on Illumina NovaSeq 6000 with paired-end 150bp reads (Novogene, Cambridge,
323 UK). Raw reads all passed quality control for Qscore, error rate distribution, and AT/GC
324 distribution.
325 Adapter sequences were removed from raw FASTQ files using cutadapt[39] and aligned to *Mus*
326 *musculus* reference genome (GRCm38) using STAR[40]. Binary alignment/map (BAM) files
327 were sorted using samtools[41] and counts were performed using featureCounts[42]. Differential
328 gene expression (DGE) was performed using DESeq2[43], where significance was considered
329 as a Benjamini-Hochberg false-discovery rate (FDR) corrected p-value $< .01$.
330 Pathway analysis was performed with the EnrichR package for R[44–46] using significantly
331 differentially expressed genes to determine enriched Hallmark gene sets[47]. Gene sets with
332 FDR-corrected p-value $< .05$ were considered enriched. Figures were generated in R 4.0.2[48]
333 using packages pheatmap, ggplot2, and dplyr. RNAseq data is available in S1 Appendix and at
334 Gene Expression Omnibus Study ID: GSE232502. All code used in analysis is available from:
335 <https://doi.org/10.5281/zenodo.5770057>.

336

337 **Western blot studies**

338 Cells were washed in cold PBS and lysed in RIPA buffer (Sigma) with PhosSTOP Phosphatase
339 Inhibitor (Roche) and Complete-Mini Protease Inhibitor (Roche). Lysates were spun at
340 13,000rpm at for 15 minutes at 4°C then protein concentration quantified using BioRad DC
341 Protein Assay Kit. 30-45µg protein lysates were mixed with NuPAGE 4x LDS buffer
342 (ThermoFisher Scientific), containing 0.05% 2-mercaptoethanol, and denatured for 10 minutes

343 at 95°C. Samples were run on 4-12% Bis-Tris gels (Invitrogen) and transferred onto a
344 nitrocellulose membrane using iBlot-2 (ThermoFisher Scientific). Membranes were washed in
345 Tris-buffered saline with 0.1% (vol/vol) Tween 20 (TBST, Sigma) before blocking in 5% (wt/vol)
346 skimmed milk powder dissolved in TBST. Membranes were incubated with primary antibodies
347 (S2 Table) at 4°C for 16 hours. Membranes were then washed with TBST five times for 5
348 minutes, followed by incubation with horseradish peroxidase (HRP)-conjugated secondary
349 antibodies for 1 hour at room temperature. Blots were developed using Immobilon Western
350 Chemiluminescent HRP Substrate (Millipore) with images acquired on BioRad ChemiDoc
351 Imaging system or GE ImageQuant LAS 4000.

352

353 **Statistical analysis**

354 Continuous data were expressed as mean \pm standard deviation. Normally distributed data were
355 analysed by t-test (for two group pairwise comparison) and one-way ANOVA (for three or more
356 groups) with post-hoc Bonferroni multiple comparisons test, where FDR-corrected p-value <0.05
357 was considered significant. Details of specific analyses and the number of replicates performed
358 are reported in figure legends. All experiments were conducted at least three times using, where
359 possible, randomisation of sample order and blinding of experimenters handling samples. Data
360 were analysed using R 4.0.2[48] and GraphPad Prism version 9 (GraphPad, San Diego).

361 Results

362 Characterization of undifferentiated knock-out MEFs

363 To assess the role of mitofusins in adipogenesis we utilised MEF lines deficient for *Mfn1* (*Mfn1^{-/-}*)
364), *Mfn2* (*Mfn2^{-/-}*), or both (*Mfn1^{-/-}2^{-/-}*) (Fig 1A). We initially also characterised a line deficient for
365 *Opa1* (*Opa1^{-/-}*), the GTPase that mediates fusion of the inner mitochondrial membrane
366 downstream of mitofusin engagement [49,50]. *Opa1^{-/-}* MEFs are expected to have a specific
367 defect in mitochondrial fusion.

368

369 We first assessed expression of core proteins involved in mitochondrial fusion and fission in
370 undifferentiated MEFs. Loss of *Mfn1* increased expression of *Mfn2*, whilst loss of *Mfn2* or *Opa1*
371 reduced expression of *Mfn1* (Fig 1A & S1 Fig). Loss of each of the mitofusins was associated
372 with no change in *Opa1* expression whereas loss of both mitofusins led to a substantial
373 reduction in *Opa1* expression. *Drp1*, the main regulator of mitochondrial division [51], was
374 expressed at similar levels in wild-type (WT) and *Mfn1^{-/-}*, but increased in *Mfn2^{-/-}* MEFs and
375 reduced in *Mfn1^{-/-}2^{-/-}* and *Opa1^{-/-}* MEFs. *Fis1*, a protein involved in, but not required for,
376 mitochondrial fission[52,53], was expressed at higher levels in *Mfn2^{-/-}* MEFs but at similar levels
377 in the other MEF lines.

378

379

380 Fig 1: Loss of mitofusins induces mitochondrial network fragmentation in mouse

381 embryonic fibroblasts (MEFs). MEFs deficient for the mitochondrial fusion proteins *Mfn1*,
382 *Mfn2*, both *Mfn1* and *Mfn2* (*Mfn1^{-/-}2^{-/-}*), or *Opa1^{-/-}* were studied in their undifferentiated state. (A)
383 Western blot confirming loss of protein from knock-out MEFs with calnexin (Canx) as loading
384 control. (B) Mitotracker Orange imaging of MEFs on confocal microscopy demonstrated
385 mitochondrial network fragmentation in knockout cell lines. (C) Transmission electron

386 microscope (TEM) images of MEFs with zoomed-in images of mitochondria (highlighted in
387 yellow). (D) Quantification of mitochondrial circularity (length/width) from TEM. Each red/blue
388 dot represents one mitochondrion from two biological replicates. (E) Quantification of
389 mitochondrial perimeter from TEM. Each red/blue dot represents one mitochondrion from two
390 biological replicates. (F) Western blot of mitochondrial Oxphos complex subunits. (G)
391 Mitochondrial DNA content expressed as mtRnr2 / nuclear Hk2 DNA from quantitative PCR.
392 Each data point represents a separate biological replicate. All p-values represent pairwise
393 comparisons between knock-outs and wild-type using t-tests, adjusted for multiple testing
394 (p.adj). Data is representative of at least 3 independent replicates.

395

396

397 As previously reported[14], *Mfn1*^{-/-}, *Mfn2*^{-/-} and *Mfn1*^{-/-}*2*^{-/-} MEFs exhibited fragmented
398 mitochondria when compared to WT controls using either confocal- (Fig 1B) or transmission
399 electron- microscopy (TEM) (Fig 1C). Analysis of the TEM images revealed more circular
400 mitochondria (reduced length/width) in *Mfn1*^{-/-} and *Mfn2*^{-/-} MEFs (Fig 1D) without any difference
401 in the mean mitochondrial perimeter (Fig 1E). Mitochondrial network disruption was most
402 striking in *Mfn1*^{-/-}*2*^{-/-} MEFs, which also consistently multiplied very slowly and failed to show any
403 signs of adipocyte differentiation . Growth of *Opa1*^{-/-} MEFs, which are also known to manifest
404 severely disrupted mitochondrial morphology[54,55], was similarly delayed and they too failed to
405 show any signs of adipocyte differentiation , so these cells were not studied further in terms of
406 adipogenesis. Loss of *Opa1* or both mitofusins has previously been found to prevent cells from
407 responding to changes in metabolic demand[56] as well as manifesting low growth rates[49],
408 which would limit the proliferation necessary for in vitro adipogenesis[57].

409

410

411 In the *Mfn1^{-/-}2^{-/-}* and *Opa1^{-/-}* MEFs we observed substantially reduced expression of
412 mitochondrial oxidative phosphorylation complexes II, III, and IV (Fig 1F & S1 Fig). In contrast,
413 Oxphos subunit expression was similar to WT cells in *Mfn1^{-/-}* MEFs, except for slightly increased
414 complex III expression. TOMM20 expression was increased in *Mfn1^{-/-}* MEFs (Fig 1F & S1 Fig),
415 suggesting increased mitochondrial mass. In *Mfn2^{-/-}* cells expression of complexes II-V
416 appeared normal whereas complex I expression was reduced (Fig 1F).

417
418 Mitochondrial DNA (mtDNA) is prone to depletion in cells with impaired mitochondrial fusion[58].
419 We found that double knock-out *Mfn1^{-/-}2^{-/-}* and *Opa1^{-/-}* MEFs had reduced mtDNA levels
420 whereas loss of *Mfn1* or *Mfn2* in isolation did not significantly decrease mtDNA content (Fig 1G).

421

422 **Adipogenic differentiation of knock-out MEFs**

423 We next assessed the ability of mitofusin KO MEFs to differentiate into adipocytes using a well-
424 established adipogenic protocol. Surprisingly, we observed significantly increased lipid
425 accumulation in *Mfn1^{-/-}* MEFs, but not in *Mfn2^{-/-}* MEFs, from day 4 of differentiation (Fig 2A), with
426 increased neutral lipid content on both days 4 and 8 (Fig 2). A panel of mature adipocyte
427 proteins, namely Plin1, Pparg, Fabp4, adiponectin and Glut4 (Fig 2D & S2 Fig) showed
428 concomitant increases in expression. Expression of the insulin receptor (Insr) was also
429 increased in these cells (Fig 2D & S2 Fig). Loss of *Mfn1* was associated with a greater increase
430 in Pparg1 than Pparg2 (Fig 2D & S2 Fig). These expression changes were associated with
431 increased insulin-stimulated Akt phosphorylation (Fig 2D & S2 Fig) and elevated insulin-
432 stimulated 2-deoxy-glucose uptake compared to WT MEFs ($p=1.1 \times 10^{-12}$, Fig 2C). These
433 findings suggest *bona fide* enhanced adipogenic differentiation rather than simple lipid
434 accumulation in *Mfn1^{-/-}* MEFs. In *Mfn2^{-/-}* MEFs, adipogenic markers were generally reduced (Fig
435 2D & S2 Fig) and the impact of insulin on glucose uptake was decreased (Fig 2C). However,

436 these cells did manifest high basal glucose uptake (WT $2.8 \pm .6$ vs. *Mfn2*^{-/-} 11.7 ± 0.9
437 nmol/mg/min, $p=4.8 \times 10^{-13}$). We hypothesized that this might reflect increased Glut1 expression,
438 but this was not the case (Fig 2D & S2 Fig), so at this stage we do not have a definitive
439 explanation for this observation.

440

441 **Fig 2: *Mfn1*^{-/-} MEFs demonstrate enhanced adipogenesis.** MEFs underwent adipogenic
442 differentiation using standard protocols and were assessed at day +4 and +8 of differentiation.
443 (A) Oil Red O staining of differentiated MEFs compared to undifferentiated wild-type MEFs. (B)
444 Fluorometric quantification of AdipoRed neutral lipid dye at day +4 & day +8. Each data point
445 represents a separate biological experiment. (C) Glucose uptake assay (2-deoxy-D-glucose) at
446 day +8 under basal and 100nM insulin conditions. Each data point represents a separate
447 biological experiment. FC = Fold increase from basal to insulin-stimulated glucose uptake. (D)
448 Western blot for components of the insulin signalling cascade and markers of adipocyte
449 differentiation at day +10 with and without insulin stimulation. Calnexin (Canx) used as loading
450 control. All p-values represent pairwise comparisons between knock-outs and wild-type using T-
451 tests, adjusted for multiple testing (p.adj). Data is representative of at least 3 independent
452 replicates.

453

454

455 **Differentiation of knock-out MEFs over-expressing Pparg**

456 MEFs are not fully committed preadipocytes, and show a relatively low rate of adipocyte
457 differentiation in response to hormonal stimuli alone [59]. We thus next assessed whether over-
458 expression of *Pparg2*, the master transcriptional driver of adipogenesis, would modify the
459 impact of mitofusins deficiency on adipogenesis. *Pparg2* was retrovirally overexpressed in WT
460 and different mitofusins KO MEFs, with overexpression higher in *Mfn2*^{-/-} MEFs than in WT and

461 *Mfn1*^{-/-} MEFs (S3 Fig A-B). Upon adipogenic differentiation, we observed results consistent with
462 those in untransduced cells, namely enhanced lipid accumulation in *Mfn1*^{-/-} MEFs but similar
463 lipid accumulation in the WT and *Mfn2*^{-/-} MEFs (S3 Fig C & D). There was increased expression
464 of *Pparg1*, *Fabp4* and *Glut4* in *Mfn1*^{-/-} MEFs with reduced expression of *Glut4* in *Mfn2*^{-/-} MEFs
465 despite higher baseline expression of *Pparg2* (S3 Fig E & S4 Fig). Expression of *Plin1* was
466 higher in both *Mfn1*^{-/-} and *Mfn2*^{-/-} MEFs compared to differentiated WT MEFs, demonstrating
467 that loss of *Mfn1*, but not *Mfn2*, was associated with enhanced differentiation.

468

469 **Transcriptomic profiling of knock-out MEFs**

470 To investigate how *Mfn1* deficiency enhances adipogenic differentiation we next performed bulk
471 RNA sequencing of WT, *Mfn1*^{-/-}, and *Mfn2*^{-/-} MEFs in undifferentiated (day -2) and differentiated
472 (day +8) states. *Mfn1* and *Mfn2* null pre-adipocytes (day -2) both demonstrated significant
473 differences to WT cells, and differences from each other (Fig 3A & 3B). Most strikingly, gene set
474 enrichment analysis (GSEA) showed that the most highly enriched pathway in *Mfn1*^{-/-} MEFs was
475 'hypoxia-related genes' (Fig 3C), whereas this gene set was downregulated in *Mfn2*^{-/-} MEFs (Fig
476 3C). This gene set includes *Vegfa* as well as genes involved in the response to oxidative stress,
477 such as *Selenbp1* and *Ankzf1*. Both knock-out lines showed enrichment of growth-related
478 pathways (e.g. Estrogen Response Early), which was most evident in the *Mfn1*^{-/-} MEFs (Fig 3C).
479 Genes implicated in the G2-M checkpoint gene set were upregulated in *Mfn2*^{-/-} MEFs but
480 downregulated in *Mfn1*^{-/-} MEFs. *Mfn2*^{-/-} MEFs also showed upregulation of other pathways
481 related to growth, including 'Apoptosis', 'Mitotic spindle', and 'E2F targets' (Fig 3C), consistent
482 with the rapid growth of this cell line[60].

483

484

485 **Fig 3: *Mfn1*^{-/-} MEFs demonstrate a pro-adipogenic transcriptional signature even in an**
486 **undifferentiated state.** Bulk RNA sequencing was performed on wild-type (WT), *Mfn1*^{-/-}, and
487 *Mfn2*^{-/-} at day -2, 0, +3, and +8 of differentiation. (A) Volcano plot demonstrating significant
488 differential gene expression (DGE) in *Mfn1*^{-/-} MEFs vs. WT at day-2. Data from n=3 biological
489 replicates. All genes in orange show significant DGE (adjusted p-value <0.001 and log₂ fold
490 change (log₂FC) greater or less than 1.5. Adipogenic transcription factors are shown in red. (B)
491 Volcano plot for *Mfn2*^{-/-} MEFs vs. WT at day -2. Genes in green show significant DGE. (C) Venn
492 diagram illustrating the significantly upregulated and downregulated Hallmark gene sets on
493 transcriptomic analysis of *Mfn1*^{-/-} and *Mfn2*^{-/-} MEFs versus wild-type MEFs at day -2. (D) Time
494 course from RNAseq demonstrating the change in seven key adipogenic transcription factors in
495 WT and *Mfn1*^{-/-} MEFs during differentiation. Data represents normalised counts per million.
496 Log₂FC and adjusted p-values (p.adj) are derived from calculations of DGE at day -2, as
497 described above. (E) Volcano plot for *Mfn1*^{-/-} MEFs vs. WT at day+8. Data from n=3 biological
498 replicates. All genes in red show significant DGE. (F) Volcano plot for *Mfn2*^{-/-} MEFs vs. WT at
499 day +8. Genes in blue show significant DGE. (G) Significantly upregulated and downregulated
500 Hallmark gene sets from *Mfn1*^{-/-} and *Mfn2*^{-/-} MEFs versus wild-type MEFs at day +8. (H)
501 Hallmark adipogenesis gene set enrichment score from pathway analysis following DGE
502 comparison of day -2 versus day +8 for each cell line. (I) Heatmap illustrating log₂fold change
503 for all the 200 genes included in the Hallmark adipogenesis gene set (data from (H)). Pathway
504 analysis showing up-regulated (J-K) and down-regulated (L-M) pathways for *Mfn1*^{-/-} and *Mfn2*^{-/-}
505 MEFs versus WT at day +8.

506

507

508 Although this analysis did not highlight the 'adipogenesis pathway', it did show that mRNA
509 expression of some pro-adipogenic transcription factors, including *Pparg*, *Cebpa*, and
510 *Zfp467*[61] was increased and that expression of *Zfp521* (coloured red in Fig 3A), an anti-

511 adipogenic factor[62,63], was reduced in *Mfn1*^{-/-} cells compared to WT(Fig 3D). These
512 differences were sustained throughout the differentiation time-course. Despite the higher basal
513 glucose uptake in *Mfn2*^{-/-} MEFs compared to WT (Fig 2D), there was no significant difference in
514 *Slc2a1* (gene encoding Glut1): 0.2 log₂FC, q-value = .03. Unlike models of *Mfn2* deletion *in*
515 *vivo*[11], there was no evidence of activation of the integrated stress response in *Mfn2*^{-/-} MEFs
516 in the undifferentiated state (Fig 3C).

517
518 RNA sequencing of mature (day +8) adipocytes (Fig 3E-F) demonstrated expression profiles
519 consistent with enhanced differentiation in *Mfn1*^{-/-} MEFs and reduced differentiation in *Mfn2*^{-/-}
520 MEFs. For example, relative to WT, *Mfn1*^{-/-} MEFs showed increased expression of *Plin1*, *Pparg*,
521 *Slc2a4* (encoding Glut4), *Fabp4*, and *Cd36*, whilst each of these were reduced in *Mfn2*^{-/-} MEFs.
522 This was also observed on gene set enrichment analysis using Hallmark gene sets[47]: when
523 comparing day -2 pre-adipocytes and day +8 mature adipocytes within each cell line, *Mfn1*^{-/-} had
524 markedly greater enrichment of the adipogenesis gene set (Fig 3H-I). Similarly, pathway
525 analysis comparing day +8 WT and KO cell lines revealed upregulation of the adipogenesis
526 gene set for *Mfn1*^{-/-} MEFs and downregulation of the same gene set in *Mfn2*^{-/-} MEFs (Fig G-M).
527 *Mfn1*^{-/-} MEFs also manifested upregulation of oxidative phosphorylation, hypoxia, and reactive
528 oxygen species pathway gene sets (Fig 3J). Thus, the transcriptomic data supports a pro-
529 adipogenic phenotype in *Mfn1*^{-/-}, but not *Mfn2*^{-/-}, MEFs.

530

531 **siRNA knockdown and differentiation of 3T3-L1**

532 **preadipocytes**

533 Given the surprisingly divergent effects of *Mfn1* and *Mfn2* deficiencies on MEF adipogenesis,
534 we next sought to corroborate findings in an independent cellular model. We thus evaluated the
535 impact of siRNA mediated *Mfn1* and *Mfn2* knockdown in 3T3-L1 pre-adipocytes. The 3T3-L1

536 line is a MEF subclone first established in the 1970s based on its high propensity for adipogenic
537 differentiation, and has since been widely used as a model of *in vitro* adipogenesis[64,65].
538 Treating 3T3-L1s with siRNAs targeting *Mfn1* or *Mfn2* effectively reduced target protein
539 expression by more than 95% (Fig 4A and S5 Fig A-B). Like the KO cell lines, knock-down of
540 *Mfn2* reduced *Mfn1* expression, whereas knock-down of *Mfn1* modestly increased *Mfn2*
541 expression (Fig 4A & S5 Fig).

542

543

544

545 **Fig 4: siRNA knockdown of *Mfn1* in 3T3-L1s enhances adipogenesis.** 3T3-L1s were treated
546 with scrambled, *Mfn1*-targeted, or *Mfn2*-targeted siRNA on alternate days from day -2 to day
547 +12 of differentiation and assessed on days +6 and +12. (A) Western blot from 3T3-L1 at day
548 +12 showing efficacy of *Mfn1/Mfn2* knock-down and expression of selected adipogenic genes.
549 Data represents three biological replicates. (B) Light microscope images of AdipoRed
550 fluorescence (green=lipid) and Oil Red O stained 3T3-L1s at day +6 and +12 of differentiation.
551 (C) Oil Red O staining of 3T3-L1s at day +6 and +12 of differentiation. (D) Effect of siRNA
552 knock-down on mitochondrial morphology assessed by confocal microscopy in 3T3-L1s cells at
553 day +12 of differentiation under high-glucose conditions. Mitochondria were labelled using an
554 anti-TOMM20 antibody (purple) and neutral lipids were stained with LipidTox (blue). Scale bars:
555 10 μm . (E) Quantification of mitochondrial morphology, and different mitochondrial parameters
556 including number, area, and length in 225 μm^2 region of interests (ROI) from (D). (F) Effect of
557 siRNA knock-down on mitochondrial morphology assessed by confocal microscopy in 3T3-L1s
558 cells at day +12 of differentiation under low glucose conditions. Mitochondria were labelled
559 using an anti-TOMM20 antibody (purple) and neutral lipids were stained with LipidTox (blue).
560 Scale bars: 10 μm . (G) Quantification of mitochondrial morphology, and different mitochondrial

561 parameters including number, area, and length in 225 μm^2 ROIs from (F). All p-values represent
562 pairwise comparisons between knock-outs and wild-type using t-tests, adjusted for multiple
563 testing (p.adj). Data is representative of at least 3 independent replicates.

564

565 Throughout differentiation of wild-type 3T3-L1s there was an increase in expression of both
566 markers of mitochondrial fusion (Mfn1 & Mfn2) and fission (Fis1, S6 Fig A). In keeping with the
567 MEF data, 3T3-L1s treated with *Mfn1*-targeted siRNA demonstrated increased lipid
568 accumulation (Fig 4B-C). This observation was broadly replicated when the two anti-*Mfn1*
569 siRNAs were used independently, such that Mfn1 knock-down efficiency (S7 Fig A) correlated
570 with *Pparg* expression (S7 Fig B) and degree of lipid accumulation (S7 Fig C-D). Whilst there
571 was no difference in total lipid accumulation between scrambled and *Mfn2* knockdown cells,
572 lipid droplet size was increased in the Mfn2 knockdown cells (Fig 4B & S6 Fig B), as has been
573 previously reported in knock-out MEFs[66]. There was no difference in lipid droplet size
574 between scrambled and *Mfn1* knock-down cells (Fig 4B & S6 Fig B).

575

576 Expression of Pparg1 and Glut4 protein was increased in *Mfn1* knockdown cells (Fig 4A & S5
577 Fig), whereas expression of Plin1 and Fabp4 were similar to that of the control cells. *Mfn2*
578 knock-down reduced lipid accumulation and expression of Plin1, Fabp4, Pparg1, Pparg2, and
579 Glut4 proteins (Fig 4 & S5 Fig).

580

581 Mitochondrial morphology analysis revealed that loss of Mfn1 and Mfn2 both led to
582 mitochondrial fragmentation, with Mfn1 silencing inducing more drastic changes of the
583 mitochondrial network in mature (day +12) differentiated adipocytes (Fig 4D-E), even though, as
584 previously reported[25], the mitochondrial network of wild-type 3T3-L1s manifests increased
585 fragmentation in late differentiation (Fig 4D-E). Nutritional deprivation is known to induce
586 mitochondrial fusion in several different cell lines[67]. In keeping with this, incubating the 3T3-L1

587 adipocytes in low glucose media or without serum increased fusion of the mitochondrial network
588 in siNT treated control cells characterized by mitochondrial elongation (S6 Fig), and
589 accentuating the impact of Mfn1 and Mfn2 deficiencies on the mitochondrial network (Fig 4F-G).
590 These findings in 3T3-L1 adipocytes support the observation that loss of mitofusins 1 and 2
591 have specific effects on adipogenic potential despite both causing mitochondrial network
592 fragmentation.

593

594 **Effect of ROS scavenging on MEF differentiation**

595 Prior work has suggested that reactive oxygen species (ROS) promote adipogenesis
596 [68,69]. To test the hypothesis that altered ROS production might be mediating the enhanced
597 adipogenesis observed in *Mfn1*^{-/-} MEFs, we added a ROS-scavenger (N-acetylcysteine (NAC))
598 during adipogenic differentiation of the knock-out cell lines. Consistent with previous reports
599 [68,69], NAC inhibited lipid accumulation and expression of adipogenic markers in wild-type
600 MEFs (Fig 5). However, in *Mfn1*^{-/-} MEFs, addition of NAC had very little impact on either lipid
601 accumulation (Fig 5A) or adipocyte protein expression (Fig 5B) expression. Similarly, NAC had
602 no effect on adipogenic differentiation of *Mfn2*^{-/-} MEFs.

603

604 **Fig 5: Reactive oxygen species scavenger inhibits differentiation in wild-type MEFs.** Wild-
605 type (WT), *Mfn1*^{-/-}, and *Mfn2*^{-/-} MEFs were treated with N-acetylcysteine (NAC) at 1mM, 2.5mM,
606 and 5mM on alternate days from day -2 to day +8 of differentiation. (A) Oil Red O staining of
607 MEFs at day +8 of differentiation. (B) Western blot from MEFs at day +8 showing expression of
608 selected adipocyte proteins. Data is representative of at least 3 independent replicates.

609

610

611 Discussion

612 Prompted by observations of a human monogenic disease, which highlighted the importance of
613 the mitochondrial network in adipose tissue, we sought to investigate the roles of two
614 mitochondrial fusion proteins in adipogenesis. Although human genetics has established that a
615 specific genetic mutation of *MFN2* has a profound impact on white adipose tissue development
616 and function, our analysis of adipogenesis in cultured cells suggested that deletion or
617 knockdown of *Mfn1* enhances adipogenesis whereas *Mfn2* deletion or knockdown tended to
618 impair differentiation.

619
620 The absence of *Mfn2* in MEFs subtly reduced adipogenesis, indicated by reduced expression of
621 *Plin1*, *Pparg*, *Fabp4*, and *Glut4*, with no change in neutral lipid accumulation. This could be due
622 to differences in gene expression (as found in RNAseq analysis) and/or changes in lipid
623 metabolism (synthesis, intracellular trafficking and/or oxidation), leading to similar lipid
624 accumulation despite lower adipogenic capacity. *Mfn2*^{-/-} adipocytes also manifested increased
625 basal glucose uptake, which may relate to impaired mitochondrial bioenergetics causing
626 increased glycolysis, as has been observed in brown adipocytes lacking mitofusin 2[21]. The
627 mechanism underlying this is unclear, particularly given no elevation in *Glut1* expression in
628 these cells. Akt 2 phosphorylation did not significantly increase in *Mfn2*^{-/-} MEFs in response to
629 insulin and there was also very low levels of GLUT4 expression in these cells. Data from tissue-
630 specific knock-out mice suggests that loss of *Mfn2* can perturb glucose homeostasis.

631 Specifically, deletion of *Mfn2* in all adipocytes[20] or in brown adipocytes alone[21] caused
632 reduced expression of multiple oxidative phosphorylation subunits and impaired cold tolerance
633 yet, paradoxically, both mouse lines were protected from systemic insulin resistance. Mice in
634 which *Mfn2* was inducibly deleted in all adipocytes in adulthood showed increased obesity and

635 elevated blood glucose[22]. Further work will be required to comprehensively explain these
636 somewhat discordant data.

637

638 In both *Mfn1*^{-/-} knock-out MEFs and *Mfn1* knock-down 3T3-L1s there was a significant increase
639 in lipid accumulation. In our view, this reflects enhanced adipogenesis, as it was associated with
640 elevated expression of several stereotypical adipogenic markers (e.g. *Plin1*, *FABP4* and *Glut4*).
641 *Mfn1*^{-/-} MEFs had increased *Pparg* expression even in the undifferentiated state, and RNA
642 sequencing showed that expression of some other pro-adipogenic transcription factors (*Cebpa*,
643 *Cebpb*, *Klf4*, *Klf15*, and *Zfp467*) was increased, suggesting that *Mfn1* deficiency may prime cells
644 transcriptionally to favour adipogenesis. Indeed, the changes in gene expression observed
645 during differentiation showed a stronger signature for adipogenic differentiation in *Mfn1*^{-/-} than
646 wild-type MEFs.

647

648 The exact mechanism behind this is currently unclear. One potential explanation could involve
649 the generation of oxidised lipids secondary to ROS generation from altered mitochondrial
650 function. This is a plausible hypothesis for these observations as increased ROS early in
651 adipogenesis has been reported to accelerate differentiation [68,69]. In addition, humans with
652 loss of function of selenoproteins have chronically elevated oxidative stress and have increased
653 adiposity yet are more insulin sensitive[70]. Use of NAC as a ROS scavenger had minimal
654 impact on lipid accumulation or protein expression in *Mfn1*^{-/-} MEFs. Multiple tissue-specific
655 knock-outs for both *Mfn1*[71] and *Mfn2*[12,72] have been reported to be associated with
656 changes in ROS. Liver-specific knock-out of *Mfn2* was associated with increased hydrogen
657 peroxide and reduced expression of subunits from Complex IV[12]. In addition, *Mfn2*^{-/-} MEFs
658 have reduced membrane potential compared to wild-type[73], which, along with lower Complex
659 I expression, may influence their ROS generation through reverse electron transport[74,75].
660 We have attempted to quantify ROS production in the adipocyte lines described herein, but

661 have found it difficult to reliably quantify ROS in these cell types. The experiments we report
662 using NAC could be interpreted in at least two ways in our view. Firstly, the lack of impact of
663 NAC in *Mfn1* null MEFs may be because ROS are not involved in mediating the enhanced
664 adipogenesis observed in these cells or, secondly, perhaps the change in ROS associated with
665 NAC was 'overwhelmed' by the changes in ROS in this cell line, such that whereas this impaired
666 adipogenesis in wildtype cells, it did not do so in the *Mfn1*^{-/-} cells. Further work in this field
667 should include robust measurement of ROS in pre- and mature-adipocytes, including mitofusin
668 knock-outs, as well as use of alternative ROS scavengers & inducers (e.g. mitoTEMPO and
669 mitoQ[76]).

670

671 It is unclear precisely how loss of the mitofusins alters metabolite substrate use in adipocytes
672 derived from MEFs. In animals fed a high-fat diet, the presence of *Mfn2* is needed to promote
673 lipolysis and its absence (in brown adipose tissue) causes a shift towards glycolysis[20,21,77] .
674 Bioenergetic studies (e.g. Seahorse analysis) in pre- and mature- adipocytes (including
675 mitofusin knockouts) would help to delineate the effect of *Mfn1/Mfn2* loss on this phenotype.

676

677 In the current study we were unable to differentiate *Mfn1*^{-/-}*Mfn2*^{-/-} double knock-out MEFs into
678 adipocytes, in contrast to earlier work by McFie *et al*[66]. This may be due to differences in
679 passage and acquired clonal changes in MEFs. Clonal changes could also account for
680 differences observed in MEFs (given that they were derived from different mice). Whilst we have
681 supporting evidence through knock-down in 3T3-L1 adipocytes, 'rescue' experiments in MEFs
682 (e.g. re-expression of *Mfn1* in *Mfn1*^{-/-} MEFs) could help to strengthen these observations.

683

684 An important limitation of this work is a lack of *in vivo* data to support this hypothesised role for
685 *Mfn1* in adipogenesis. Adipose-specific *Mfn1* knock-out mice, although briefly said in one study
686 not to have a gross adipose phenotype, have not been characterised in any detail[20]. An

687 important limitation of such a model in any case relates to the fact that deletion of 'floxed' *Mfn1*
688 was under control of the adiponectin-promoter[20]. Adiponectin is only expressed in mature
689 adipocytes[78] so such an experiment does not test the impact of Mfn1 deficiency early in
690 adipocyte development. The data reported herein was also exclusively conducted in murine
691 cells. Whilst we found broadly concordant observations in two different cell lines we have not
692 studied human adipocytes. There are currently no known human disorders linked to *MFN1*
693 mutations but based on our findings, we would hypothesise that individuals carrying such
694 mutations may be more insulin sensitive and therefore may not present with a clinical disease
695 phenotype. However, germline *Mfn1* mutations would also perturb Mfn1 function in other tissues
696 which may have a greater phenotypic impact than that related to altered adipose expression. On
697 the other hand, human population frequencies of sequence variants in *MFN1* and *MFN2*
698 suggest that loss-of-function mutations in *MFN1* may not be selected against, unlike loss-of-
699 function variants in *MFN2* [79] .

700

701 Another line of investigation requiring further work is detailed characterisation of mitochondrial
702 function in 3T3-L1 and MEFs during adipogenic differentiation. Such studies could include
703 bioenergetic analyses, measurement of mitochondrial membrane potential, and isolation of
704 mitochondria for high-resolution respirometry. These studies may provide additional mechanistic
705 insights into the role of mitochondria in cultured adipocytes.

706

707 **Conclusions**

708 At endogenous levels, MFN1 appears to exercise tonic physiological restraint on differentiation
709 to adipocytes in culture, whereas the closely related MFN2 is necessary for expression of the
710 full programme of adipogenesis.

711

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717

718

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910

911

912 **Supplementary Data**

913

914 **S1 Fig. Quantification of protein expression from immunoblots in Fig 1.** Quantification of
915 protein expression (relative to wild-type) for all proteins shown in Figs 1A and 1F. Each data
916 point represents a separate biological replicate. Stars indicate p-values following pairwise
917 comparisons between groups: * $p < 0.5$, ** $p < .01$, *** $p < .001$, **** $p < .0001$. ns, not significant.

918

919 **S2 Fig. Quantification of protein expression from immunoblots for insulin-stimulation of**
920 **differentiated MEFs in Fig 2D.** Quantification of protein expression (relative to wild-type) for all
921 proteins shown in Fig 2D from knock-out MEFs. Each data point represents a separate
922 biological replicate. Stars indicate p-values following pairwise comparisons between groups: *
923 $p < 0.5$, ** $p < .01$, *** $p < .001$, **** $p < .0001$. ns, not significant.

924

925 **S3 Fig. Increased adipogenesis in *Mfn1*^{-/-} MEFs even in setting of *Pparg2* over-**
926 **expression.** *Pparg2* was over-expressed in MEFs to enhance their adipogenic differentiation
927 capacity and cells were assessed on day +4 and +8 of protocols. (A) Western blot illustrating
928 the relative *Pparg2* over-expression in cell lines used compared to non-transduced wild-type
929 cells. (B) Quantification of *Pparg2* expression from the Western blot in panel (A). (C) Oil Red O
930 staining differentiated MEFs compared to undifferentiated wild-type MEFs. (D) Fluorometric
931 quantification of AdipoRed neutral lipid dye at day +4 & day +8. Each data point represents a
932 separate biological experiment. Data is expressed relative to undifferentiated wild-type for each
933 biological replicate. (E) Western blot for markers of adipocyte differentiation at day +8 from
934 MEFs over-expressing *Pparg2*. All p-values represent pairwise comparisons between knock-

935 outs and wild-type using t-tests, adjusted for multiple testing (p.adj). Data is representative of at
936 least 3 independent replicates.

937

938 **S4 Fig. Quantification of protein expression from immunoblots for differentiation of**

939 ***Pparg2* over-expressing knock-out MEFs from S3 Fig E.** (A-E) Quantification of protein

940 expression from knock-out MEFs over-expressing *Pparg2*, from S3 Fig E. Each data point

941 represents a separate biological replicate. Stars indicate p-values following pairwise

942 comparisons between groups: * p<0.5, ** p<.01, *** p<.001, **** p<.0001. ns, not significant.

943

944 **S5 Fig. Quantification of protein expression from immunoblots in Fig 4A.** Quantification of

945 protein expression (relative to scrambled control) for all proteins shown in Figs 4A. Each data

946 point represents a separate biological replicate. Stars indicate p-values following pairwise

947 comparisons between groups: * p<0.5, ** p<.01, *** p<.001, **** p<.0001. ns, not significant.

948

949 **S6 Fig. Low glucose treatment induces mitochondrial network fusion in differentiated**

950 **mature 3T3-L1 adipocytes.** (A) Representative western blot showing change in mitofusin

951 expression in 3T3-L1 cells during adipogenic differentiation. (B) Measurement of lipid droplet

952 width from oil red O staining of day +12 3T3-L1 adipocytes treated with scrambled, *Mfn1*-

953 targeted, or *Mfn2*-targeted siRNA on alternate days from day -2 to day +12 of differentiation.

954 Data from four biological replicates. (C) Representative confocal images of 3T3-L1s cells at day

955 +12 of differentiation under high glucose (HG) and low glucose (LG) conditions. Mitochondria

956 were labelled using an anti-TOMM20 antibody (purple) and neutral lipids were stained with

957 LipidTox (blue). Scale bars: 10 μ m. (D) Quantification of mitochondrial morphology, and different

958 mitochondrial parameters including number, area, and length in 225 μ m² region of interests from

959 (A). Stars indicate p-values following pairwise comparisons between groups: * $p < 0.5$, ***
960 $p < .001$.

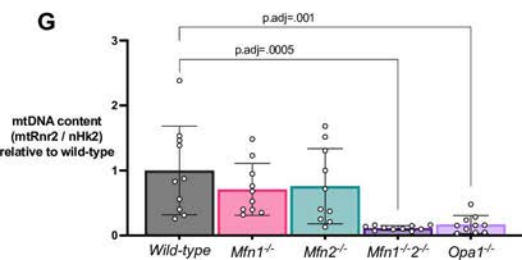
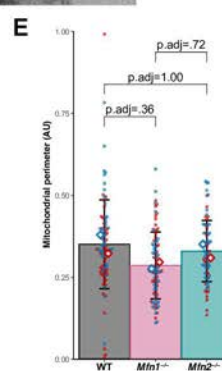
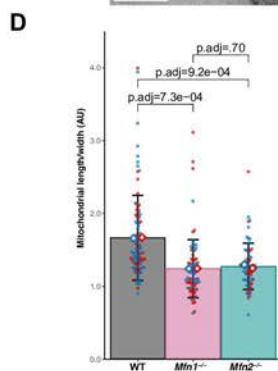
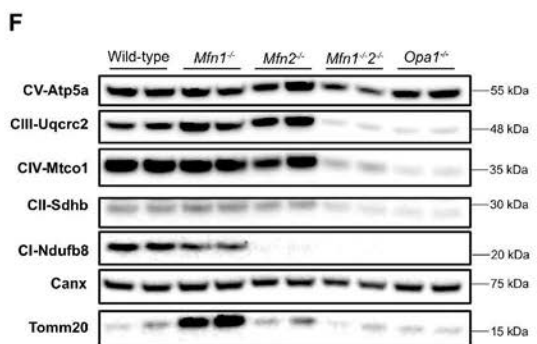
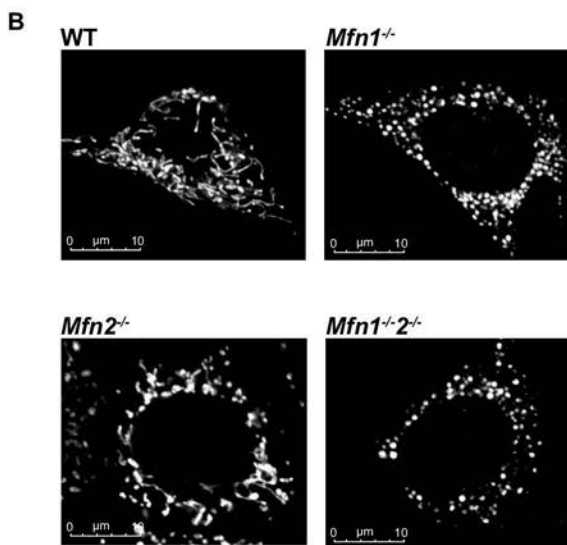
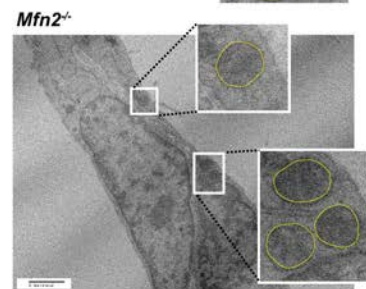
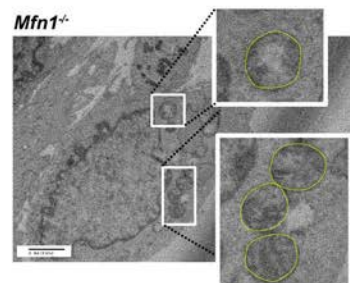
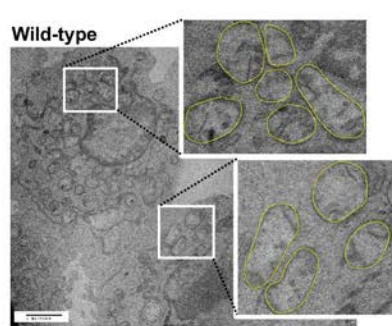
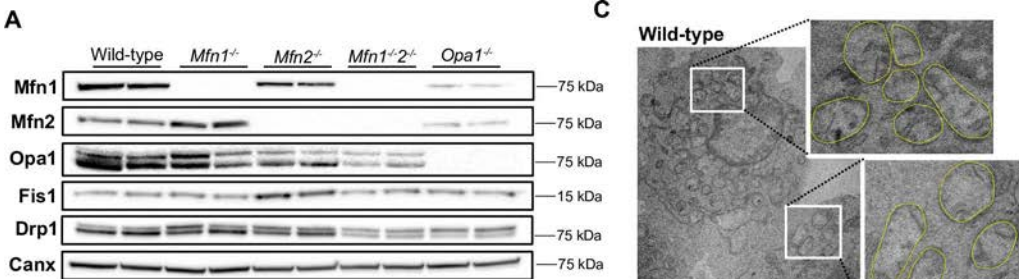
961
962 **S7 Fig. Optimisation and efficacy of anti-*Mfn1* siRNAs on adipogenic differentiation of**
963 **3T3-L1s.** Undifferentiated 3T3-L1 pre-adipocytes were treated with three separate Invitrogen
964 Silencer Select siRNAs (CatIDs: s85003 = 'siRNA03', s85002 = 'siRNA02', s85004 = 'siRNA01')
965 for 24-hours, each siRNA was used at 10nmol/L, 30nmol/L, and 50nmol/L. A, Western blot
966 demonstrating Mfn1 protein knock-down efficacy. Following this, 3T3-L1 adipocytes were
967 treated with s85002 (= 'siRNA02') and s85004 (= 'siRNA01') until day +10 differentiation. B,
968 Relative mRNA expression of markers of adipogenesis at day +10 differentiation. C, Lipid
969 accumulation at day + 10 as measured by fluorescence using AdipoRed. D, Representative
970 images for adipogenic differentiation using brightfield microscopy and AdipoRed staining. Data
971 from n=2 biological repeats.

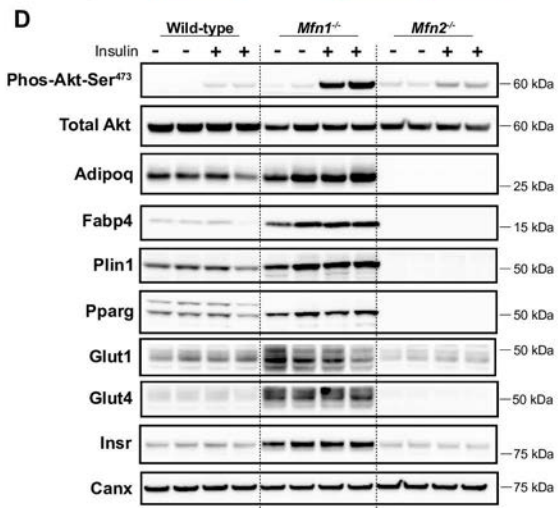
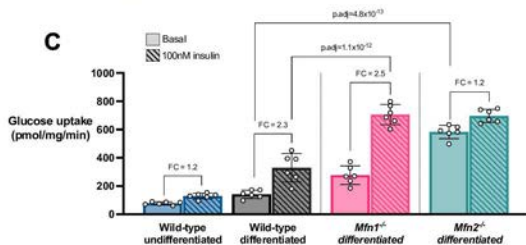
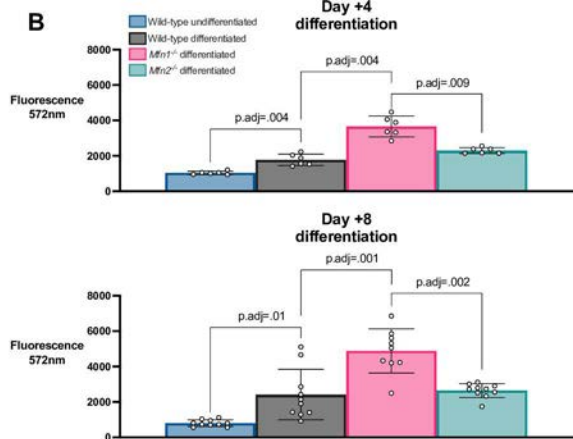
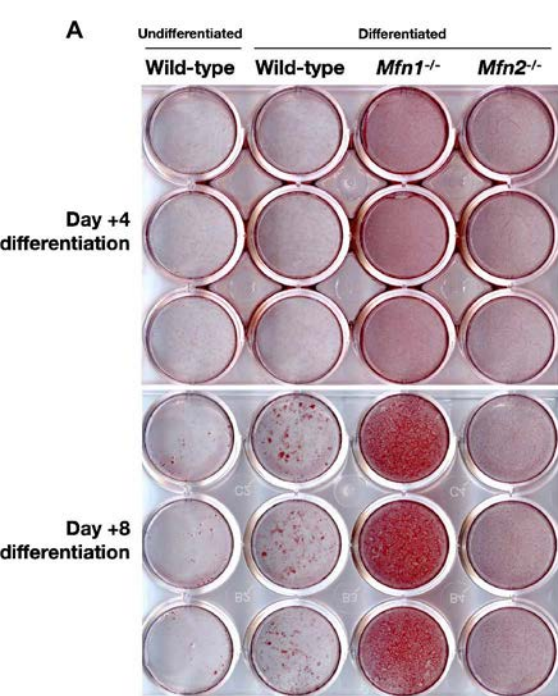
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973 **S1 Table: Reagents and cell lines.** List of all reagents and equipment used in this study.

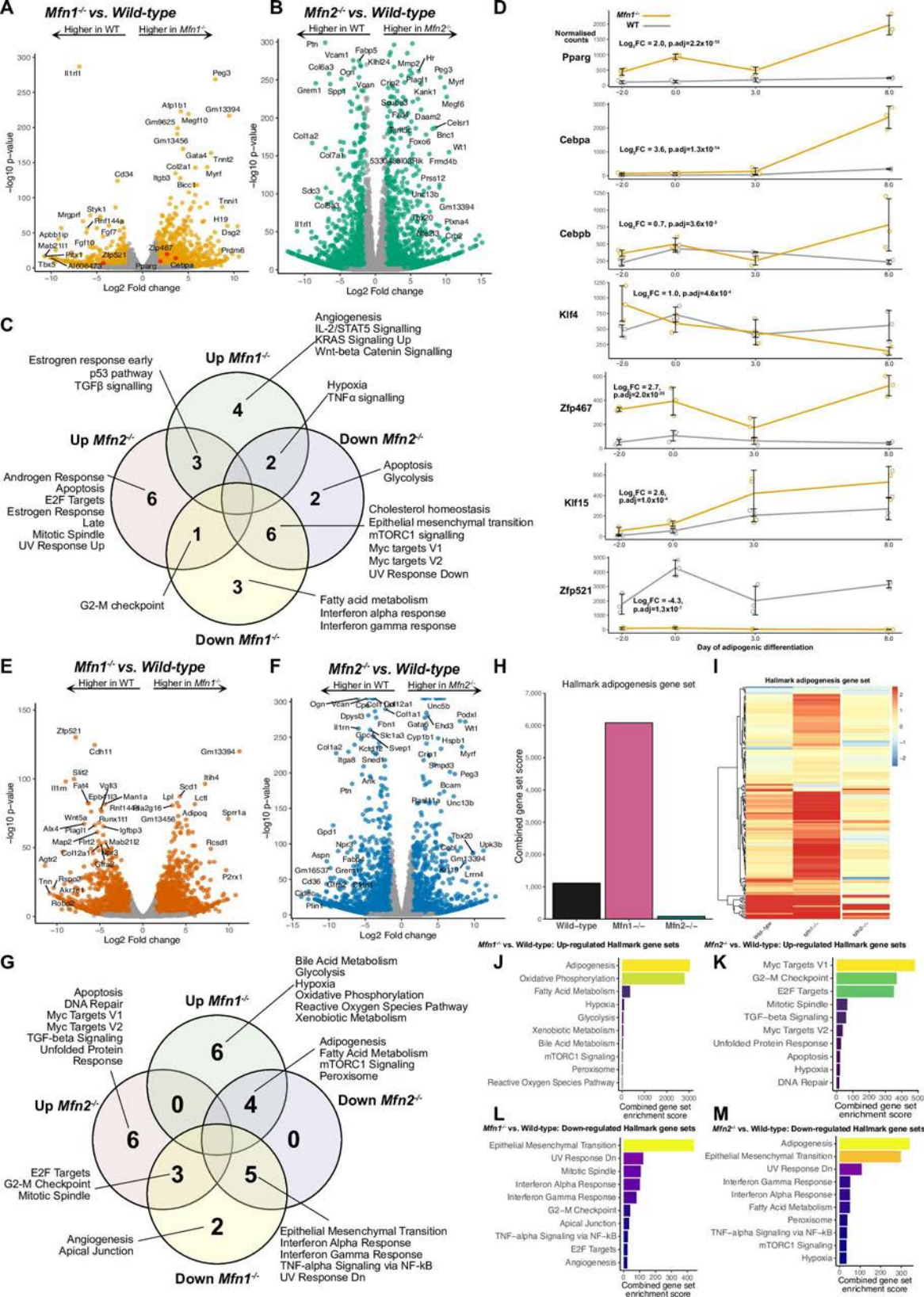
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975 **S2 Table: Antibodies used.** List of all primary and secondary antibodies used in this study.

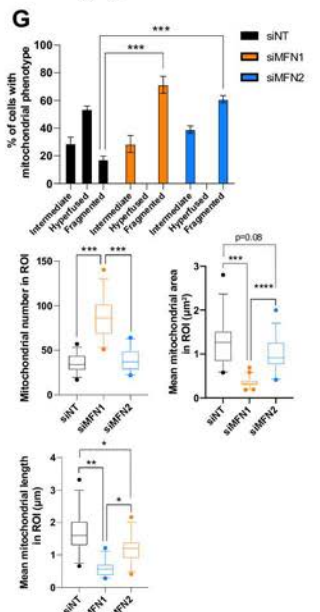
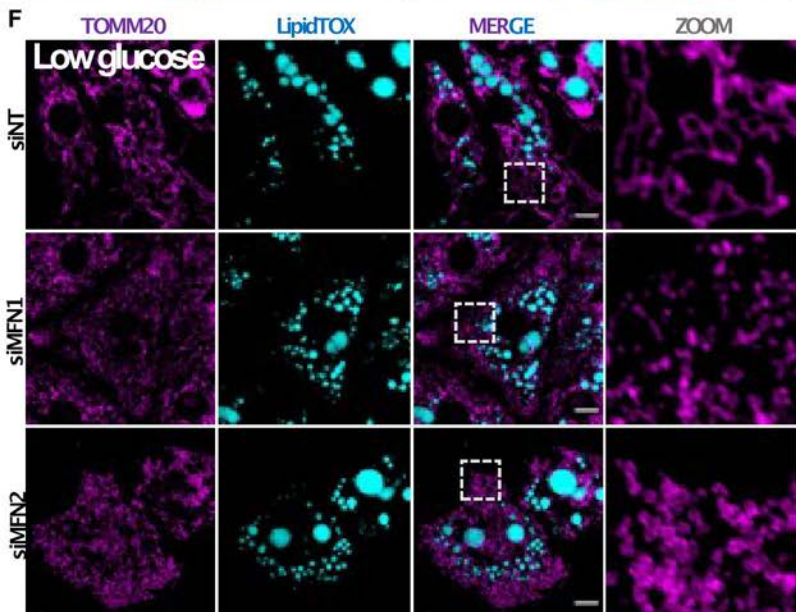
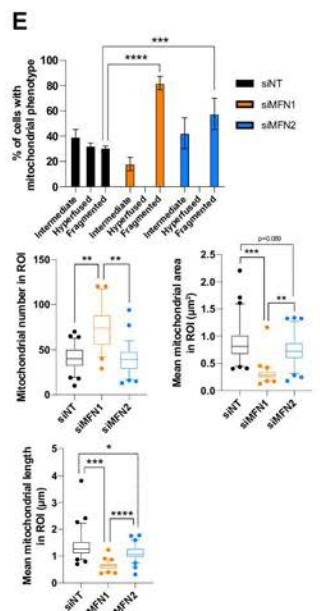
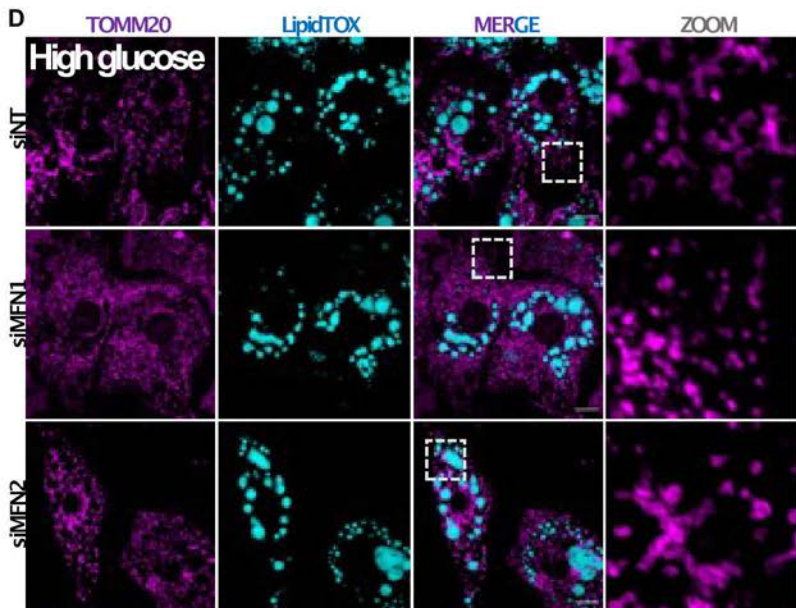
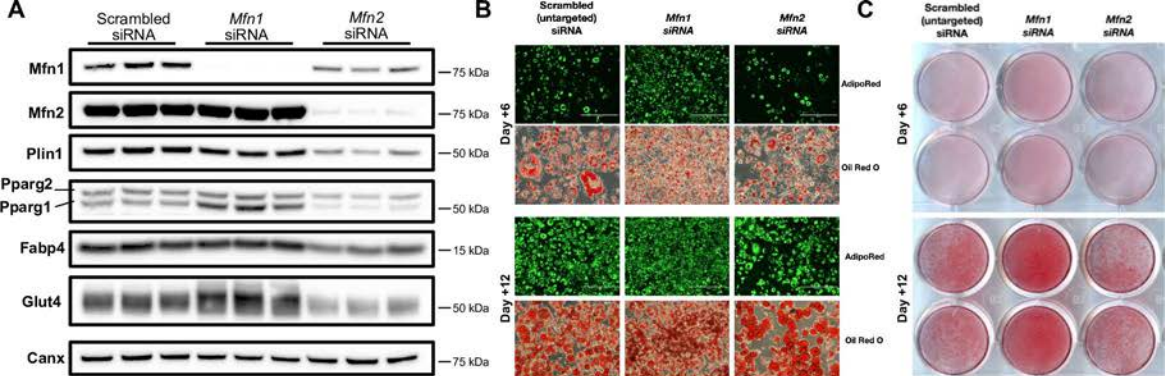
976
977 **S1 Appendix. RNA sequencing counts tables.** Normalised counts per million per gene from
978 RNA sequencing of MEFs. dm2, day -2 of differentiation; dm0, day zero of differentiation; dp3,
979 day +3 of differentiation; dp8, day +8 of adipogenic differentiation; m1, *Mfn1*^{-/-}; m2, *Mfn2*^{-/-}; WT,
980 wild-type MEFs.

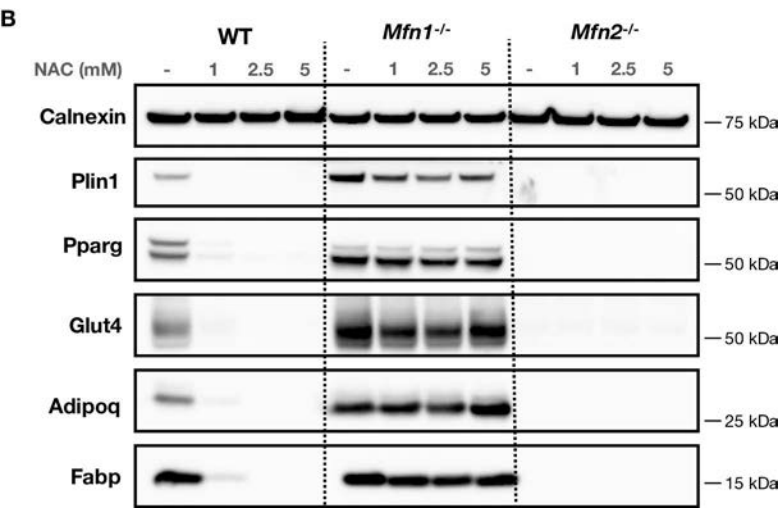
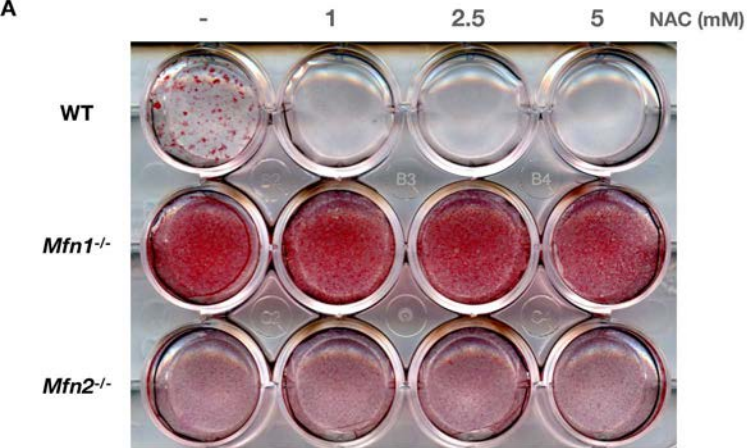
981
982 **S1_Raw_images.** Raw, uncropped immunoblots from all figures and supplementary figures.











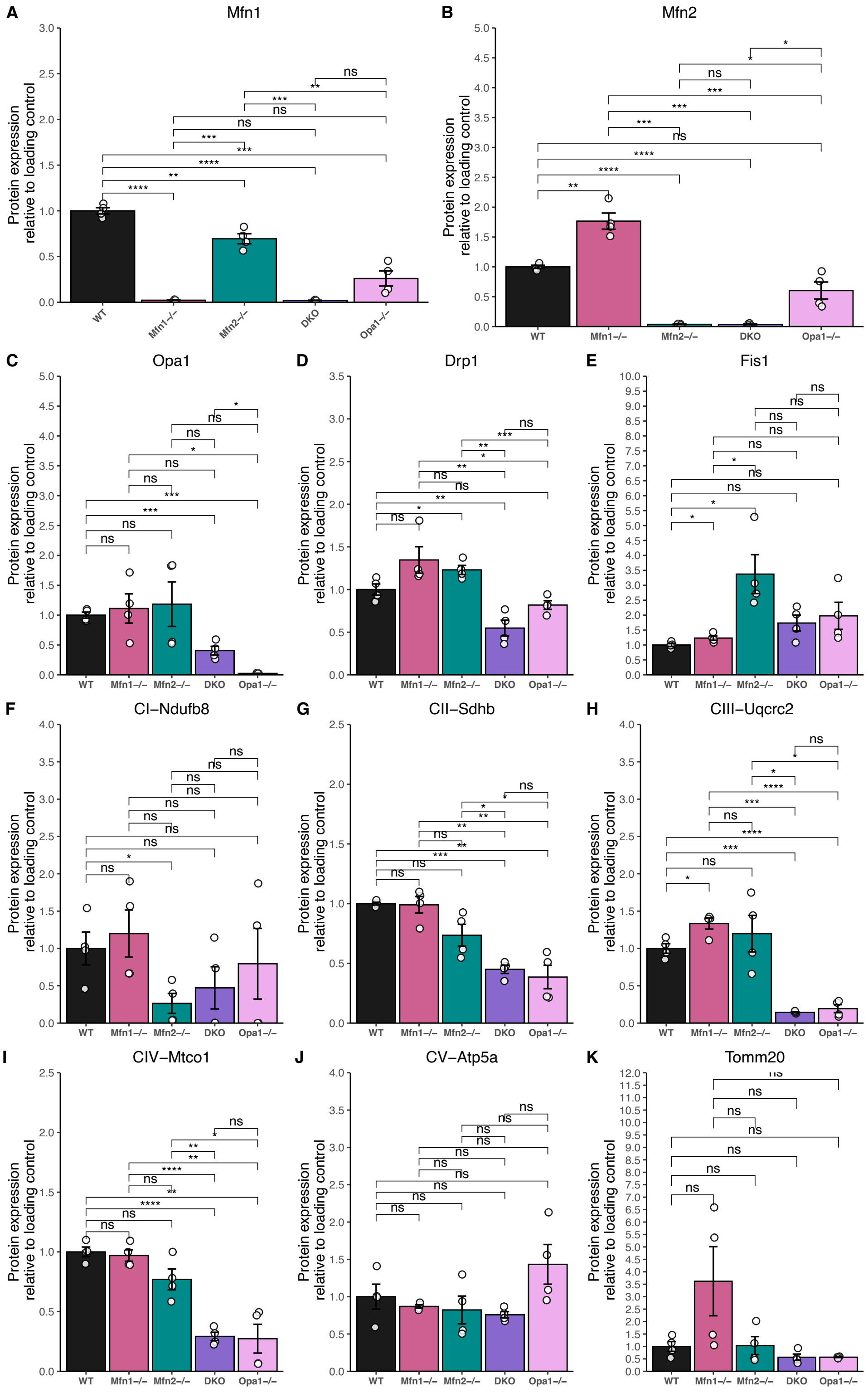
Reagent	Supplier	CatID
2-mercaptoethanol	Gibco	31350010
4-12% Bis-Tris gel	Invitrogen	NP0335BOX
AdipoRed	Lonza	PT-7009
Alexa Fluor 488	Invitrogen	A-11094
BODIPY	ThermoFisher	D3922
Complete-Mini Protease Inhibitor	Sigma-Aldrich	11836170001
DAPI	ThermoFisher	P36966
DC Protein Assay kit	Biorad	5000111
DMEM	Sigma-Aldrich	D6546
DNase	Qiagen	79254
FBS	Gibco	10270-106
gDNA extraction kit	Qiagen	13323
GlutaMax	ThermoFisher	35050038
Immobilon Western Chemiluminescent HRP Substrate	Millipore	WBKLS0500
Isopropanol	Honeywell	33539
L-glutamine	Sigma-Aldrich	G7513
LipidTOX DeepRed	ThermoFisher	H34477
Lipofectamine 3000	ThermoFisher	L3000008
Lipofectamine RNAiMax	ThermoFisher	13778150
MEM Non-essential Amino Acid	Sigma-Aldrich	M7145
Mfn1 siRNA-1	ThermoFisher	s85004
Mfn1 siRNA-2	ThermoFisher	s85002
Mfn1 siRNA-3	ThermoFisher	s85003
Mfn2 siRNA pool	Dharmacon	L-046303-00-0005
Mitotracker Orange CMTMRos	ThermoFisher	M7510
NuPAGE 4x LDS buffer	ThermoFisher	NP0007
NuPAGE MES running buffer	ThermoFisher	NP0002
Oil red O	Sigma-Aldrich	O0625
OptiMEM	ThermoFisher	31985062
Penicillin-Streptomycin	Sigma-Aldrich	P0781
PhosSTOP Phosphatase Inhibitor	Roche	4906837001
Polybrene	EMD Millipore	TR-1003-G

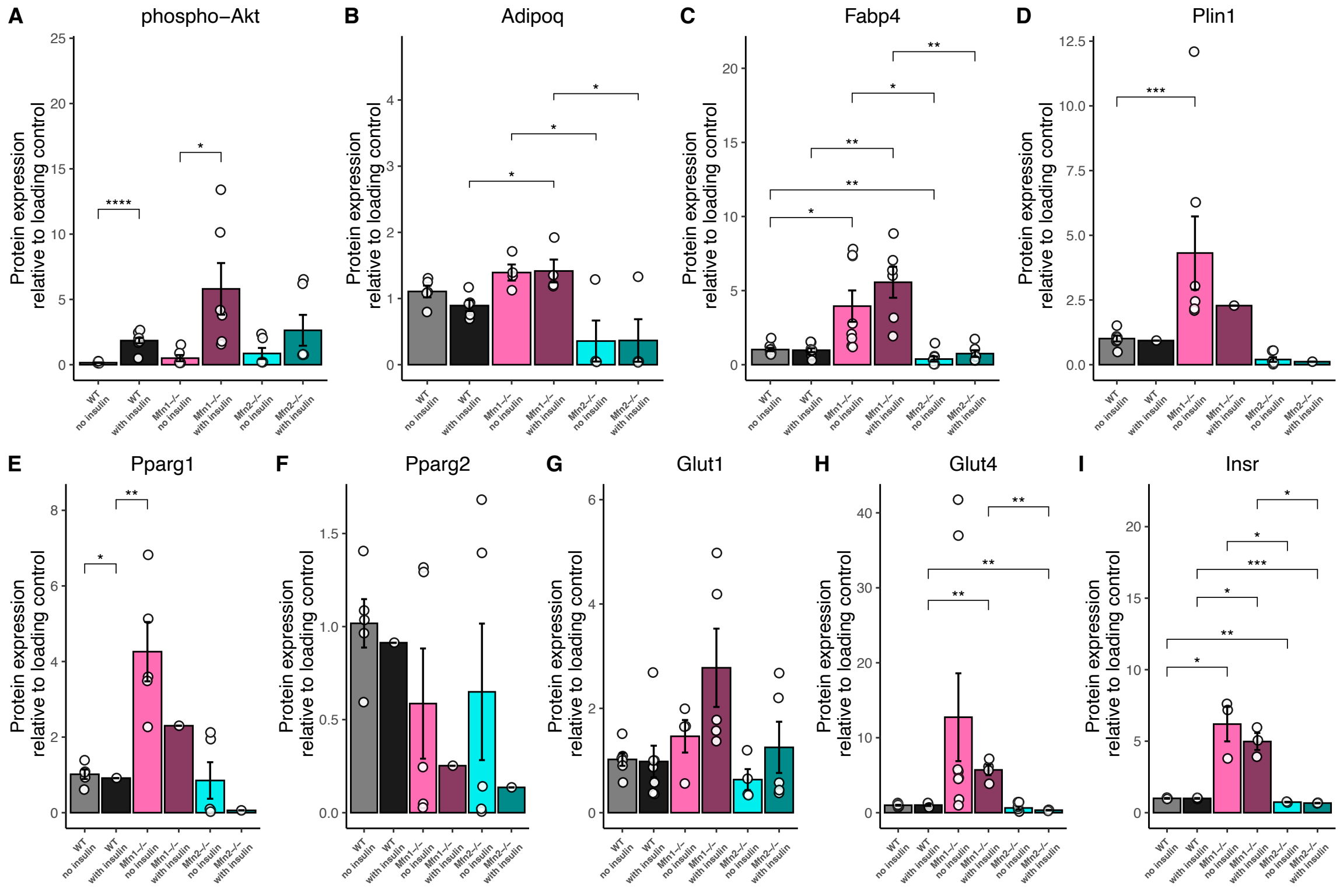
Protein ladder	Biorad	161-0374
RIPA Buffer	SERVA Electrophoresis	39244.01
RNeasy Mini RNA extraction kit	Qiagen	74106
Sodium pyruvate	Sigma-Aldrich	S8636
Trypsin-EDTA	Sigma-Aldrich	T4674
Tween 20	Sigma-Aldrich	P1379
Cell line	Supplier	CatID
3T3-L1	D. Fazakerly (IMS, Uni Cambridge)	
Mfn1 ^{-/-} MEFs	ATCC	CRL-2992
Mfn1 ^{-/-} 2 ^{-/-} MEFs	ATCC	CRL-2994
Mfn2 ^{-/-} MEFs	ATCC	CRL-2993
Opa1 ^{-/-} MEFs	ATCC	CRL-2995
Phoenix-AMPHO cells	ATCC	CRL-3213
WT MEFs	ATCC	CRL-2991

Supplementary Table 1: Reagents and cell lines. List of all reagents and equipment used in this study.

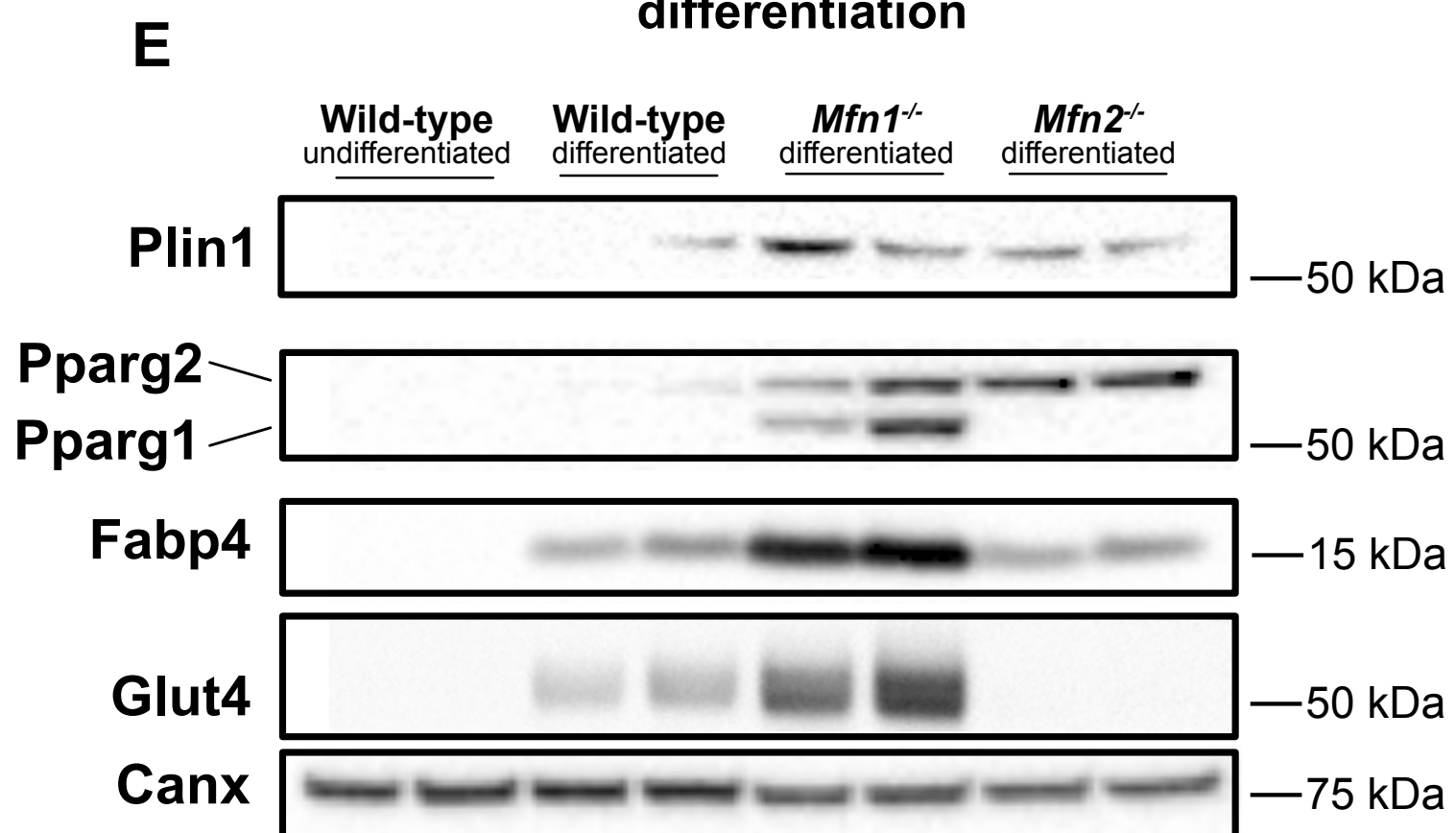
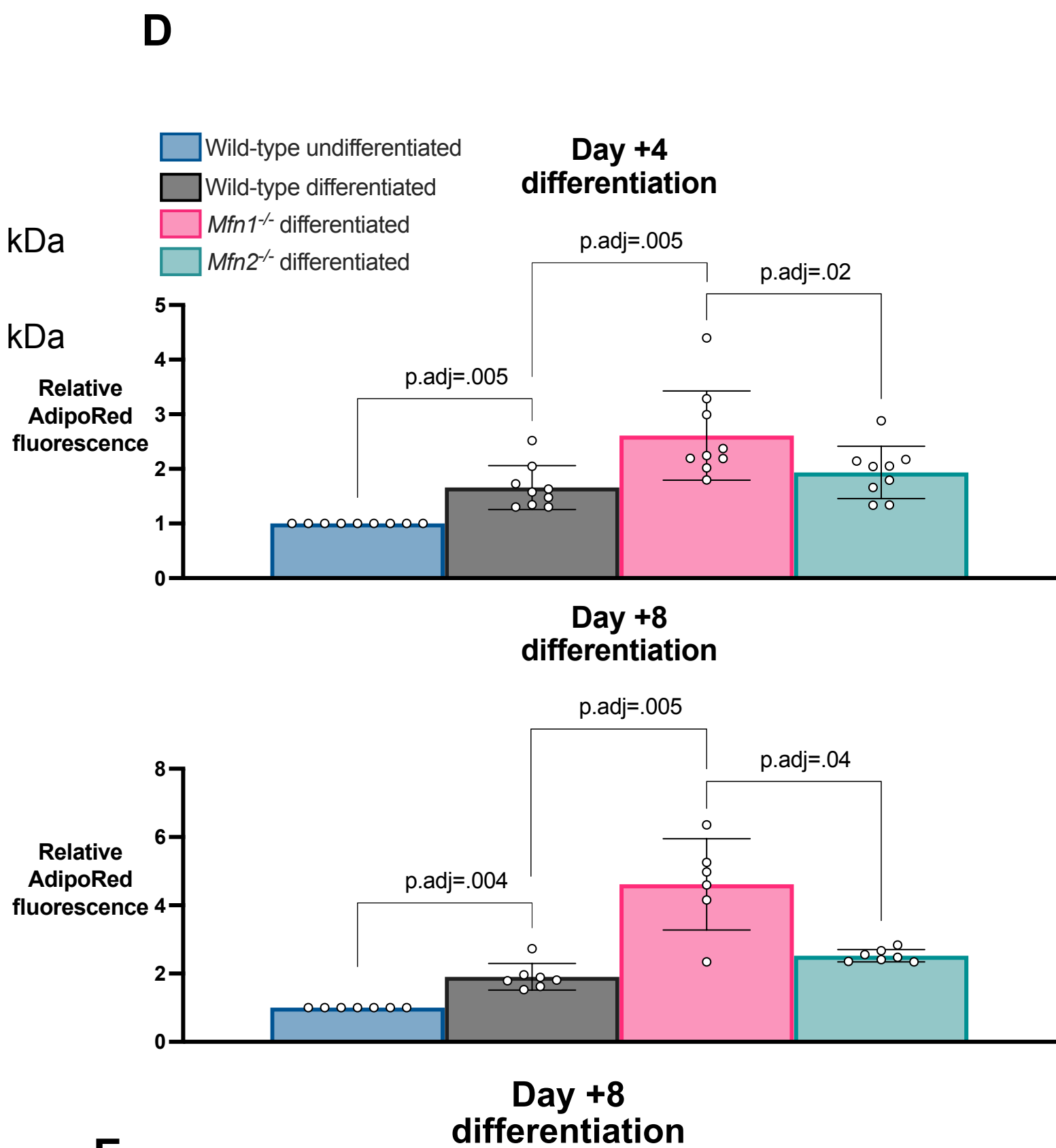
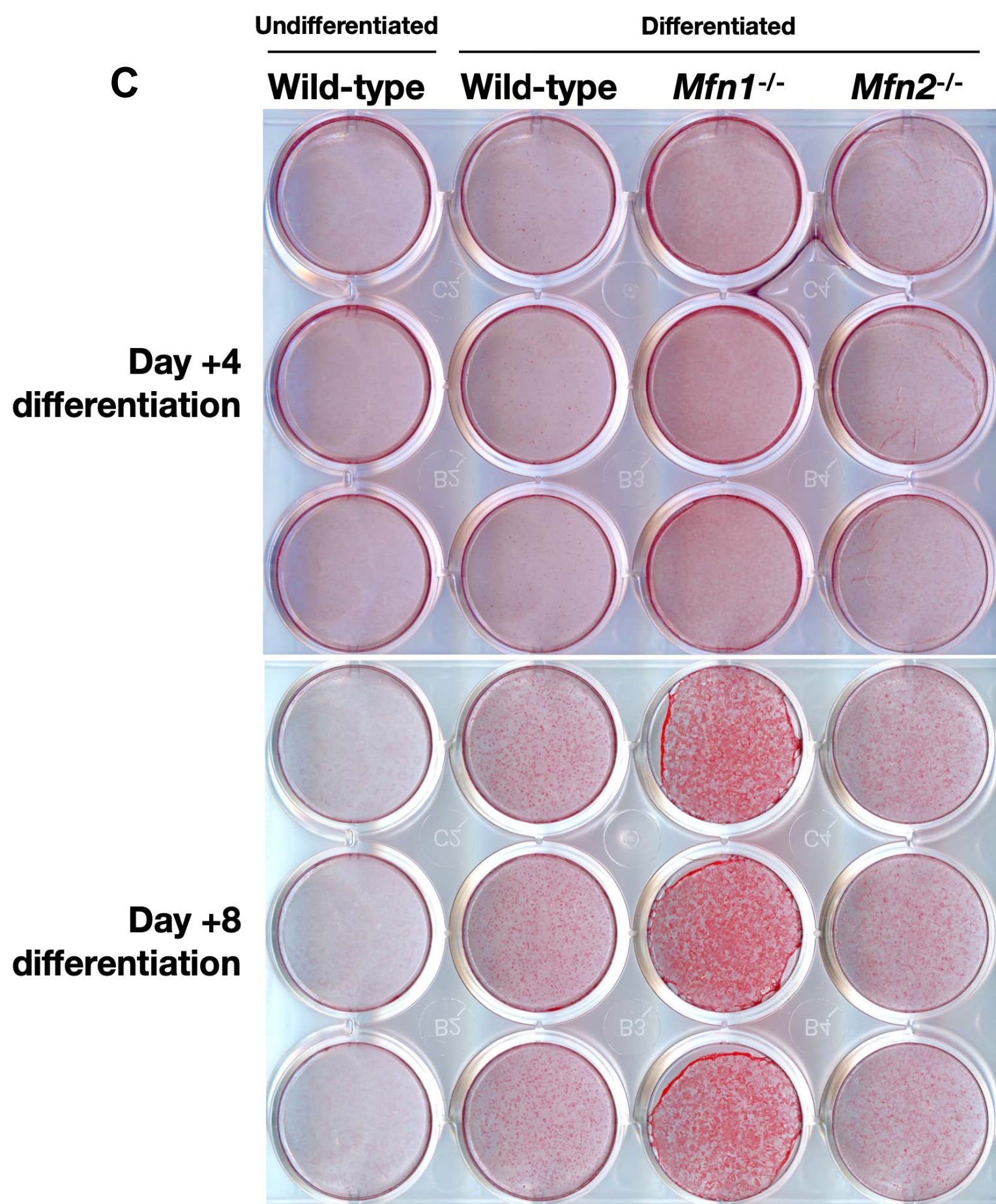
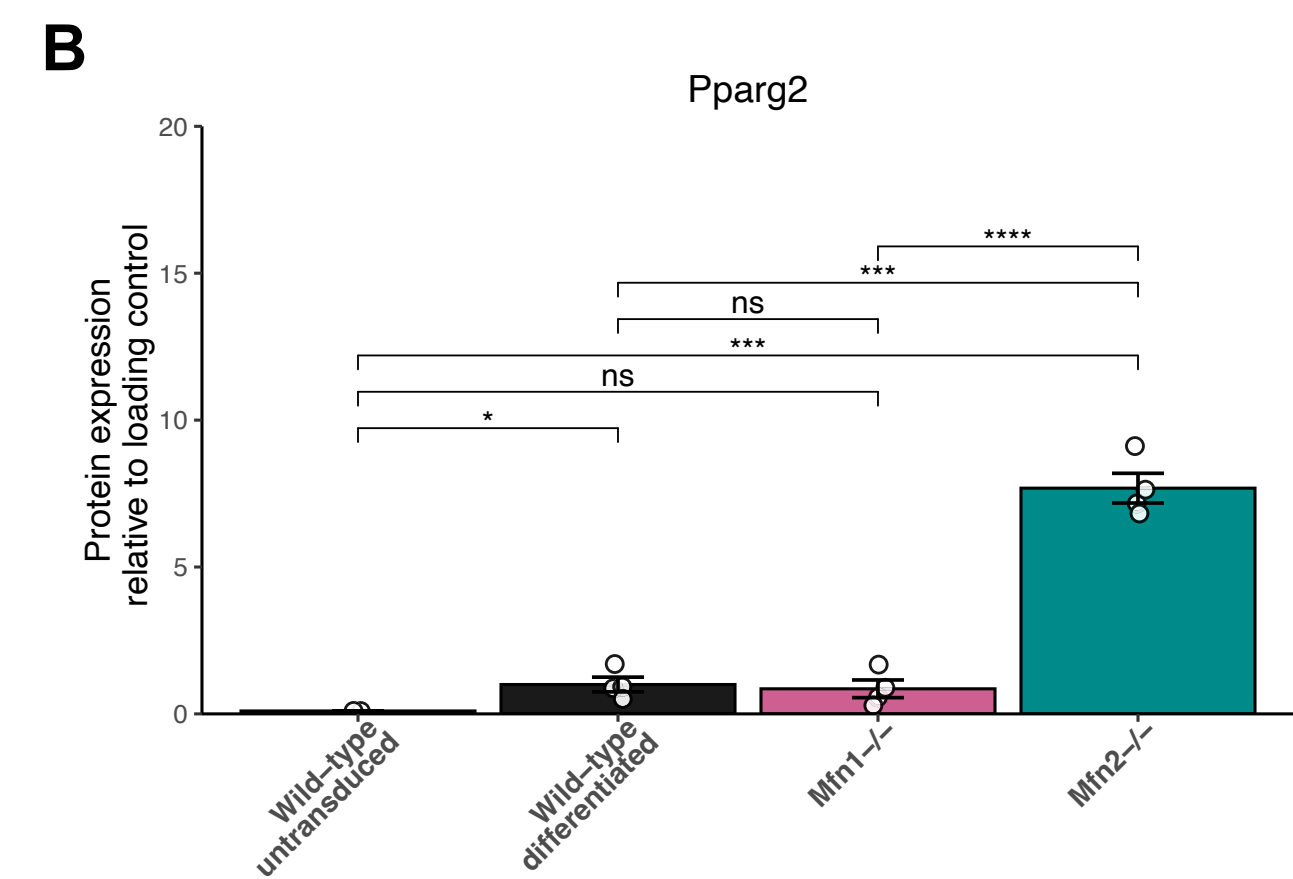
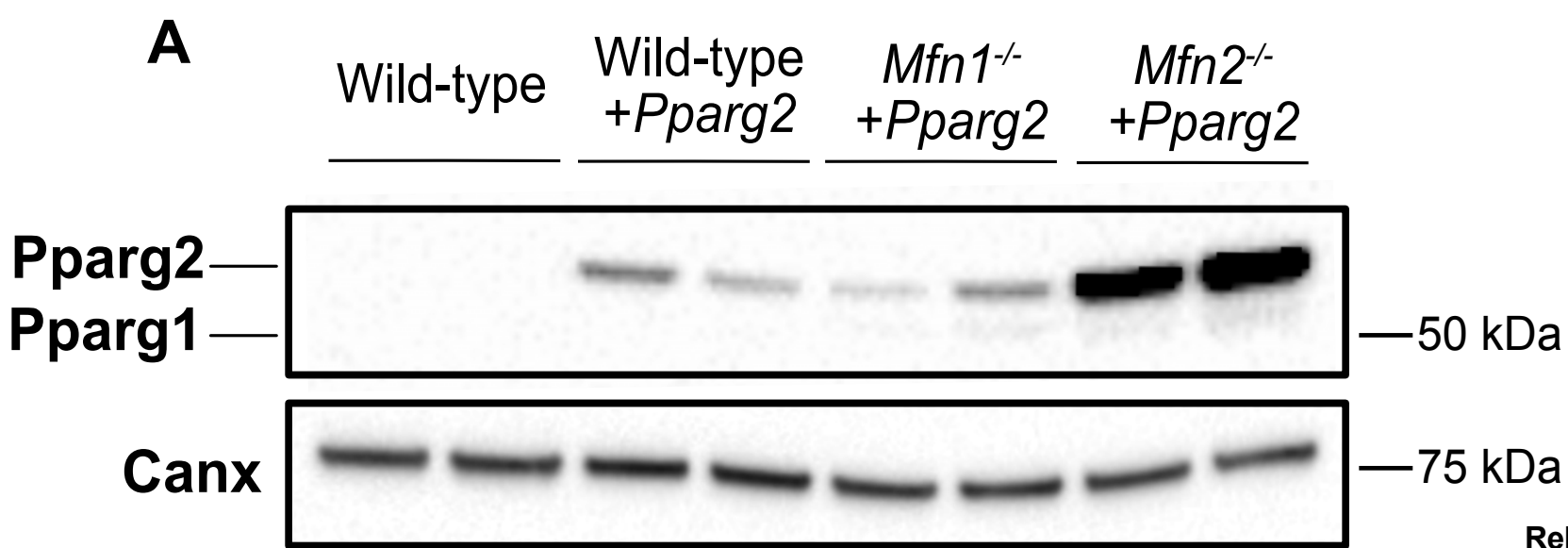
Primary	Supplier	CatID	Concentration	Diluent	2ary
Anti-mouse HRP	Cell signalling	70765	1 in 5000	5% milk	N/A
Anti-rabbit HRP	Cell signalling	70751	1 in 5000	5% milk	N/A
Adipoq	Abcam	ab85827	1 in 1000	5% milk	Rabbit
Akt (total)	Cell signalling	4691	1 in 1000	5% milk	Rabbit
Phospho-Akt (Ser473)	Cell signalling	9271	1 in 1000	5% milk	Rabbit
Beta-tubulin	Abcam	ab6046	1 in 1000	5% milk	Rabbit
Calnexin	Abcam	ab22595	1 in 5000	5% BSA	Rabbit
Drp1	Abcam	ab56788	1 in 1000	5% milk	Rabbit
Fabp4	Cell signalling	2120	1 in 1000	5% milk	Rabbit
Fis1	Proteintech	10956-1-AP	1 in 2000	5% milk	Rabbit
Gapdh	GeneTex	GTX100118	1 in 5000	5% milk	Rabbit
Glut1	Cell signalling	12939	1 in 1000	5% milk	Rabbit
Glut4	Boster	PA1722	1 in 1000	5% milk	Rabbit
Insr	Santa cruz	sc-57342	1 in 1000	5% milk	Mouse
Mfn1	Abcam	Ab126575	1 in 250	5% milk	Mouse
Mfn2	Cell signalling	D2D10	1 in 1000	5% milk	Rabbit
Opa1	BD Biosciences	612606	1 in 1000	5% milk	Mouse
OXPPOS cocktail	Abcam	Ab110413	1 in 1000	5% milk	Mouse
Plin1	Progen	GP29	1 in 1000	5% BSA	Guinea pig
PPAR-gamma	Cell signalling	81B8	1 in 1000	5% BSA	Rabbit
Tom20 [immunoblots]	Abcam	Ab56783	1 in 500	5% milk	Mouse
Tom20 [immunofluorescence]	Proteintech	11802-1-AP	1 in 1000	5% BSA	Alexa Fluor 488

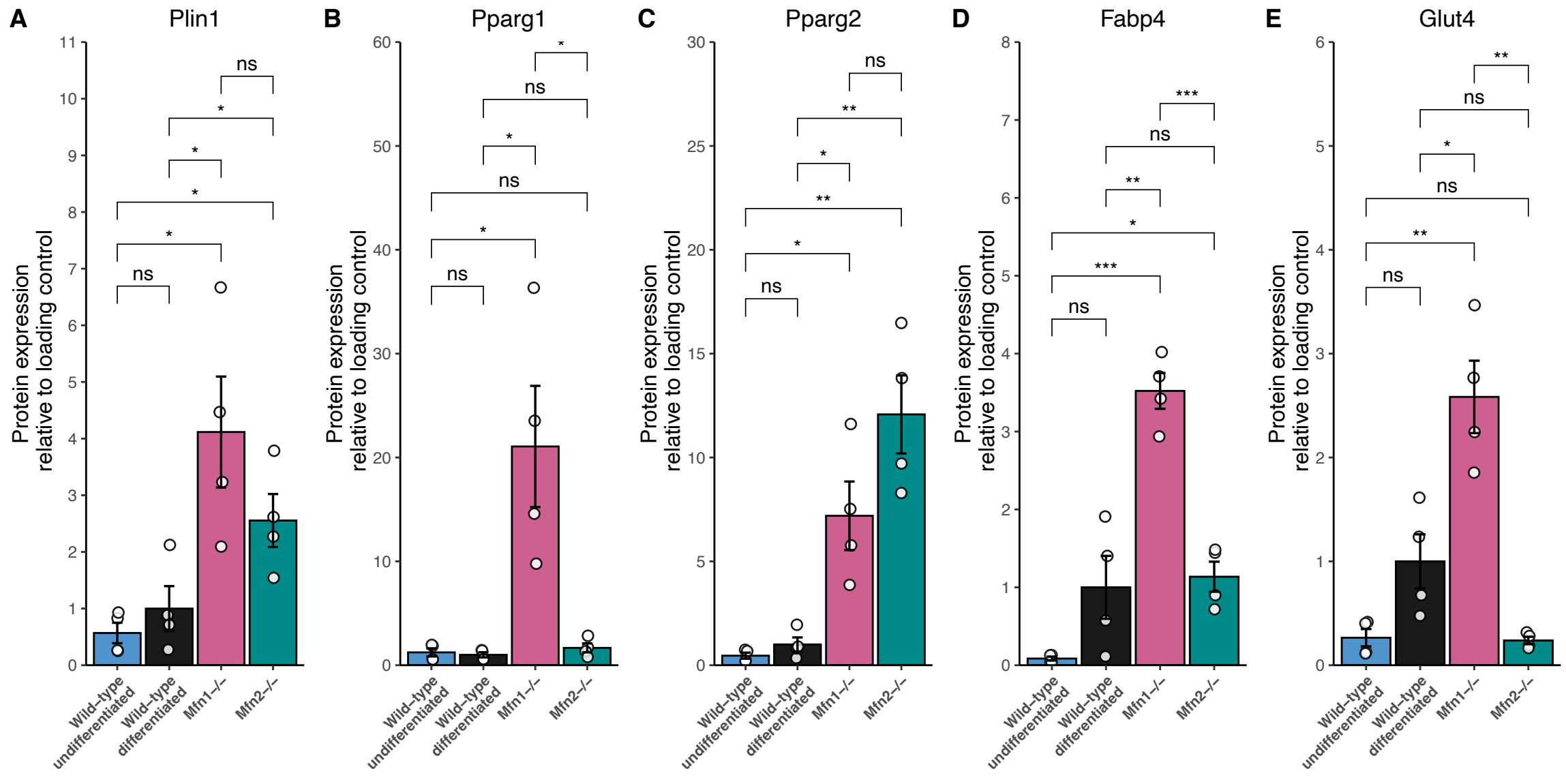
Supplementary Table 2: Antibodies used. List of all primary and secondary antibodies used in this study.

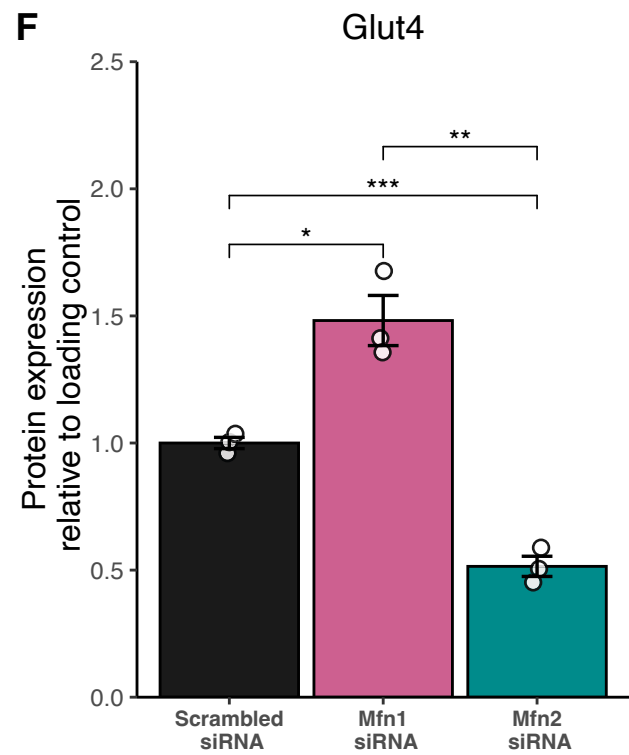
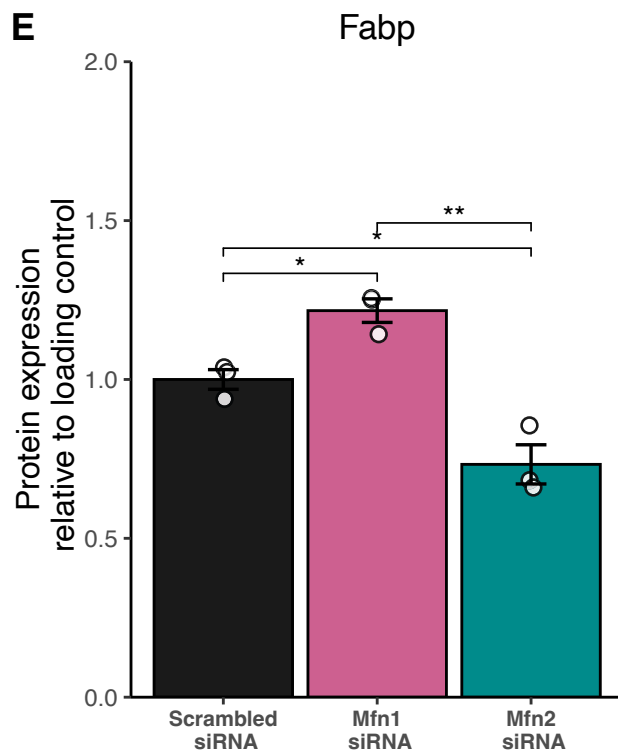
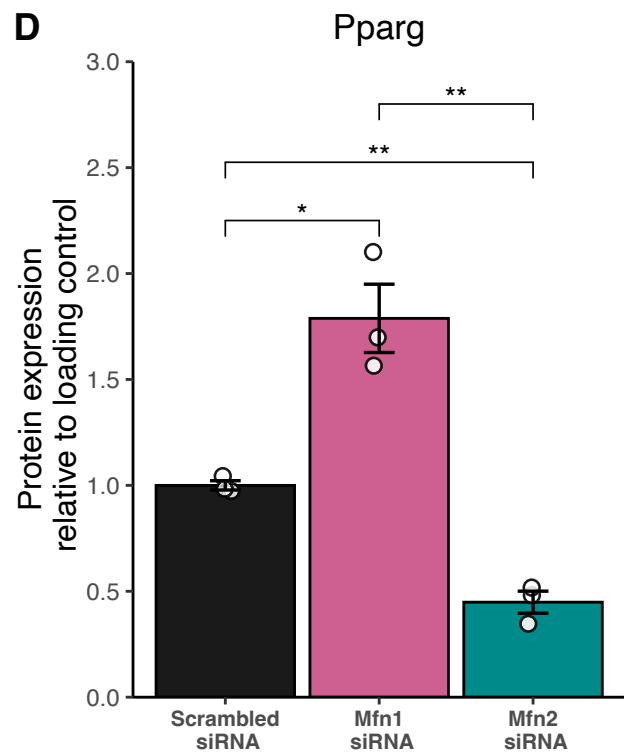
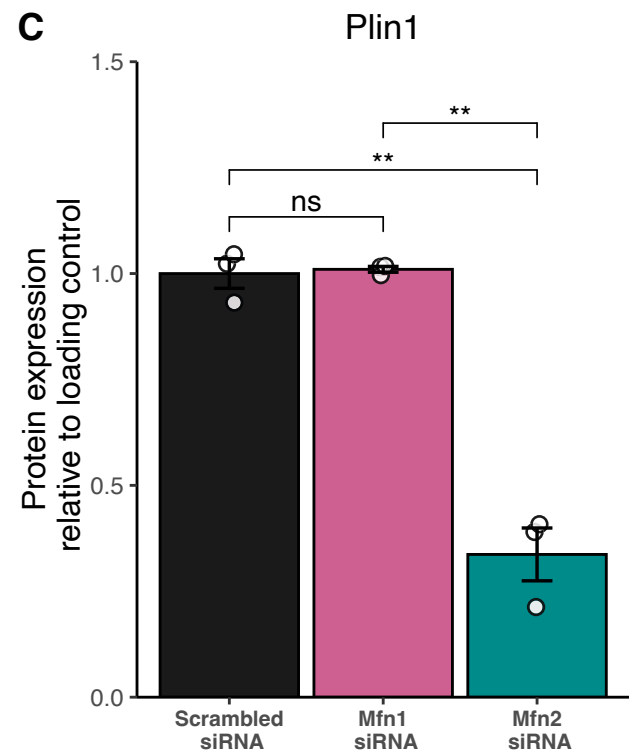
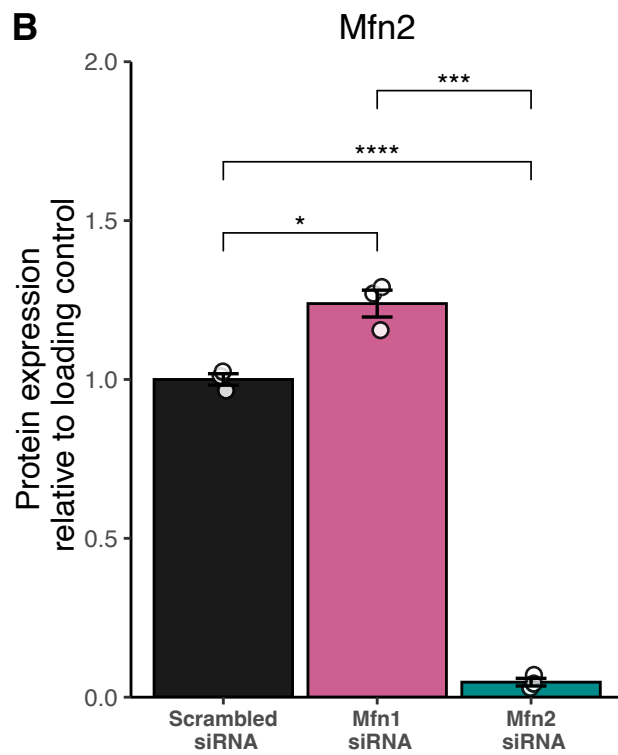
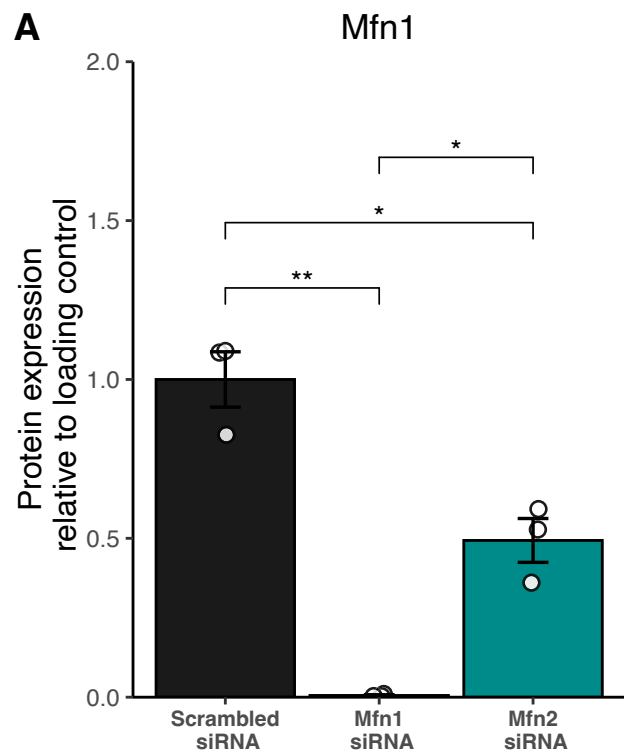


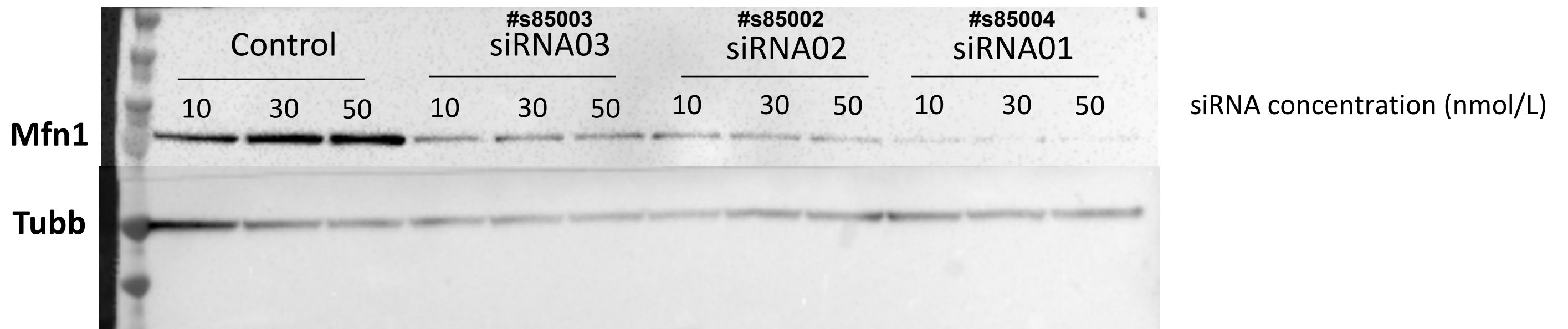


Day -2 pre-adipocytes

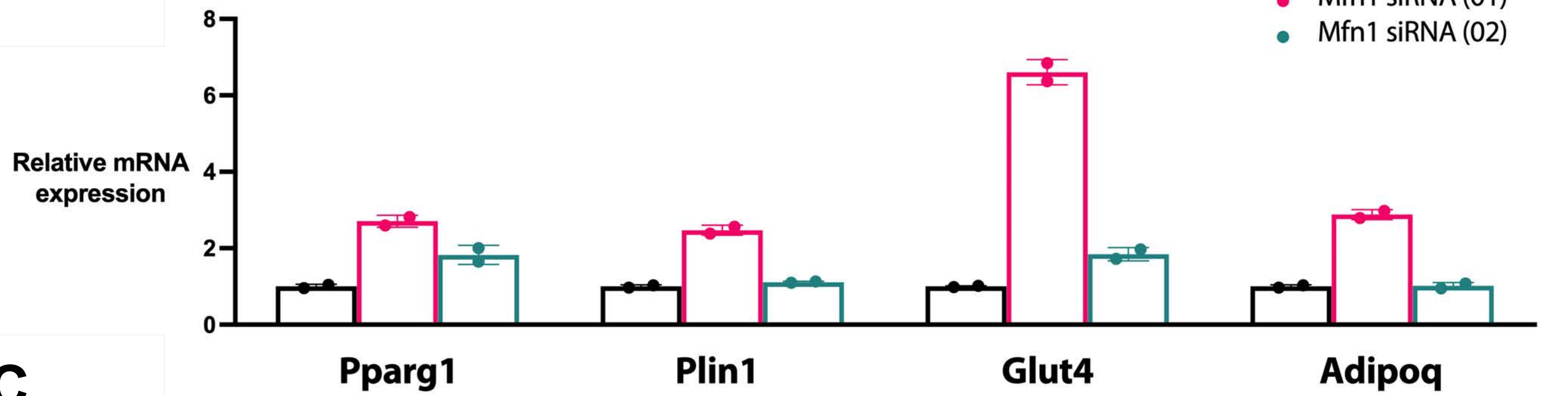
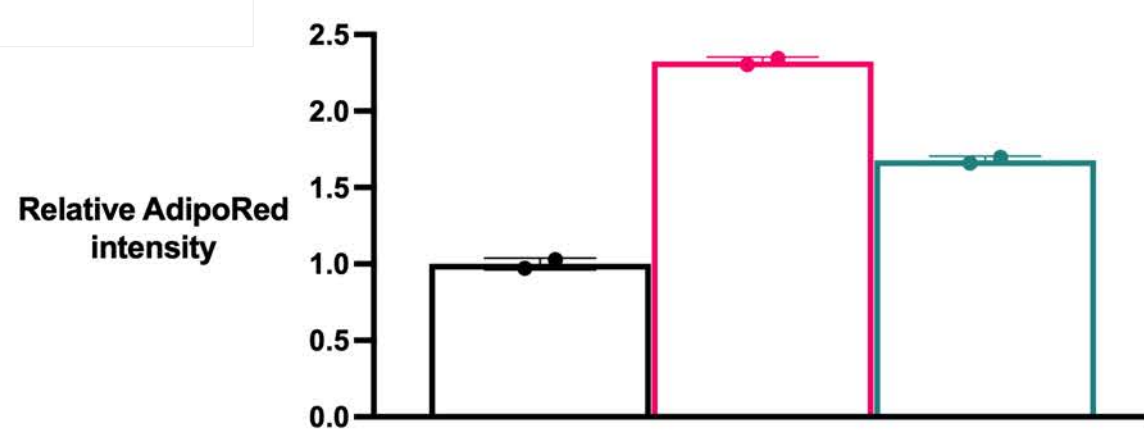






A**B**

Mfn1 silencer select knock-down in differentiated (day +10) 3T3-L1

**C****D**