Brain volume and intelligence

The moderating role of intelligence measurement quality

Abstract

A substantial amount of empirical research has estimated the association between brain volume and intelligence. The most recent meta-analysis (Pietschnig et al., 2015) reported a correlation of .24 between brain volume and intelligence – notably lower than previous meta-analytic estimates. This headline meta-analytic result was based on a mixture of samples (healthy and clinical) and sample correlations not corrected for range restriction. Additionally, the role of IQ assessment quality was not considered. Finally, evidential value of the literature was not formally evaluated. Based on the results of our meta-analysis of the Pietschnig et al.'s sample data, the corrected correlation between brain volume and intelligence in healthy adult samples was $r = .30$ ($k = 32$; $N = 2305$). Furthermore, the quality of intelligence measurement was found to moderate the effect between brain volume and intelligence ($b = .08$, $p = .017$). Investigations that used 'fair', 'good', and 'excellent' measures of intelligence yielded corrected brain volume and intelligence correlations of .21 ($k = 9$; $N = 677$), .32 ($k = 10$; $N = 1063$), and .39 ($k = 13$; $N = 565$), respectively. Finally, the results of a *p*-curve analysis indicated that the published statistically significant results in the area were likely the outcome of a genuine effect, rather than the outcome of *p*-hacking ($p < .001$). The results were interpreted to suggest that the association between in vivo brain volume and intelligence is arguably best characterised as $r \approx .40$. Researchers are encouraged to consider intelligence measurement quality in future meta-analyses (*q*-meta-regression), based on the guidelines provided in this investigation.

Keywords: meta-analysis, meta-regression, brain volume, intelligence, p-curve

Brain Volume and Intelligence: p-Curve and q-Meta-Regression Analyses

The topic of brain size and its possible association with intelligence, both within and between species, has been the subject of a substantial amount of research and debate (Mackintosh, 2011). Recently, Pietschnig, Penke, Wicherts, Zeiler, and Voracek (2015) reported a meta-analytic correlation between human brain volume and intelligence of $r = .24$, based on 120 sample correlations ($N = 6778$). A limitation associated with the Pietschnig et al (2015) investigation is that it did not provide an estimate of the association between brain volume and intelligence corrected for range restriction. Additionally, Pietschnig et al. (2015) did not explore the possibility that quality of intelligence measurement may moderate the magnitude of the association between brain volume and intelligence. Finally, Pietschnig et al. (2015) did not formally evaluate the evidential value of the reported research via a *p*-curve analysis.

Consequently, the purpose of this investigation was to extend the Pietschnig et al. (2015) meta-analysis in three ways. First, to estimate the correlation between in vivo human brain volume and intelligence based on correlations associated with relatively few artefacts, i.e., correlations derived from healthy adult samples and corrected for range restriction. Secondly, to develop a guide to help classify the quality of general intelligence measurement, in order to test the hypothesis that there is a positive association between intelligence test measurement quality and the magnitude of effect sizes reported across empirical investigations (*q*-meta-regression). Finally, to conduct a *p*-curve analysis to evaluate the reported brain volume and intelligence statistically significant correlations for evidential value.

Brain Volume and Intelligence: Quantitative Reviews

The association between in vivo brain volume and intelligence has been reviewed quantitatively several times over the years. More than a decade ago, Gignac, Vernon, and

Wickett (2003) estimated the correlation between brain volume and IQ based on 14 samples (N = 858), all of which were derived from peer reviewed publications. Gignac et al. (2003) reported an N-weighted mean correlation of .37 between brain volume and intelligence. In six of the 14 investigations included in the meta-analysis, the IQ score standard deviations were available. Consequently, Gignac et al. (2003) also reported an N-weighted mean corrected correlation of .43 between brain volume and IQ.[1]

McDaniel (2005) revisited the in vivo brain volume and intelligence association by conducting a more comprehensive meta-analysis than that of Gignac et al. (2003). McDaniel's (2005) inclusion criteria were the following: clinically healthy samples; total brain volume measurement; and well-established measures of intelligence (Wechsler scales; Raven's; but not the National Adult Reading Test, for example). Based on the samples which met those criteria (k = 37; N = 1530), McDaniel (2005) reported a correlation of r = .29 between brain volume and global intelligence. As the standard deviations for 16 of the 37 samples were available in the publications, McDaniel (2005) also reported a corrected correlation of r = .33. Thus, the corrected correlation reported by McDaniel (2005) was smaller than the corrected correlation reported by Gignac et al. (2003; r = .43).

It is noteworthy that McDaniel (2005) found that the mean correlation between brain volume and intelligence was larger for adults than for children. For example, the brain volume and intelligence corrected correlation for adult males was estimated at r = .38, whereas the same

[1] For an introduction to the problem of range restriction and the estimation of correlations in the population, consult Wiberg & Sundström (2009). More advanced treatments can be found in Sackett and Yang (2000) and Hunter, Schmidt, and Le (2006).

correlation for male children was estimated at $r = .22$. McDaniel (2005) did not speculate as to why the effects may have been larger for adults in comparison to children. It is suggested here that both incomplete neurophysiological maturation and individual differences in the rate of maturation explain some of the increase in the magnitude of the brain volume and intelligence correlation from childhood to adulthood. For example, there are individual differences in the neurophysiological maturation of the frontal lobes across childhood and adolescents (Nagy, Westerberg, & Klingberg, 2004; Segalowitz & Davies, 2004). Furthermore, several of the neurophysiological characteristics of maturation may be substantially independent of brain volume (e.g., pruning, intra-cortical myelination; Paus, 2005). Thus, until such neurophysiological characteristics are largely stabilised once maturation is complete (i.e., adulthood), the correlation between brain volume and intelligence may be expected to be attenuated. Stated alternatively, the correlation between brain volume and intelligence in children may not be a fully accurate reflection of the effect.

McDaniel (2005) noted the difficulties associated with conducting a comprehensive meta-analysis, as many empirical investigations did not include standard deviation or internal consistency reliability estimates associated with the test scores. In fact, only 16 of the 37 brain volume and intelligence correlations were corrected for range restriction in the McDaniel (2005) meta-analysis, as the standard deviations were not available in 21 of the publications. Thus, the key brain volume and intelligence correlation ($r = .33$) reported by McDaniel (2005) was likely an underestimate, to some degree.

More recently, Pietschnig et al. (2015) conducted a meta-analysis on the brain volume and intelligence empirical literature. In contrast to Gignac et al. (2003) and McDaniel (2005), Pietschnig et al. (2015) obtained a substantial number of personal communications relevant to

the association between brain volume and intelligence across a variety of studies and samples. Based on 120 sample correlations derived from a mix of healthy and clinical samples ($N = 6778$), Pietschnig et al. (2015) reported a meta-analytic correlation of $r = .24$ between brain volume and global measures of intelligence (e.g., FSIQ). Thus, Pietschnig et al. (2015) reported an effect notably smaller than the meta-analytic estimates reported by McDaniel (2015; $r = .33$) and Gignac et al. (2003; $r = .43$). Pietschnig et al. (2015) suggested that the correlations reported in previous meta-analyses were likely over-estimates, as the published literature was likely affected by selective reporting (i.e., statistically non-significant effects were not reported). In support of such an argument, the meta-analytic correlation between brain volume and general intelligence based on published results was reported by Pietschnig et al. (2015) at $r = .30$ ($k = 53$; $N = 3956$). By contrast, the corresponding meta-analytic correlation in non-published work was estimated at just $r = .17$ ($k = 67$; $N = 2822$).

It should be noted, however, that both Gignac et al. (2003) and McDaniel (2005) restricted their meta-analyses to healthy samples, whereas Pietschnig et al.'s headline correlation of .24 included both healthy and clinically mixed samples. Arguably, intelligence test scores obtained from individuals suffering from various clinical conditions should not be considered optimally valid indicators of intellectual functioning. For this reason, it is commonly recommended that individuals "…should not be assessed [for intelligence] unless they appear suitably healthy and well rested." (Reschly, Myers, & Hartel, 2002). From a statistical perspective, a correlation between intelligence and a criterion would be expected to be suppressed in clinical samples, because it is unreasonable to assume that all of the examinees suffer from the exact same condition to the same degree. Such individual differences in the

clinical condition would be expected to affect the rank ordering in measurement of intelligence, in comparison to "true" intelligence, which is a threat to validity, in this context.

Additionally, it is important to note that Pietschnig et al. (2015) did not correct any of the correlations (published or non-published) for range restriction. By contrast, both Gignac et al. (2013) and McDaniel (2005) did take range restriction into consideration, at least to the degree that the standard deviations were available for some of the studies. Pietschnig et al. acknowledged the issue of range restriction in their meta-analysis, however, they did not apply a correction to their analysis, because "…a majority of the included samples' standard deviations for test performance were not reported" (p. 426-427). However, based on our review, nearly all of the studies associated with the healthy adult samples (k = 32) did report standard deviations for the intelligence test scores. The importance of correcting observed correlations for range restriction to obtain a more accurate estimate the effect in the population has been well established (Le & Schmidt, 2006). For example, based on the results of a simulation investigation, Duan and Dunlap (1997) found that when the population correlation was .30 and the selection ratio was .90 (i.e., the sample standard deviation was 10% smaller than the population standard deviation), the observed correlation was estimated at .255, whereas the correlation corrected for range restriction was estimated at .294. Thus, to extend the findings reported in Pietschnig et al. (2015), a primary purpose of the current investigation was to estimate the correlation between brain volume and intelligence in healthy adults, corrected for range restriction in the intelligence test scores.

Measurement Quality: *q*-Meta-Regression

In addition to range restriction, it is known that measurement quality (both reliability and validity) can attenuate the magnitude of effects estimated in a particular investigation (Furr,

2011). In the context of meta-analyses, there is some awareness of the effect of differential measurement quality on the magnitude of the effect observed between two variables. For example, commenting on a meta-analysis relevant to salt intake and the risk of stroke, Appel (2009) implicated the poor quality of dietary salt measurement in several of the empirical investigations as a key cause of significant heterogeneity in the results. In another meta-analysis relevant to the effects of parenting type on childhood depression, McLeod, Weisz, and Wood (2007) found that parental rejection was associated with childhood depression, but only when parental rejection was measured with multiple informants, in comparison to a single informant. Thus, McLeod et al. (2007) contended that measurement quality should be taken into consideration when considering the effect of one variable on another at the meta-analytic level.

With respect to the measurement of intelligence, assessments can vary from brief, group-administered, arbitrarily abbreviated, single-scale measures through to comprehensive batteries in which testing lasts over an hour. However, few, if any, meta-analyses in the area of intelligence have taken into consideration the possibility that the quality of intelligence measurement may moderate the effect between intelligence test scores and another variable. One likely reason meta-analyses do not consider the measurement quality of general intelligence (*g*) test scores is that there are no established guidelines for such a purpose. Consequently, a goal of this investigation was to test intelligence measurement quality as a moderator of the effect between brain volume and intelligence. First, however, an intelligence measurement quality classification guide needed to be developed.

In the most straightforward terms, the correlation between cognitive ability test scores and *g* would help quantify the quality of general intelligence measurement in a study. However, many combinations of cognitive ability tests have never been evaluated empirically for their

association with *g*. Although a precise, non-factor analytic, algorithm for the specification of general intelligence measurement quality does not appear to have ever been published, arguably, most intelligence tests (and combination of tests) can be categorised according to their quality, particularly with respect to representations of *g*. For example, the administration of the five minute Stroop test (Golden, 1978) could not be classified justifiably as an excellent, or even a good, measure of general intellectual functioning, as it is only a single cognitive ability test which measures a single group-level dimension of intelligence. Not coincidently, the Stroop test has been found to relate to *g* very moderately at approximately .45 (Burns, Nettelbeck, & McPherson, 2009). By contrast, the FSIQ scores derived from the complete WAIS-IV would be considered an excellent measure of *g* by most clinicians and researchers (Reynolds, Floyd, & Niileksela; Sattler & Ryan, 2009). Distinguishing between the Stroop and the full WAIS-IV as indicators of general intelligence is relatively uncontentious. The challenge is to specify a more detailed guideline that may be able to accommodate all investigations which include at least one measure of cognitive ability.

As a general statement, the quality of the measurement of *g* may be determined, in part, by the number of subtests completed by the participants. Jensen (1998) recommended that a minimum of nine subtests is required to represent *g* respectably. Furthermore, the nine subtests should represent at least three group-level dimensions of cognitive ability (e.g., fluid intelligence, crystallised intelligence, processing speed). Jensen's (1998) recommendation is commonly cited (e.g., Colom, Juan-Espinosa, Abad, & García, 2000; Gignac, Shankaralingam, Walker, & Kilpatrick, 2016; Juan-Espinosa, Cuevas, Escorial, & García, 2006). Furthermore, there is empirical research which supports the notion that a stable estimate of *g* is unlikely to be achieved with fewer than 8 subtests (Major, Johnson, & Bouchard, 2011). As can be seen in Table 1, it is

suggested that 1, 1-2, 2-8, and 9+ tests be classified as possibly ‘poor’, ‘fair’, ‘good’, and ‘excellent’ measures of *g*, in the absence of any other information.

In addition to the number of tests, the number of group-level factors of intelligence represented by the tests should also be considered. It is widely acknowledged that there are approximately 10 group-level factors of intelligence (Carroll, 2003). Commonly measured group-level factors of intelligence include crystallised intelligence (Gc), fluid intelligence (Gf), memory span (Gsm), and processing speed (Gs). Jensen (1998) recommended that a good measure of *g* be based on measures indicative of at least three group-level factors. Thus, a battery of nine short-term memory tests would not be considered an excellent measure of *g*, because all of the tests are related to a single group-level factor (Gsm). As can be seen in Table 1, it is suggested here that cognitive ability tests indicative of 1, 1-2, 2-3, and 3+ dimensions be classified as possibly ‘poor’, ‘fair’, ‘good’, and ‘excellent’ measures of *g*, in the absence of any other information. The overlap across the categories is a reflection of the fact that the various group-level factors differ in the degree to which they relate to *g*. For example, Gf and Gc are known to relate to *g* very strongly (Gignac, 2014; Kvist & Gustafsson, 2008), whereas Gsm (excluding working memory tasks) and Gs have been found to be weaker indicators of *g* (Reynolds & Keith, 2007). Thus, some consideration should be placed on the *g* saturation of the group-level factors to which the selected tests belong.

In addition to the number of tests and the amount of test diversity, the amount of time required to complete the testing should also be considered an indicator of general intelligence measurement quality. For example, a hypothetical study may administer nine tests of cognitive ability, however, due to time constraints, the investigator may choose to administer only short-forms of all of the subtests (say, even items), resulting in a testing time of only 30 minutes.

Arguably, such an administration would not be considered as impressive as the same battery of tests which included the entire set of items and 60 minutes of testing time. As can be seen in Table 1, it is suggested that 3-9 minutes, 10-19 minutes, 20-39 minutes, and 40+ minutes be classified as 'poor', 'fair', 'good', and 'excellent' measures of *g*.

To summarize, the three key general intelligence measurement quality characteristics described above include: (1) number of tests: (2) diversity, i.e., number of group-level dimensions measured; and (3) amount of testing time. Across investigations, all three key characteristics would be expected to be correlated positively. For example, the number of tests administered would be expected to be associated with greater testing times. However, the three key characteristics would not be expected to be correlated perfectly. Consequently, all three characteristics should be considered. For example, Raven's progressive matrices takes as much as 35-45 minutes to complete (Arthur & Day, 1994), which would suggest that it is an excellent measure of *g*. However, it is only a single test; furthermore, it measures only a single group-level dimension of intelligence. Notably, across several large, representative samples, Raven's has been found to be associated with *g* at .68 (Gignac, 2015). Thus, Raven's would be classified as a fair measure of *g*, based on the guidelines provided in Table 1.

An additional row of information has been included in Table 1 (correlation with *g*): the expected association between the test scores and *g*. It can be seen that relatively poor measures of *g* are proposed to share ≤ 24% of their variance with *g* ($r \leq .45$). Fair measures are proposed to share between 25% and 50% of their variance *g* ($r = .50$ to $.71$). Good measures of *g* are proposed to share between 51% and 89% of their variance with *g* ($r = .51$ to $.94$). Finally, excellent measures of *g* are expected to be associated with *g* such that the total scores share 90% or more of their variance with *g* ($r \geq .95$).

Technically, the only information required to categorise intelligence test scores as indicators of *g* is this association with *g*. In practice, however, the three key characteristics described above are necessary because the various combinations of tests included in investigations have never been tested specifically for their association with *g*. Thus, the first three key characteristics listed in Table 1 are to be used as a necessary substitute, when the association with *g* has not been established empirically.

Once the intelligence test scores associated with the investigations included in a meta-analysis have been coded according to the guidelines reported in Table 1, intelligence test score quality can be examined as a possible moderator of the effect between an independent variable and intelligence. Such a moderator analysis can be conducted within the context of a conventional meta-regression (Huizenga, Visser, & Dolan, 2011). However, to help increase the awareness of the importance of measurement quality in the context of a meta-analysis, we suggest that a meta-regression applied in such a context be known as a *q*-meta-regression (*q* = quality).

p-Curve Analysis

It is known that the social sciences suffer from severe publication bias, which often distorts the literature (Franco, Malhotra, & Simonovits, 2014). For the validity of meta-analyses, then, it is critical to determine if bias affects the reviewed literature. The results of Pietschnig et al.'s (2015) meta-analysis suggested that the brain volume and intelligence literature may have been influenced by selective reporting of significant effects, as the reported brain volume and intelligence correlations were, on average, larger than the non-reported correlations (r = .30 versus r = .17). Such differences do not, however support a formal diagnosis of bias in the literature, or, more generally of *p*-hacking (analysing data a number of different (ad hoc) ways

until a statistically significant effect is observed). Simonsohn, Nelson, and Simmons (2014a) introduced the *p*-curve analysis as a method capable of formally evaluating the likelihood that published literature relevant to a particular hypothesis may be the result of *p*-hacking. The logic of the *p*-curve analysis is based principally upon the notion that *p*-hacking can be expected to yield a disproportionately large number of *p*-values just below the coveted alpha .05 threshold (i.e., .026 to .049). By contrast, when a true statistically significant effect has been reported in the literature, one should observe a significantly disproportionate number of *p*-values less than .025 (Simonsohn, Nelson, & Simmons, 2014b). Because the analysis is based on a hypothesis about the distribution of published significant results, it does not require access to unpublished analyses.

Several *p*-curve analyses have been published recently which have called into question the evidential value of high-profile findings. For example, Vadillo, Gold, and Osman (2016) failed to observe the expected right-tailed distribution of statistically significant *p*-values in published data on the glucose model of ego depletion. In another investigation, the 33 statistically significant results supportive of the claimed effect of power-posing showed a flat distribution of *p*-values, thus supporting the alternative hypothesis that there is not power-posing effect (Simmons and Simonsohn, 2016). Finally, Melby-Lervåg, Redick, and Hulme (2016) found that the statistically significant effects reported in the literature relevant to the generalisability of effects due to working memory training (with active control groups) were consistent with a left-skewed distribution, i.e., not supportive of a true effect in the population.

No published meta-analysis of the association of brain volume with IQ has attempted a *p*-curve analysis. Consequently, an additional purpose of this investigation was to test the

possibility that statistically significant results reported in the healthy adult brain volume and intelligence published literature may have been influenced by *p*-hacking.

Summary

Although the Pietschnig et al. (2015) meta-analysis should be considered a comprehensive and competently executed meta-analysis, the reported results were limited in a number of ways. Consequently, the purpose of this investigation was to estimate the association between brain volume and intelligence, based on correlations associated with relatively few artefacts, i.e., derived from healthy adult samples and correlations corrected for range restriction. Additionally, we tested the hypothesis that the quality of measurement of intelligence, as a representation of *g*, moderated the association between brain volume and intelligence via a *q*-meta-regression. Finally, we conducted a *p*-curve analysis to determine whether the statistically significant results in the area support evidential value.

Method

Search Procedure

In order to comparability, the studies considered for inclusion in the current meta-analysis were derived from the Pietschnig et al. (2015) meta-analysis relevant to brain volume and intelligence. Specifically, the study references, study characteristics, and correlational results were drawn from the supplementary material excel file published with Pietschnig et al. (2015). Although a more extensive search could have been undertaken, we were particularly interested in comparing the results obtained from this investigation with those reported by Pietschnig et al. (2015). Consequently, we restricted our search for studies to those reported in Pietschnig et al. (2015).

Inclusion and Exclusion Criteria

Pietschnig et al. (2015) listed a total of 120 sample correlations between brain volume and overall intelligence derived from a total of 75 investigations. However, in order to estimate a meta-analytic derived correlation with the least number of artefacts, we excluded sample correlations based on children and/or adolescents, as well as sample correlations based on a mixture of children and adults. We also excluded samples which included participants suffering from a clinical disorder or a learning disability. Finally, we excluded a sample that had only 3 participants.[2] In some cases, Pietschnig et al. (2015) included only the correlation between brain volume and intelligence for the sexes separated into two groups. As this investigation was not particularly interested in an evaluation of sex differences, we made an effort to identify the correlation between brain volume and intelligence for the whole sample within the research paper's included in the Pietschnig et al. meta-analysis. In some cases, the overall correlation was not obtainable, thus, some of the correlations included in the current meta-analysis were based on gender separated samples. Based on the application of the inclusion/exclusion criteria applied in this investigation, a total of 32 correlations were selected for the meta-analysis.

As mentioned in the introduction, a key purpose of the current meta-analysis was to estimate the brain volume and intelligence correlation that was not attenuated due to range restriction in intelligence test scores. The Pietschnig et al. (2005) meta-analysis did not include the standard deviations associated with the cognitive ability test scores, consequently, we searched for the standard deviations within all of the relevant empirical research papers. In cases

[2] Pietschnig et al (2015) included personal communication results of .00 ($N = 3$) associated with Leonard et al. (1999).

where the standard deviation was not reported in the empirical research paper, the author(s) of the paper were contacted via email by the first author to obtain the information via personal communication.

The range restriction formula applied in this investigation requires both the sample standard deviation and the population standard deviation (Case II; Thorndike, 1949). For most of the investigations, the population standard deviation was easy to identify (e.g., Wechsler scales, *SD* = 15; Raven's, *SD* = 15; Culture Fair Intelligence Test, *SD* = 16). However, for two of the published studies that used the Standard Progressive Matrices, the raw score standard deviations were reported. Unfortunately, the Raven's technical manual (Raven, Raven, & Court, 1998a) does not report any normative sample standard deviations for the raw scores. However, the summary guide for Australian users reported a raw score standard deviation of 7.5 for Australian 17-year-olds who completed the SPM (Australian Council for Educational Research, 1991). Thus, the value of 7.5 was used in this investigation as the SPM population level standard deviation for the purposes of correcting the observed correlations which used the SPM. One study (i.e., Thoma et al., 2005) included in the current meta-analysis reported a raw score standard deviation for the Advanced Progressive Matrices. Raven, Raven, and Court (1998b) reported a normative sample standard deviation of 6.56 for the Advanced Progressive Matrices. Consequently, the value of 6.56 was used to correct the brain volume and intelligence correlation. Burgaleta et al. (2012) reported a correlation between brain volume and intelligence assessed using a combination of tests, several of which were based on only a subset (half) of the items of the full test (i.e., difficult to find norms). Fortunately, the PMA Inductive Reasoning subtest was used in its entirety in Burgaleta et al. (2012), and the standard deviation was reported at 4.54. To estimate the degree of range restriction in the data, the PMA Inductive Reasoning

standard deviation reported for the Seattle Longitudinal Study (i.e., *SD* = 7.4; Schaie, 2013) was utilised to correct the correlation between brain volume and intelligence reported in Burgaleta et al. (2012). Finally, Royle et al. (2012) reported only the raw score standard deviations for the six WAIS-III subtests administered to measure intelligence. The standardized standard deviations (expected *SD* = 3.0) were obtained via personal communication (T. Booth, personal communication, October 26, 2016).

Data Analysis

To establish a baseline to test our hypotheses, a "bare bones" meta-analysis was conducted on the uncorrected correlations (Hunter & Schmidt, 2004). The meta-analysis was performed via the 'metafor' package developed for *R* and the "HS" (Hunter Schmidt) estimation method for random effects (Viechtbauer, 2010). As Pearson correlations are known to be slightly biased negatively, the bare bones meta-analysis was conducted on the transformed (Olkin & Pratt 1958) correlations via the "UCOR" function with reference to the 'metafor' and 'gsl' packages. Heterogeneity was tested statistically with Cochran's *Q*. However, given Cochran's *Q* is substantially affected by statistical power (von Hippel, 2015), emphasis was placed on the interpretation of I^2, the proportion of the variance in the correlations that was due to heterogeneity.

Next, the observed correlations were corrected for range restriction on *X* (i.e., intelligence), based on the well-known Thornkdike (1949) case II formula, in order to conduct the psychometric meta-analysis (Hunter & Schmidt, 2004). Although the case II formula is theoretically most appropriate for scenarios where range restriction is direct, the more advanced approaches to indirect correction (e.g., Le & Schmidt, 2006) default to the direct range restriction case, when information on the reliability of the test scores is either not available or presumed to

be near 1.0 (Card, 2015). In this investigation, information on the reliability of brain volume and intelligence scores was unavailable for almost all of the investigations that met the inclusion criteria. Thus, reliability of test scores was not considered within the context of the current psychometric meta-analysis. Duan and Dunlap (1997) found that Kelly's (1923) standard error formula was the most accurate when the corrected correlation was relatively small (≤ .30) and the selection ratio was relatively large (≥.80), which was the circumstance for most empirical studies included in the current investigation. Thus, Kelly's (1923) formula was used in the psychometric meta-analysis to estimate the range corrected correlation standard errors.

In order to conduct the *q*-meta-regression, a conventional meta-regression approach was adopted (Huizenga, Visser, & Dolan, 2011). Specifically, the 'rating' variable was entered into the meta-analysis model. The 'HS' method within the metfor package for *R* was applied (mixed-effects estimation). The observation of a statistically significant and positive regression coefficient was considered supportive of the hypothesis that measurement quality moderated the association between brain volume and intelligence in the hypothesized direction. Finally, a statistically significant moderator effect was followed-up with separate meta-analyses for each rating group, as recommended by Field (2013).

Finally, the *p*-curve analysis was performed according to the guidelines recommended by (Simonsohn, Simmons, & Nelson, 2015). Furthermore, the *p*-curve results were obtained from the *p*-curve web application 4.05 (http://www.p-curve.com/app4/).

Results

Meta-Analysis

The individual study statistical results are reported in Table 2. It can be seen that the majority (59.4%; $k = 19$) of the observed correlations between brain volume and intelligence

were statistically significant ($p < .05$). The bare bones meta-analysis of the 32 correlations ($N = 2305$) was associated with a statistically significant overall effect, $r = .27$, $p < .001$ (95%CI: .23, .31; see Figure 1 for forest plot). Furthermore, the test of heterogeneity was not statistically significant, $Q(31) = 36.66$, $p = .222$, however, it was relatively underpowered with only 32 correlations included in the analysis. The effect size measure of heterogeneity (I^2) was equal to 12.4%, which implied a relatively small amount of heterogeneity in the correlations (low ≤ 25%; Higgins, Thompson, Deeks, & Altman, 2003). Finally, as can be seen in Figure 2, 91% of the correlations (29 of 32) were within the triangular area of the funnel plot, which suggested that there was only a small amount of evidence to suggest bias in the reported effects (null expectation = 95%; Sterne et al., 2011).

Next, the psychometric meta-analysis was conducted on the correlations corrected for range restriction (r_c; see Table 2). The 32 corrected correlations ($N = 2305$) were associated with a statistically significant effect, $r = .30$, $p < .001$ (95%CI: .23, .37; see Figure 3 for forest plot of corrected correlations). In contrast to the bare bones meta-analysis, the test of heterogeneity was statistically significant, $Q(31) = 73.31$, $p < .001$. Furthermore, the effect size measure of heterogeneity (I^2) was equal to 55.7%, which implied a moderate amount of heterogeneity in the correlations (Higgins, Thompson, Deeks, & Altman, 2003). Finally, as can be seen in Figure 4, 91% of the correlations (29 of 32) were within the triangular area of the funnel plot, which suggested that there was only a small amount of evidence to suggest bias in the reported effects (null expectation = 95%; Sterne et al., 2011).

q-Meta-Regression

The number and nature of the cognitive ability tests used in the investigations included in the meta-analysis are listed in Table 2 (see column labelled ‘Tests’). It will be noted that nine of

the intelligence measures were classified as fair (coded = 2), 10 were classified as good (coded = 3) and were 13 classified as excellent (coded = 4). Thus, none of the investigations included in the meta-analysis were considered to have used a poor measure of cognitive ability.

Although the amount of heterogeneity in the estimated observed correlations (bare bones meta-analysis) was relatively small (I^2 = 15.4%), the *q*-meta-regression was performed, nonetheless. The intelligence measurement quality rating moderator variable was found to be a statistically significant contributor to the model, b = .06 (95%CI: .01, .11), z = 2.27, p = .023. Thus, higher scores on the intelligence measurement quality scale were associated with larger brain volume and intelligence correlations. Specifically, a one unit increase in intelligence measurement quality was associated with, on average, a .06 increase in the observed correlation between brain volume and intelligence. Correspondingly, the value of I^2 was reduced to 0%. Separate meta-analyses were conducted to estimate the brain volume and intelligence correlations across the fair, good, and excellent intelligence measurement classifications. The following correlations were estimated: fair = .22 (95%CI: .13, .31); good = .27 (95%CI: .19, .34); and excellent = .34 (95%CI: .27, .42).

Next, the *q*-meta-regression was conducted on the corrected correlations. The intelligence measurement quality rating moderator variable was found to be a statistically significant contributor to the model, b = .08 (95%CI: .01, .15), z = 2.38, p = .017. Thus, higher scores on the intelligence measurement quality scale were associated with larger brain volume and intelligence correlations. Specifically, a one unit increase in intelligence measurement quality was associated with, on average, a .08 increase in the corrected correlation between brain volume and intelligence. Correspondingly, the value of I^2 was reduced to 46.6%. Separate meta-analyses were conducted to estimate the brain volume and intelligence corrected correlations across the

'fair', 'good', and 'excellent' intelligence measurement classifications. As can be seen in Table 3, the following corrected correlations were estimated: 'fair' = .21 (95%CI: .14, .28); 'good' = .32 (95%CI: .16, .46); and 'excellent' = .39 (95%CI: .32, .46). For thoroughness, the observed correlations are also reported in Table 3.

p-Curve Analysis

As can be seen in Table 2, 19 of the published correlations were statistically significant ($p < .05$). The mean level of statistical power associated with all 32 statistical tests was 69%. As can be seen in Figure 5, there was a distinctly right-tailed distribution of *p*-values, which suggested evidential value for the reported effects between brain volume and intelligence. Furthermore, based on a binomial test, the number of statistically significant *p*-values less than .025 was found to be statistically significantly greater than the number of *p*-values between .026 and .050 ($p = .032$). Finally, the full *p*-curve and half *p*-curve tests (i.e., combination test; Simonsohn, Simmons, & Nelson, 2015) were both statistically significant ($z = -5.34$, $p < .001$; $z = -5.26$, $p < .001$, respectively). Thus, all of the results suggested that there was evidential value in favour of a true effect between brain volume and intelligence.

Discussion

This meta-analysis indicated several findings of note regarding the association between brain volume and IQ. First, we confirmed a substantial downward bias on the effect due to sample restriction of range. Secondly, we found significant support for the influence of measurement quality on the effect sizes. Specifically, the quality of intelligence measurement was found to be a moderator of the effect between brain volume and intelligence such that investigations that used 'fair', 'good', and 'excellent' measures of intelligence yielded corrected brain volume and intelligence correlations of .21, .32, and .39, respectively. Finally, we

confirmed the significant results reported results in the published literature as likely the outcome of a genuine effect, as indicated in the *p*-curve analysis. These findings are discussed in more detail below.

Comparisons with Previous Meta-Analyses

The results of this meta-analysis suggest that the association between brain volume and intelligence is at least .30, which is arguably substantially larger than the correlation of .24 reported by Pietschnig et al. (2015). The difference in the two estimates is due, in part, to the restricted inclusion criteria employed in this investigation: healthy adults only. Additionally, the correlations were corrected for range restriction in the present investigation, whereas no corrections were applied in Pietschnig et al. (2015). The $r = .30$ reported in this investigation is closely aligned with the meta-analysis reported by McDaniel (2005; $r = .33$), and to some degree Gignac et al. (2003; $r = .43$), both of which included only healthy samples, in addition to some corrections for range restriction in intelligence test scores.

As contended in the introduction, individuals suffering from psychological and/or neurological disorders should not be expected to yield accurate estimates of intellectual functioning (Reschly, Myers, & Hartel, 2002). Additionally, there may be expected to be individual differences in the rate of developmental change across various neurophysiological characteristics, some of which may be related to be cognitive functioning (Nagy, Westerberg, & Klingberg, 2004; Segalowitz & Davies, 2004). Unless all of those neurophysiological characteristics are correlated perfectly with brain volume, the correlations between brain volume and intelligence based on child and adolescent samples would be expected to be suppressed, if not fully, at least partly. Consequently, it is our position that the correlation of .30, based on healthy adults, is a less confounded estimate of the association between brain volume and

intelligence, in comparison to the correlation of .24 reported by Pietschnig et al. (2015), which included a mixture of healthy and clinical samples, as well as children, adolescents, and adults.

Based on a quantitative review of a large number of meta-analyses in the field of differential psychology, Gignac and Szodorai (2016) found that the median corrected correlation reported in the literature was approximately .25. Thus, the corrected correlation of .30 between brain volume and intelligence reported in this meta-analysis may be considered somewhat larger than average (60th percentile; Gignac et al., 2016). Larger corrected meta-analytic correlations have been reported in the area of intelligence. For example, Roth et al. (2015) reported a psychometric meta-analytic correlation of .54 between intelligence and school grades. However, to-date, brain volume and intelligence appears to be the largest neurophysiological correlate of human intelligence (Ritchie et al., 2015).

Intelligence Test Quality as a Moderator

To our knowledge, this is the first meta-analysis to use intelligence measurement quality as a moderator in a meta-analysis. The results were consistent with our hypothesis: there was a positive association between the magnitude of the association between brain volume and intelligence and the quality of general intelligence measurement. Specifically, the mean corrected correlations across the fair, good, and excellent general intelligence measurement classifications were .21, .32, and .39, respectively. In our view, the corrected .39 correlation may be the most valid representation of the association between brain volume and intelligence, as it represents the "best of" studies, at least with respect to intelligence measurement. We were unable to correct for imaging quality (e.g., low versus high power scanners, low versus high quality movement artefact rejection, low versus high quality image segmentation, etc.).

However, the incorporation of measurement quality in brain volume measurement may be expected to further increase the estimated correlation between brain volume and intelligence.

The observation of a positive association between measurement quality and effect size is broadly consistent with Feinstein's (1995) view that not all empirical investigations should be considered equal in the context of a meta-analysis. That is, a meta-analysis can help overcome the problem of sampling variability, however, the inclusion of all empirical studies, without any regard for the quality of measurement, may not be the most valid approach to the estimation of the association between two theoretically linked variables. Strong inclusionist versus exclusionist stances are arguably not necessary (see Kraemer, Gadner, Brooks, & Yesavage, 1998), as classifications of measurement quality can be generated and hypotheses of moderator effects tested, as conducted in this investigation. Thus, researchers in the area of intelligence are encouraged to employ the general intelligence measurement classification reported in Table 1 in future meta-analyses.

It may be presumed that researchers who administer a small number of cognitive ability tests do so because of limited amount of resources (time/money). However, the results of this investigation suggest that researchers who administer more comprehensive cognitive ability test batteries require smaller sample sizes to achieve the same level of power. For example, with respect to the uncorrected correlations, an investigator who planned to administer a single cognitive ability test, such as Raven's or the CFIT (20-minutes testing time), would require a sample size of 160 to achieve power of .80, based on an expected uncorrected correlation of .22. By contrast, an investigator who planned to administer 9 cognitive ability tests (40-minutes testing time) would require a sample size of 66 to achieve a power of .80, based on expected uncorrected correlation of .34. From this perspective, it is more efficient to administer a

comprehensive measure of intelligence, in comparison to a brief measure (44.0 vs. 53.3 hours of cognitive abilities testing). Furthermore, the insights derived from an investigation which included a comprehensive measure of intelligence may be considered a more valuable contribution to the area (e.g., better scope to decompose unique effects across *g* and group-level factors).

Limitations

Although the observed correlations included in the meta-analysis were corrected for range restriction, they were not corrected for measurement error. Thus, the current meta-analysis may not be regarded as an entirely complete psychometric meta-analysis, as a complete psychometric meta-analysis should correct the observed correlations for both range restriction and measurement error (Schmidt & Hunter, 2015). The reason the observed correlations were not corrected for measurement error is that only one investigation included in the meta-analysis reported any information about the internal consistency reliability of the intelligence test scores (i.e., Wickett, Vernon, & Lee, 1994).

It may be presumed that many researchers rely upon the very high internal consistency reliability estimates reported by test publishers in the relevant technical manuals. However, reliability is a property of test scores derived from a particular sample, rather than a property of a test (Mehrens & Lehman, 1991). Furthermore, in practice, test score reliability tends to be lower in empirical investigations, in comparison to the estimates derived from normative samples (Vacha-Haase, Kogan, & Thompson, 2000). In light of the above, it is reasonable to suggest that the corrected brain volume and intelligence correlations reported in this investigation are underestimates of the true score effect in the population. Thus, the corrected brain volume and

intelligence correlation of .39 reported for the excellent intelligence measures category is almost certainly .40 or greater at the true score level.

Although a substantial amount of the theoretical and empirical literature was taken into consideration in the development of the general intelligence measurement classification system (Table 1), it should be acknowledged that it is ultimately a subjective guide. Some may raise objections about one or more of the boundaries which demarcate one or more of the categories. Naturally, different classification systems may result in moderator effects different to those reported in this meta-analysis. Thus, the results of the meta-regressions reported in this investigation are valid to the degree that the classification system is also valid. The fact that the application of the intelligence measurement classification system yielded a statistically significant hypothesized moderator effect in the meta-regressions suggests that the classification system may be valid. Additional applications of the classification system in other meta-analyses in the area of intelligence would be valuable to further evaluate its validity (or to suggest modifications).[3]

[3] We attempted to conduct additional *q*-meta-regressions on the remaining correlations within the Pietschnig et al. (2016) meta-analysis (i.e., outside the healthy adult samples). However, there were too few usable correlations within any particular category to evaluate a measurement quality moderator effect, properly. Specifically, with respect to the 31 healthy children sample correlations included in Pietschnig et al. (2016), 15 were based on a combination of different IQ tests within the same sample (e.g., some children were administered an incomplete version of the WISC-R and some were administered the complete WISC-III). Additionally, four of the healthy children studies used an ‘unknown’ measure of intelligence. Thus, in total, only 13 of the healthy

Finally, the valid interpretation of the moderator effect obtained in this investigation assumes that the empirical investigations classified across the measurement quality categories do not differ along another dimension that is related positively to the quality of general intelligence measurement classifications. For example, investigations which included a comprehensive measure of intelligence may have employed test administrators with a substantial amount of testing experience, whereas those investigations which administered a single cognitive ability test may have used test administrators with little to no psychometric experience. Such possible differences may have affected test score quality in a systematic fashion.

Conclusion

There is almost undoubtedly a true, positive association between brain volume and intelligence, and the likely magnitude of this effect is large. Researchers should now focus on why this association exists. Arguably, the best insights into the mechanisms of neurophysiology and intelligence will be achieved by investigations which include excellent neurophysiological indicators and excellent measures of intelligence.

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children sample correlations were considered classifiable. For thoroughness, we note that the bare bones meta-analysis based on the 31 healthy child observed score correlations was $r = .23$ ($N = 1954$; 95%CI: .16, .31).

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Table 1

Basic Guide for the Categorisation of the Quality of the Measurement of General Intelligence

	Poor = 1	Fair = 2	Good = 3	Excellent = 4
1. Number of tests	1	1-2	2-8	9+
2. Dimensions	1	1-2	2-3	3+
3. Testing time	3 - 9 min	10 - 19 min	20 - 39 min	40+ min
4. Correlation with *g*	≤ .49	.50 - .71	.72 - .94	≥ .95

Note. The first three criteria can be evaluated objectively; the fourth criterion (correlation with *g*) may require some judgement on the part of the researcher, based on a combination of direct and indirect empirical evidence in the literature; in the absence of direct or indirect empirical evidence, exclusive reliance upon the first three criteria will be required.

Table 2
Studies Included in the Meta-Analysis: Healthy Adults

ID	Author	Tests	Rating	*N*	*SD*	σ	*r*	*t*	*p*	r_c
1	Raz et al. (1993)	CFIT	2	29	17.50	16	.22	1.17	.25149	.20
2	Tan et al. (1999)	CFIT	2	103	18.00	16	.40	4.39	.00003	.36
3	Schoenemann et al. (2000)	RSPM/RAPM	2	72	N/A	N/A	.22	1.89	.06332	.22
4	Garde et al. (2000)	WAIS: DSy, BD	2	22	14.20	15	.22	1.01	.32522	.23
5	Garde et al. (2000)	WAIS: DSy, BD	2	46	14.20	15	.07	.47	.64389	.07
6	MacLullich et al. (2002)	RSPM	2	93	8.60	7.5	.39	4.04	.00011	.35
7	Shapleske et al. (2002)	Unknown (likely National Adult Reading Test)	2	23	9.20	15	.13	.60	.55438	.21
8	Raz et al. (2008)	CFIT	2	55	15.46	16	.18	1.33	.18850	.19
9	Hogan et al. (2010)	RSPM	2	234	7.74	7.5	.11	1.69	.09320	.11
10	Willerman et al. (1991)	WAIS-R: Voc, Sim, BD, PC	3	40	N/A	15	.35	2.30	.02683	.35
11	Egan et al. (1994)	WAIS-R: Com, Sim, Arith, BD, OA, DS, DSy	3	40	9.30	15	.32	2.08	.04412	.48
12	Gur et al. (1999)	WAIS-R: Voc, BD, CVLT, JLOT	3	80	13.21	15	.41	3.97	.00016	.45
13	Schottenbauer et al. (2007)	WAIS-R: Voc, BD	3	22	8.70	15	.60	3.35	.00316	.79
14	Schottenbauer et al. (2007)	WAIS-R: Voc, BD	3	35	10.50	15	.33	2.01	.05286	.45
15	Amat et al. (2008)	WAIS-R: BD, OA, Inf, DS, Voc	3	27	15.00	15	-.11	-.55	.58493	-.11
16	Shenkin et al. (2009)	MHT, RSPM, COWA, LM	3	99	11.00	11	.21	2.12	.03696	.21
17	Royle et al. (2012)	WAIS-III: BD, MR,LNS, DSB, SS, DSy	3	327	14.15	15	.27	5.06	.00001	.29
18	Royle et al. (2012)	WAIS-III: BD, MR,LNS, DSB, SS, DSy	3	293	14.03	15	.26	4.59	.00001	.30
19	Burgaleta et al. (2012)	RAPM, DAT AR, PMA IR, DAT VR, DAT NR, PMA Voc, PMA MR, DAT SR	3	100	4.54	7.40	.17	1.71	.09084	.27
20	Andreasen et al. (1993)	Complete WAIS-R	4	30	14.00	15	.44	2.59	.01497	.46
21	Andreasen et al. (1993)	Complete WAIS-R	4	37	14.00	15	.40	2.58	.01417	.42
22	Wickett et al. (1994)	Complete MAB	4	40	11.42	15	.40	2.66	.01055	.49
23	Paradiso et al. (1997)	Complete WAIS-R	4	62	12.20	15	.38	3.18	.00232	.45
24	Wickett et al. (2000)	Complete MAB	4	68	10.91	15	.35	3.04	.00344	.46
25	Rojas et al. (2004)	Complete WAIS-R/WAIS-III	4	17	13.60	15	.31	1.26	.22593	.34
26	Thoma et al. (2005)	RAPM, Trails A, Trails B, Voc, BD, DS, VMR, COWA	4	19	6.36	6.56	.27	1.16	.26360	.28
27	Luders et al. (2007)	Complete WAIS-R FSIQ	4	62	12.53	15	.28	2.26	.02751	.33
28	Nakamura et al. (2007)	Complete WAIS-III FSIQ	4	44	16.10	15	.38	2.66	.01095	.36
29	Weniger et al. (2009)	Complete WAIS-R	4	25	14.50	15	.15	.73	.47420	.16
30	Hermann (2002)	Complete WAIS-III	4	67	13.39	15	.31	2.63	.01068	.34
31	Ashtari et al. (2011)	Complete WRAT-III	4	14	17.60	15	.57	2.40	.03333	.51
32	Kievit et al. (2011)	Complete WAIS-III	4	80	11.56	15	.29	2.67	.00907	.36

Note. Rating = quality of intelligence testing (2 = fair; 3 = good; 4 = excellent); CFIT = Culture Fair Intelligence Test; WAIS = Wechsler Adult Intelligence Scale; RSPM = Raven's Standard Progressive Matrices; RAPM = Raven's Advanced Progressive Matrices; DSy = Digit Symbol; BD = Block Design; Voc = Vocabulary; Sim = Similarities; PC = Picture Completion; Com = Comprehension; Artih = Arithmetic; OA = Object Assembly; DS = Digit Span; CVLT = California Verbal Learning Test; JLOT = Judgement of Line Orientation Test; MHT = Moray House Test; Inf = Information; COWA = Controlled Word Association Test; LM = Logical Memory ; MR = Matrix Reasoning; LNS = Letter-Number Sequencing; DSB = Digit Span Backward; SS = Symbol Search; MAB = Multidimensional Aptitude Battery; VMR = Vandenberg Mental Rotation; the Burgaleta et al. (2012) *SD* corresponds to the complete PMA Inductive Reasoning subtest; the Willerman et al. (1991) correlation of .35 was reported by Willerman et al. as corrected (however, the *SD* was not reported in the article); σ = population standard deviation; r_c = correlation corrected for range restriction.

Table 3

Key Results Associated with the q-Meta-Regression Analyses

			Observed Correlations			Corrected Correlations		
	k	*N*	*M*	LB	UB	*M*	LB	UB
Fair	9	677	.22	.13	.31	.21	.14	.28
Good	10	1063	.27	.19	.34	.32	.16	.46
Excellent	13	565	.34	.27	.42	.39	.32	.46

Note. Mean correlations are *N*-weighted; corrected correlations corrected for range restriction; LB = 95% confidence lower-bound; UB = 95% confidence upper-bound.

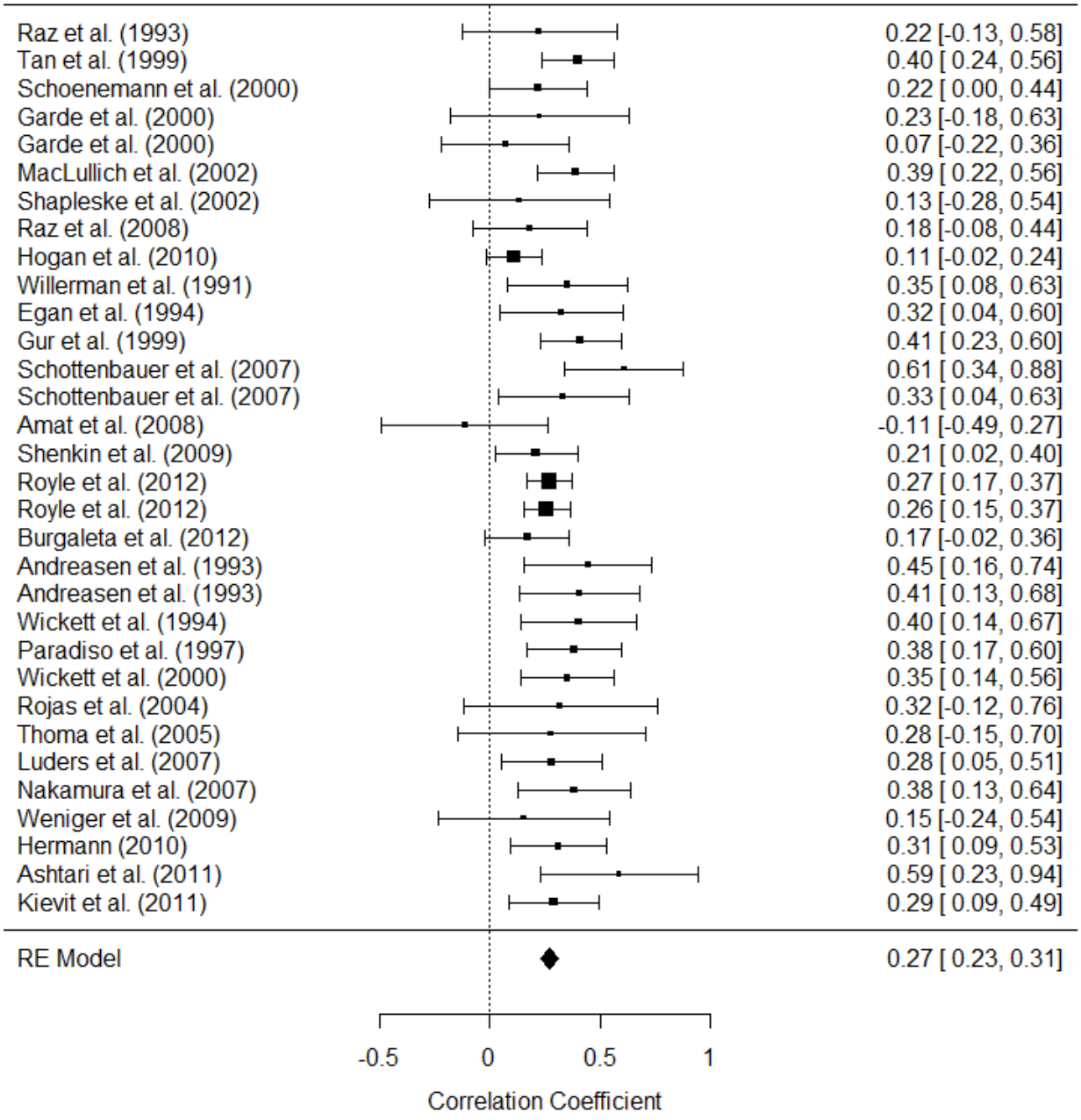

Figure 1. Forrest plot of unbiased observed correlation coefficients; diamond represents overall effect size; square size is varied according to relative study weight within analysis; numbers in brackets are 95% confidence intervals of point estimation.

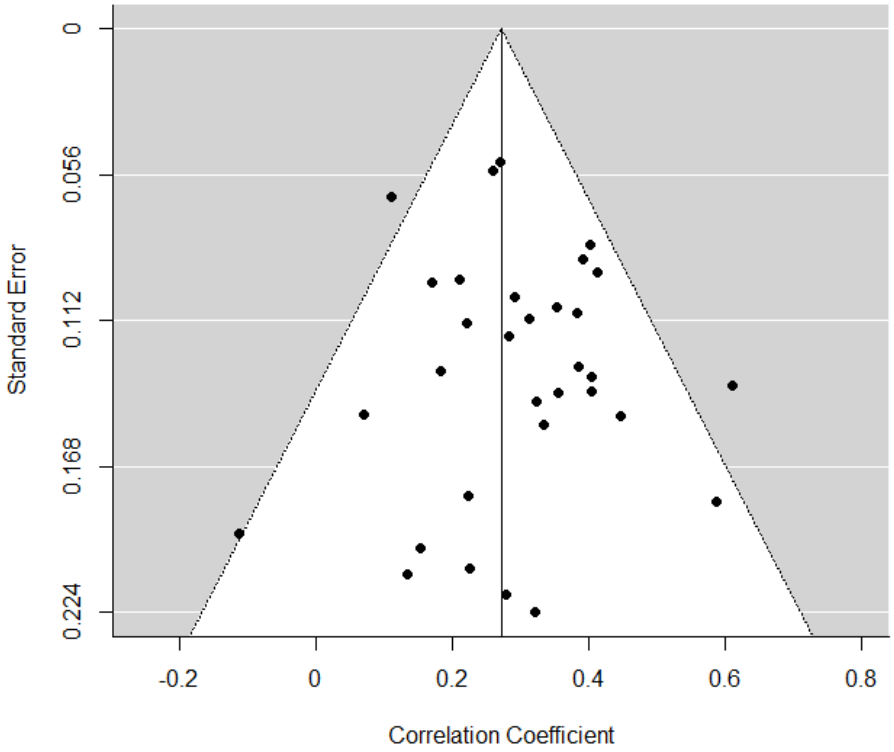

Figure 2. Funnel plot (observed correlations).

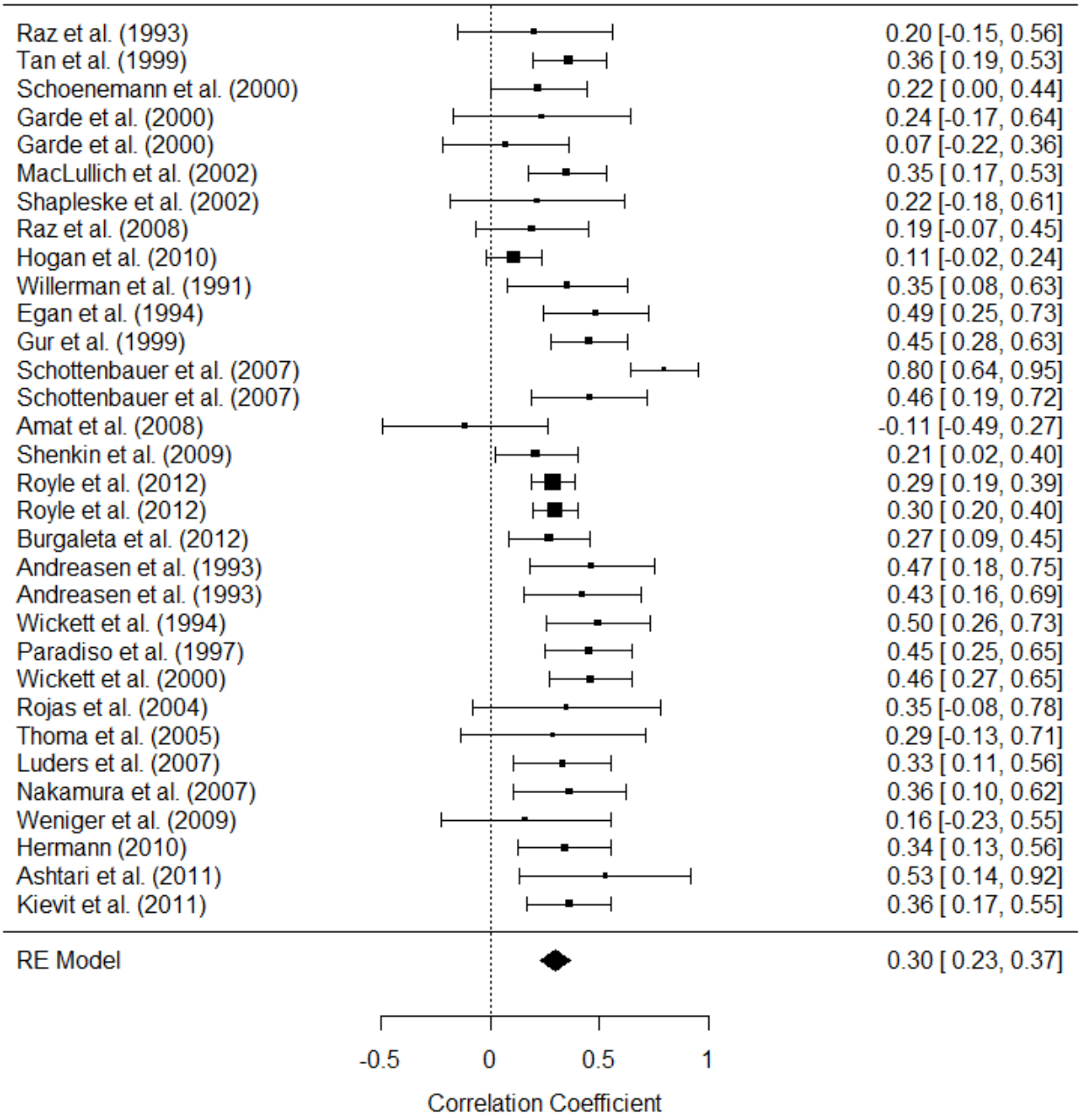

Figure 3. Forrest plot of unbiased corrected correlation coefficients; diamond represents overall effect size; square size is varied according to relative study weight within analysis; numbers in brackets are 95% confidence intervals of point estimation.

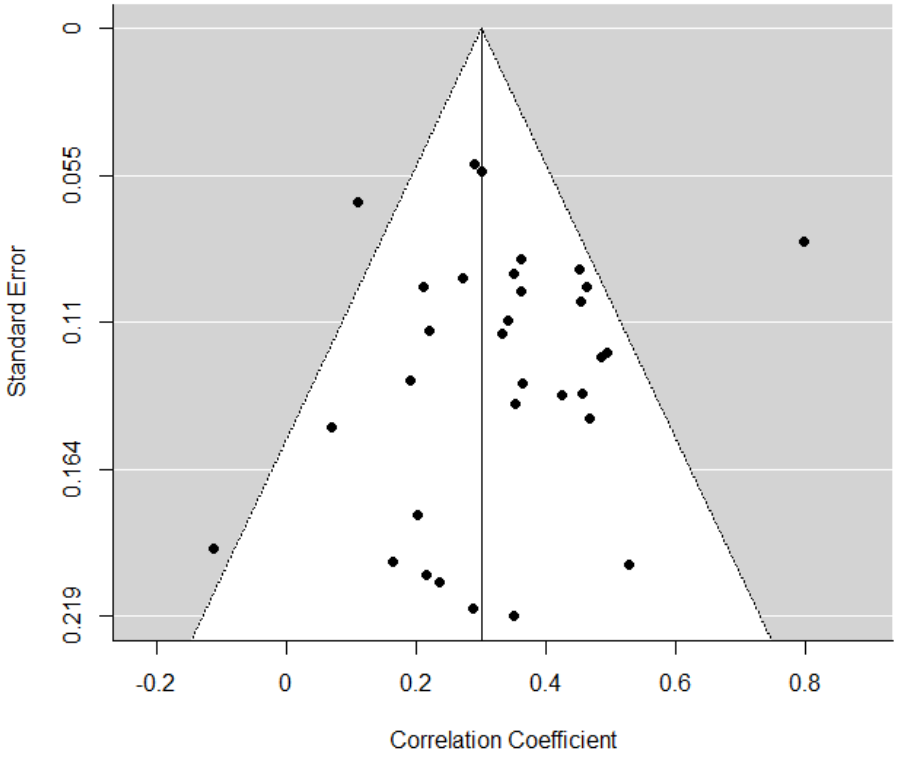

Figure 4. Funnel plot (corrected correlations).

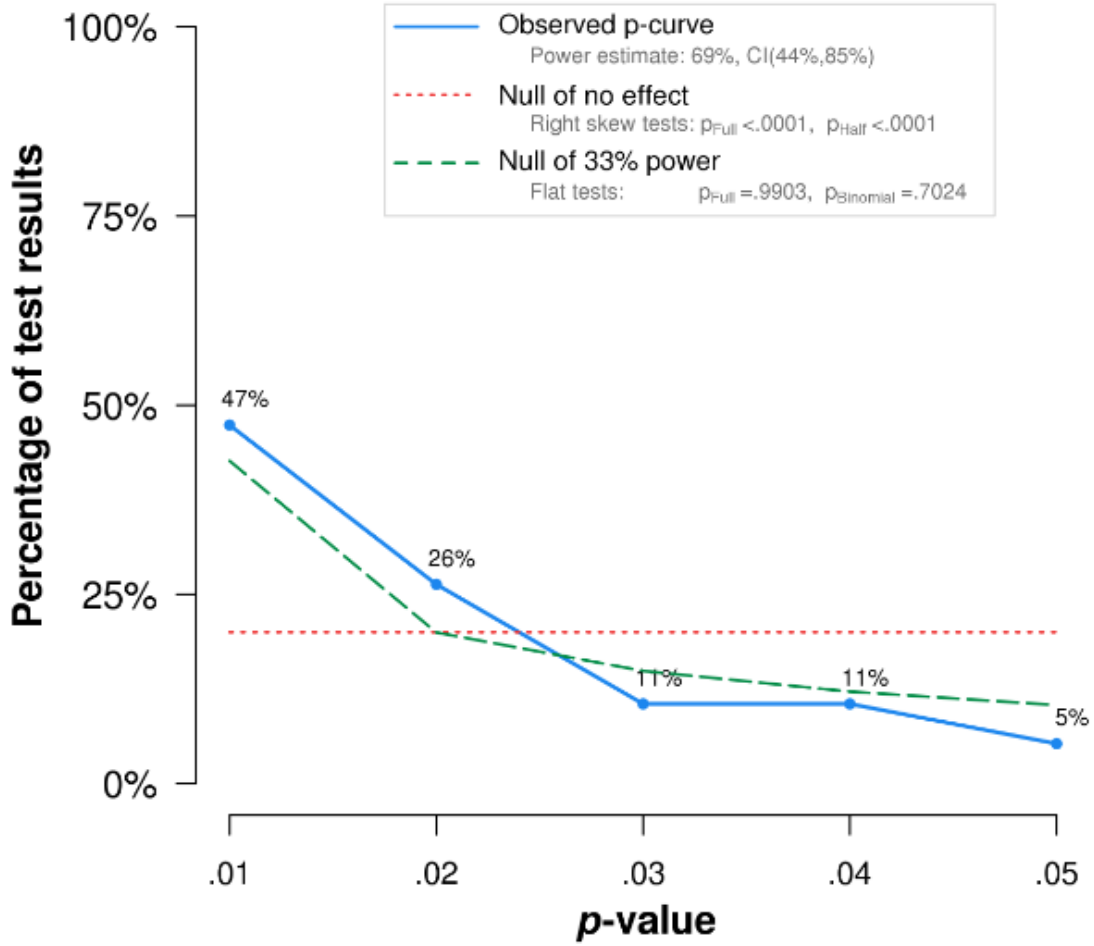

Figure 5. Distribution of observed *p*-values along with the expected distribution of *p*-values under the null hypothesis, and if the alternative hypothesis is true but the studies are relatively underpowered (true effect, 33% power).

Brain Volume and Intelligence: p-Curve and q-Meta-Regression Analyses

Highlights

1. Correlation between brain volume and IQ in healthy adults is $r \approx .40$.

2. The importance of correcting correlations for range restriction is demonstrated.

3. A *q*-meta-regression is introduced: moderator analysis based IQ measurement quality.

4. Fair, good, and excellent measures of IQ yielded correlations of .21, .32, and .39.

5. *p*-curve analysis indicated the significant results in the area likely not due to *p*-hacking.

Brain Volume and Intelligence: p-Curve and q-Meta-Regression Analyses

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