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Heat-induced explosive spalling of self-prestressing, self-compacting concrete slabs

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Abstract

A novel concrete mix has been developed that can achieve high levels of self-prestressing through the controlled expansion of the concrete sample with cast-in carbon fibre reinforced polymer (CFRP) bars. Experiments have shown that the mechanical properties and durability of the mix are not adversely affected by the mix's self-expanding nature. However, the behaviour of this mix at elevated temperatures is largely unknown, raising legitimate concerns regarding the fire performance of the resulting self-prestressed concrete elements. The research presented in this paper investigates the behaviour of concrete elements manufactured from self-prestressed, self-compacting concrete (SPSCC) when exposed to severe heating – such as would likely be experienced during a building fire. Nine specimens, with dimensions (600 mm × 200 mm × 45 mm) were tested under one-sided exposure to an experimentally simulated ISO 834 standard heating regime. The results showed that the SPSCC samples were acutely prone to explosive spalling under these conditions. The results also suggest that the comparatively higher moisture content of SPSCC samples, as compared with conventional concrete mixes of similar composition and mechanical properties, appeared to be the most critical factor for heat-induced concrete cover spalling. Higher prestress (compressive) forces also appeared to exacerbate the spalling likelihood of SPSCC samples. The addition of 2 kg/m³ of polypropylene (PP) fibres led to the complete elimination of spalling in SPSCC samples. The self-prestress levels in samples with PP fibres were 30% less than those without PP fibres, for reasons which require additional investigation. Differential thermal expansion between the internal CFRP bars and the concrete was observed to restrain the elongation and thermal curvature of the samples during heating, up until the point where the bars debonded from the surrounding concrete due to elevated temperature and (presumed) increased tensile stress in the tendon anchorage zones. The results provide

38 compelling evidence supporting the need to include PP fibres within high-
39 performance, self-prestressing, self-compacting concrete slabs.

40

41 **KEYWORDS:** Heat-induced spalling, self-prestressing, CFRP, simulated ISO 834,
42 Moisture content, Self-compacting concrete

43

44 **Highlights:**

45

- 46 • Production of stable self-prestressed concrete samples.
- 47 • Previously unreported heat induced explosive spalling experiments using a
48 novel concrete mix.
- 49 • Mitigation of heat induced spalling using PP fibres.

50

51 **Introduction**

52 Prestressed concrete has been widely used in the construction sector for decades.
53 There are many advantages to prestressed concrete as compared with reinforced
54 concrete, with the main benefits being a reduction in tension cracking, superior control
55 of deflections, and more effective utilisation of resources [1]. Prestressed concrete can
56 be further categorised into pre-tensioned and post-tensioned construction, based on
57 the manner with which the tensioning of the prestressing bars occurs (i.e., prior to
58 pouring of the concrete or afterwards). Regardless of the method used, inducing
59 prestress is a process that requires skilled labour, introduces significant construction
60 hazards, and is resource heavy; all of which have the potential to make prestressed
61 concrete less attractive in the construction industry despite its clear functionality and
62 sustainability benefits.

63 A novel method of achieving comparable prestress levels to those achieved via
64 traditional methods, and that simplifies casting and prestressing operations, has
65 recently been developed at Empa [2]. The process uses a concrete mix that experiences
66 controlled expansion during initial curing, with embedded, bonded, ultra-high
67 modulus (UHM) carbon fibre reinforced polymer (CFRP) bars (Modulus of Elasticity
68 $E_{11} = 502$ GPa). Pretension is induced in the CFRP bars in the early stages of curing via
69 a tailored, controlled expansion of the concrete. Thus, the bulk of the work associated
70 with pretensioning of the bars, as well as the health and safety hazards associated with
71 these activities, are eliminated. The self-prestressed, self-compacting concrete
72 (SPSCC) mix and methodology are reported in detail elsewhere [2], [3].

73 Due to the novelty of this type of self-prestressed concrete mix, research regarding its
74 behaviour in fire is extremely limited. Preliminary research [4] suggested that SPSCC

75 concrete planks (i.e. thin slabs) are prone to severe heat-induced spalling when
76 subjected to steep internal thermal gradients (such as generated under exposure to
77 fire).

78 One of the critically important components of the novel SPSCC mix design is super
79 absorbent polymer (SAP). SAP particles can absorb several times (more than 15 times)
80 their mass in moisture during mixing, without becoming dissolved. Therefore, SAP is
81 used as way to mitigate self-desiccation and autogenous shrinkage for the concrete on
82 curing by gradually releasing, over time, the moisture that it absorbs during mixing
83 and casting [5]. However, the water absorbed by the SAP leads to an increased
84 proportion of effectively free moisture within the concrete. Given the widely accepted
85 observation that concretes with higher moisture contents are more prone to heat-
86 induced explosive concrete cover spalling [6], [7], the higher pore moisture content
87 resulting from SAP addition is likely to affect the spalling propensity of SPSCC mixes.
88 However, research [8] has also shown the potential positive effects of a combination
89 of SAP and polypropylene (PP) fibres, when used together, in preventing heat
90 induced spalling [8]; this was hypothesized as being the result of a higher
91 interconnectivity of microcracks once the SAP particles are void of water.

92 To explore some of the issues highlighted above, this paper investigates the behaviour
93 of SPSCC concrete planks under extreme fire loading. The influencing parameters
94 governing the spalling behaviour of such planks, along with ways to mitigate such
95 behaviour are considered; this includes the addition of polypropylene fibres (PP),
96 which have been shown to be very effective in reducing (even eliminating) heat
97 induced spalling. This paper also considers the effects of drying of samples on the
98 propensity of concrete planks to spall; and further work is recommended.

99 **Methods**

100 **Sample Preparation**

101 In total, 9 concrete planks were fabricated using three mixes (three specimens per
102 mix). Each specimen contained two bars that were made of either UHM CFRP or high
103 strength steel (see Table 1). The first mix (Ref) was a control mix used as a benchmark.
104 The second mix (PP) included 2 kg/m³ of PP microfibres, but otherwise identical to the
105 control mix. The PP fibres were 18 mm long, and the diameter was 34 µm (on average).
106 The melting temperature for the PP fibres (as provided by the supplier) was in the
107 range of 150-170 °C. The third concrete mix (St) was identical to the control mix but
108 was cast with steel bars instead of CFRP bars. This was done primarily to investigate
109 the effects of reduced prestressing on spalling, given the lower modulus of elasticity
110 for the steel bars. The steel bars used had an elastic modulus (E_{11}) of 205 GPa,

111 compared to the higher modulus of elasticity for the CFRP bars of 502 GPa. Details of
 112 the reinforcing bars are given in Table 1.

113 The naming of the samples is based on the mix and the type of internal reinforcement
 114 used; Ref-CFRP indicates refers to samples made using the Ref mix with CFRP bars,
 115 Ref-Steel indicates that the samples were made using the Ref mix with steel bars, and
 116 PP-CFRP means the samples were made using the PP mix and CFRP bars. Letters A,
 117 B, and C are used to identify the samples in each series.

118 The calcium-sulfoaluminate (CSA), which is the expansive agent, had the following
 119 composition (determined using Rietveld analysis): anhydrite 48%, ye'elimitite 22%,
 120 lime 19%, portlandite 9%, periclase 1%, calcite 1%. The Blaine fineness of the CSA
 121 additive was 0.36 m²/g and the density was 2.91 g/cm³. The rest of the dry materials
 122 used for the mix design have been reported fully in previous publications [2], [5], and
 123 are not repeated here.

124 Table 1 Details of the reinforcing bars used in the current study

Bar Type	Diameter (mm)	E ₁₁	Remarks
CFRP	5.4	502	Sand-coated
Steel	6.0	205	Ribbed

125

126 The mix composition that was used for each of the 3 batches was identical, except for
 127 the differences mentioned above. Table 2 provides a detailed mix composition.

128 Table 2 Mix proportion for the concrete casts presented in the current study

Material	Quantity (Reference mix)	Quantity (PP mix)
Cement CEM I 52.5R (kg/m ³)	491	491
Aggregates (0-8 mm) (kg/m ³)	1486	1486
SAP (kg/m ³)	2.76	2.76
Limestone powder (kg/m ³)	24.6	24.6
Shrinkage reducing agent (RSA) (kg/m ³)	14.9	14.9
Superplasticiser (% of cement)	1.3%	1.3%
Water (kg/m ³)	223	223
Calcium-sulfoaluminate cement or CSA cement (kg/m ³)	78.6	78.6
PP fibres (kg/m ³)	-	2
Spread (mm)	745	575

129

130 The dry materials were first mixed in a rotating mixer for two minutes. The
 131 superplasticiser and the SRA were added to the water, which was then added to the
 132 dry mix. For the second mix (PP), the fibres were added after the addition of the water,
 133 and mixed for a further two minutes.

134 The fresh concrete was poured into moulds with inner dimensions (200 mm × 600 mm
 135 × 45 mm). Cylindrical moisture content samples (55 mm high, 55 mm in diameter)
 136 were also produced to measure the concrete moisture content at the time of fire
 137 testing. 6 pieces of 160 mm × 40 mm × 40 mm unreinforced concrete prisms were also
 138 produced to determine the modulus of elasticity and the compressive strength of the
 139 mixes at 28 and 222 days. The geometry of the samples is shown in Figures 1 and 2.

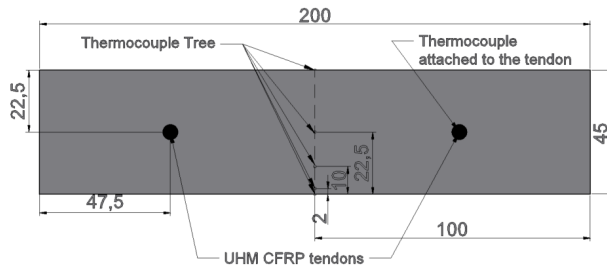


Figure 1 cross section of the planks

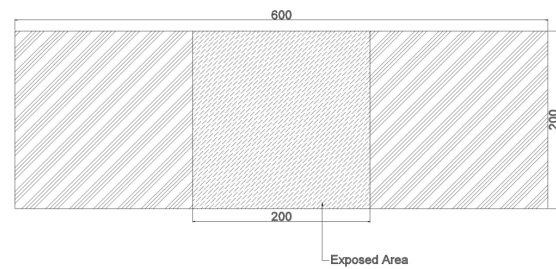


Figure 2 Front elevation view of the samples, with the heated area highlighted

140 A thermocouple (TC) array was inserted into the concrete planks during casting to
 141 enable in-depth temperature measurement during the spalling experiments (at 2, 10,
 142 and 22.5 mm from the heat-exposed surface). A further TC was attached to the side of
 143 one of the prestressing bars at the centre of the concrete plank (i.e., 22.5 mm from the
 144 heat-exposed surface).

145 During the experiments, two further TCs were used; one was attached to the centre of
 146 the exposed front of the specimen, and the other to the centre of the unexposed face
 147 of the sample.

148 **Curing**

149 The samples were covered with a polyethylene sheet after casting, and demoulded
 150 after 20 hours. After demoulding, the samples were transferred to a water bath
 151 maintained at 20 °C. The samples were removed from the water bath after 28 days and
 152 transferred to a climate-controlled chamber at 20 °C and 56% relative humidity (RH).
 153 The samples were removed from the climate chamber after 78 days, and were kept in
 154 wooden crates, in an uncontrolled laboratory space (at 5-15 °C and 60-70% RH) until
 155 they were tested. Shipment of the samples from Empa to the University of Edinburgh
 156 (where the spalling experiments were carried out) took 4 days during the European
 157 spring season, during which time the environmental conditions were unknown.

158 **Prestress development**

159 The development of prestressing in the samples (induced by the presence of UHM
 160 CFRP bars and the expansion of the concrete) was recorded by resistive linear strain
 161 gauges (Type HBM SG250, gauge length 6 mm). The strain gauges were bonded to the
 162 middle of the prestressing bars prior to the casting of the samples. Each sample was

163 equipped with a minimum of two strain gauges (one on each tendon). The bonding of
164 the strain gauges to the bars is shown in figures 3 and 4. The tendon was first cleaned,
165 and the strain gauges were bonded to the bars using a fast action glue (HBM Z 70).
166 The gauges were then covered with three layers of protection to guard against
167 chemical/mechanical damage during casting and testing. First, a layer of HBM P 140
168 was used, and after 24 hours a second layer of protective silicon (HBM SG 250) was
169 added. After a further 7 days, a final layer (HBM AK 22) was applied.

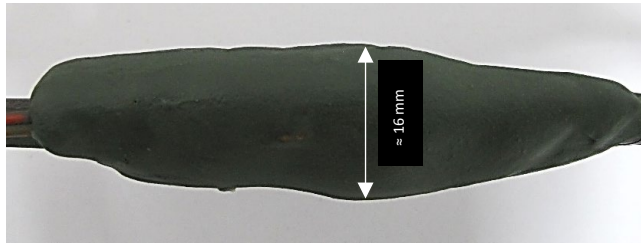
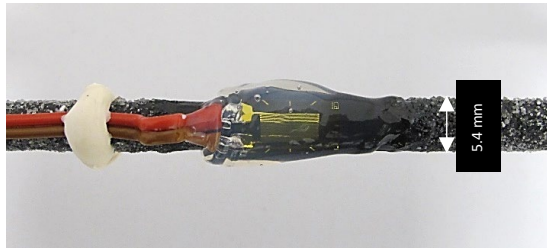


Figure 3 CFRP tendon with HBM SG 250 applied

Figure 4 CFRP tendon with all the protective layers applied

170 Despite the small size of the strain gauges, the protective layers had to be applied over
171 a relatively large area to ensure adequate protection to the gauges. The resulting,
172 measured development of prestress (based on strain measurements) with time is
173 shown in figures 5 through 7.

174 The prestress development within the concrete planks and the variation amongst the
175 three series of samples is discussed in the self-prestress development section below.

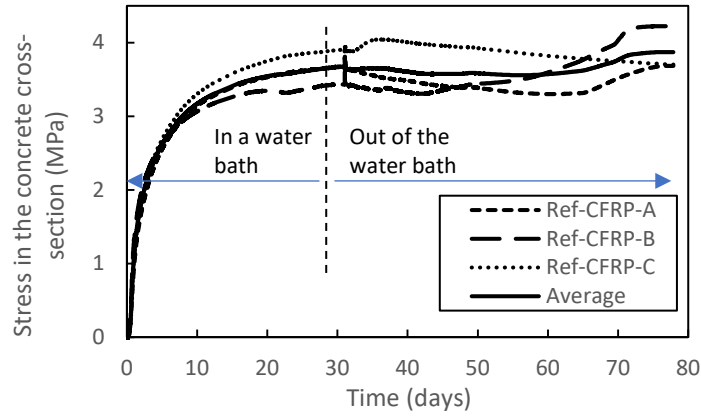


Figure 5 Prestress development in Ref-CFRP samples

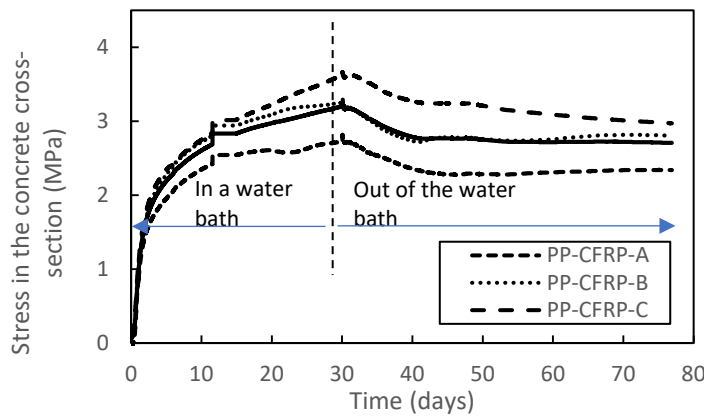


Figure 6 Prestress development in PP-CFRP samples

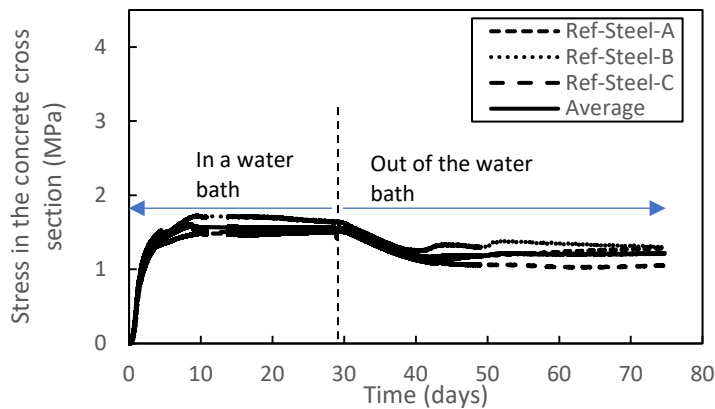


Figure 7 Prestress development in Ref-Steel samples

176

177 Mechanical properties at ambient temperature

178 The modulus of elasticity and the compressive strength of the samples were
 179 determined from tests on small prisms (160 mm × 40 mm × 40 mm) fabricated during
 180 the casting of the planks. A summary of the mechanical properties for each mix (at
 181 ambient temperature) is given in Table 3. The values shown in Table 3 are the average,
 182 and the standard deviation (SD) is given in brackets.

183

184 Table 3 Mechanical properties of the mixes at ambient temperature

Mix	E ₁₁ (MPa) (28 days) (SD)	Compressive strength (MPa) (28 days) (SD)	E ₁₁ (MPa) (180 days) (SD)	Compressive strength (MPa) (222 days) (SD)
Ref	20.5 (0.1)	52.1 (3.75)	28.7 (0.1)	67 (4.28)
PP	21.6 (5.8)	53.6 (3.44)	27.6 (1.8)	65.4 (1.96)
St	20.5 (1.1)	54.9 (2.29)	24.6 (2.8)	60.4 (3.27)

185

186 Test set up

187 A mobile, gas-fired radiant panel array (RPA) was used for the spalling experiments.
188 The working principles of the RPA are reported elsewhere [9]–[11]. The concrete
189 planks were positioned horizontally (as shown in Figure 2 and 9) and were tested in
190 a mechanically unrestrained condition (i.e., the samples were free to thermally expand
191 on heating). The central section of the sample, with a surface area of 200 mm × 200
192 mm, was exposed to an incident heat flux (q''). This was achieved using a 200 mm ×
193 200 mm opening within a thermally-insulating vermiculite board that shielded the
194 displacement instrumentation behind. The test set up is shown in Figure 8.

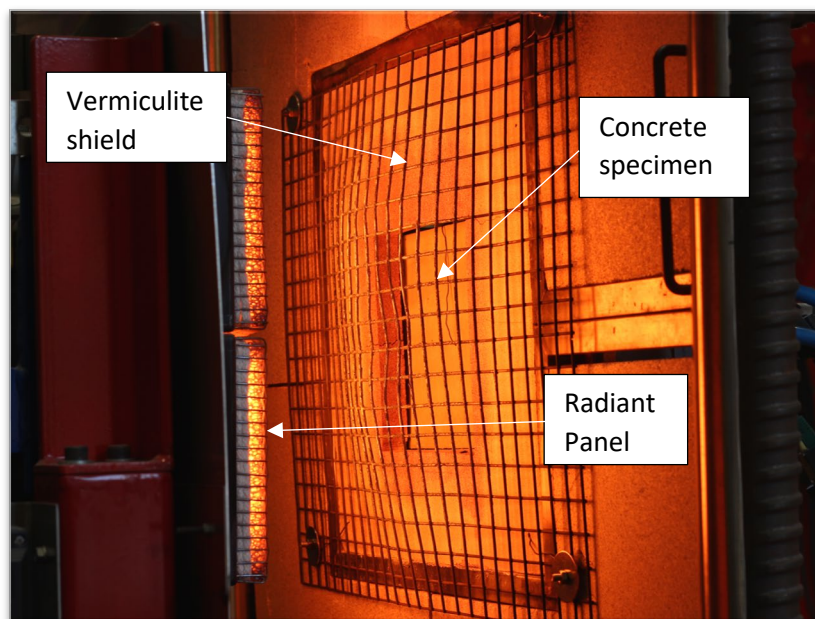


Figure 8 test set up comprising the RPA and the vermiculite shield

195 Thermal bowing of the specimens on heating was measured during the experiments
196 using three linear potentiometers (LP) that were attached to the cold side of the
197 specimens (Figure 9). Further LPs were attached to both ends of the specimen (Figure
198 10) to monitor the elongation of the sample (in-plane) and the draw-in (or slip) of the
199 prestressing bars upon debonding.

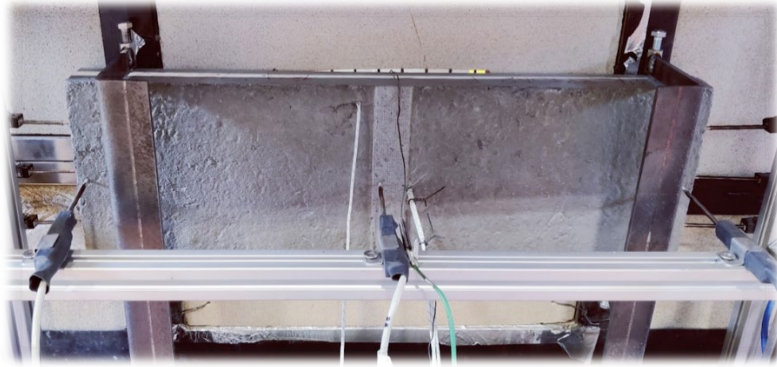


Figure 9 LPs measuring thermal bowing.



Figure 10 LPs measuring elongation.

200 The mobile RPA was used to produce in-depth heating equivalent to that which
 201 would be experienced under exposure to an ISO 834 standard fire curve. The details
 202 of the validation of this approach is outlined elsewhere [4], [9].

203 Figure 11 shows a schematic of the out-of-plane curvature (i.e., thermal bowing) of the
 204 concrete planks when heated.

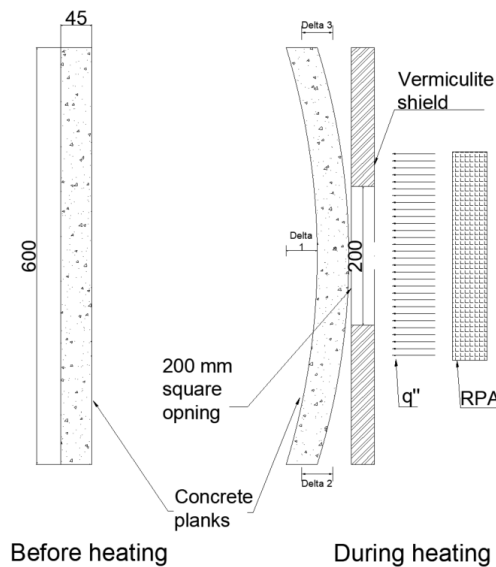


Figure 11 schematic of the thermal bowing (top view) of the horizontally positioned concrete planks.

205 The total magnitude of the thermal bowing (shown in Figure 11 as 'Delta') was
 206 calculated as the sum of the bowing at the centre of the plank (measured as Delta 1)
 207 and the average of the reverse movements of the plank at its edges (Delta 2 and Delta
 208 3).

209 **Testing matrix**

210 The samples were all subjected to the simulated ISO 834 heating exposure for a
 211 duration of 60 min. However, for the samples that spalled the test was terminated
 212 after the main spalling event occurred, so as to avoid damaging the RPA. Table 4

213 shows the details of the testing matrix. The moisture content of the samples was
 214 determined by placing small cylindrical samples in an oven at 105 °C, and measuring
 215 the weight loss between 24 hour intervals. Drying continued until the difference
 216 between two consecutive measurements (24 hours apart) was less than 0.1% of the
 217 dried weight of the sample.

218 Table 4 Mechanical properties and the time-to-spalling for respective samples.

Mix	Type of Bar	Sample	Age (day)	Prestress (MPa)	Test Duration (min)	Tendon slip	Time to spall	Spalling depth (mm)	Moisture content % (at the time of test)
Ref	CFRP	A	150	3.69	9	No	9'00''	12.4	5.93
		B	184	4.22	10	No	5'59''	10.1	5.51
		C	188	3.7	60	Yes	NA	NA	2.46
PP	CFRP	A	192	2.34	60	Partial	NA	NA	5.12
		B	195	2.81	60	No	NA	NA	5.12
		C	196	2.97	60	No	NA	NA	5.12
Ref	Steel	A	190	1.28	15	No	14'56''	23.5	5.51
		B	190	1.3	60	No	NA	NA	5.51
		C	191	1.05	60	No	NA	NA	5.51

219

220 All the samples were aged more than six months when tested, except for Ref-CFRP-
 221 A, which was five months old at the time of testing. Furthermore, Ref-CFRP-C was air
 222 dried in an oven (at 80 °C) prior to the experiments. The drying was continued until
 223 the difference between two consecutive mass measurements (24 hours apart) was less
 224 than 1% of the sample's mass. This threshold was achieved after 7 days of drying. The
 225 sample was then left at ambient temperature (in the laboratory where the test took
 226 place) until the temperature at its centre reached 30 °C (measured with a TC that was
 227 installed during casting).

228 Experimental results

229 The results from the spalling experiments are outlined in Table 4. Both samples Ref-
 230 CFRP-A and Ref-CFRP-B spalled early. Specimen Ref-CFRP-A experienced one
 231 instance of violent spalling at 9 minutes and zero seconds (9'00''). specimen Ref-CFRP-
 232 B first spalled at 5'59'' and continued spalling until 10'00'' when the test was
 233 terminated. During the experiment on specimen Ref-CFRP-B, 8 instances of spalling,
 234 of differing severity, were recorded. Figure 8 shows a still-frame image of the
 235 specimen Ref-CFRP-A at the moment of spalling, and Figure 12 shows specimen Ref-
 236 CFRP-A after testing. These results are compatible with earlier experiments reported
 237 in [4]



Figure 12 Still frame of specimen Ref-CFRP-A with debris flying towards the RPA

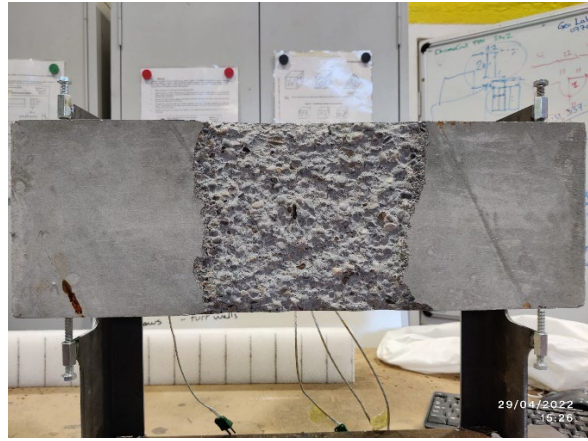


Figure 13 Specimen Ref-CFRP-A after cooling down

238

239 The Ref-CFRP-C specimen (pre-dried at 80 °C for 7 days) did not spall, despite being
240 subjected to the same heating regime as Ref-CFRP-A and Ref-CFRP-B samples. The
241 CFRP prestressing bars in specimen Ref-CRFP-C slipped within the concrete at 18'45''
242 (the temperature at the tendon surface was 250 °C at the moment of slippage). Neither
243 Ref-CFRP-A nor Ref-CFRP-B samples experienced any tendon slippage.

244 As for the specimens with steel bars (St), Sample Ref-Steel-A experienced one instance
245 of explosive spalling similar to Sample Ref-CFRP-A. However, Sample Ref-Steel-A
246 spalled at 14'56'' (almost six minutes later than Sample Ref-CFRP-A). The remaining
247 two specimens belonging to this mix (i.e., samples Ref-Steel-B and Ref-Steel-C) did not
248 spall. No reinforcement slippage was observed for the specimens with steel bars.

249 Specimens with 2 kg/m³ of PP fibres completely avoided spalling. In the samples with
250 PP fibres, the CFRP prestressing bars also avoided slippage. Similar to Ref-CFRP, the
251 PP-CFRP samples all developed longitudinal reflection cracks (in the concrete along
252 the lines of the internal prestressing bars) on their unexposed surfaces. However, these
253 cracks were comparatively less prominent (and narrower) than the cracks observed
254 for Ref-CFRP-C, and were observed to form at a later stage of heating (see Figure 19
255 and Table 5).

256 Discussion

257 Mechanical properties

258 The compressive strengths of the self-prestressed mixes were above 50 MPa and 60
259 MPa, at 28 days and 222 days, respectively (see Table 3). These strengths were lower
260 than those reported in similar prior work [2], [3]. The constituent materials used for
261 the mixes were obtained from the same sources as the mixes reported in these
262 references, however in the current study the amount of SAP was increased (refer to
263 Table 2). The cement content for the mixes reported in the current study was also less

264 than in prior work [2], [3]. The inferior strength of the samples in the current work (as
265 compared to those reported in prior work) can thus be explained by the additional
266 SAP and the higher water/cement ratio. Previous studies have confirmed that larger
267 proportions of SAP lead to lower compressive strengths, especially at earlier ages [5].
268 The results obtained in the current study are thus compatible with prior research.

269 The compressive strength of the specimens tested for this study shows the inadequacy
270 of the current guidance provided in the Eurocode to mitigate spalling [12]. At present,
271 spalling mitigation measures (through the addition of PP fibres) are recommended
272 only when the concrete grade is higher than C80/95. The results from this study show
273 that the mixes with lower compressive strength than what is outlined in the Eurocode
274 are still susceptible to explosive spalling, and therefore require spalling mitigation.
275 Further research has also confirmed the likelihood of low strength concrete to spall
276 under severe heat conditions [13].

277 **Self-prestress development**

278 The time history of self-prestressing for the samples in the current study is shown in
279 figures 5 through 7. These show that the samples experienced a small amount of
280 shrinkage once they were taken out of the water bath at 28 days. This is particularly
281 evident in the Ref-Steel samples and the PP-CFRP samples. The shrinkage continued
282 for a period of around 10 days before the strain measurements then stabilised.

283 The final measured prestress levels (at 78 days after casting), inferred from strain
284 gauge readings on the bars, show that self-prestressing in the PP mix was, on average,
285 30% less than the prestress levels in the Ref mix. The available literature is not
286 conclusive regarding the effects of PP fibre inclusion on the mechanical properties of
287 concrete at ambient temperature; wherein some researchers have reported an increase
288 in the tensile and flexural strength of PP fibre reinforced concrete [14], [15], [16] whilst
289 others have not observed any measurable difference, or have even reported reductions
290 in strength with the inclusion of PP fibres [17]. Arguments for the increased tensile
291 strength are generally based on the idea that PP fibres may prevent the development
292 of micro-cracks at an early stage of loading. However, once such cracks have formed,
293 PP fibres (which have a comparatively low modulus) are unlikely to contribute
294 towards additional strength. During the spalling tests reported herein, it was observed
295 that specimens with PP fibres developed longitudinal cracks along the CFRP bars at a
296 later stage of heating than sample Ref-CFRP-C, as shown in Table 5.

297

298

299

300 Table 5 Details of the time-to-cracking and tendon temperature at longitudinal reflective cracking for
 301 samples with CFRP bars

Reference	PP-CFRP-A	PP-CFRP-B	PP-CFRP-C	Ref-CFRP-C
Time-to-Crack (minutes' seconds''	26'05''	23'47''	32'19''	10'48''
Temperature (°C)	245	224	308	157

302 Table 5 five suggests that the addition of PP fibres may slow down crack propagation,
 303 which could at least partially explain the reduction in the amount of expansion for
 304 samples with PP fibres. However, drawing firm conclusions regarding the reason for
 305 less expansion in the PP mix requires additional research.

306 The levels of prestress would have undoubtedly changed during spalling
 307 experiments. The changes in the prestress levels are due to the differential thermal
 308 expansion of the concrete and the CFRP, the deteriorating mechanical and bond
 309 properties of both the concrete and the prestressing bars embedded within it [18], [19].

310 Temperature profiles

311 Figure 14 shows the in-depth temperature-time history for the first 10 minutes of the
 312 experiments on Ref-CFRP samples. All three samples show comparable in-depth
 313 temperatures, with the maximum difference being 18 °C in the 10th minute. The time
 314 history of the in-depth temperatures beyond the 10th minute are not shown because of
 315 the occurrence of spalling in samples Ref-CFRP-A and Ref-CFRP-B. No significant
 316 differences between the time-temperature history for any of the Ref samples was
 317 evident. Figure 14 demonstrates that the pre-drying of specimen Ref-CFRP-C did not
 318 lead to obvious variance of heat transfer through the sample when compared against
 319 specimens Ref-CFRP-A and Ref-CFRP-B.

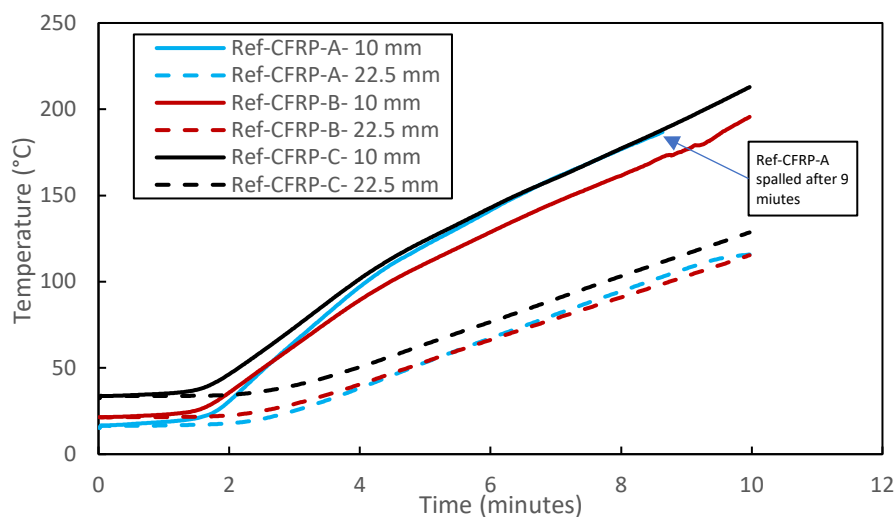


Figure 14 In-depth temperatures (at 10 mm and 22.5 mm) recorded for samples Ref-CFRP-A to Ref-CFRP-C during heating.

320 A comparison of the time-temperature history at the mid depth of the samples
321 between Ref-CFRP-C and the samples which did not spall is presented in Figure 15.
322 This figure shows that Sample Ref-CFRP-C (which was pre-dried at 80 °C and thus
323 also commences at a slightly higher initial temperature) differs from the other samples
324 in that the temperature evolution at its mid depth fails to show a 'kink' at about 180
325 °C, thus suggesting that the kink is related to moisture transport and evaporation
326 within the samples. The kink is thought to be due to the formation of a moving
327 moisture saturated front (more commonly known as moisture clog).

328 Also evident in Figure 15 is that there is a difference between the PP-CFRP and the
329 Ref-CFRP samples in terms of the location of the kink. The PP-CFRP samples show a
330 less acute kink when the temperature reaches about 170 °C. The Ref-Steel samples, on
331 the other hand, show a more pronounced kink and at a higher temperature (ranging
332 between 185-195 °C). This could be explained by the enhancement of moisture
333 migration that occurs when PP fibres are used (i.e., higher rate of moisture migration
334 into the deeper, colder regions of the heated concrete is made possible when PP fibres
335 are used). Mcnamee et al. [20] reported observing a much more concentrated wet layer
336 in samples that contained no PP compared to samples with 1 kg/m³ of PP fibres (i.e.,
337 specimens with PP fibres showed evidence of moisture migration further into the
338 colder regions of concrete compared to specimens without fibres). The more distinct
339 kinks forming in non-fibre samples (Figure 15) corroborate what was reported by
340 Mcnamee et. al. [20]. Researchers [21] have also observed that concrete samples with
341 PP fibres experience rapid increases in gas permeability at temperatures below the
342 melting point of the fibres; the increased permeability is thought to be explained by
343 the formation of microcracks in the transition zone within the concrete matrix
344 surrounding the fibres. The cracks are caused by a thermal mis-match between the
345 fibres and the concrete [22] which better enables the migration of moisture driven by
346 temperature gradients.

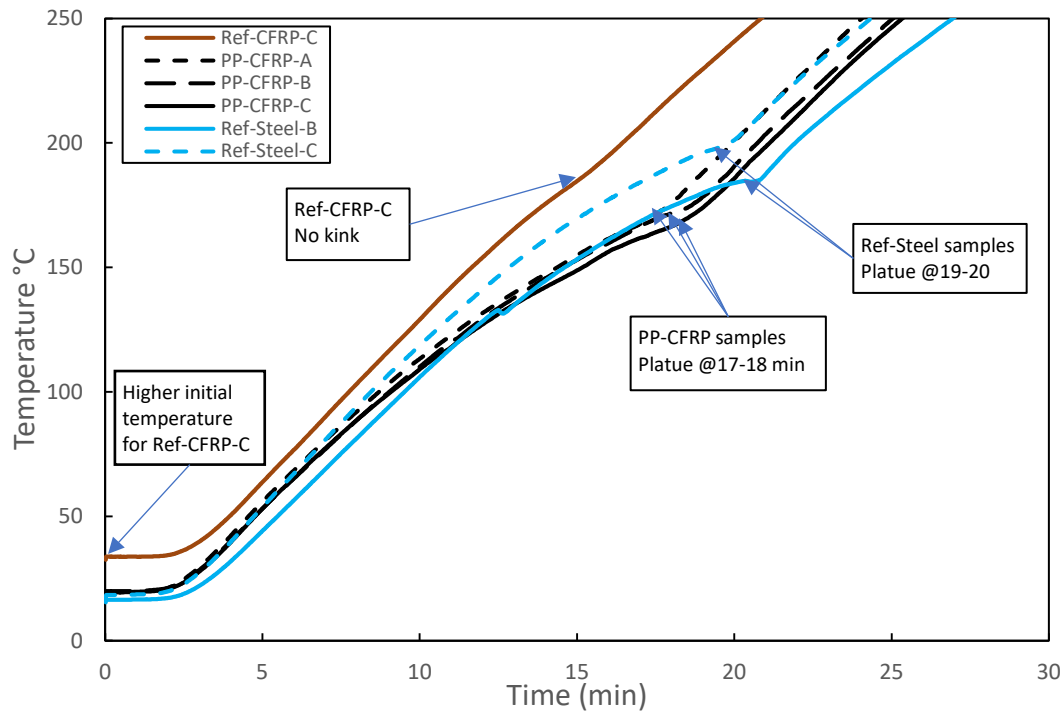


Figure 15 Temperature-time history at the sample mid-depth for the self-prestressed samples that did not experience spalling.

347 Apart from the differences already mentioned, there are no other significant
 348 differences in the measured in-depth temperatures when comparing Sample Ref-
 349 CFRP-C and the other samples.

350 Thermal Bowing

351 Thermal bowing occurs in the heated plate samples because of differential thermal
 352 expansion through the specimens' thickness upon rapid heating, and when the
 353 specimens are mechanically unrestrained. The thermal bowing of both samples Ref-
 354 CFRP-B and Ref-CFRP-C from the current study is shown in Figure 16. The time
 355 history of the thermal bowing for Sample Ref-CFRP-B is shown up to the 10th minute
 356 of the experiment (due to subsequent spalling). The thermal bowing of the samples
 357 appeared – unsurprisingly – to be strongly influenced by the type and behaviour (i.e.,
 358 slippage or otherwise) of the prestressing bars. Samples with CFRP bars (i.e., Ref-
 359 CFRP, PP-CFRP) showed greater resistance to overall elongation than samples with
 360 steel bars (Ref-Steel). This is because the thermal bowing of the Ref-CFRP and PP-
 361 CFRP samples was restrained by the stiffness of the bars and their slightly negative
 362 longitudinal coefficient of thermal expansion (CTE) of approximately $-1.10^{-6}/^{\circ}\text{C}$.

363 The longitudinal thermal contraction on heating, along with the higher modulus of
 364 elasticity of the CFRP bars, resists the elongation of the concrete sample – provided
 365 that bond slippage does not occur. The restraint force ceases to exist, however, once
 366 the CFRP bars slip within the surrounding concrete matrix. This effect can be clearly

367 seen in Figure 16 (for Ref-CFRP-C sample). By comparison, Figure 17 suggests that the
368 presence of the steel bars does not have the same restraining effect, and the sample is
369 more free to thermally expand. This is due to the similarity in the coefficient of thermal
370 expansion for both concrete and steel, as well as lower modulus of steel bars which
371 allows a greater overall elongation than for the samples with CFRP bars.

372 Figure 16 shows that the initial bowing (or out-of-plane displacement) for both Ref-
373 CFRP-B and Ref-CFRP-C are identical (Ref-CFRP-B spalled, Ref-CFRP-C did not
374 spall). However, the thermal bowing for Ref-CFRP-B deviated from Ref-CFRP-C at
375 approximately four minutes into the experiment. This was due the higher initial
376 temperature at the centre of Ref-CFRP-C (30 °C), which led to an increased elongation
377 (see Figure 15). The thermal bowing of Ref-CFRP-C plateaued after the 10th minute
378 due to the restraint from the CFRP bars mentioned earlier. However, the tendon's
379 slippage at the 18th minute of the experiment (Ref-CFRP-C) led to an increased (and
380 unrestrained) thermal bowing of the sample (6.42 mm after 60 minutes). This
381 demonstrates the importance of the internal CFRP reinforcement in restraining
382 thermal bowing.

383 Figure 17 shows the thermal bowing of Ref-Steel-A and Ref-Steel-C. For Ref-Steel-A,
384 the results are shown up to the 15th minute due to spalling occurring at that time.
385 Figure 17 shows that there is no obvious difference between Ref-Steel-A and Ref-Steel-
386 C. Despite this, Ref-Steel-A spalled explosively at 14'56'' while Ref-Steel-C did not
387 spall. For Ref-Steel-C, the maximum thermal bowing reached at 60 minutes was 6.31
388 mm (compared with 6.42 mm for CFRP above). No slippage or longitudinal cracks
389 along the bars were recorded for any of the Ref-Steel samples. This demonstrates that
390 the steel bars did not have the same restraining effect as the CFRP bars, due to their
391 coefficient of thermal expansion being similar to concrete – as discussed previously.

392 The results of the thermal bowing for the PP-CFRP samples are shown in Figure 18.
393 The thermal bowing of specimens with PP fibres is less pronounced as compared with
394 Ref-Steel samples. This is because the CFRP bars did not slip in this case (except for
395 one of the two bars in Sample PP-CFRP-A), and thus the restraining effect of the bars
396 remained in effect, therefore minimizing thermal bowing of all samples with PP fibres.

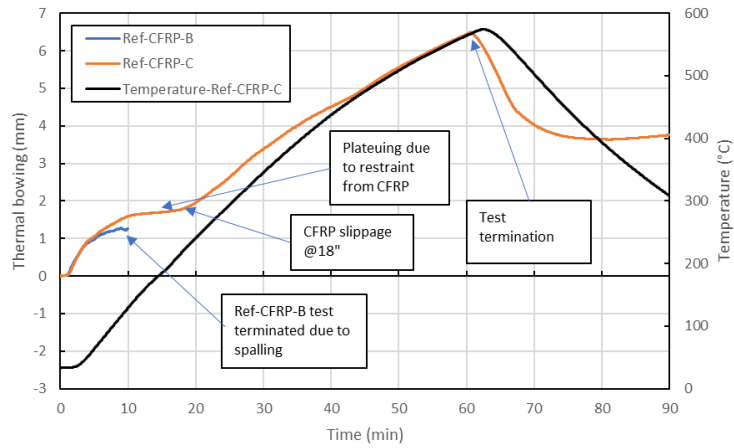


Figure 16 Thermal Bowings Ref-CFRP-B compared to Ref-CFRP-C. The temperature-time history at the centre of the samples is also shown

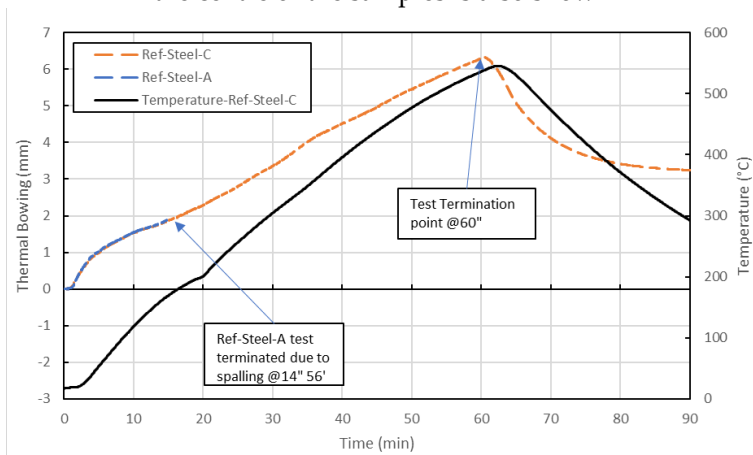


Figure 17 Thermal Bowings Ref-Steel-A compared to Ref-Steel-C. The temperature-time history at the centre of the samples is also shown

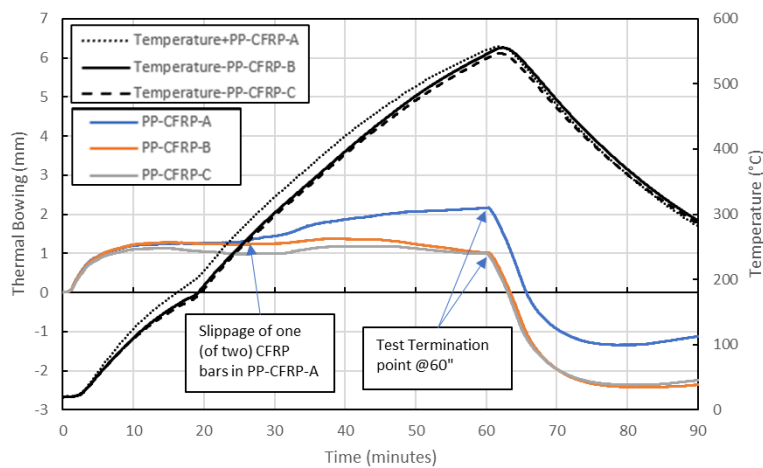


Figure 18 Thermal bowing of PP-CFRP-A, PP-CFRP-B, and PP-CFRP-C samples against time. Temperature at the centre of each sample is shown.

397 The results from the PP-CFRP and Ref-Steel samples provide further evidence that the
398 restraining of the samples (against thermal bowing) appears not to be a controlling
399 factor governing the occurrence of spalling.

400 As mentioned earlier, Sample PP-CFRP-A experienced slippage of one of its two bars
401 at the 24th minute of the test. This led to a *partial* release of the restraint imposed by the
402 CFRP bars. The results of this partial release (i.e., the extra out-of-plane movement)
403 are visible in Figure 18.

404 A comparison between the thermal bowing of the PP-CFRP samples and Ref-CFRP-B
405 (up to the 10th minute) is shown in Figure 19. This figure shows that the thermal
406 bowing of Sample Ref-CFRP-B closely matched that of samples with PP fibres, even
407 though Sample Ref-CFRP-B experienced multiple spalling events from the 6th minute
408 up to the 10th minute (the PP-CFRP samples did not spall). This supports the
409 hypothesis that the thermal bowing (which is a thermal stress release mechanism)
410 appears not to be a governing factor for the occurrence of spalling; the presence of PP
411 fibres is the critical factor.

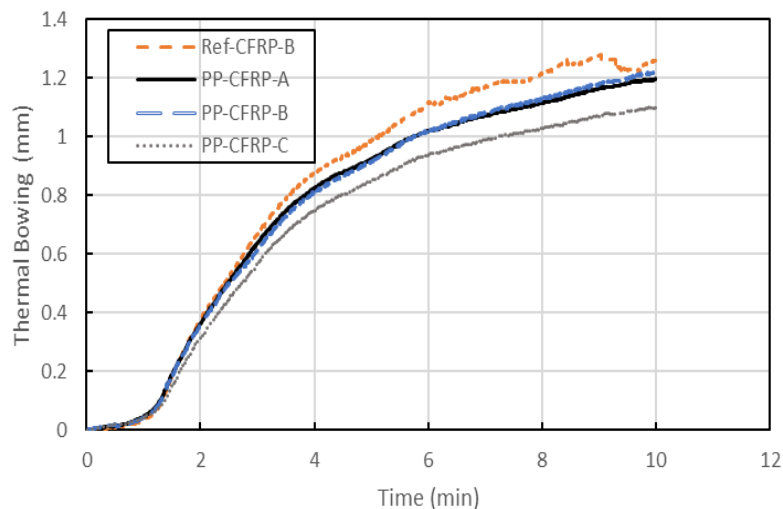


Figure 19 Comparison of thermal bowing between samples Ref-CFRP-B, PP-CFRP-A and PP-CFRP-B.

412

413 The Effects of moisture content

414 Moisture content was confirmed to play a central role in spalling. Samples Ref-CFRP-
415 A and Ref-CFRP-B both spalled explosively, while Sample Ref-CFRP-C did not spall.
416 All three samples had comparable levels of prestress (see Table 4) and had the same
417 mix design and internal reinforcement. The only difference between the samples was
418 the reduced level of moisture within Sample Ref-CFRP-C due to pre-drying. This
419 result corroborates findings reported by Munguia [23], where concrete slabs exposed
420 to an ISO 834 fire curve after pre-heating to 80 °C (for more than 30 days) avoided

421 spalling altogether (similar samples that were not dried all spalled). Reduced internal
422 moisture has been cited by other researchers as one of the main reasons behind
423 samples avoiding spalling; Peng et al. [24] reported that combined curing led to higher
424 degree of hydration, and by extension, lower levels of internal moisture. This effect,
425 according to Peng, resulted in the samples with the lowest amount of internal
426 moisture (referred to as free moisture by the author) to avoid spalling.

427 The experiments presented in this paper strongly point towards the moisture content
428 as one of the main influencing factors for spalling. This was evident when comparing
429 specimen Ref-CFRP-C to Ref-CFRP-B and Ref-CFRP-A. These results are being
430 confirmed by further experiments.

431 It is noteworthy that some prestress may have been lost in Ref-CFRP-C during the
432 drying due to shrinkage. This topic is currently being investigated.

433 **The effect of prestress levels**

434 The presence of compressive stress is shown in the literature to be (generally)
435 adversely affecting the spalling likelihood of heated concrete samples [8], [25]. Other
436 researchers reporting that the direction (relative to crack formation) in which
437 compressive stress is applied to be the main influencing factor [26] (i.e., when
438 compressive stress is applied parallel to the cracks, it enhances permeability and
439 reduces spalling, and vice versa). Nevertheless, the results from Ref-Steel samples
440 indicate a lower likelihood of spalling with lower prestress levels, since the prestress
441 in the Ref-Steel samples were on average 69% less than the prestress levels in the Ref-
442 CFRP samples (due to the lower modulus of elasticity of the steel bars). Further still,
443 the prestressing within the Ref-Steel samples could have been reduced due to the
444 deterioration of the elastic modulus of the steel bars with elevated temperatures.
445 However, the results were not conclusive since one of the three Ref-Steel samples
446 tested still spalled. Further experiments are needed to verify this hypothesis.

447 As mentioned earlier, it is possible that Ref-CFRP-C (pre-dried) lost some of its
448 prestress during the drying process (due to shrinkage). It is possible that the potential
449 reduced levels of prestress levels within this specimen helped it avoid spalling when
450 subjected to a simulated ISO 834 fire curve. The reduction in prestress levels with oven
451 drying also needs to be researched further.

452 The samples with PP fibres also had a reduced level of prestress (see Table 4). The
453 reduced level of prestress could have played a part in the elimination of spalling for
454 the PP-CFRP samples.

455 Overall, the likelihood of spalling was confirmed to be higher in samples with the
456 highest levels of prestress. These findings are compatible with has been reported by a
457 large number of researchers [26]–[30], [31]. It is worth reiterating that compressive
458 loading on its own may not be a factor that influences spalling; the real effect of
459 loading is its influence on the further widening or closing cracks that facilitate the
460 moisture transport, thus increasing or decreasing gas permeability at elevated
461 temperatures. This effect has been demonstrated experimentally by Jihad et al. [26].

462 **Formation of longitudinal cracks**

463 In samples that did not spall, longitudinal splitting cracks were observed to form in
464 samples with CFRP bars during the experiments. These cracks were not observed in
465 samples with steel bars. The reason for the longitudinal cracking in CFRP prestressed
466 samples is likely to be the larger transverse coefficient of thermal expansion (TCTE) of
467 CFRP bars compared to the surrounding concrete. The temperature in the immediate
468 surroundings of the CFRP bars at the time of the cracking is given in Table 5. The
469 TCTE of CFRP is between three to eight times higher than that of concrete and steel,

470 according to Aiello [32]. Some have even reported CTE (in the transverse direction)
471 8.4 times higher (at 150 °C) than concrete or steel [33]; and also reported the transverse
472 expansion of the specific CFRP bars used in that work to be temperature dependent
473 [33], as shown in Figure 20.

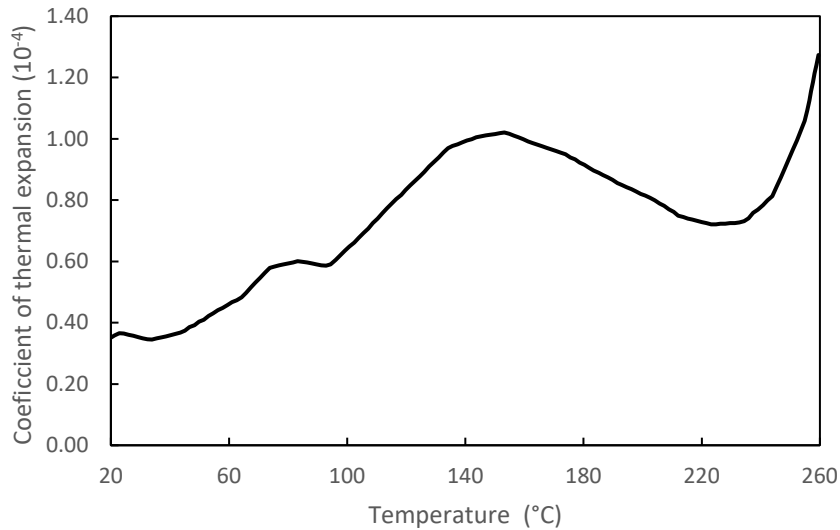


Figure 20 Coefficient of thermal expansion (as a function of temperature) for CFRP bars used and reported in [33]

474 The transverse expansion of the CFRP bars is thought to cause the longitudinal cracks
475 that were observed during the experiments. Figure 21 shows the unexposed sides of
476 non-spalled samples Ref-CFRP-C, Ref-Steel-C, and PP-CFRP-C; the longitudinal
477 cracks can be observed in specimens with CFRP bars, while no cracks are visible in
478 the specimen with steel reinforcement.

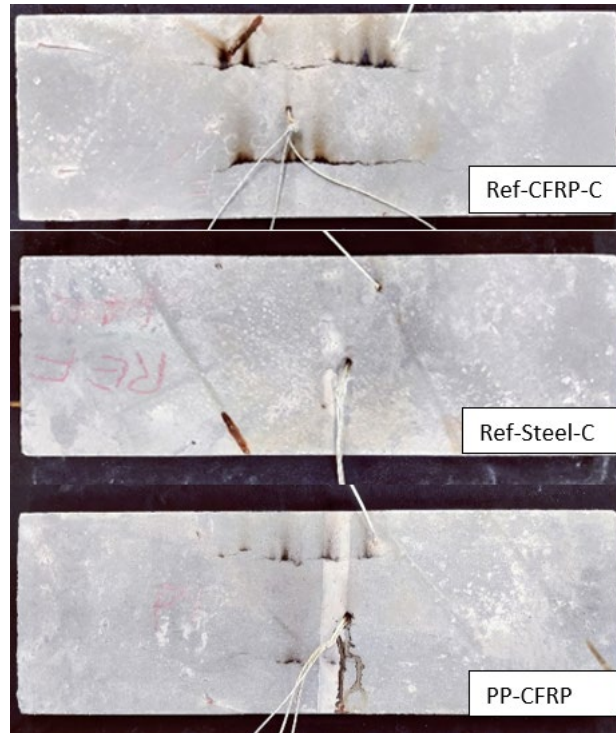


Figure 21 The unexposed side of Ref-CFRP-C (top), Ref-Steel-C (middle), and PP-CFRP-C samples (bottom).

479 It is also noteworthy that longitudinal cracks observed in PP-CFRP samples appeared
 480 at a later stage than those in sample Ref-CFRP-C (see Table 5). This could be due to
 481 the effect of the PP fibres slowing down the crack propagation, as has been suggested
 482 in the literature [15], [16].

483 Conclusions

484 The fire behaviour of self-prestressed planks is considered in this paper. Control mixes
 485 as well as modified mixes (with the addition of PP fibres) were prepared. Using a
 486 mobile gas-fired RPA, concrete planks were subjected to a simulated ISO 834 heating
 487 curve for a duration of one hour (or up until a 'main' spalling event). It can be
 488 concluded that:

- 489 1. Self-prestressed concrete planks are prone to explosive spalling when exposed
 490 to severe heating (similar to an ISO 834 standard heating exposure). Spalling
 491 occurred in less than 10 minutes for samples with CFRP bars, but no later than
 492 15 minutes for any of the samples, when exposed to such conditions.
- 493 2. The higher levels of moisture content in the self-prestressed samples appears
 494 to be a governing factor for heat-induced spalling. When a specimen was dried
 495 until it lost more than half of its moisture content (Ref-CFRP-C), no spalling
 496 was observed, despite other (non-dried) samples within the same series all
 497 spalling in less than 9 minutes.

- 498 3. The addition of PP fibres to the concrete mix prevented spalling. 2 kg/m³ of PP
499 fibres led to the elimination of spalling in samples that were otherwise highly
500 susceptible to spalling. This corroborates a wealth of available literature
501 regarding the positive impacts of PP fibres on heat-induced explosive spalling
502 in concrete.
- 503 4. The addition of PP fibres to the self-prestressed mixes reduced the level of self-
504 prestressing by almost 30%. Hypotheses have been advanced in this paper to
505 explain this, but a lack of conclusive evidence means that no firm conclusions
506 can be made regarding this observation at this stage.
- 507 5. A lower level of prestress appears to reduce the likelihood of spalling. Two out
508 of three samples with 69% less prestress levels (due to utilising steel bars
509 instead of CFRP) avoided spalling under otherwise identical heating
510 conditions.
- 511 6. Thermal stresses appear unlikely to be the governing factor in the spalling of
512 self-prestressed concrete planks. It was observed that all samples with steel
513 bars experienced considerable thermal bowing during the tests, but one of three
514 samples still spalled, whilst very little thermal bowing was recorded for the PP-
515 CFRP samples, none of which spalled.
- 516 7. In-depth temperature measurements confirm enhanced moisture migration
517 within the concrete when PP fibres are used. It was observed that the PP-CFRP
518 samples showed a markedly different in depth thermal response as compared
519 with samples without PP fibres. This corroborates the role of PP fibres in
520 facilitating an enhanced rate moisture transport and preventing the formation
521 of a moisture clog within the concrete, thus mitigating heat-induced explosive
522 concrete spalling.

523 **Future work**

524 Further experiments are necessary to understand the effects of the presence of pre-
525 compressive stress (from prestressing) on spalling. The role of PP fibres in limiting the
526 amount of expansion in self-prestressed concrete mixes also requires additional
527 investigation. Further complimentary tests to thermally characterise the novel
528 expansive concrete mix are also needed, and will be performed in future work.

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534

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