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Serum lipoprotein(a) and bioprosthetic aortic valve degeneration

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Aims

Bioprosthetic aortic valve degeneration demonstrates pathological similarities to aortic stenosis. Lipoprotein(a) [Lp(a)] is a well-recognized risk factor for incident aortic stenosis and disease progression. The aim of this study is to investigate whether serum Lp(a) concentrations are associated with bioprosthetic aortic valve degeneration.

Methods and results

In a *post hoc* analysis of a prospective multimodality imaging study (NCT02304276), serum Lp(a) concentrations, echocardiography, contrast-enhanced computed tomography (CT) angiography, and 18F-sodium fluoride (18F-NaF) positron emission tomography (PET) were assessed in patients with bioprosthetic aortic valves. Patients were also followed up for 2 years with serial echocardiography. Serum Lp(a) concentrations [median 19.9 (8.4–76.4) mg/dL] were available in 97 participants (mean age 75 ± 7 years, 54% men). There were no baseline differences across the tertiles of serum Lp(a) concentrations for disease severity assessed by echocardiography [median peak aortic valve velocity: highest tertile 2.5 (2.3–2.9) m/s vs. lower tertiles 2.7 (2.4–3.0) m/s, $P = 0.204$], or valve degeneration on CT angiography (highest tertile $n = 8$ vs. lower tertiles $n = 12$, $P = 0.552$) and 18F-NaF PET (median tissue-to-background ratio: highest tertile 1.13 (1.05–1.41) vs. lower tertiles 1.17 (1.06–1.53), $P = 0.889$). After 2 years of follow-up, there were no differences in annualized change in bioprosthetic hemodynamic progression [change in peak aortic valve velocity: highest tertile 0.0 (–0.1–0.2) m/s/year vs. lower tertiles 0.1 (0.0–0.2) m/s/year, $P = 0.528$] or the development of structural valve degeneration.

Conclusion

Serum lipoprotein(a) concentrations do not appear to be a major determinant or mediator of bioprosthetic aortic valve degeneration.

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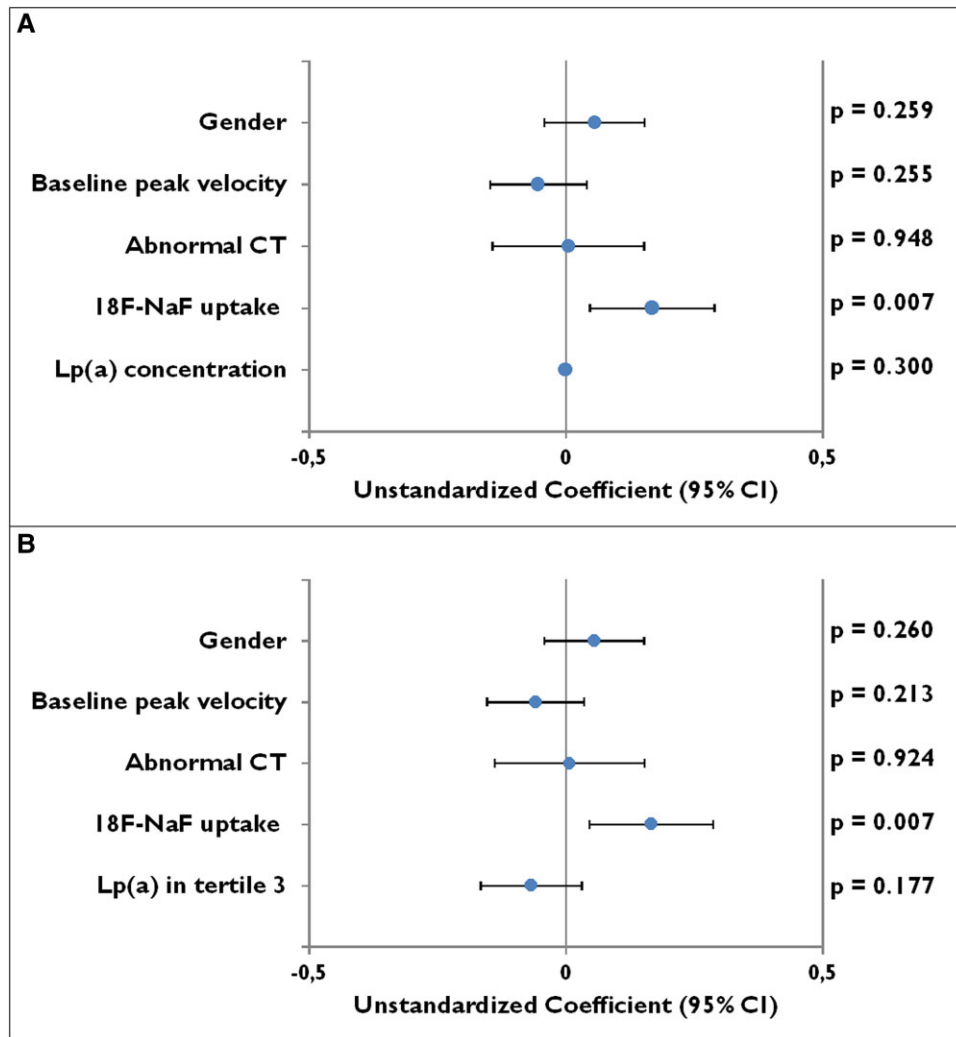


Figure 3 Determinants of change in bioprosthetic valve function. Forest plots of unstandardized coefficients (95% confidence intervals) from a multi-variable linear regression analysis predicting change in bioprosthetic valve function (annualized change in peak velocity) during follow-up. When examining all relevant baseline characteristics, 18F-sodium fluoride uptake was the only independent predictor of hemodynamic deterioration in valve function when serum Lp(a) concentration was used both as (A) a continuous variable and (B) as a dichotomous variable (either in the highest tertile or not). 18F-NaF, 18F-sodium fluoride; CI, confidence interval; CT, computed tomography; LDL-C, low-density lipoprotein cholesterol; Lp(a), lipoprotein(a).

During follow-up, 11 patients had progression of, or developed new, bioprosthetic valve dysfunction of which two with valve regurgitation, seven with valve stenosis, and two with mixed dysfunction. Serum Lp(a) concentrations were similar in these patients compared with the remaining population [24.9 (0.3–92.0) mg/dL vs. 15.9 (7.7–72.4) mg/dL, $P = 0.503$]. We found no differences between tertiles for patients who did or did not have evidence of structural valve degeneration during the follow-up period (see [Supplementary material online, Tables S5 and S6](#)). Two patients developed bioprosthetic valve failure during a 2-year follow-up, both had serum Lp(a) concentrations within the second tertile [median serum Lp(a) concentration of 19.0 (12.8–24.5) mg/dL].

Sensitivity analyses

Studies in coronary artery disease have examined serum Lp(a) concentration thresholds of >50 and >70 mg/dL as being associated with increased cardiovascular risk.^{7,26,27} The lower limit for serum Lp(a)

concentration in tertile 3 was 50 mg/dL. Further analysis based on a serum Lp(a) concentration threshold of >70 mg/dL demonstrated results consistent with the tertile analysis (see [Supplementary material online, Tables S7–S9](#)).

When the same analyses were restricted to the SAVR cohort (76 patients), we observed similar results with no clear association between Lp(a) levels and imaging markers of bioprosthetic valve degeneration (see [Supplementary material online, Tables S10 and S11](#)).

Discussion

We demonstrate that serum Lp(a) concentrations are not associated with an incident or progressive structural bioprosthetic aortic valve degeneration. This lack of association was consistent across echocardiography, CT, and PET imaging which provided a comprehensive assessment of valve function in nearly 100 participants ([Graphical Abstract](#)).

We conclude that serum Lp(a) concentrations do not appear to be a major determinant or mediator of bioprosthetic aortic valve degeneration.

Given the increasing use of bioprosthetic valves, there is an important need to understand the processes driving structural bioprosthetic valve degeneration to develop methods to inhibit or slow valve degeneration. Lp(a) has recently been shown to be an important factor in both driving the incidence and progression of aortic stenosis. Considering the molecular similarities between the pathological processes driving aortic stenosis and bioprosthetic heart valve degeneration, it has been suggested that lipid fractions might also drive the latter.²⁸ However, despite the apparent pathological similarities between aortic stenosis and structural bioprosthetic valve degeneration, our data imply that Lp(a) does not appear to be a major factor in the pathogenesis of bioprosthetic valve degeneration.

An important strength of our study is the comprehensive multimodality imaging strategy that we have employed. Indeed, we investigated structural bioprosthetic valve degeneration using three different and complementary imaging methods to identify any potential imaging evidence of structural bioprosthetic valve degeneration that may be associated with serum Lp(a) concentrations. Echocardiography provides the reference standard for imaging patients with bioprosthetic heart valves by assessing hemodynamic changes and gross leaflet abnormalities. In our study, Lp(a) was not associated with any of the baseline echocardiographic assessments of valve function or change in these measures during the 2 years of follow-up. Contrast-enhanced CT angiography provides different but complementary information on structural bioprosthetic valve degeneration focusing on the presence of anatomical valve changes including pannus, leaflet calcification, and thrombus.^{16,29} Again, no differences in bioprosthetic CT abnormalities were observed across the tertiles of serum Lp(a) concentrations. Finally, we investigated calcification activity in the bioprosthetic valve leaflets using 18F-NaF PET.³⁰ We have recently demonstrated that 18F-NaF PET provides more sensitive detection of structural valve degeneration than echocardiography and CT as well as a more powerful prediction of subsequent deterioration in bioprosthetic valve function.^{5,6} However, once again we found no association between serum Lp(a) concentrations and 18F-NaF PET uptake in the valves. The lack of association between Lp(a) and these imaging assessments of structural valve degeneration remained true whether we considered Lp(a) across tertiles, as a continuous variable or using thresholds of either 50 or 70 mg/dL. It was also consistent with our clinical outcome data, where we failed to demonstrate an association between serum Lp(a) concentration and the development of clinically defined structural valve degeneration or bioprosthetic valve failure. In totality, our clinical and multimodality imaging data suggest that Lp(a) is not an important mediator in the development of structural bioprosthetic valve degeneration.

In 'native' aortic valves, Lp(a) has been widely accepted as a causal factor in mediating aortic valve stenosis, attested by both mendelian randomization as well as epidemiological studies.^{7,31,32} Previous studies have also suggested Lp(a) concentrations are associated with faster disease progression on echocardiography and CT^{9,11} and increased calcification activity assessed by 18F-NaF PET,^{9,10} although one recent study found no association between Lp(a) and 18F-NaF uptake.¹⁴ In totality, our study here indicates important differences between the pathophysiology of aortic stenosis and bioprosthetic valve degeneration.

Further research is now required to improve our understanding of the pathophysiology of bioprosthetic valve degeneration so that treatments prolonging valve durability can be developed. Other lipid-mediated inflammatory pathways beyond Lp(a) may contribute, with several studies indicating cholesterol fractions, the ratio between apolipoprotein B and apolipoprotein A-I (ApoB/ApoA-I), the ratio between oxidized low-density lipoprotein and high-density lipoprotein (OxLDL/

HDL) as well as proprotein convertase subtilisin/kexin type 9 (PCSK9) concentrations may serve as predictors of bioprosthetic degeneration.^{33,34} Other factors may include dysregulation of calcium-phosphate metabolism and increased valvular mechanical stress,³⁵ as well as, pathways involving immune rejection. The latter is supported by the increase in circulating antibodies against galactose- α 1,3-galactose (α Gal) and N-glycolylneuraminic acid (Neu5Gc) observed after valve implantation and their link with the calcification process.^{36–38} Leaflet thrombosis, which can be subclinical, is another potential trigger for inflammation, calcification, and subsequent valve degeneration.⁵ Such thrombosis can be detected via hypoattenuated leaflet thickening on CT and with even greater sensitivity using 18F-GP1 PET-CT. Both imaging techniques hold promise in improving our understanding of the role of leaflet thrombosis in prosthetic valve degeneration.^{39,40}

Study limitations

Whilst our study is extensively phenotyped, the sample size is relatively modest, conferring the risk of a type II error. Furthermore, our study is a single-centre study comprising largely Caucasian, elderly participants. In particular, the number of patients with a TAVI valve is too small for individual subgroup analysis. Our findings should therefore be confirmed in larger and more diverse patient populations, given the emergence of new drugs targeting Lp(a) concentrations and their potential benefit in various pathologies. Studies with longer follow-up would also be welcome, some later follow-up visits in this study were not possible because of restrictions due to the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) pandemic.

In conclusion, we have demonstrated that serum Lp(a) concentrations were not associated with imaging or clinical markers of bioprosthetic aortic valve degeneration at baseline or over 24 months of follow-up. Alternative mechanisms involved in the pathogenesis of structural bioprosthetic valve degeneration need to be investigated in order to improve our understanding of this disease and to accelerate the development of novel treatments to prevent or inhibit its progression.

Supplementary material

Supplementary materials are available at *European Heart Journal - Cardiovascular Imaging* online.

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Data availability

The data underlying this article will be shared on reasonable request to the corresponding author.

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