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Infographic: Return rates and return times to sport after Middle-Third clavicle fracture

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Return Rates and Return Times to Sport for Middle-Third Clavicle Fractures

Important knowledge for management of these injuries in athletes.



Clavicle fractures are most common in rugby, american football, cycling and soccer.

Clavicle fractures are the **4th** most common sport-related fracture.

Of all sport-related fractures, clavicle fractures take the **3rd** longest time to return to sport.



All undisplaced middle-third fractures should be managed conservatively.

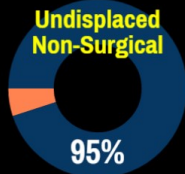


For displaced middle-third fractures, surgical management can offer improved return times to sport over conservative management.

The choice of surgical technique for middle-third fractures is guided by the fracture configuration; the optimal surgical technique remains to be defined.



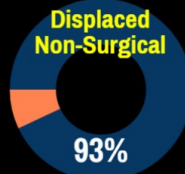
Return to Sport Rate



Return Time:
11 weeks



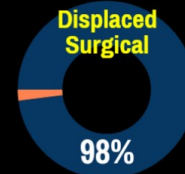
Return to Sport Rate



Return Time:
22 weeks



Return to Sport Rate



Return Time:
9 weeks

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