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1 Investigation of hypomagnesaemia prevalence and underlying aetiology in a hospitalised cohort
2 of dogs with ionised hypocalcaemia

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28 conduct of research, reporting of the work described in the article and the named guarantor.
29 RM contributed toward conceptualising, planning and editing of drafts. IO contributed
30 toward statistical analysis and editing of drafts. AG, CJ and PB contributed to planning and
31 editing of drafts. YC contributed by planning and conducting research.

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39 **Abstract**

40 **Objectives**

41 Calcium is the most abundant mineral in the body and plays a critical role in a wide range of
42 physiological processes. Low concentrations of ionised calcium, the most metabolically
43 available form of calcium, have been linked to an increased risk of adverse clinical outcomes
44 in dogs. Magnesium plays an important role in parathyroid hormone function. The objective
45 of this study was to define the prevalence and aetiology of hypomagnesaemia in a
46 hospitalised cohort of dogs with ionised hypocalcaemia.

47

48 **Methods**

49 A total magnesium reference interval was established using serum biochemistry results from
50 346 clinically healthy dogs. The clinical records of dogs with ionised hypocalcaemia were
51 reviewed and concurrent serum magnesium concentrations were recorded alongside clinical
52 signs and underlying aetiology. The prevalence, clinical presentation and aetiology of
53 hypomagnesaemia were examined in the ionised hypocalcaemic population.

54

55 **Results**

56 295 ionised hypocalcaemia dogs were identified. Hypomagnesaemia was identified in 22%.
57 Total magnesium concentration was significantly higher in dogs with renal disease. The most
58 common cause of concurrent hypomagnesaemia and ionised hypocalcaemia was
59 gastrointestinal diseases.

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61 **Conclusion**

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63 Low concentrations of serum magnesium occur in approximately one fifth of all dogs with
64 ionised hypocalcaemia. Further work is required to clarify the link between magnesium
65 status, ionised hypocalcaemia and clinical outcome.

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109 **Introduction**

110 Calcium is an important mineral, required for cellular functions such as enzyme activity,
111 membrane stability and transport, as well as playing a critical role in skeletal development
112 and health (1). Calcium circulates in three forms; ionised calcium (iCa), protein bound and
113 bound to non-protein anions (e.g. citrates, phosphates, lactate, and other small, diffusible
114 anions). Ionised calcium is the most metabolically active component (1). Under normal
115 physiological conditions there are three main hormones that control calcium homeostasis;
116 parathyroid hormone (PTH), calcitonin and 1,25 dihydroxycholecalciferol. Parathyroid
117 hormone is released in response to decreased ionised calcium and has a wide range of
118 physiological effects on several different organs, with the overall impact of increasing serum
119 ionised calcium. Parathyroid hormone also acts to upregulate 1-alpha-hydroxylase in renal
120 peritubular cells, which converts 25-hydroxycholecalciferol (25(OH)D) to 1,25
121 dihydroxycholecalciferol, leading to increased intestinal absorption of calcium (1,2).

122

123 Hypocalcaemic disorders are clinically important in veterinary patients. Ionised
124 hypocalcaemia (IHC) decreases the threshold potential of neuronal, cardiac and muscle cells
125 and as a result, the majority of clinical signs associated with hypocalcaemia are a result of
126 increased cell excitability (3). Dogs with IHC can present with a variety of signs including
127 weakness, vomiting, diarrhoea, abdominal pain, arrhythmias and a spectrum of neurological
128 signs including seizure activity (4–7). Importantly, the severity of IHC has been associated
129 with all cause morbidity and mortality in dogs and associated with poor outcomes in canine
130 critical illness (8,9).

131

132 Similar to calcium, magnesium is present in the serum in ionised, protein bound and
133 complexed forms. Magnesium is an essential element, acting as a cofactor in a large number

134 of vital intracellular physiological reactions(10). Total serum magnesium remains the most
135 commonly measured form of magnesium as free magnesium requires the use of specialised
136 ion selective electrode techniques.

137

138 Disturbances in magnesium homeostasis are increasingly recognised in veterinary patients,
139 especially in critically ill animals (11). Magnesium is required for the function of the sodium
140 potassium ATPase pump and is therefore vital for control of electrolyte gradients across cell
141 membranes (12). Similar to IHC, hypomagnesaemia has been linked to exacerbating
142 morbidity in both human and veterinary patients (13–17). For example in human patients,
143 hypomagnesaemia has been linked to morbidity in patients with diabetic ketoacidosis and
144 hypoparathyroidism (18,19). However, few studies have examined the relationship between
145 magnesium and calcium in veterinary patients.

146

147 Both hypomagnesaemia and hypocalcaemia can share a similar pathogenesis in veterinary
148 patients involving intestinal loss, malabsorption, altered distribution and abnormalities of
149 vitamin D metabolism (20,21). Magnesium also plays a key role in regulating calcium
150 homeostasis by modulating the production and release of PTH (22). Severely decreased
151 magnesium concentration results in an inhibition of PTH release (23–25) by inhibiting
152 magnesium-dependent enzymes required for PTH exocytosis (24). This functional
153 hypoparathyroidism decreases calcium and magnesium absorption in the distal convoluted
154 tubule of kidney. Consequently, severe hypomagnesaemia can lead to clinically relevant
155 hypocalcaemia in people (26). In human medicine, evaluation of magnesium in patients with
156 IHC is considered standard clinical practice (23) since resolution of hypocalcaemia can be
157 challenging without magnesium repletion (23). Despite the improved understanding of the
158 importance of magnesium in regulating plasma concentrations of ionised calcium in humans,

159 the role magnesium plays in regulating canine calcium homeostasis and the prevalence of
160 hypomagnesaemia in dogs with IHC is poorly understood. A better understanding of the
161 relationship of magnesium status in dogs with IHC may help guide diagnostic and monitoring
162 strategies. Consequently, the aim of this study was to define prevalence of total serum
163 hypomagnesaemia in a population of hospitalised dogs with IHC and to establish which
164 diseases have the highest prevalence of concurrent hypomagnesaemia and IHC.

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184 **2. Method**

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186 **2.1 Design and setting**

187 The Royal (Dick) School of Veterinary Studies clinical database was searched for dogs with
188 IHC at admission from January 2012 and November 2018. IHC was defined as $iCa \leq 1.18$
189 mmol/L (reference interval [RI] 1.18-1.53mmol/L) (27). Dogs younger than 12 months of age
190 were excluded. The medical records of dogs with IHC were reviewed and the following
191 variables were recorded: age, breed, sex, glucocorticoid administration, diuretic therapy, final
192 clinical diagnosis and serum iCa, total calcium (tCa), albumin and magnesium
193 concentrations. Analytes of each dog were measured at the same time point and as part of
194 routine biochemical analysis. If dogs presented with IHC more than once, the first instance of
195 IHC was recorded. Dogs treated with glucocorticoids or diuretics 48 hours prior to referral
196 were excluded. Only dogs with IHC and available magnesium values were included in the
197 study. The study was approved by R(D)SVS VERC.

198 Ionised calcium was measured within one hour of sample collection and the analysis of the
199 remaining biochemistry was performed within three hours of collection. Measurement of
200 biochemical analytes was performed on serum and measurement of iCa on lithium heparin
201 whole blood. The iCa sample was drawn into a syringe after sampling and the syringe capped
202 by adding a stopper in order to facilitate anaerobic storage prior to analysis. The AU480
203 biochemistry analyser was used for all biochemical analyses other than for iCa (Beckman
204 Coulter, High Wycombe, Buckinghamshire, UK). The Gem 3500 analyser (Instrumentation
205 Laboratory, Warrington, Cheshire, UK), which employs an ion-selective electrode assay, was
206 used for measurement of the iCa.

207 **2.2 Establishing total magnesium reference interval**

208 Total serum magnesium (tMg) concentrations were obtained using the same healthy cohort as
209 previously reported (27). Dogs were included if no clinical signs or significant history were
210 reported by the owner and no abnormalities were detected by an attending veterinary
211 surgeon. All dogs were fed commercially available diets and no dog was receiving
212 supplementation or medication. Total serum magnesium was measured on the AU480
213 biochemistry analyser (Beckman Coulter, High Wycombe, Buckinghamshire, UK).

214 Reference intervals for tMg were established using a previously described Reference Value
215 Advisor, a non-parametric Excel software tool (28). In short, the 95% coverage reference
216 interval was defined by the 2.5 and 97.5 percentiles from the observed data with percentiles
217 then obtained by linear interpolation when the data did not fall within exact percentiles.

218 **2.3 Ionised hypocalcaemia diagnostic groups**

219 The cases were grouped, according to a previously published article on IHC (29), into the
220 following aetiologies (1,30);gastrointestinal disease (GI), renal disease (REN), pancreatitis
221 (PAN), immune mediated disease (IMM), endocrine disease (END), neoplasia (NEO),
222 hepatic disease (HEP) and miscellaneous conditions (MIS).

223 In dogs with comorbidities, the diagnosis leading to the most significant clinical signs and
224 which would most likely account for the IHC was selected as the categorising diagnosis.

225 Cases in which the final diagnosis was not covered in the seven major groupings were
226 classified as miscellaneous.

227 **2.4 Stratification of IHC severity**

228 Dogs were grouped in three categories according to the iCa concentration and stratified, as
229 mild (1.00 – 1.17 mmol/L), moderate (0.8 – 0.99 mmol/L) and severe (< 0.8 mmol/L) (31).

230 2.5 Statistical analysis

231 The data distribution was evaluated using the Shapiro-Wilk test. The chi-square test was used
232 to examine the association between the levels of two categorical variables. The Wilcoxon
233 rank sum test with continuity correction was used to compare continuous data. The Kruskal-
234 Wallis test was used to compare three or more independent groups. When statistically
235 significant differences were observed using the Kruskal-Wallis test, post-hoc tests were
236 conducted employing Dunn's test in order to control the family-wise error rate and define
237 which groups presented statistically significant differences. The correlation between two
238 variables was examined with Spearman's correlation coefficient. All the statistical analyses
239 were performed using the statistical language R (R Foundation for Statistical Computing,
240 Vienna, Austria). For all tests applied, a P value <0.05 was considered significant.

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266 **Results**

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269 **Ionised calcium and total calcium**

270 The distribution of all variables was non-Gaussian. A total of 295 dogs met the inclusion
271 criteria. The median iCa concentration was 1.13 mmol/L (range: 0.71 - 1.17 mmol/L). There
272 was nineteen entire male dogs (6%), one hundred and fifty neutered males (51%), six entire
273 females (2%) and one hundred and twenty (41%) females were neutered. The median age in
274 the IHC cohort was 7 years (range: 1 to 14 years). The most common breeds with IHC were
275 Labradors (n=29, 10%), cocker spaniels (n=20, 7%) and cross breeds (n=14, 5%).

276 Two-hundred and sixty five (90%) dogs had mild IHC (1.00 - 1.17 mmol/L), twenty-five
277 (8%) dogs had moderate IHC (0.8 – 0.99 mmol/L) and five (2%) with severe IHC (< 0.8
278 mmol/L). No statistically significant difference (P = 0.596) in the distribution of sex was
279 noted between the dogs with mild IHC (149 males and 116 females) and dogs with moderate
280 and severe IHC (20 males, 5 females). Dogs with severe IHC were combined with moderate
281 IHC to facilitate statistical analysis. There was no statistical difference in breed (P = 0.466),
282 sex (P = 0.598) or age (P = 0.141) between all groups either when compared individually or
283 when the mild IHC group was compared with the moderate and severe IHC group combined.

284 All 295 IHC dogs had a serum tCa concentration recorded. Two hundred (68%) dogs had a
285 decreased tCa (RI: 2.24 – 2.85 mmol/l). The median tCa was 2.12 mmol/L (0.81-2.80
286 mmol/L). One hundred and seven (36%) of dogs with IHC had a tCa within the RI. There
287 was a statistically significant, weak positive correlation ($\rho = 0.287$, $P < 0.001$) between tCa
288 and iCa.

289 **Total serum magnesium reference interval**

290

291 Three hundred and forty-six clinically healthy adult dogs were used to establish the total tMg
292 RI. The median age of these dogs was 5.9 years (range: 1 to 14 years). There were 161
293 spayed females (47%), 24 entire females (7%), 113 neutered males (33%) and 48 entire
294 males (14%). Dogs in the healthy cohort were younger ($P = 0.018$) and more likely to be
295 entire ($P = 0.008$) than the IHC dogs. The most common breeds were cross breed dogs
296 ($n = 91$, 26%), Labrador retrievers ($n = 49$, 14%), cocker spaniels ($n = 29$, 8%), springer
297 spaniels ($n = 15$, 4%) and golden retrievers ($n = 14$, 4%). There was significant correlation
298 between tMg and tCa ($\rho=0.275$, $P <0.001$) and between tMg and serum albumin
299 ($\rho=0.339$, $P <0.001$) in the healthy dog. There was no correlation between tMg and iCa (ρ
300 $= -0.094$, $P = 0.105$).

301 **tMg, IHC, tCa and albumin**

302 Of the 295 dogs with IHC, sixty-four (22%) ionised hypocalcaemic dogs had a tMg
303 concentration below the reference interval, 221 (75%) had a tMg concentration within the
304 reference range and ten dogs (3%) had IHC and hypermagnesaemia. The median age of dogs
305 with IHC and hypomagnesaemia was 7 years (range: 1 to 14 years). There were two entire
306 females (3%), 25 neutered females (39%), 7 entire males (10%) and 30 neutered males
307 (46%). The most common breeds with hypomagnesaemia and IHC were Labradors ($n = 9$),
308 cocker spaniel ($n = 6$) and labradoodle ($n = 4$).

309 Fifty-five out of 64 (86%) dogs had mild IHC, 7 (11%) dogs had moderate IHC and 2 (3%)
310 dogs had severe IHC. No significant correlation was found between tMg concentration and
311 iCa concentration ($\rho = -0.094$, $P = 0.105$). Serum tMg concentration was weakly positively
312 correlated with tCa concentration ($\rho = 0.275$, $P <0.001$) and with serum albumin
313 concentration ($\rho = 0.339$, $P = <0.001$). There were no statistical differences in serum

314 magnesium concentration between patients with mild, moderate and severe IHC (P = 0.279)
315 (Figure 1).

316

317

318 **Diagnostic categories**

319 Eighty-two (22%) IHC dogs were categorized with GI, 53 (18%) with NEO, 42 (14%) with
320 MIS, 35 (12%) with REN, 33 (11%) with IM, 20 (7%) with HEP, 19 (6%) with END and 11
321 (4%) with PAN (table 1). The Kruskal-Wallis test revealed a statistically significant
322 difference in median tMg concentration between the different disease groups (P = 0.002).
323 Specifically, the multiple pairwise comparisons using Dunn's test showed that serum
324 magnesium concentration was significantly higher in dogs with renal disease (median: 0.99,
325 range: 0.30-1.70 mmol/L) compared to those with endocrine diseases (median: 0.79, range:
326 0.45-1.12 mmol/L, P = 0.010) and gastrointestinal disease (median: 0.78, range: 0.25-1.66
327 mmol/L, P = 0.002] (Figure 2). The tMg concentration of all IHC dogs within each diagnostic
328 category are summarised in Table 1. There was no significant difference between the
329 prevalence of the IHC disease categories between the different Mg concentrations (P =
330 0.180). The number of dogs within each IHC diagnostic category remained statistically non-
331 significant even when hypomagnesaemia was compared to a combined normomagnesaemia
332 and hypermagnesaemia group (P = 0.671). The number of IHC dogs categorized as
333 gastrointestinal was numerically greater representing 38 % and 23 % of all IHC dogs with
334 hypomagnesaemia. Comparison of disease frequencies between dogs with hypomagnesaemia
335 and dogs with normo-, and hypermagnesaemia were not significant (P = 0.311).

Magnesium concentration	IHC Diagnostic category								
	Total	IM	END	GI	HEP	NEO	PAN	REN	MIS

Hypomagnesaemia	64	6	5	24	6	11	2	6	4
Normomagnesaemia	218	26	14	56	14	40	7	25	36
Hypermagnesaemia	13	1	0	2	0	2	2	4	2

336

337 **Table 1:** Number of IHC dogs with hypo-, normo- and hypermagnesaemia within each IHC

338 diagnostic category. IMM, immune mediated, END, endocrine disease; GI,

339 gastrointestinal/dietary disease; HEP, hepatic disease; PAN, pancreatitis; PHP, primary

340 hypoparathyroidism; REN, renal disease; MIS, miscellaneous causes.

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358 **Discussion**

359 This study reports the prevalence of tMg abnormalities in a large population of dogs with
360 IHC. We found that 22 % of dogs with IHC were hypomagnesaemic. This study documented
361 that there was a significant difference in serum tMg concentration between IHC disease
362 categories. Results of this study found no significant difference between the prevalence of
363 hypo-, normo- and hypermagnesemia between different IHC disease categories. Furthermore,
364 tMg concentrations did not differ significantly between IHC severity groups.

365

366 Although tMg's role in contributing to IHC has been postulated in veterinary patients, this is
367 the first study to assess the relationship between tMg and iCa in a large number of IHC dogs.
368 Our study did not find a relationship between tMg and severity of IHC despite both moderate
369 and severe IHC being combined for statistical appraisal.

370

371 Results of our study agree with a previous canine experimental study (32), providing
372 corroborating clinical evidence that roughly one fifth of IHC dogs are hypomagnesaemic.
373 The results are consistent with findings in humans with IHC where 2 - 65 % of patients are
374 likely to be hypomagnesaemic (33).

375

376 In our study, the most common disease grouping of dogs with hypomagnesaemic and IHC
377 was gastrointestinal diseases. Ionised hypocalcaemia is a well-recognised complication of
378 gastrointestinal disease, particularly in dogs with a protein losing enteropathies (PLE)(34–
379 37). Hypomagnesaemia has also been documented in conjunction with IHC in canine PLE.
380 Future studies investigating the relationship of calcium, albumin and magnesium in different
381 gastrointestinal conditions are warranted.

382

383 Results showed that over a third of dogs with IHC had a total calcium within the reference
384 interval. Discrepancies between total calcium and ionised calcium have been reported in both
385 human and veterinary literature (27,38–40). A previous study documented that approximately
386 one third of dogs with ionised hypercalcaemia had a total calcium within the reference
387 interval (27). Results of this paper highlight the value of measuring both total and ionised
388 calcium when assessing calcium homeostasis in ill dogs.

389

390 The measurement of total magnesium was a major limitation of this study. Extracellular
391 magnesium represents only 1% of total body magnesium. Ionised magnesium represents 55 –
392 70% of extracellular magnesium and is considered to be the most biologically active
393 constituent (10). Measurement of total serum magnesium does not adequately correlate with
394 whole body magnesium levels because as in human patients only 0.3% of total body
395 magnesium is contained in serum(41). The correlation between iMg and tMg is highly
396 variable in human studies, affected not only by the underlying disease process but also the
397 degree of hypoalbuminaemia (42–44). Similarly this measurement does not predict the
398 intracellular magnesium level, which is responsible for vital cellular reactions (45).

399

400 In summary, this study demonstrated that 22% of IHC dogs were hypomagnesaemic. The
401 most common disease causing concurrent IHC and hypomagnesaemia was gastrointestinal
402 disease. Further studies are required to explore the impact of treating hypomagnesaemia on
403 calcium homeostasis in dogs with IHC.

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