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1           **Can dynamic imaging, using 18F-FDG PET/CT and CT perfusion**  
2           **differentiate between benign and malignant pulmonary nodules?**

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12

13           **Introduction**

14 Pulmonary nodules are detected with increasing frequency due to widespread  
15 use of computed tomography (CT).<sup>1,2</sup> The prevalence of incidental pulmonary  
16 nodules on standard CT studies is around 13%, while lung cancer screening  
17 will detect lung nodules in up to 53% of subjects, leading to a lung cancer  
18 prevalence of around 1.4% (0.5–2.7%).<sup>3</sup> The optimal diagnostic approach for  
19 the management of indeterminate pulmonary nodules has been the subject of  
20 much discussion.<sup>4</sup>

21

22 The widely accepted guidelines published by the British Thoracic Society  
23 (BTS) and the Fleischner Society recommend the minimum nodule diameter

24 thresholds and CT follow-up time intervals for surveillance of solitary nodules  
25 smaller than 8 mm.<sup>3,5</sup> For nodules of  $\geq 8$  mm (300 mm<sup>3</sup>), the BTS guidelines  
26 recommend risk assessment using the Brock model. The above guidelines  
27 recommend either 3-month CT follow-up, work-up with positron emission  
28 tomography (PET) with 2-deoxy-2-[fluorine-18]fluoro-D-glucose (<sup>18</sup>F-FDG),  
29 tissue sampling, or resection for nodules of  $\geq 8$ mm. CT characterisation using  
30 only morphological features is imprecise,<sup>6,7</sup> leading to an increased interest in  
31 computer-based radiomics assessment.<sup>8-15</sup> Serial CT imaging to monitor  
32 nodule size can be problematic as nodule growth varies with different cancers  
33 and causes patient anxiety.<sup>16-18</sup> <sup>18</sup>F-FDG PET has high sensitivity but lower  
34 specificity of 82% for detecting malignant pulmonary nodules, particularly in  
35 those smaller than 10 mm.<sup>19</sup> Imaging guided sampling of small nodules is also  
36 difficult, is associated with complications, and its diagnostic yield decreases  
37 further as nodule size decreases.<sup>3,20,21</sup>

38

39 Neovascularisation is a complex process known to be central to  
40 carcinogenesis.<sup>22</sup> Advances in the imaging technology in the last two decades  
41 have enabled the study of perfusion characteristics within pulmonary  
42 nodules.<sup>23-27</sup> As benign and malignant lesions have different vascularity,  
43 different perfusion parameters and dynamic <sup>18</sup>F-FDG uptake properties can  
44 be expected.<sup>27-32</sup>

45

46 The purpose of this pilot study was to evaluate the feasibility and accuracy of  
47 CT perfusion and dynamic <sup>18</sup>F-FDG PET imaging in differentiating proven  
48 benign and malignant pulmonary nodules.

49 **Materials and methods**

50 This single-centre prospective study was approved by the local Research  
51 Ethics Committee (13/SS/0153) and written informed consent was obtained  
52 from all participants.

53

54 Between December 2014 and December 2015, 20 consecutive patients who  
55 were referred to our respiratory outpatient clinic for an indeterminate  
56 incidental pulmonary nodule were recruited. The inclusion criteria were: a)  
57 incidentally detected soft tissue (solid) pulmonary nodules measuring  $\geq 8$  mm  
58 and  $< 30$  mm on CT, b) either surgical excision, imaging guided biopsy or  
59 imaging follow up of the nodule planned. The exclusion criteria were: a)  
60 abnormal renal function, b) previous adverse reaction to iodinated contrast  
61 agent, c) known history of malignancy, d) pregnancy or breast feeding, e)  
62 patients who refused or were unable to provide informed consent.

63

64 The patients underwent a dynamic  $^{18}\text{F}$ -FDG PET/CT and dynamic perfusion  
65 CT imaging within a 3 week time frame (mean, 6.4 days: range 1–18 days).  
66 Due to technical reasons, the dynamic PET data could not be used in 4  
67 patients for the analysis, one of these patients had two synchronous nodules.  
68 CT perfusion analysis was performed in 17 of the nodules. One patient  
69 declined the CT perfusion scan and 3 patients had significant breathing  
70 artefact on the scans, rendering analysis non-feasible. All nodules were  
71 classified into either benign or malignant on the basis of a histopathological  
72 diagnosis (n=16), or stability during 2 years follow up CT imaging (n=5).

73

74 *Dynamic PET/CT image acquisition:*

75 All patients were fasted for at least six hours before the imaging. Following a  
76 low dose CT scan for attenuation correction and localisation (120 kV, 50 mAs,  
77 5/3 mm), patients were administered 400 MBq of <sup>18</sup>F-FDG intravenously, and  
78 a dynamic 60 minute image acquisition was performed using a Siemens  
79 Biograph PET/CT scanner (Siemens Healthcare, Erlangen, Germany).  
80 Respiratory-gated PET data were reconstructed using a 15-frame protocol (7  
81 frames×180 s, 7×300 s, 1×240 s), a matrix size of 256×256×53 with a voxel  
82 size of 2.65×2.65×3.00 mm<sup>3</sup>, and subsets expectation maximization (OSEM)  
83 method. A conventional PET/CT scan was performed on completion of the  
84 dynamic phase of the scan at 1 hour after injection of the tracer.

85

86 *Perfusion volume CT acquisition:*

87 Dynamic perfusion CT scans were performed as previously described<sup>25,28,33,34</sup>  
88 on a 320-detector row CT scanner (Aquilion ONE; Toshiba Medical Systems,  
89 Tokyo, Japan) with 16 cm field of view coverage. Imaging was performed at 0,  
90 2, 4, 6, 8, 10, 12, 14, 16, 18, 20, 24, 30, 40, 50, 60, 90, 120 seconds, 3  
91 minutes, 4 minutes, and 10 minutes following the intravenous injection of 70  
92 ml of iodinated contrast (Iomeron 400 mg/ml, Bracco, Milan, Italy) followed by  
93 a 30 ml bolus of saline both at 9 ml/s through a 16 G cannula sited in the ante  
94 cubital fossa. Acquisition parameters were 100 kV, 100 mA, 0.5 seconds  
95 rotation time, 320 x 0.5 mm collimation, 512 x 512 matrix.

96

97 *Image Analysis:*

98 Dynamic PET/CT:

99 Reconstructed images were imported into PMOD 3.409 software (PMOD  
100 Technologies, Zurich, Switzerland) and the input function was determined by  
101 placing a spherical volume of interest (VOI) with diameter of 1 cm in the  
102 ascending aorta. VOIs were drawn around the pulmonary nodules semi-  
103 automatically with a threshold of 50% of the maximum voxel value within the  
104 nodule, and then the VOIs were copied to the dynamic imaging sequence to  
105 obtain the time activity curves (TACs) (Figure 1). The influx constant  $K_i$  ( $\text{min}^{-1}$   
106 or  $(\text{ml plasma}) \cdot (\text{ml tissue})^{-1} \cdot \text{min}^{-1}$ ) was determined by Patlak analysis.<sup>35</sup> The  
107 Patlak plot model is a graphical analysis technique based on a 2-tissue  
108 compartment model with irreversibly trapped tracer. A mathematical  
109 transformation of the tissue compartment and plasma TACs produces a  
110 straight line plot which provides information about the blood volume (BV) of  
111 the tissue compartment and the exchange rate ( $K_i$ ) (Figure 2).

112

113 Conventional PET/CT scan:

114 The maximum standardised uptake value ( $\text{SUV}_{\text{max}}$ ) was measured for each  
115 nodule on conventional FDG PET/CT images. For the semi-quantitative  
116 analysis, the mean standardised uptake values ( $\text{SUV}_{\text{mean}}$ ) were measured of  
117 the ascending aorta at the level of the arch, and within the right lobe of the  
118 liver. SUV ratios (SUR) were calculated between the nodule  $\text{SUV}_{\text{max}}$ , and the  
119  $\text{SUV}_{\text{mean}}$  of the mediastinal blood pool ( $\text{SUR}_{\text{BLOOD}}$ ) and liver  
120 ( $\text{SUR}_{\text{LIVER}}$ ). Criteria for malignancy were specified as  $\text{SUV}_{\text{max}} \geq 2.5$ ;  $\text{SUR}_{\text{BLOOD}}$   
121  $\geq 1.56$ ;  $\text{SUR}_{\text{LIVER}} \geq 1.12$ . Qualitative assessment PET features were specified  
122 as following: 0 = no visible uptake; 1 = uptake less than mediastinal blood  
123 pool; 2 = uptake comparable to mediastinal blood pool; 3 = uptake greater

124 than mediastinal blood pool; 4 = distant metastases. Qualitative specified  
125 criteria for malignancy was PET grade  $\geq 3$ .<sup>36,37</sup> Volumes of interest (VOIs)  
126 were placed over the nodules, the ascending aorta at the level of the arch,  
127 and within the right lobe of the liver for determination of the  $SUV_{mean}$  and  
128  $SUV_{max}$  values using OsiriX software (OsiriX, version 8.0.1 64 bit; OsiriX  
129 Imaging Software, Geneva, Switzerland).

130

131 Perfusion CT:

132 Perfusion analysis was performed using Body Perfusion Application on a  
133 Vitrea Workstation (Vitrea fX 6.0; Vital Images, Minnetonka, MN, USA).  
134 Regions of interest (ROIs) were placed over the pulmonary nodules and  
135 contralateral lung parenchyma (diameter range, 7–29 mm) on all perfusion CT  
136 images. Arterial input was determined by placing 1 cm ROI over the main  
137 pulmonary artery. Time-density graphs were then reviewed and adjustments  
138 to start point and end point of the maximum slope were made if needed to  
139 define the optimal slope range. Arterial flow perfusion maps overlaying CT  
140 images were visually analysed and ROIs were placed over the nodules to  
141 obtain the equivalent blood volume parameter calculated by Patlak plot model  
142 (BV, expressed in ml per 100 ml) and Arterial Flow (AF, expressed in ml per  
143 100g per minute) using single-input maximum slope model for calculation.

144

145 *Statistical Analysis:*

146 All results were expressed as mean  $\pm$  standard deviation (SD) unless  
147 indicated.  $K_i$  and perfusion indices BV and AF of benign and malignant  
148 nodules were statistically compared using the nonparametric Mann-Whitney U

149 test. The accuracy of the different techniques and parameters was tested with  
150 area under the curve (AUC) in receiver operating characteristic (ROC)  
151 analysis with 95% confidence interval (CI). Comparison between the ROCs  
152 was performed using DeLong's test. Youden index analysis was used to derive  
153 the optimised cut-point values. Mann-Whitney U test and ROC curve analyses  
154 were performed on GraphPad Prism version 8.2.1 for Windows (GraphPad  
155 Software, San Diego, CA, USA). Youden index analysis and nonparametric  
156 DeLong's test were performed on MedCalc Statistical Software version 19.8  
157 (MedCalc Software Ltd, Ostend, Belgium; <https://www.medcalc.org>; 2021). A  
158 p value < 0.05 was considered statistically significant.



159 **Results**

160 The demographic data, average nodule size,  $SUV_{max}$ , metabolic parameter  
161 relating to the pulmonary nodules through dynamic  $^{18}F$ -FDG PET/CT, and  
162 perfusion parameters through perfusion CT for the benign and malignant  
163 nodules are summarised in Table 1 and Fig 3. We analysed 21 soft tissue  
164 nodules in 20 patients (male/female=11/9; mean age $\pm$ SD: 65.3 $\pm$ 7.4; age  
165 range: 50–76 years) with mean nodule diameter $\pm$ SD of 20.1 $\pm$ 7.5 mm (9–29  
166 mm); mean nodule volume $\pm$ SD: 2849 $\pm$ 2338.7 mm<sup>3</sup> (247–9348 mm<sup>3</sup>). 52% of  
167 the nodules were located in the upper lung lobes (right upper lobe 7/21, left  
168 upper lobe 4/21), 48% were in middle and lower lung lobes (right middle lobe  
169 2/21, right lower lobe 6/21 and left lower lobe 2/21). Final diagnosis was  
170 determined after surgical resection in 10 patients, core CT guided biopsy or  
171 bronchoscopy in 6 patients, and over 2 years stability on follow up CT imaging  
172 in 5 patients.

173 As shown in Table 1 and Fig 3,  $SUV_{max}$  derived from the conventional  $^{18}F$ -  
174 FDG PET/CT and  $K_i$  derived from dynamic  $^{18}F$ -FDG PET/CT were  
175 significantly higher in malignant nodules than in benign nodules. Also, the  
176 Patlak model derived BV on perfusion CT was significantly higher in malignant  
177 nodules. The difference in AF between the benign nodules and malignant  
178 nodules was not statistically significant.

179 The benign outlier on  $^{18}F$ -FDG PET/CT ( $SUV_{max}$ =6.3) and dynamic  $^{18}F$ -FDG  
180 PET/CT ( $K_i$ =0.0179 min<sup>-1</sup>) was an 18 mm nodule of inflammation and fibrosis  
181 (Fig 3 (a) and (b)). The perfusion CT indices BV and AF in this nodule were  
182 relatively low, 3.8 ml/100ml and 51.5 ml/100g/min, respectively (Fig 3 (c) and

183 (d)). The two malignant outliers on conventional  $^{18}\text{F}$ -FDG PET/CT and  
184 dynamic  $^{18}\text{F}$ -FDG PET/CT were 12 mm and 16 mm mucinous  
185 adenocarcinomas *in situ* (12 mm nodule with  $\text{SUV}_{\text{max}}=0.7$  and  $K_i=0.0015 \text{ min}^{-1}$   
186 (BV and AF analysis non-feasible due to respiratory motion artefact); 16 mm  
187 nodule with  $\text{SUV}_{\text{max}}=1.0$ ,  $K_i=0.0033 \text{ min}^{-1}$ ,  $\text{BV}=48.8 \text{ ml}/100\text{ml}$  and  $\text{AF}=154.1$   
188  $\text{ml}/100\text{g}/\text{min}$ ) (Fig 3 (a) and (b)). The mean CT densities of these two nodules  
189 on unenhanced CT images were 16.3HU and 15.9HU, while the mean density  
190  $\pm$  SD of all benign and malignant nodules analysed was  $24.55 \pm 12.01$  HU. The  
191 benign outlier in AF on perfusion CT was a 10 mm perivascular epithelioid cell  
192 tumour (PEComa),  $\text{AF}=272.7 \text{ ml}/100\text{g}/\text{min}$  (Fig 3 (d)). The BV in this nodule  
193 was  $20.5 \text{ ml}/100\text{ml}$ , the  $^{18}\text{F}$ -FDG PET/CT indices were low,  $\text{SUV}_{\text{max}}=0.7$  and  
194 the  $K_i=0.001 \text{ min}^{-1}$ .

195 Table 2 and Figure 4(a) show diagnostic accuracy of conventional PET/CT  
196 derived parameters with pre-specified and derived cut-point values though  
197 ROC analysis.<sup>36,37</sup>  $\text{SUR}_{\text{BLOOD}}$  parameter had overall highest accuracy,  
198 however, pairwise comparison of AUCs showed no significant difference ( $p =$   
199  $0.5308$  vs  $\text{SUV}_{\text{max}}$ ;  $p = 1.0000$  vs  $\text{SUR}_{\text{LIVER}}$ ;  $p = 0.1083$  vs PET grade). ROC  
200 analysis and diagnostic accuracy for the diagnosis of malignancy by dynamic  
201  $^{18}\text{F}$ -FDG PET/CT parameter  $K_i$ , and perfusion CT indices BV and AF  
202 compared to  $\text{SUR}_{\text{BLOOD}}$  are further detailed in Table 2 and Figure 4(b).  
203 Pairwise comparison of AUCs of  $\text{SUR}_{\text{BLOOD}}$ ,  $K_i$ , BV and AF showed no  
204 significant difference in their diagnostic performances ( $p > 0.1$  for all  
205 comparisons).

206

207 **Discussion**

208 Our results demonstrate that the metabolic parameter  $K_i$  of dynamic  $^{18}\text{F}$ -FDG  
209 PET/CT and the BV parameter of perfusion CT are significantly lower in  
210 benign nodules.

211 Our study showed that the diagnostic accuracy of the conventional  $^{18}\text{F}$ -FDG  
212 PET/CT was best when semi-quantitative assessment and measuring the  
213 uptake ratio of the lung nodule to the mediastinal blood pool with cut-point  
214 criteria for malignancy  $\text{SUR}_{\text{BLOOD}} \geq 1.56$  was used. This has been confirmed in  
215 a larger multicenter trial by Evangelista *et al.*<sup>36</sup> Different to the SPUTNIK trial  
216 which has shown  $\text{SUV}_{\text{max}}$  to be the most accurate and reproducible technique  
217 with a caveat of introducing additional cut-point values altered according to  
218 the nodule size, we did not see significant improvement in diagnostic  
219 accuracy when replicating the multiple cut-points in our group of nodules (see  
220 \* in Table 2).<sup>37</sup>

221 The accuracies of the new metabolic parameter  $K_i$  and perfusion parameter  
222 BV were not significantly different to the conventional  $^{18}\text{F}$ -FDG PET/CT. The  
223 derived  $K_i$  cut-point for malignancy was  $\geq 0.01 \text{ min}^{-1}$  resulting in  
224 sensitivity/specificity/accuracy of 77.8%/85.7%/81.3%, respectively. This is in  
225 good agreement with  $K_i$  cut-point  $\geq 0.014 \text{ min}^{-1}$  reported in the study by Huang  
226 *et al.* (n=35).<sup>26</sup> The derived BV cut-point value of  $\geq 21 \text{ ml}/100\text{ml}$  for malignancy  
227 showed comparable diagnostic accuracy to conventional and dynamic  $^{18}\text{F}$ -  
228 FDG PET/CT parameters. The high specificity of BV demonstrated in our  
229 nodules would need to be confirmed in larger studies.

230 The benign outlier on dynamic  $^{18}\text{F}$ -FDG PET/CT with a high  $K_i$  parameter  
231 histopathologically represented inflammation (Fig 3 (b)). Higher metabolic  
232 activity is not only a feature of malignant cells, it can be observed in  
233 inflammatory nodules due to increased glucose metabolism in granulocytes  
234 and macrophages in a range of diseases, including fungal and necrobiotic  
235 rheumatoid nodules, sarcoidosis, tuberculosis, and other granulomas.<sup>38,39</sup>  
236 Dual time PET/CT did not prove to be useful for differentiating benign and  
237 malignant pulmonary nodules with an  $\text{SUV}_{\text{max}}$  less than 2.5 in regions with  
238 high prevalence of granulomatous disease.<sup>40,41</sup> Huang *et al.* showed that  
239 dynamic  $^{18}\text{F}$ -FDG PET/CT is valuable in differentiating benign from malignant  
240 pulmonary nodules with the potential to differentiate malignant from  
241 granulomatous disease.<sup>26</sup> Our study showed limited diagnostic accuracy of  
242 the dynamic  $^{18}\text{F}$ -FDG PET/CT in assessing inflammatory nodules.

243 The malignant outliers on dynamic  $^{18}\text{F}$ -FDG PET/CT with low  $K_i$  parameters  
244 were histopathologically mucinous adenocarcinoma *in situ*. Other malignant  
245 nodules in which low metabolic activity can be measured on  $^{18}\text{F}$ -FDG PET/CT  
246 are minimally invasive adenocarcinoma, carcinoid, and lung lymphoma.<sup>38,42</sup>  
247 Another important finding was that both malignant nodules with low metabolic  
248 activity were of lower CT density analysed on the initial perfusion CT images  
249 but also appreciable on low-dose CT scan of PET/CT examination. Further  
250 studies on low density lung nodules are needed for evaluation of using lower  
251 cut-point values for malignancy in conventional and dynamic PET/CT.  
252 Malignant lung nodules with low CT density and measuring less than 1 cm are  
253 known to have low metabolic activity on conventional  $^{18}\text{F}$ -FDG PET/CT.<sup>43,44</sup>  
254 Berger *et al.* have reported up to 41% of lung lesions to be false-negative on

255 conventional  $^{18}\text{F}$ -FDG PET/CT in analysis of 25 mucinous, hypocellular lung  
256 lesions (3/9 false negative lesions were  $\leq 2$  cm, range, 1–5 cm).<sup>45</sup> Our study  
257 showed a limited diagnostic accuracy of the dynamic  $^{18}\text{F}$ -FDG PET/CT in  
258 assessing low density malignant pulmonary nodules with  $K_i$  cut-point set at  
259  $0.01 \text{ min}^{-1}$ .

260 Dynamic enhancement CT studies help identify false positive results in both  
261 inflammatory and infective conditions, and sometimes in benign vascular  
262 tumours.<sup>46,47</sup> The perfusion CT parameters for the inflammatory nodule in our  
263 study were low and indicative of a benign lesion despite high metabolic  
264 activity on  $^{18}\text{F}$ -FDG PET/CT. We have shown that the parameters of perfusion  
265 CT of both malignant nodules with low metabolic activity were higher than the  
266 BV and AF in benign nodules. Therefore, our findings indicate parameters of  
267 perfusion CT may aid in the identification of benign nodules with high glucose  
268 metabolic activity and in the identification of malignant nodules with low  
269 glucose metabolic activity. Ohno *et al.* have shown that perfusion CT is more  
270 specific and accurate than conventional  $^{18}\text{F}$ -FDG PET/CT.<sup>24,29</sup> Our study on a  
271 small sample of cases suggests that perfusion CT also performs better than  
272 dynamic  $^{18}\text{F}$ -FDG PET/CT.

273 The AF parameter of the perfusion CT obtained by the maximum slope  
274 method was not significantly different between benign and malignant nodules.  
275 Benign nodules had a lower AF parameter value than malignant nodules  
276 overall with one significant benign outlier with markedly high AF.  
277 Histopathologically, this represented an extremely rare 'light cell' or 'sugar  
278 type' PEComa. There are only about 50 cases of this neoplasm described in

279 the literature.<sup>48,49</sup> PEComas are more commonly found as angiomyolipomas  
280 in the kidneys, or as lesions in the retroperitoneal space, gastrointestinal tract,  
281 or uterus. Only 7 cases of malignant pulmonary PEComa have been reported  
282 <sup>50</sup>. A case report of a benign pulmonary PEComa showing early wash-in  
283 enhancement with an early washout pattern of a malignant lesion on perfusion  
284 CT has been reported by Kim *et al.*<sup>51</sup> Despite a markedly high AF, the  
285 PEComa had a BV just under the cut-point value for malignancy and a low  
286 metabolic parameter  $K_i$  of dynamic <sup>18</sup>F-FDG PET/CT. The BV parameter in  
287 combination with low  $K_i$  parameter proved to be more reliable for defining this  
288 extremely rare histological type of a pulmonary nodule.

289 Our study has limitations. This pilot study was performed in a small sample of  
290 patients and appropriately powered studies will be required for further  
291 validation. The mean nodule size was 18 mm for benign and 22 mm for  
292 malignant nodules, which would not normally be referred for imaging follow-  
293 up. The BTS and Fleischner Society recommended lower thresholds for  
294 nodule follow up (5mm and 6mm, respectively). More novel reconstruction  
295 methods in PET/CT such as specific point spread function (PSF) are enabling  
296 better spatial resolution and enable its use in 6 mm pulmonary nodules.<sup>52</sup>

297 Perfusion CT is quite demanding on patients with a prolonged breath-hold,  
298 which limits the availability of reliable data in some patients. All 3 nodules in  
299 which analysis was non-feasible due to the significant breathing artefact were  
300 near the diaphragm (2 in the right lower lobe and 1 in the right middle lobe).  
301 Segmentation of the pulmonary nodules on image analysis is restricted when  
302 the images were affected by respiratory motion artefact, especially in small

303 nodules which were also abutting the chest wall or mediastinal structures.  
304 Some authors recommend quiet breathing during the perfusion CT scans but  
305 this is only acceptable in larger lung masses.<sup>53</sup> There is a need for further  
306 optimisation of nodule segmentation and advanced image registration  
307 techniques that allow accurate assessment of pulmonary nodules without  
308 need for long breath-hold.<sup>23,54</sup> The effective radiation dose for dynamic <sup>18</sup>F-  
309 FDG PET/CT was around 8 mSv and for perfusion CT around 20 mSv. The  
310 radiation dose for perfusion CT can be improved by reducing the field of view  
311 from 16 cm to the nodule only and reducing tube voltage in smaller size  
312 patients.<sup>55</sup>

313 Potential increase in the demand for these not widely available novel dynamic  
314 imaging studies would consequently put additional strain on the imaging  
315 departments with increased demand for scanner time, funding and training of  
316 the staff. Limited capacity for a wider use of the dynamic imaging in lung  
317 nodules could be overcome by developing systems of identification of nodules  
318 with highest diagnostic benefit from dynamic imaging. A multicentre  
319 prospective cohort observational study initiated in 2016 is set to assess the  
320 performance and the cost-effectiveness of the dynamic CT and PET/CT in the  
321 characterisation of solitary pulmonary nodules.<sup>56</sup>

322 The small sample size limits the assessments of accuracy in our study.  
323 However, on this small sample we showed increase diagnostic improvement  
324 in the accuracy of diagnosis in both dynamic studies when compared to the  
325 conventional <sup>18</sup>F-FDG PET/CT. Specificity in  $K_i$  and BV on our small sample

326 size were higher at the estimated threshold values of  $0.01 \text{ min}^{-1}$  and 21  
327 ml/100ml, respectively. This would need to be confirmed in larger studies.

328 Early identification of a lung nodule as benign or malignant by analysing its  
329 metabolic and perfusion parameters could reduce the need for CT to monitor  
330 lung nodule size, thereby reducing the number of CT scans required. It could  
331 also reduce the need for CT guided biopsy or other invasive procedures.  
332 Patients with malignant lung nodules could thus be identified more quickly and  
333 referred for radical treatment. With our study, we have demonstrated the  
334 potential of perfusion CT. The BV parameter assessed by perfusion CT was  
335 not only significantly lower in benign nodules, it also aided in correctly  
336 characterising the metabolically active inflammation, hypervascular benign  
337 PEComa and low density malignancy.

338 In conclusion, this study demonstrated the feasibility of dynamic  $^{18}\text{F}$ -FDG  
339 PET/CT and CT perfusion studies in differentiating benign and malignant  
340 pulmonary nodules. The dynamic  $^{18}\text{F}$ -FDG PET/CT and perfusion CT derived  
341 blood volume can assist to differentiate benign and malignant lung nodules  
342 and in indeterminate cases, a combined approach can be helpful.



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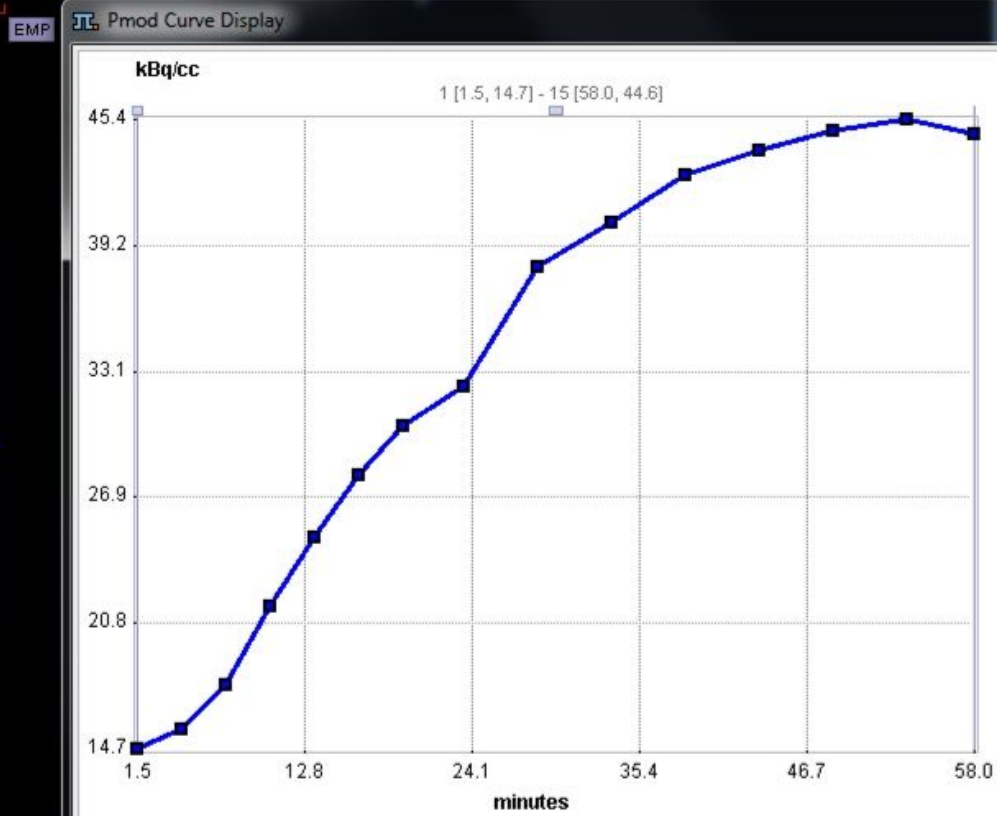
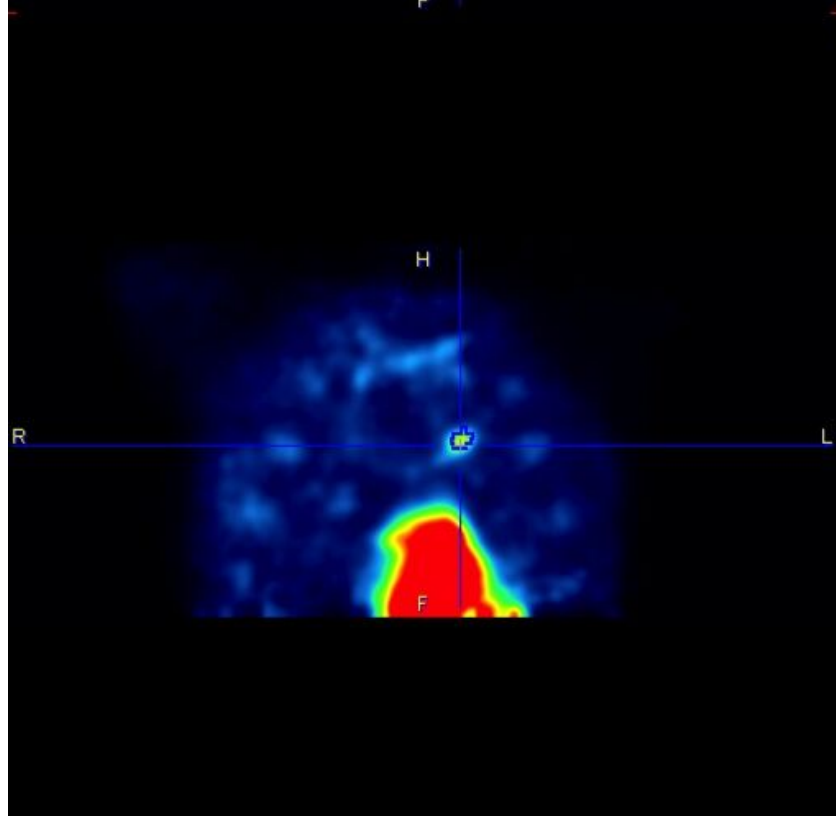
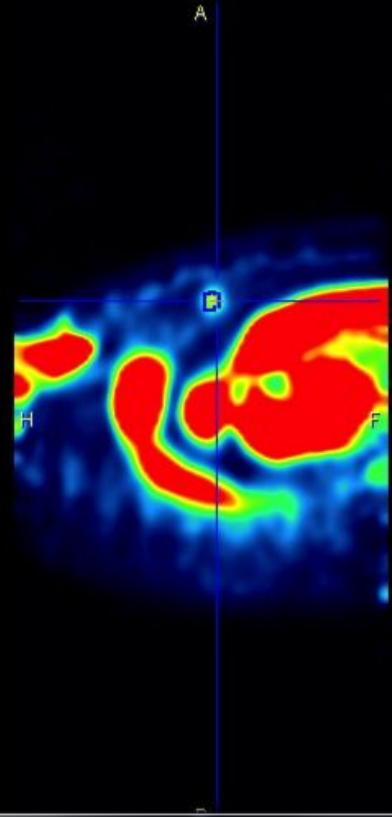
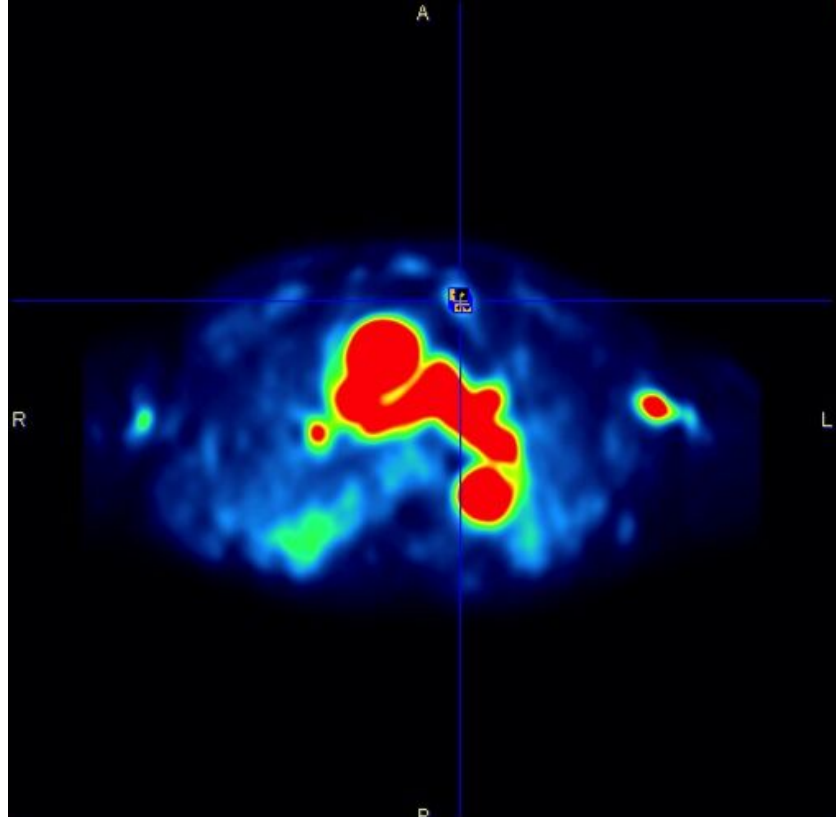
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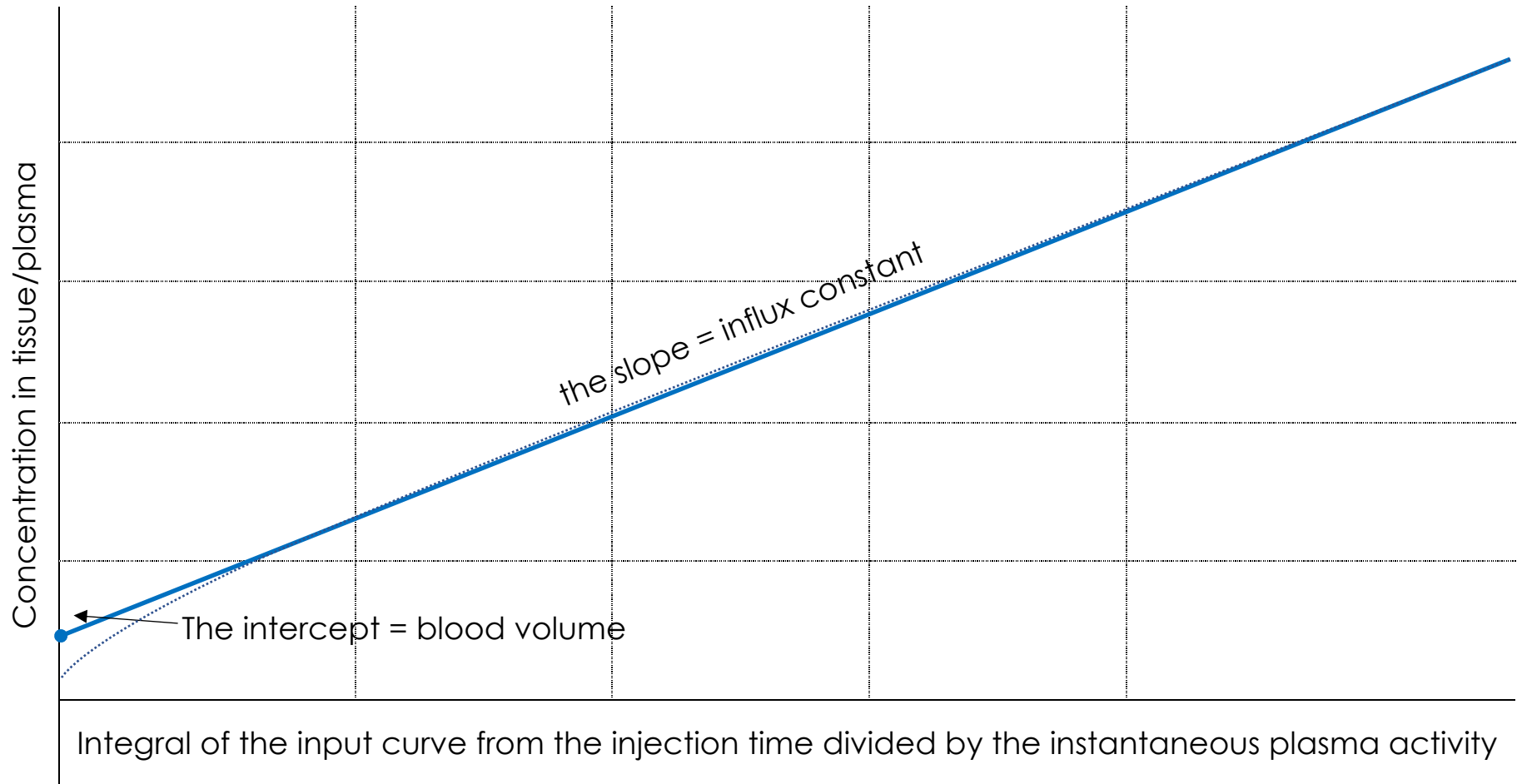
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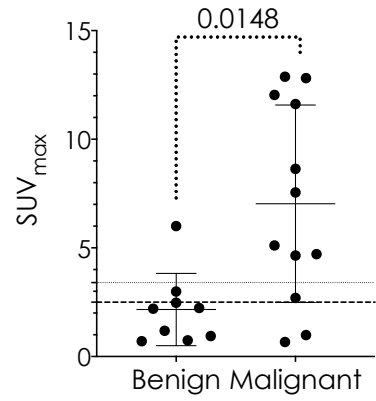
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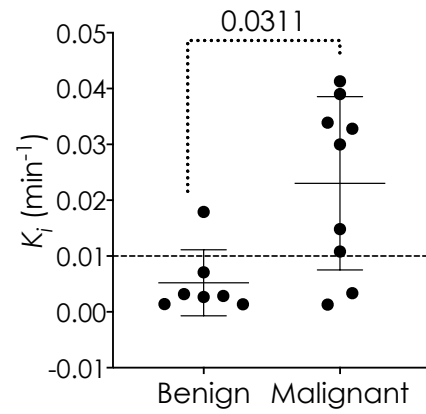


$^{18}\text{F}$ -FDG PET/CT  
 $\text{SUV}_{\text{max}}$



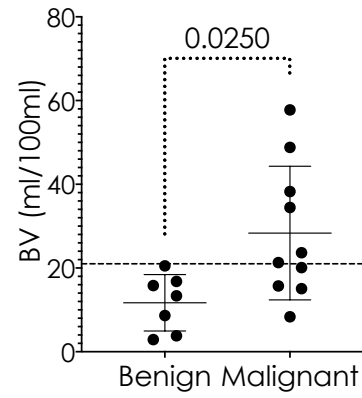
(a)

Dynamic  $^{18}\text{F}$ -FDG PET/CT  
 $K_i$



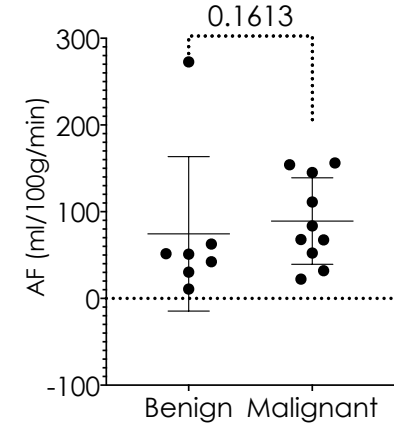
(b)

Perfusion CT  
BV

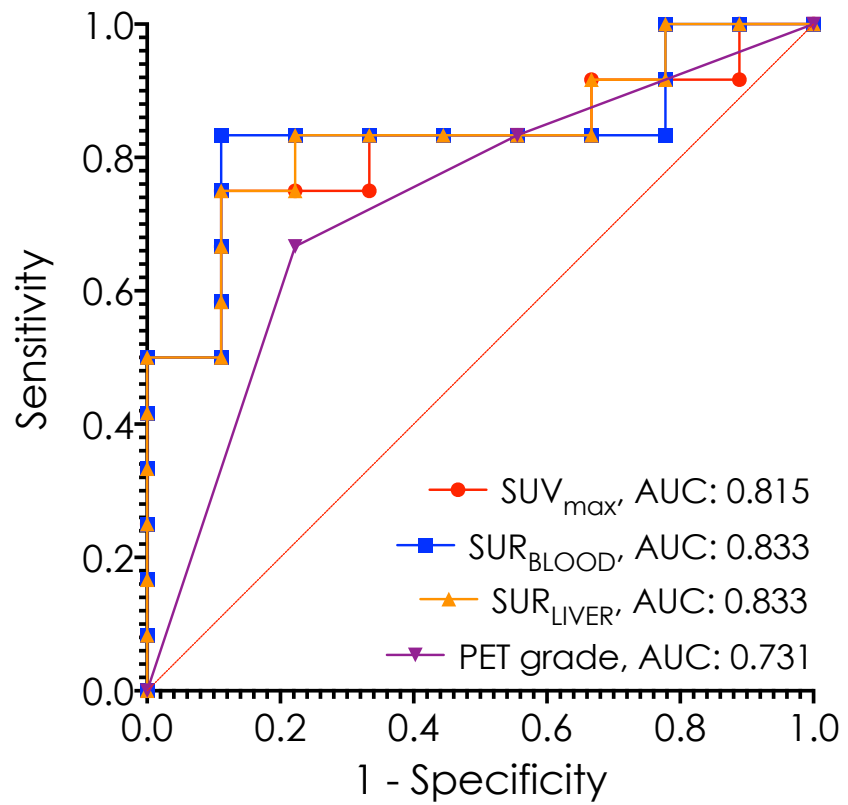


(c)

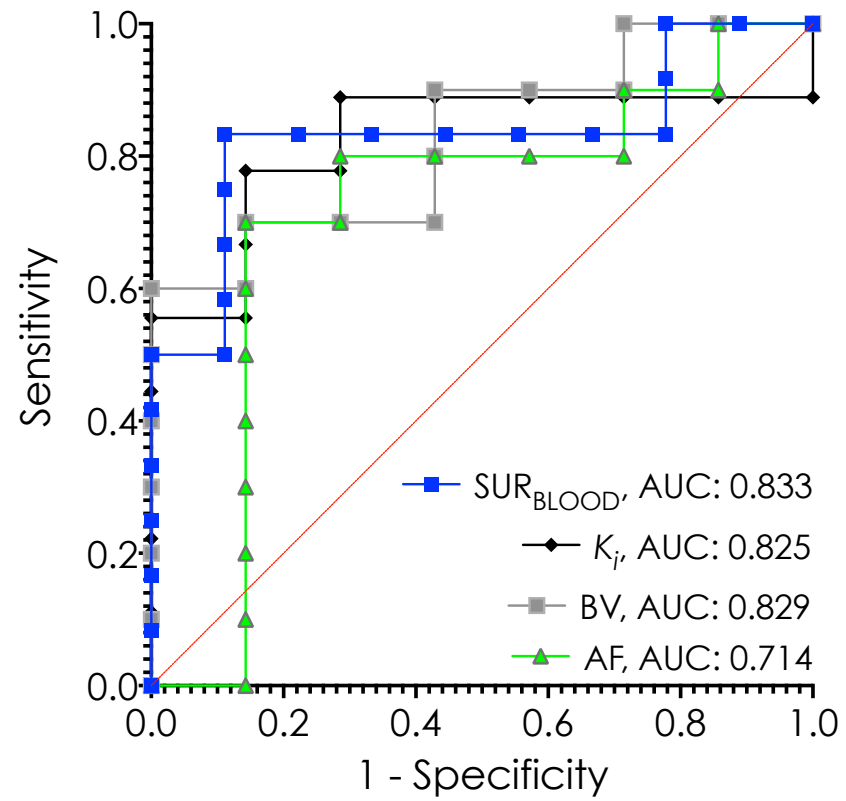
Perfusion CT  
AF



(d)



(a)



(b)

**TABLE 1.** The demographic data, average nodule size,  $SUV_{max}$ , metabolic parameter relating to the pulmonary nodules through dynamic  $^{18}F$ -FDG PET/CT, and perfusion parameters through perfusion CT for the benign and malignant nodules.

	Benign Nodules	Malignant Nodules	p value
Total Number of nodules	9	12	
Number of male patients (%)	5/9 (55 %)	6/12 (50 %)	
Average patient age (years $\pm$ SD)	63 $\pm$ 7.5	68 $\pm$ 6.7	
Average nodule size, Range (mm)	18, 9–29	22, 12–30	
Average $SUV_{max}$ $^{18}F$ -FDG PET/CT $\pm$ SD	2.2 $\pm$ 1.7	7.0 $\pm$ 4.5	0.0148
Number of nodules analysed for dynamic $^{18}F$ -FDG PET/CT	7	9	
Average $K_i \pm$ SD ( $min^{-1}$ )	0.0057 $\pm$ 0.0071	0.0230 $\pm$ 0.0155	0.0311
Number of nodules analysed for perfusion CT parameters	7	10	
Average BV $\pm$ SD (Patlak, ml/100ml)	11.6857 $\pm$ 6.7347	28.3400 $\pm$ 15.9672	0.0250
Average AF $\pm$ SD (ml/100g/min)	74.4571 $\pm$ 89.0321	89.2000 $\pm$ 49.8883	0.1613

**TABLE 2.** Comparison of the diagnostic accuracy of different techniques and parameters with pre-specified and derived cut-point values for malignancy.

Parameter	Cut-point value/grade		Sensitivity (95% CI)	Specificity (95% CI)	Accuracy
SUV <sub>max</sub>	Pre-specified	≥2.5*	75.0% (46.8 to 91.1%)	66.7% (35.4 to 87.9%)	71.4%
	Derived	≥3.4	75.0% (46.8 to 91.1%)	88.9% (56.5 to 99.43%)	81.0%
SUR <sub>BLOOD</sub>	Pre-specified	≥1.56	83.3% (55.2 to 97.0%)	88.9% (56.5 to 99.4%)	85.7%
	Derived				
SUR <sub>LIVER</sub>	Pre-specified	≥1.12	83.3% (55.2 to 97.0%)	66.7% (35.4 to 87.9%)	76.2%
	Derived	≥1.65	75% (46.8 to 91.1%)	88.9% (56.5 to 99.4%)	81.0%
SUV grade	Pre-specified & Derived	≥3	66.7% (39.0 to 86.2%)	77.8% (45.3 to 96.0%)	71.4%
K <sub>i</sub>	Derived	≥0.01 min <sup>-1</sup>	77.8% (45.2 to 96.0%)	85.7% (48.7 to 99.3%)	81.3%
BV	Derived	≥21 ml/100ml	70% (39.7 to 89.2%)	100% (64.6 to 100%)	82.4%
AF	Derived	≥65 ml/100g/min	70% (39.7 to 89.2%)	85.7% (48.7 to 99.3%)	76.5%

\* adding cut-points SUV<sub>max</sub> ≥1.75 and ≥3.6 for nodules <12 mm and >16 mm, respectively,<sup>37</sup> resulted in sensitivity, specificity and accuracy of 72.7%, 70.0% and 71.4%, respectively.