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Social behaviour and impairments in social cognition following traumatic brain injury.

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ABSTRACT

Objectives: The negative effect of changes in social behaviour following traumatic brain injury (TBI) are known, but much less is known about the neuropsychological impairments that may underlie and predict these changes. The current study investigated possible associations between post-injury behaviour and neuropsychological competencies of emotion recognition, understanding intentions and response selection, that have been proposed as important for social functioning.

Method: Forty participants with TBI and 32 matched healthy participants completed a battery of tests assessing the three functions of interest. In addition, self- and proxy reports of pre- and post-injury behaviour, mood, and community integration were collected.

Results: The TBI group performed significantly poorer than the comparison group on all tasks of emotion recognition, understanding intention and on one task of response selection. Ratings of current behaviour suggested significant changes in the TBI group relative to before the injury and showed significantly poorer community integration and interpersonal behaviour than the comparison group. Of the three functions considered, emotion recognition was associated with both post-injury behaviour and community integration and this association could not be fully explained by injury severity, time since injury or education.

Conclusions: The current study confirmed earlier findings of associations between emotion recognition and post-TBI behaviour, providing partial evidence for models proposing emotion recognition as one of the pre-requisites for adequate social functioning.

Key words: brain injury, social behaviour, models of social cognition, impairment, cognitive function

INTRODUCTION

Social outcome following traumatic brain injury (TBI) has implications in terms of both an economic cost to society, and the social and psychological costs to the individual and their family (Benedictus, Spikman & van der Naalt, 2010; Kosty, Stein & Sherman, 2013). Important for social outcome is post-injury social behaviour, how one behaves towards other people (Struchen et al., 2011). Changes in social behaviour, such as a lack of concern for others and poor social judgement, are fairly common and potentially debilitating consequences of TBI (Williams & Wood, 2010; Wood & Yurdakul, 1997). As a result, survivors of TBI may struggle to establish and maintain close personal relationships, friendships, or relationships with work colleagues, which can contribute to failure to re-integrate back into the workplace (Ownsworth & McKenna, 2004; Williams & Wood, 2013). For relatives and caregivers of patients with TBI, changes in social behaviour can contribute to caregiver burden (Katsifaraki & Wood, 2014). In fact, emotional and social behavioural changes typically present a greater burden for patients and their families than physical or cognitive deficits, even many years after injury (Brooks, Campsie, Symington, Beattie & McKinlay, 1986; Koskinen, 1998).

The adverse consequences of changes in social behaviour have been well described, but relatively little is known about the neuropsychological impairments that may underlie and predict these changes. Further insight into this issue could have important practical implications for improving assessment and prediction of behavioural changes following brain injury. Furthermore, identifying underlying neuropsychological deficits that predict adverse

behavioural and social outcomes would help in the selection of relevant targets for intervention.

Models of psychosocial outcome following TBI include neuropsychological deficits as factors directly contributing to post-injury behaviour (Kendall & Terry, 1996; Prigatano, 1992). Outcome research tended to focus on cognitive functions such as memory, processing speed or attention, as possible predictors of outcome. Although impairments in these functions are common following TBI, their contribution to predicting social outcome and behaviour has been limited (Onsworth & McKenna, 2004; Wood & Rutterford, 2006). Moreover, adequate cognitive performance is no guarantee for successful return to social functioning and productivity (Wood, 2001).

Potentially more relevant for social outcome is social cognition, which refers to abilities implicated in recognising and responding to social information. Models of social cognition have proposed several functions and processes that would underlie adequate social functioning. Corrigan (1997) proposed: (1) the perception of social cues, (2) retrieval of social knowledge and understanding other people's intentions, and (3) the selection of an appropriate response. Similar models of have been proposed by Ochsner (2008) and Adolphs (2009), which include stages for recognition and interpretation of social cues, and adjusting behaviour in response to the context. Impairments in any one of these functions could result in maladaptive social behaviour.

The models by Corrigan (1997) and Ochsner (2008) were originally proposed for social behaviour in schizophrenia, but may also be applied to TBI. Deficits in each of the domains have been observed following TBI (McDonald, 2013). Impaired recognition of emotional expressions

following TBI has been reported by various studies (e.g. Croker & McDonald, 2005; Babbage et al., 2011, Ietswaart, Milders, Crawford, Currie & Scott, 2008; Spikman, Timmerman, Milders, Veenstra & van der Naalt, 2012; Williams & Wood, 2010). Understanding other people's intentions and beliefs, also referred to as theory of mind (ToM), can also be impaired following TBI (Bibby & McDonald, 2005; Bivona et al., 2014; Geraci, Surian, Ferraro, Cantagallo, 2010; Havet-Thomassin, Allain, Etcharry-Bouyx & Le Gall, 2005; McLellan & Mckinlay, 2013; Milders, Ietswaart, Crawford & Currie, 2006, 2012; Muller, Simion, Reviriego, Galera, Mazaux, Barat & Joseph, 2010; Spikman et al, 2012). Selecting appropriate social behaviour in response to the context would rely on adequate executive functioning (Shany-Ur & Rankin, 2013), in particular, flexibility to adjust behaviour in accordance with the situation and inhibition to suppress initial, and possibly inappropriate, responses. Impairments in flexibility and impulsivity are frequently reported following TBI (e.g. Tate, 1999; Osborne-Crowley, McDonald & Rushby, 2016; Spikman et al., 2012; Struchen, Clark, Sander, Mills, Evans & Kurtz, 2008).

While there is ample evidence for impairments in functions that would be prerequisites for adequate social behaviour, there have been few attempts to investigate the association between behaviour following TBI and these functions. Studies that did explore potential relationships, reported associations between emotion recognition and behaviour and social integration post-injury. Persons with TBI who performed more poorly on emotion recognition tasks showed more inappropriate behaviour and poorer social communication skills post-injury, according to a significant other (Milders, Ietswaart, Crawford & Currie, 2008; Spikman et al., 2013), and showed less successful social integration (Knox & Douglas, 2009; Struchen et al., 2008). However, the association reported by Milders et al. (2008) was restricted to a single

aspect of behaviour (communication), while Milders, Fuchs and Crawford (2003) and Osborne-Crowley and McDonald (2016) found no associations between emotion perception and social functioning following TBI. Other reports suggested associations between understanding intentions and behaviour following brain injury (Gregory et al., 2002; Milders et al. 2003; Ubukata et al., 2014). Performance on inhibition or flexibility tasks could also be associated with poorer social functioning. Osborne-Crowley, McDonald and Rushby (2016) and Rolls, Hornak, Wade and McGrath (1994) found that patients with TBI who were less able to adjust their responses, following changes in reward contingencies, showed more inappropriate social behaviour. Struchen et al. (2008) reported that patients with TBI who demonstrated poorer inhibition ability on the Stroop task, engaged less in social activities. Similarly, Villki et al (1994) found poorer performance on tasks assessing flexibility and inhibition (including on the Stroop task) in those TBI patients who reported fewer social activities. However, other studies found no association between executive function and social outcome following TBI (Reid-Arndt, Nehl & Hinkebein, 2007).

Although the above studies were promising, the correlations tended to be modest, which could imply that the contribution of social cognition and response selection to social functioning may be weaker than the models would propose. However, alternative reasons for weak associations should be considered. First, patients were typically not selected for behavioural problems post-injury, thereby reducing the chances of finding changes in behaviour and associations with test performance. Second, some studies assessed patients one year or less after injury (Milders et al., 2008; Struchen, Pappadis, Sander, Burrows & Myszka, 2011), which may be too early for behavioural difficulties to become apparent. A further reason for

the weak associations could be the tasks used. Overall, the measures used were sensitive to the effects of brain injury, but the tasks might be less sensitive to functions relevant to social behaviour and outcome. Despite the face validity of many tests of social cognition, their ecological validity is largely unknown (Henry, Cowan, Leeb & Sachdev, 2015).

The current study attempted to address some of these potential limitations by (1) recruiting adult patients with TBI who had been referred to a neuropsychologist because of post-injury adaptation problems; (2) having no upper limit on the time since injury, and (3) including tests of social cognition that might be more relevant to social functioning, but had not been used before in patients with TBI.. The current study explored the association between emotional and social behaviour and emotion recognition, understanding intentions and response selection. The main hypotheses were that (1) the participants with TBI would perform more poorly than matched controls on tasks of social cognition and response selection, and (2) performance on these tests would be associated with social behaviour and outcome post-injury; with worse test performance being associated with worse outcome.

Method

Participants

The participants were 40 persons with TBI (28 males, 12 females) and 32 healthy participants (25 males, 7 females). The groups were matched for distribution of males and females ($\chi^2 = 1.54, p>.2$), age (TBI M 40.1 years, SD 13.2, range 19-60; healthy comparison M 35.2 years, SD 13.4, range 19-61, $t(70) = 1.56, p>.1$) and education (TBI M 13.9 years of full time

education, SD 3.09, range 11 - 25; comparison M 13.4, SD 1.91, range 11 – 19, $t(62)=0.73, p>.4$)

The participants with TBI had suffered a single incident TBI and had been selected from a database of patients previously seen for assessment at the Department of Neuropsychology of Aberdeen Royal Infirmary, NHS Grampian (United Kingdom). Inclusion criteria were: (1) aged between 18 and 70 years; (2) a documented history of TBI; and (3) social integration difficulties (reported by the clinician or the individual's family). Exclusion criteria were: (1) neurodegenerative disorder (e.g. dementia), major psychiatric history (e.g. psychosis), or alcohol/drug dependencies; (2) no capacity to give informed consent; (3) premorbid learning disability; (4) significant visual perceptual or language comprehension impairment.

Injury severity was determined based on the length of post-traumatic amnesia (PTA) and Glasgow Coma Scale (GCS) score, depending on what was available for individual patients. For 10 patients no PTA or GCS information was available because they had been admitted to a different hospital. For the remaining 30 patients mean PTA length was 26.3 days (SD 16.5) and mean GCS score was 6.6 (SD 3.9). Based on a conventional severity classification (Hannay, Howieson, Loring, Fischer & Lezak, 2004) of mild (GCS 13-15 or PTA < 1 hour), moderate (GCS 9-12 or PTA 1-24 hours) and severe injury (GCS < 9 or PTA>24 hours), 4 patients were classed as mild, 3 as moderate and 23 as severe TBI. Mean time since injury was 5.5 years (SD 5.1, range 8 months – 21 years).

The healthy participants were recruited from the general population. The same exclusion criteria as for the patients, plus previous brain injury, applied. For every participant, a relative, partner or close friend of the participant who had the opportunity to observe everyday behaviour was approached to provide proxy ratings of the person's current behaviour.

Informants of the patients knew the person prior to the injury and also provided ratings of behaviour pre-injury. All participants gave informed consent to take part in the study, which had been approved by the North of Scotland Research Ethics Committee.

Materials

Screening measures

To exclude language and perception impairments in the participants two screening measures were included; the Complex Ideation subtest from the Boston Diagnostic Aphasia Examination (Goodglass & Kaplan, 1983) and the Benton Facial Recognition Test (short form; Benton, Sivan, Hamsher, Varney & Spreen, 1994).

General cognitive functioning

Two cognitive measures that had previously been linked to behavioural changes following TBI (Struchen et al., 2008) were included: the Trail Making Test Part A (Reitan, 1958) as a test of processing speed, and the Digit Span Forwards and Backwards (Wechsler, Wycherley, Benjamin, Crawford & Mockler, 1998) as a test of working memory.

At least two measures were used to assess the three functions proposed by the models of social behaviour.

Emotion recognition

Recognising dynamic facial expressions. This task consisted of 20 soundless clips of dynamic facial expressions from the Cambridge Mindreading Face-Voice Battery (Golan, Baron-Cohen & Hill, 2006). Each clip showed a face changing from neutral to an emotion in 3 to 5 seconds, followed by four emotion labels. Participants selected the label that best described the emotion. One point was awarded for each correct response (maximum score = 20). The faces expressed social emotions (e.g. empathic, resentful, uneasy), which are arguably more subtle than basic emotions and more relevant to social conduct. All 20 clips showed different emotions. The clips had been selected from 50 clips based on recognition performance of 40 healthy participants (mean age 26.20 years, SD 9.32, range 19 - 54), none of whom took part in the current study. The 20 clips with the highest recognition scores (M 90% correct recognition, SD 0.06, range 83 - 100%) were selected.

Morphed facial expressions. This task presented 30 computer-interpolated ('morphed') images based on facial expressions from the Ekman and Friesen set (Calder et al., 1996). To create the morphed images, facial expressions had been ordered in the sequence happiness-surprise-fear-sadness-disgust-anger. Each expression was blended with the subsequent expression in the sequence in the mixes 90/10% (e.g. 90% happy/10% surprise or 90% surprise/10% fear), 70/30%, 50/50%, 30/70%, or 10/90%, resulting in 5 morphed expressions per emotion. The pictures were presented one at a time accompanied by labels of the six emotions. Participants selected the label that best described the expression shown. One point was awarded for each correct answer (maximum scores = 30). For images containing 50% of

each emotion (e.g. happy and surprise) either emotion label (e.g. happy or surprise) was correct.

Understanding intentions (verbal tasks)

Faux Pas Test (Stone, Baron-Cohen & Knight, 1998). This test consists of 20 vignettes, 10 of which describe a social faux pas (i.e. a violation of social norms) and 10 that contain no faux pas. The printed story was placed in front of the participant and read aloud by the experimenter. Stories with and without faux pas were presented in random order. Participants answered questions while keeping the printed story in front of them and received one point for each correct response. Following stories that contained a faux pas, five questions were asked; two assessed participants' detection of the social faux pas (detection score; maximum score = 20) and three questions evaluated understanding of the intentions and beliefs of the characters in the story (clarification score, maximum score = 30). The maximum total Faux Pas score was 50. Following stories without a faux pas, one question assessed detection of the absence of a faux pas (control detection score, maximum score = 10).

The Hinting Task (Corcoran, Mercer & Frith, 1995) aimed to assess understanding of people's intentions from indirect messages. The task consists of 10 vignettes of a protagonist expressing an indirect message to another person. Participants were asked to describe the meaning behind the indirect messages. Two points were awarded for a correct answer in response to the first question. One point was awarded if the initial answer was incorrect, but the participant gave a correct answer after the examiner had provided an additional prompt

(maximum score = 20). Channon, Pellijeff and Rule (2005) previously reported impaired performance on this task in patients with TBI. McDonald, Fisher and Flanagan (2015) found no impairment in participants with TBI on an audiovisual version of the task.

Understanding intentions (visual tasks)

The ToM Cartoons Test (Vollm et al., 2006) is a nonverbal task in which participants were required to infer the intentions of a cartoon character. Participants were presented with a cartoon strip showing a sequence of three pictures and selected the most likely ending from a choice of two pictures. One point was awarded for each correct response on 40 items. This test has previously been used in patients with schizophrenia (Vollm et al., 2006).

The Cartoon Predictions Test (O'Sullivan & Guilford, 1976) provided a nonverbal measure of social understanding. Participants made inferences regarding the feelings and intentions of characters in a cartoon picture that is accompanied by a written prompt. Participants predicted what is likely to happen next by selecting the most socially appropriate cartoon picture from a choice of three. There were 10 test items and 1 point was awarded for each correct answer. Eslinger, Moore, Anderson & Grossman (2011) found that patients with frontal dementia were impaired on this task. Mah, Arnold & Grafman (2005) reported impaired performance in patients with frontal damage and an association with socio-emotional behaviour.

Cognitive flexibility

The Golden Version of the Stroop test (Golden, 1978). The Stroop test is a commonly used measure of cognitive flexibility that has been validated in a TBI population (Ben-David, Nguyen & van Lieshout, 2011). Previous studies showed associations between Stroop performance and social functioning (Struchen et al., 2008; Villki et al., 1994). The test consists of: 1. reading out as many colour words, written in black ink, as possible in 45 seconds (W); 2. naming the colour of as many colour patches as possible within 45 seconds (C); 3. naming the ink colour of as many colour words as possible within 45 seconds (CW). A ratio score was calculated by dividing the number of correct responses on task CW by the number of correct responses on task C (CW/C). Ratio scores between 0 and 1, mean that the participant produced fewer words in CW than in C.

The emotional GO/NoGO task was based on a task by Wessa et al. (2007) and required inhibition of the dominant (i.e. most frequent) response as well as emotion recognition. Photographs from Ekman & Friesen's (1976) set displaying fearful or happy expression appeared for 500 milliseconds on a computer screen. Participants responded as quickly as possible to the 'Go' stimulus (a happy face) by pressing the spacebar and withheld responding when the 'No-Go' stimulus (a fearful face) appeared. Sixty photographs, 42 happy and 18 fearful, were presented in random order in a single block. One point was given for each correct response and one error point for each false alarm (pressing a key on NoGo trial). A non-emotional control condition consisted of 60 neutral faces (42 male and 18 female). The 'Go' stimulus was a male face, the 'No-Go' stimulus was a female face. The order of the emotion and the non-emotion block was counterbalanced across participants.

Socio-emotional behaviour questionnaires

The Dysexecutive Questionnaire – Proxy version (DEX: Wilson, Alderman, Burgess, Emslie & Evans, 1996) consists of 20 items asking about an individual's everyday behaviour in areas of executive functioning and social functioning based on a five-point scale. Higher scores indicate greater difficulties. The proxy version was completed by a family member, partner, or close friend of the participant. This measure has been used widely in TBI samples and found to be sensitive to executive dysfunction and frontal lobe injury (Bennett, Ong & Ponsford, 2005). The DEX has good validity and reliability (Chaytor & Schmitter-Edgecombe, 2007), including within the TBI population (Norris & Tate, 2000; Wilson et al., 1996).

The Community Integration Questionnaire (Willer, Ottenbacher & Coad, 1994) is a 15 item self-report questionnaire of integration into society. Higher scores represent better integration. Subscores were formed concerning integration within specific domains: (1) activities primarily related to the home (home integration), (2) activities related to socialization (social integration), and (3) education, vocation, or other productive activities outside the home (productivity). This measure has been used widely in TBI populations and has shown to have good validity and reliability (Salter et al., 2008; Dijkers, 1997). Both participant groups completed the CIQ.

The Neuropsychological Behaviour and Affect Profile (NBAP; Nelson, Drebing, Satz & Uchiyama, 1998) measures cognitive, emotional, and behavioural difficulties after brain injury.

Each of the 106 items is rated in relation to premorbid and post injury/current behaviour as either “agree”, meaning typically or often, or “disagree”, meaning seldom or hardly at all. “Agree” is scored as 1 and “disagree” as 0. Item scores are allocated to one of five subscales (Indifference, Inappropriateness, Pragmatics, Depression, Mania) and are summed into a Total NBAP score. Higher scores reflect more emotional or behavioural problems. This measure has shown to have good internal reliability (Cannon, 2000), criterion validity, and construct validity in a TBI group (Mathias & Coats, 1999). Self and proxy ratings within the TBI group concerned both before and after injury (current behaviour). Self and proxy ratings within the comparison group concerned current behaviour only.

The Hospital Anxiety and Depression Scale (HADS; Zigmond & Snaith, 1983) was employed as a self-report measure of anxiety and depression. The 14 items on the HADS were rated on a 4-point scale; 7 items producing a subscore for anxiety and 7 items a depression subscore. Higher scores indicate more emotional distress. Internal reliability, retest reliability and validity of the HADS have been evaluated as satisfactory to good (Herrmann, 1997).

Procedure

Participants were tested individually either at their home, the Psychology Department at the University of Aberdeen, or in a clinic room at Aberdeen Royal Infirmary. The battery of measures took about two hours to complete. All participants completed the battery in one session. The administration order of tasks varied from participant to participant to reduce order-effects. The self-rated questionnaires were completed by participants during the test

session. The proxy questionnaires were sent out along with participants' appointment letters prior to the test session. Questionnaires completed by informants were returned to the examiner when the participant attended their scheduled appointment.

RESULTS

Screening tests

No participant scored out-with the normal range of functioning on the screening tests and no participant was excluded.

General cognitive Measures

On the Trail Making Test: Part A (processing speed), and the Digit Span forward and backward tasks, the TBI group performed significantly poorer than controls (see Table 1).

Emotion recognition

Comparing performance on the two emotion recognition tasks between the two groups showed significantly poorer performance in the TBI group on both tasks (see Table 1).

Table 1 about here

Understanding intentions / Theory of Mind

Scores on the Hinting Task, ToM Cartoons, and Cartoon Prediction were all significantly poorer in the TBI group than in the comparison group (see Table 1). The subscores of the Faux Pas Test were the Faux Pas detection score (correctly detecting the presence of a faux pas), the Faux Pas clarification score (correctly explaining the reason for the faux pas), the sum of these two subscores, Faux Pas total score, and the Control score (correctly detecting the absence of a faux Pas). The TBI group scored significantly poorer than the comparison group on the Faux Pas detection, clarification and total scores, but not on the control score (see Table 1).

Cognitive Flexibility

The Stroop ratio was significantly lower in the TBI group than control group, meaning a larger difference between the C and the C/W condition in this group. The two groups did not differ in the number of errors on the Emotional Go/NoGo Task (see Table 1). Only half of the participants had completed the non-emotional Go/NoGo task and therefore this task was not analyzed further.

Ratings of behaviour

Ratings of current behaviour for participants with TBI and comparison participants were compared using non-parametric Mann-Whitney tests. Proxy DEX scores concerning current behaviour were significantly higher in the TBI group than the comparison group (see Table 2), suggesting more behavioural problems in TBI group. The CIQ total score, social integration and productivity subscores were lower in the TBI group, indicating poorer functioning. However, CIQ Home Integration was comparable in the two groups (see Table 2). On the HADS the

depression and anxiety ratings were significantly higher in the TBI group than in the comparison group (see Table 2), indicating more symptoms.

Table 2 about here

Comparing NBAP proxy ratings of current behaviour showed significantly higher scores, indicating more problems, in the TBI group than in the comparison group for the NBAP total score and all the subscale scores, except indifference and mania (see Table 2). Comparing the NBAP self-ratings showed very similar results; higher total and subscale scores in the TBI group, except mania (see Table 2). Note that the pre-injury ratings in the PTA group were comparable to ratings of current behaviour in the comparison group (see Table 2), suggesting an absence of serious behavioural difficulties prior to injury.

Proxy ratings of behaviour before and after injury in the TBI group were compared with Wilcoxon signed ranks tests showing significant increments across all NBAP scales, suggesting more problems after injury. Similar results were found with pre and post-injury self-ratings in the patient group; only mania did not change (see Table 2). Self and proxy ratings of pre-injury and post-injury behaviour correlated significantly (NBAP total pre-injury: $r=.56$, $p=.002$; NBAP total post-injury/current: $r=.65$, $p<.001$).

Associations between test performance and post-TBI behaviour

Associations between ratings of post-injury behaviour (NBAP proxy and DEX), community integration (CIQ) and test performance in the TBI group were analysed using only

those tasks and those ratings of behaviour on which the TBI group scored significantly poorer than the comparison group. To reduce the number of correlations, two composite scores were formed by summing z-scores on the tests assessing emotion recognition and intention understanding. Summing the emotion recognition tasks was justified as the two tasks were correlated in the TBI group ($r=.48, p=.002$). An intention composite score was formed from the Faux Pas Test (total score), the Hinting Task, the ToM Cartoons Test and the Cartoon Predictions test. Summing was justified because these tests correlated significantly within the TBI group ($r>=.52, p< .001$). The z-scores that made up the composite scores were formed by calculating z scores for each participant based on the means and standard deviations of the comparison group. Of the response selection tasks only the Stroop ratio was impaired in the TBI group and included in the correlations with ratings of behaviour.

The emotion recognition composite score correlated significantly with CIQ Productivity ($r=.43, p=.007$), meaning that TBI participants with better emotion recognition reported more independent activities outside the home. The emotion recognition composite score did not correlate with any of the other post-injury behavior ratings. The intention understanding composite score was not associated with any rating of post-injury behaviour (see Table 3). The Stroop ratio correlated significantly with NBAP total proxy scores of current behaviour ($r= -.43, p=.025$). Ratings representing more behavioural problems were associated with lower Stroop ratios, indicating poorer inhibition.

Cognitive measures assessing processing speed (Trail Making Test: Part A) and attention/working memory (Digit Span) were not associated with ratings of post-injury behaviour, except for (1) significant correlations between Digit Span Backward and CIQ

Productivity ($r=.33$; $p<.05$), where higher span backward was associated with more independent activities outside the home, and (2) a correlation between Digit Span Backward and CIQ Social Integration ($r= -.33$; $p<.05$), with a higher span backward score associated with poorer social integration, although the latter result was largely due to a single patient with relatively extreme scores on the two measures.

Table 3 about here

To examine whether the significant correlations could be explained by injury severity (using the severity categories mild, moderate, severe based on Hannay et al, 2014), time since injury or education (recognizing that education - as indicator general cognitive ability - may influence both task performance and post-injury functioning) partial correlations were carried out. The correlation between emotion recognition and CIQ Productivity remained significant after controlling for injury severity and time since injury ($r=.37$, $p<.05$ and $r=.38$, $p<.05$, respectively), but was no longer significant when controlling for years of education ($p>.5$). The association between Stroop ratio and NBAP total scores remained significant when controlling for time since injury ($r=.44$, $p<.05$), but was no longer significant when controlling for injury severity or education ($p>.09$). The correlation between Digit Span Backward and CIQ Productivity remained significant when controlling for injury severity and time since injury ($r=>.38$, $p<.05$), but was no longer significant ($p=.09$) when controlling for years of education. The correlation between Digit Span Backward and CIQ Social Integration became non-

significant ($p>.06$) when controlling for injury severity and time since injury, but remained significant when controlling for years of education ($r=-.49, p<.01$).

The small number of significant correlations between task performance and post-injury behaviour might have resulted from insensitive ratings. The NBAP is subdivided into scores referring to particular behaviours, but the DEX and CIQ scores contain items that are not relevant for social behaviour. Therefore, scores on the DEX and CIQ were recalculated to contain only items that refer to social behaviour. For the DEX, proxy scores on five questions (questions 1, 9, 11, 13, 20) were summed into a new “social” DEX score. Four questions of the CIQ (questions 5, 9, 10, 11) were summed into a “social” CIQ score. Associations within the patient group between task performance and ratings based on these new scores revealed a significant correlation between the emotion sum score and “social” DEX ($r=-.43, p<.05$); with patients with poorer emotion recognition performance displaying poorer social behaviour according to a significant other. This correlation remained significant after controlling for time since injury and education ($r>=-.45, p<.05$), but became a trend when controlling for injury severity ($p=0.06$). No other tasks correlated with the new DEX and CIQ scores ($p>.1$).

The correlations reported above contained participants with severe and less severe TBI. Behavioural changes are more common following more severe TBI, which could mean that the weak associations were due to the mix of mild and severe TBI in the sample. Therefore, the associations between test performance and ratings were repeated including only participants with severe TBI ($n = 23$). Within this severe subsample the intention sum score correlated with CIQ Productivity ($r=.48, p<.05$), which remained significant when controlling for time since injury ($p<.05$), but not when controlling for education ($p=.38$). Repeating the correlations

between task performance and the new “social” DEX and CIQ ratings scores in this severe subsample revealed no significant correlations ($p > .15$).

DISCUSSION

The aim of this study was to examine the relationship between functions proposed as important for adequate social functioning (Corrigan, 1997; Ochsner, 2008) and social behaviour and community functioning following TBI. The functions considered were emotion recognition, understanding intentions and response selection. Participants with TBI performed significantly poorer than matched controls on virtually all the tests used to assess these functions. Self and proxy ratings revealed poorer community integration, more problems in social and emotional behaviour in the TBI group compared to before the injury and compared to the healthy comparison group. Emotion recognition correlated with CIQ productivity and a subset of DEX proxy ratings referring specifically to social behaviour. Better emotion recognition was associated with better community outcome and social functioning. Response selection (operationalized as inhibition of the dominant response on the Stroop test) correlated with post-injury behaviour measured with NBAP proxy ratings; participants with TBI who had better inhibitory control had fewer behavioural problems. Within the participants with severe TBI a significant positive correlation was found between understanding intentions and involvement in work or education (CIQ productivity). The only general cognitive measure associated with post-injury behaviour was Digit Span Backward, as measure of working memory. Better working memory performance was associated with better community functioning in work or education,

but poorer social integration. However, the latter result was largely due to the scores of a single patient with relatively extreme scores on the two tasks. Wood and Rutterford (2006) had previously reported working memory as the only cognitive function commonly assessed in standard batteries to predict psychosocial outcome following TBI.

The results showed associations between all three functions proposed as important for adequate social functioning and ratings of post-injury behaviour and community integration. However, most associations were partly driven by other factors (i.e. injury severity, time since injury or education), suggesting that their contribution to predicting post-injury outcome was not unique. Of the three functions considered, only emotion recognition was associated with both post-injury behaviour and community integration and the association between emotion recognition and post-injury social functioning could not be fully explained by injury severity, time since injury or education. These findings are in line with previous studies that reported associations between emotion recognition and aspects of post-TBI behaviour (Knox & Douglas, 2009; Milders et al., 2008; Spikman et al., 2013; Struchen et al., 2008). This was true even though these studies used different emotion recognition tasks, suggesting that the association did not depend on the particular tasks used.

Intention understanding and response selection were less strongly associated with post-injury behaviour and outcome than emotion recognition. Reasons could be insensitivity of the instruments used (measuring irrelevant functions) or because the proposed relationship between these functions and adequate social behaviour is weaker or more indirect than the models assumed. The current results do not allow a clear distinction between these two options, which was partly due to limitations of the instruments used to assess intention

recognition, response selection and behaviour. Several of the intention recognition tasks used in this study had rarely been used before in TBI samples, including the Cartoon Predictions test, ToM Cartoons Test and the Hinting Task. The TBI group in this study was impaired on each of these tasks and performance correlated with tasks that have previously been used in TBI patients (i.e. the Faux Pas test). These findings suggest adequate construct validity, but otherwise little is known about the psychometric properties of these tasks of intention recognition in TBI samples.

The inhibition tasks used in this study (Stroop and GoNogo) may not have captured adequately the ability to select behaviour in accordance with the context, hence the modest association with ratings of behaviour. There are currently few tests to assess social response selection. A promising new task could be the social reversal learning test described by Osborne-Crowley, et al. (2016). During this test participants need to adjust their responses following changes in the social context, which is closer to real social situations than the response inhibition in the Stroop and GoNoGo tests. Reversal learning performance was associated with behavioural problems following TBI (Osborne-Crowley et al., 2016).

A limitation of the assessment of behaviour in this study was that assessment was based on self-ratings and proxy-ratings from a relative or other person close to the patient, but not on observations of an independent third person. Independent clinician ratings may be more accurate than self or relative's ratings (Norris & Tate, 2000). Biases in the ratings of behaviour and outcome could have contributed to the limited associations with performance on intention recognition and response selection tasks.

The study had a number of other limitations. Few additional factors that could have modulated the associations were taken into account. For example, community integration may not only be influenced by severity of the impairments, but also by the amount of effort and tolerance of relatives and colleagues. Emotion recognition was restricted to emotions expressed in the face only. Emotions can be expressed in additional channels (e.g. voice, body posture). Furthermore, the current study did not examine performance on individual emotion categories (e.g. anger or positive emotions) or the association with behaviour. The TBI sample was modest in size, which could have affected the power to detect associations. The modest size of the sample also prevented the use of advanced statistical techniques to enter multiple predictors simultaneously. However, several of the correlations between task performance and ratings were so low that a larger sample would have made little difference in terms of statistical significance.

In sum, the serious impact of socio-emotional behaviour difficulties following TBI on quality of life (Dahlberg et al., 2006), relationships (Parente, DeCesare, & Parente, 1990), vocational outcome (Lezak & O'Brien, 1988) and social integration (Oddy, Coughlan, Tyerman & Jenkins, 1985) has been well described. A greater understanding of cognitive deficits underlying these difficulties could help to identify individuals at risk of developing problems or to initiate interventions to address relevant deficiencies. The current study confirmed earlier studies in finding an association emotion recognition and current behaviour in a TBI sample, providing partial evidence for the models proposing requirements for adequate social functioning (Adolphs, 2009; Corrigan, 1997; Ochner, 2008).

Future studies may investigate further the contribution of social knowledge and response selection in predicting social behaviour after TBI and may consider the contribution of other possible functions, including self-monitoring, recognition of social cues and specific emotion categories, self-control, empathy, or initiation of action (Hanks et al., 1999; McDonald, 2013; Kelley et al., 2014; Wood & Williams, 2008). In terms of implications for clinical practice and rehabilitation, the current results suggest that of the three functional domains included, emotion recognition may have most merit as a potential target because it had relatively stronger links with social outcome and community integration. Recent studies have shown that training can improve recognition of expressed emotion in patients with TBI (Neumann, Babbage, Zupan & Willer, 2014; Bornhofen & McDonald, 2008), although improvements in emotion recognition were not necessarily associated with improvements in social behaviour, thus illustrating the complexity of the link between emotion recognition and social behaviour.

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Table 1.

Task performance in TBI and healthy comparison groups. Comparisons based on univariate ANOVAs.

	TBI group M (SD)	Control group M (SD)	F (df)	p	Effect size (η^2)
<u>Emotion recognition</u>					
Morphed Faces (max. = 30)	24.18 (3.99)	27.77 (1.97)	20.98 (1,68)	<.001	.23
Dynamic Faces (max. = 20)	15.05 (3.21)	18.35 (1.87)	25.79 (1,68)	<.001	.27
<u>Intentions/Theory of mind</u>					
Faux Pas Detection (max score: 20)	16.54 (4.05)	18.94 (1.91)	9.22 (1,68)	.003	.119
Faux Pas Clarification (max score: 30)	17.38 (6.59)	25.19 (3.43)	35.70 (1,68)	<.001	.334
Faux Pas total (max score: 50)	33.79 (9.93)	44.19 (5.01)	28.20 (1,68)	<.001	.293
Control Detection (max score: 10)	9.54 (1.25)	9.84 (0.73)	1.39 (1,68)	.24	.020

Hinting (max score: 20)	17.95 (1.92)	18.94 (1.66)	5.22 (1,68)	.025	.071
ToM Cartoon Test (max score: 40)	36.74 (2.74)	38.88 (1.57)	16.93 (1,68)	<.001	.199
Cartoon Predictions (max score 10)	8.89 (1.57)	9.69 (0.59)	7.24 (1,68)	.009	.096

Response selection

Stroop Task (ratio score WC/C)	0.59 (0.11)	0.65 (.08)	4.30 (1,47)	.044	.084
GoNoGo false alarms (max score: 42)	2.50 (2.53)	1.59 (1.40)	2.28 (1,48)	.138	.045

General cognitive measures

Trail Making Test (seconds to complete task)	42.92 (21.82)	21.35 (4.09)	19.05 (1,54)	<.001	.260
Digit Span Forward	8.81 (2.14)	9.58 (1.68)	7.91 (1,54)	.007	.128
Digit Span Backward	6.17 (1.78)	7.95 (2.39)	38.65 (1,54)	<.001	.417

Table 2.

Mean (SDs) ratings on the NBAP, DEX, CIQ and HADS relating to premorbid or current/post-injury behaviour for the TBI and the control group, as obtained from a relative or significant other (proxy) or from the participants themselves (self). Comparisons based on non-parametric Mann-Whitney and Wilcoxon tests.

	Proxy					Self				
	Premorbid		Current			Premorbid		Current		
	TBI	Effect size pre-post (<i>r</i>)	TBI	Control	Effect size (<i>r</i>)	TBI	Effect size pre-post (<i>r</i>)	TBI	Control	Effect size (<i>r</i>)
NBAP Total	7.52*** (8.15)	.53	19.93** (12.56)	8.63 (5.41)	.46	11.10*** (7.98)	.59	23.33*** (11.28)	10.78 (9.37)	.52
Indifference	1.37* (1.44)	.34	2.89 (3.05)	1.84 (1.57)	.11	1.72*** (1.80)	.42	3.49* (2.62)	2.06 (2.47)	.31

Inappropriate	0.56**	.46	2.46**	0.84	.47	0.87***	.51	2.62**	1.28	.38
	(1.15)		(1.97)	(1.26)		(1.32)		(1.94)	(1.61)	
Pragnosia	0.41***	.48	2.57**	0.68	.39	0.67***	.55	3.67***	0.56	.57
	(0.84)		(2.86)	(1.20)		(1.08)		(3.22)	(0.91)	
Depression	1.44***	.58	5.29**	1.63	.48	1.23***	.61	5.72***	1.28	.72
	(2.75)		(3.77)	(1.64)		(1.77)		(2.88)	(1.59)	
Mania	3.74*	.31	6.68	3.63	.28	6.64	.13	7.85	5.59	.22
	(3.82)		(5.27)	(3.06)		(4.99)		(5.39)	(5.18)	
DEX			26.16***	9.95	.64					
			(13.39)	(4.44)						
CIQ Total								17.37***	22.09	.51
								(4.50)	(3.02)	
Home								6.03	6.02	.04
integration								(3.31)	(2.28)	
Social								7.24***	10.22	.67

integration	(2.07)	(1,38)	
Productivity	4.08***	5.84	.52
	(1.95)	(1.29)	
HADS Anxiety	8.74***	5.03	.44
	(4.14)	(2.98)	
HADS	5.64***	1.91	.58
Depression	(3.54)	(1.71)	

*p<.05, **p<.01, ***p<.001

Table 3.

Correlations between ratings of post-injury behaviour and community integration in the TBI group and performance on combined emotion recognition and intention understanding tests, Stroop test and other cognitive tests. These correlations did not control for injury severity, time since injury or education.

	Emotion sumscore	Intention sumscore	Stroop ratio	Trial making	Digit span forward	Digit Span backward
Proxy NBAP Total	-.14	-.02	-.43*	-.15	.03	-.26
Indifference	-.34	-.11	-.29	-.16	.02	-.19
Inappropriateness	-.33	-.15	-.15	-.04	-.01	-.06
Pragnosia	-.35	-.21	-.22	-.10	-.11	-.31
Depression	.18	.12	-.35	.15	-.11	-.17
DEX proxy	-.16	-.16	-.23	-.16	.14	-.14
CIQ Total	.27	.19	-.01	-.15	.04	-.10
Social integration	-.21	-.15	-.03	-.03	-.24	-.33*
Productivity	.43**	.32	.001	.01	.12	.33*
HADS anxiety	.07	.09	-.28	-.14	.03	-.14
HADS depression	.04	-.08	-.13	.08	-.02	.10

*p<.05, **p<.01

