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# 1 Effects of Polypropylene Fibre Type and Dose on the Propensity for

## 2 Heat-Induced Concrete Spalling

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#### 6 Abstract

7 The term *high-performance* concrete (HPC) is typically used to describe concrete mixes with 8 high workability, strength, and/or durability. While HPC outperforms normal strength 9 concrete in nearly all performance criteria, it also displays a higher propensity for heat-10 induced concrete spalling when exposed to severe heating or fire. Such spalling presents a 11 serious concern in the context of the historical approach to fire safe design of concrete 12 structures, where structural engineers typically rely on concrete's inherent fire safety 13 characteristics (e.g. non-combustibility, non-flammability, high thermal inertia). It has been widely shown that the inclusion of polypropylene (PP) fibres in concrete mixes reduces the 14 15 propensity for heat-induced concrete spalling, although considerable disagreement exists 16 around the mechanisms behind the fibres' effectiveness. This paper presents an experimental 17 study on the effects of PP fibre type and dose on the propensity for heat-induced spalling of 18 concrete. A novel testing method and apparatus, the Heat-Transfer Rate Inducing System (H-19 TRIS) is used to test medium-scale concrete specimens under simulated standard fire exposures. Results show (1) that although the dose of PP fibres (mass of PP per m<sup>3</sup> of fresh 20 21 concrete) is currently the sole parameter prescribed by available design guidelines, both the 22 PP fibre cross-section and individual fibre length may have considerable influences on the 23 effectiveness of PP fibres at reducing the propensity for heat-induced concrete spalling; and (2) that current guidance for spalling mitigation with PP fibres is insufficient to prevent 24 25 spalling for the HPC mixes tested.

### 26 Keywords

Heat-induced concrete spalling; high-performance concrete; polypropylene fibres; firetesting; H-TRIS.

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#### 30 1 INTRODUCTION & BACKGROUND

Structural engineers have historically relied on concrete's inherent fire safety characteristics (e.g. non-combustibility, non-flammability, high thermal inertia) for the fire safe design of concrete structures [1]. Modern advances in concrete construction have been driven by the need to build faster and higher, to reduce cost, increase sustainability, and increase service lives. The term *high-performance* concrete (HPC) describes concrete mixes with high workability, strength, and durability, and low compressive creep [2, 3].

While HPC outperforms normal concrete in nearly all performance criteria, *"its Achilles heel is its performance when exposed to fire"* [4]; it has a high propensity for explosive spalling under severe heating and also experiences more rapid reductions in compressive strength than 'normal' strength concrete at elevated temperature [5]. Given its ever-increasing use in highrise buildings (particularly for columns), and in tunnel structures and lining segments [6], the heat-induced spalling resistance of HPC is a critical issue for the concrete industry (in-situ and precast).

#### 44 1.1 Spalling

45 Heat-induced spalling of concrete, which is widely perceived as being a random phenomenon 46 [7], occurs when the exposed surface of heated concrete flakes away in a more or less violent 47 manner (see Figure 1). As a consequence, the concrete cover to the internal reinforcement is 48 reduced, resulting in more rapid temperature increases of the internal reinforcement and 49 within the core of the structural element, in addition to a direct influence on load bearing 50 capacity due to the loss of physical or effective cross sectional area. Heat-induced concrete 51 spalling presents a potentially serious concern in the context of the historical approach to fire 52 safe structural design of concrete structures, where spalling is less common and presumed as

53 'implicitly' accounted for in prescriptive, tabulated fire design guidance. The concrete 54 industry is beginning to grapple with the implications of the clearly demonstrated increased 55 propensity for spalling of modern high-performance concrete mixes [7, 8] and its possible 56 effects on the fire resistance of concrete structures.



Figure 1 – Evidence of the significant extent of spalling on the soffit of a large-scale concrete specimen after a standard fire resistance test (photo courtesy Ieuan Rickard).

Heat-induced concrete spalling is by no means a new phenomenon (e.g. [9] to [18]), although
as noted it is increasingly a concern for modern HPC mixes. Numerous past researchers have
studied heat-induced concrete spalling, mainly focusing their efforts on:

- understanding the thermo-physical mechanisms leading to spalling, thus studying the
  factors which influence its occurrence [11, 12, 17, 18, 19];
- modelling (analytically or numerically) the occurrence of spalling [20, 21];
- modelling of the potential impacts of spalling on the load bearing capacity of structural
   systems [22, 23]; and
- defining techniques to diminish and/or avoid the occurrence of spalling [13, 24].

57 58

#### 69 1.2 Polypropylene fibres

More than three decades of experimental studies have convincingly shown that 70 71 polypropylene (PP) fibres' (see Figure 2) inclusion in fresh concrete can considerably reduce 72 the propensity for heat-induced spalling of concrete (e.g. [13, 17, 25]). Polypropylene fibres 73 are theorised to alter the transient moisture migration and/or evaporation processes within 74 heated concrete, thus reducing the propensity for spalling (particularly when a thermo-75 hydraulic spalling mechanism is dominant). While the mechanisms behind PP fibres' 76 effectiveness remain poorly understood, three potential mechanisms are widely quoted 77 involving the PP fibres generating: (1) discontinuous reservoirs, (2) continuous channels, 78 and/or (3) vacated channels [26].

During heating, rapid volumetric changes of the PP fibres may cause micro-cracks within the concrete matrix surrounding the fibres, thus creating *discontinuous reservoirs* that enhance moisture migration within concrete. Polypropylene fibre inclusion may also promote the formation of discrete reservoirs by inherently increasing air entrainment within the concrete matrix during mixing and casting.

84 Continuous channels may also be formed at the interfaces between the PP fibres and the 85 concrete matrix due to poor interfacial adhesion and/or a relatively more porous transition 86 zone at the interface. This phenomenon, called *Pressure-Induced Tangential Space (PITS)* 87 theory [26], is postulated as enhancing concrete moisture migration during heating.

Enhanced moisture transport may also be driven by the formation of *vacated channels* left behind by pyrolized (or melted) PP fibres during heating. This is the most widely quoted mechanism used to describe the effect of PP fibres in heated concrete [26], however there is little direct experimental evidence for it [7].

Polypropylene fibres used in concrete applications are commercially available in a range of 92 93 types and sizes. The most common are monofilament, multifilament, and fibrillated (see 94 Figure 2). Monofilament and multifilament fibres are both manufactured through an extrusion 95 process, with nominal diameters in the range of 10-40 microns. Monofilament fibres are 96 manufactured from a single strand of fibre, while multifilament fibres are made from 97 multiple, combined strands. While the diameter of fibrillated fibres is in the range of 98 monofilament and multifilament fibres, these are manufactured in the form of films that are 99 slit in such a way that they can be expanded into an open network [27] (see Figure 2). Fibres 100 of all types can be cut to the desired length, commonly in the range of 3 to 20 mm. More 101 recently, the use of fibres made out of alternative materials (e.g. polyvinyl alcohol, cellulose, 102 nylon, jute) has been considered, although their effectiveness has yet to be convincingly 103 demonstrated [28].

104 Despite decades of research, the relative importance of the mechanisms that explain the 105 effectiveness of PP fibre inclusion in reducing the propensity for heat-induced concrete 106 spalling remains a matter of considerable debate [26]. Regardless of the currently 107 unquantifiable propensity for spalling, current design and construction guidance for spalling 108 prevention (e.g. [29, 30]) is solely based on prescribing a dose of polypropylene (PP) fibres 109 which is presumed to assure limited spalling in applications with 'relatively high' spalling 110 risk (e.g. high-strength concrete, high in-service moisture content, high in-service 111 compressive stress, rapidly growing fires, etc).

For example, European guidance for concrete in fire [29] recommends including at least 2 kg of monofilament PP fibres per cubic metre concrete for high-strength (>55 MPa cube compressive strength), high moisture content (>3% by mass) and/or concrete with high inclusion of silica fume (>6% by mass of cement). Australian design guidance for concrete in 116 fire [30] states that the addition of 1.2 kg of 6 mm long monofilament PP fibres per cubic metre concrete has a "dramatic effect in reducing the level of spalling". These (and other) 117 118 guidelines are based on available experimental research on heat-induced concrete spalling, 119 and can only be viewed as potential means of reducing, rather than eliminating, the occurrence of spalling. Physical mechanisms aside, it is reasonable to assume that an 120 121 optimum (or most 'effective') PP fibre type and dose ought to exist to mitigate spalling under a given set of conditions [24, 31], without unduly sacrificing other properties such as 122 123 workability or strength.





Figure 2 – Photographs of (a) 6 mm monofilament (32 μm diameter), (b) 12 mm multifilament (32 μm
 diameter), and (c) 20 mm fibrillated (37×200 μm<sup>2</sup>) PP fibres.

Within the project presented herein, the occurrence of heat-induced spalling was examined for 11 specific high-performance, self-consolidating concrete (HPSCC) mixes in which PP fibre type, cross-section, length, supplier, and dose were systematically varied (refer to Table 1). Constrained by the manufacturing process needs of an industry project partner (an innovative Swiss precast company), the concrete compressive strength and the workability of the fresh concrete (i.e. slump flow) were maintained constant for all mixes. 133 The effect of pre-compressive stresses acting on the concrete during testing was also 134 examined, since the end use application of the specific HPSCC mixes studied within the 135 scope of this work involves highly optimized prestressed concrete systems [32]; and since 136 spalling is known to be influenced by in-service stress levels and the development of in-depth differential thermal stresses during heating [7]. The aforesaid highly optimized concrete 137 138 structural systems have traditionally shown to be extremely vulnerable to the occurrence of 139 spalling [32]. Importantly, rather than seeking to unravel and understand the precise thermo-140 physical mechanisms contributing to spalling, the current study instead aimed to evaluate the 141 propensity for spalling of the concrete mixes tested under highly repeatable thermal and 142 mechanical conditions; simulating the thermal and mechanical conditions experienced by 143 HPC specimens during a standard fire resistance test (or furnace test).

#### 144

#### 2 RESEARCH SIGNIFICANCE

145 Modern HPC mixes demonstrate an increased propensity for heat-induced concrete spalling 146 [7, 8]. Because credibly modelling the occurrence of spalling is not possible at present, due to the complexity of the various mechanisms possibly contributing to spalling, and because of 147 148 uncertainty around the potential mechanisms behind PP fibres' effectiveness, this paper 149 presents a carefully controlled experimental study on the effectiveness of PP type and dose, 150 using a novel test method to ensure repeatable testing. Moreover, given the considerable expense of performing traditional large-scale fire resistance tests to examine the spalling 151 152 behaviour of concrete test specimens, the novel test method, a Heat-Transfer Rate Inducing 153 System (H-TRIS), was developed and is used for studying the 'spalling behaviour' of 154 concrete specimens during heating. The novel method permits multiple repeat testing of 155 identical specimens, with outstanding repeatability and at low economic and temporal costs, 156 which has not previously been possible [7].

#### 157 **3** HEAT-TRANSFER RATE INDUCING SYSTEM (H-TRIS)

158 The novel H-TRIS fire test method was used for studying the propensity for heat-induced 159 spalling of concrete. Rather than taking the traditional approach of controlling the gas temperature inside a fire testing furnace, the H-TRIS test method permits direct and 160 161 independent control of the thermal boundary condition; it does this by controlling the timehistory of incident radiant heat flux,  $\dot{q}''_{inc}$ , at the exposed surface of a test specimen [33]. H-162 163 TRIS (v1.0 of this apparatus was used in the current study) uses a mobile array of propane-164 fired radiant panels, along with a mechanical linear motion system and a rotary stepper motor 165 (see Figure 3). The linear motion system can be programed to actively control the relative 166 position between the radiant panels and the exposed surface of a test specimen, thus varying 167 incident radiant heat flux at the exposed surface of the test specimen.

168 For the current study, the imposed thermal boundary condition aimed to replicate the in-depth 169 heating conditions experienced by concrete specimens that had previously been measured 170 during large-scale fire resistance tests of similar specimens and concrete mixes [32]. The 171 specified time-history of imposed incident radiant heat flux aimed to give equivalent in-depth 172 temperature distributions within the concrete as measured during the fire resistance tests. In-173 depth temperature distributions recorded in large-scale specimens during a set of standard fire resistance tests [32], at 10, 20 and 45 mm from the exposed surface (refer to Figure 4), were 174 175 used as inputs for an inverse heat conduction model described below.

The time-history of net heat flux,  $\dot{q}_{net}^{"}$ , needed to simulate the fire resistance tests was determined using an inverse heat conduction model previously developed by the authors [7, 33]. A full description of the inverse model is presented elsewhere, however it is noteworthy that, unlike a traditional heat conduction model in which the thermal boundary condition is assumed and used as an input to calculate the in-depth time-dependent temperature distributions within a solid, the inverse heat conduction model uses measured in-depth timedependent temperature distributions as inputs to calculate the thermal boundary conditions.

183 The incident radiant heat flux to be imposed with H-TRIS to give a net heat flux equivalent to 184 that experienced during a fire resistance test was calculated considering the heat flux losses, 185  $\dot{q}'_{losses}$ , also accounting for the absorptivity,  $\alpha_s$ , at the test specimen's exposed surface (refer 186 to Figure 5), as follows:

187 
$$\dot{q}_{inc}'' = \frac{1}{\alpha_s} \left( \dot{q}_{net}'' + \dot{q}_{losses}' \right)$$
(1)

H-TRIS ensures sufficient spatial separation between the radiant panels and the exposed surface of the test specimen to avoid imposition of vitiated air near the surface of a burning specimen, thus supporting the assumptions used in the inverse modelling procedures and that gases at the exposed surface of the test specimen are not unduly influenced by forced convection from the radiant panels [34].





Figure 3 – Photograph of H-TRIS v1.0 (side elevation) [33].



195

196Figure 4 – In-depth temperature measurements taken during a standard fire resistance test [32]197compared against those made with H-TRIS (shaded areas show the spread of temperatures measured198during a single fire resistance test, black lines show measurements with H-TRIS).



199

200Figure 5 – Time-history of net heat flux experienced by test specimens during a standard fire resistance201test, and calibrated required incident radiant heat flux imposed within H-TRIS to yield an equivalent net202heat flux at the exposed surface of the test specimen (from inverse modelling).

#### 204 4 EXPERIMENTAL PROGRAM

205 Constrained by practical requirements on minimum compressive strength and self-206 compaction of the concrete mixes; the concrete compressive strength (C90 according to [35]) 207 and workability (slump flow of 750 mm according to [36]) were maintained constant for all 208 concrete mixes studied. Parameters varied amongst the 11 concrete mixes were:

- PP fibre cross-section (18 or 32  $\mu$ m diameter circular cross-sections, and 37  $\times$  200  $\mu$ m<sup>2</sup> 210 rectangular cross-sections);
- PP fibre length (3, 6, 12, or 20 mm);
- PP fibre supplier (three manufacturers);
- PP fibre type (monofilament, multifilament, or fibrillated); and
- dose (between 0.68 and 2.34 kg of PP fibres per  $m^3$  of concrete).

Mix labels shown in Table 1 and Table 2 have no inherent meaning but were defined by the industrial partner based on an in-house mix numbering scheme. Specific PP fibre suppliers are named purely for the purposes of factual accuracy. The fibre doses given in Table 1 were chosen to provide, to the extent possible, like-for-like comparisons assessing: (1) the fibre dose (i.e. total fibre mass), (2) the total fibre surface area, (3) the total fibre length, (4) the total number of individual fibres per unit volume of concrete; all while maintaining consistent compressive strength and self-consolidating properties.

223	Table 1 - Description of PP fibres included in the concrete mixes evaluated.
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	PP Fibre Parameters			Like-for-like Comparison			
Mix Label	Supplier (type)	Cross- section	Length	Dose [kg/m <sup>3</sup> ]	Total fibre surface area [m²/m³]	Total fibre length [km/m <sup>3</sup> ]	Total number of individual fibres [mill. of fibres/m <sup>3</sup> ]
042*	None			-	-	-	
132	Bekaert <sup>a</sup>	18 µm	6	0.68	165	2915	486
142	(monofilament)	32 µm	6 mm	1.20	165	1640	273
341*	L	32 μm	3 mm	1.20	165	1640	547
342				2.00	275	2733	911
345	Propex <sup>®</sup> (multifilament)		6 mm	1.20	165	1640	273
343	()			1.40	192	1913	319
344			12 mm	1.20	165	1640	137
241*		37×200 μm <sup>2</sup>	20 mm	1.20	84	178	15
242*	Vulkan <sup>°</sup> (fibrillated)			2.00	141	297	25
243	()			2.34	165	348	29

\*Concrete mixes for which spalling occurred during testing.

<sup>a</sup> www.bosfa.com/products/duo-mix-fire.aspx

<sup>b</sup> www.fibermesh.com/product/microsynthetic.html

<sup>c</sup> www.en.krampeharex.com/pdf/Kunststofffaser\_PF.pdf

224

Mix Label	Water/Cement <sup>1</sup>	Limestone aggregate (0-8 mm)	Super- plasticizer	Slump flow [36]	Moisture content at	Compressive strength (Standard deviation)	
		(0-0 mm)			testing	20 uays	omontus
	[-]	[kg/m³]	[% of cement]	[mm]	[%]	[MPa]	[MPa]
042*	0.33	1745	1.73 %	808	4.5 %	101 (1.6)	106 (1.3)
132	0.32	1710	1.70 %	740	4.4 %	95 (1.1)	105 (0.7)
142	0.31	1708	1.71 %	745	4.3 %	95 (2.7)	109 (0.3)
341*	0.32	1716	1.67 %	800	4.0 %	103 (0.8)	112 (0.6)
342	0.33	1726	1.73 %	765	4.6 %	98 (2.1)	107 (1.1)
345	0.31	1715	1.72 %	758	4.5 %	104 (0.6)	108 (0.6)
343	0.32	1711	1.71 %	740	4.3 %	99 (1.0)	105 (0.9)
344	0.31	1711	1.73 %	740	4.5 %	101 (0.4)	108 (0.7)
241*	0.31	1724	1.65 %	765	4.0 %	103 (0.6)	106 (0.6)
242*	0.35	1729	1.73 %	740	5.0 %	94 (1.1)	108 (0.5)
243	0.33	1685	1.68 %	680	4.6 %	95 (1.4)	103 (0.4)

225 Table 2 – Description of the constituents and properties of the concrete mixes evaluated.

<sup>1</sup>Cement constituents: 64% Portland cement, 16% microsilica, 20% fly ash.

\*Concrete mixes for which spalling occurred during testing.

#### 226 4.1 Test specimens

227 Medium-scale unreinforced and unstressed concrete specimens were tested using H-TRIS in a vertical orientation with heating from one side. Recognising that scaling of test specimens 228 229 in structural fire resistance testing is debated on various grounds [7], the dimensions of the 230 specimens in the direction of the principal heat flow were taken as the same as those used for 231 the prior large-scale furnace test specimens [32]. Thus, medium-scale specimens had 45  $\times$ 200 mm<sup>2</sup> cross-sections and an overall length of 500 mm (due to space limitations within H-232 TRIS). Cold overhangs (i.e. unheated ends) with a length of 50 mm were required due to 233 234 specimen holding and loading considerations; thus the thermally exposed surface was 400  $\times$  $200 \text{ mm}^2$ , as shown in Figure 6. 235







Figure 6 – Plan and section views of concrete specimens tested with H-TRIS.

#### 238 4.1.1 Casting and curing process

Specimens were cast in the production facilities of the industry partner. The mixing and casting procedures were performed according the standards for typical precast concrete elements fabricated by the industry partner. While the parameters of the concrete mixes were predefined, as shown in Table 2, maintaining certain key parameters unchanged, mild variations during the concrete mixing process were required to attain the optimum selfcompacting characteristics required for constructability (i.e. a minimum slump flow of about
750 mm). This was mainly attributed to the variable (and uncontrolled) conditions during
casting (e.g. moisture content of the aggregates used, ambient temperature, ambient humidity,
etc.); however these changes are not considered relevant for the current study. Constituents
and slump flow values [36] for the various concrete mixes are given in Table 2.

After casting in Switzerland, specimens were covered with polyethylene sheeting for 48 hours before stripping the forms, and were cured in moist conditions under polyethylene sheets for a further 3 to 5 months before being delivered to the UK for testing. They were then stored in a conditioning room at 20°C and 80% relative humidity (RH) until testing. All specimens were tested at an age between 13 and 16 months from casting.

Cubes (150 mm) were cast for compressive strength and average moisture content measurements and kept under identical curing conditions. The average moisture content of the test specimens at the time of testing was between 4.0 and 5.0% by mass; these measurements being made by dehydration mass loss. Compressive strengths at 28 days and 6 months were between 93 and 112 MPa [35]. Table 2 presents the moisture and compressive strength measurements for each of the specific mixes.

#### 260 4.2 Test procedure

As previously explained, H-TRIS was programmed to impose a thermal boundary condition equivalent to that experienced by the large-scale concrete specimens tested during standard fire resistance tests [32]. Figure 5 shows the time-history of incident radiant heat flux yielding an equivalent time-history of net heat flux, and hence equivalent in-depth temperature distributions as experienced during the fire resistance tests. 266 The maximum possible incident radiant heat flux that could be achieved in H-TRIS v1.0 is  $100 \text{ kW/m}^2$ . The desired time-history of incident radiant heat flux shown in Figure 5 was 267 therefore imposed until the maximum incident radiant heat flux of  $100 \text{ kW/m}^2$  was reached; 268 beyond this point it was maintained constant at 100 kW/m<sup>2</sup>. Because the objective of the 269 270 study was to examine the spalling behaviour (or more specifically, the occurrence of the first 271 spalling event), rather than to develop a deep understanding of the specific mechanisms 272 involved, tests with H-TRIS were continued only until first spalling event occurred; if no spalling occurred within 60 minutes the test was halted, since heat-induced explosive spalling 273 274 is unlikely at late stages [7].

275 It was desired to also examine the effect of pre-compressive stresses on propensity for spalling during testing. Mechanical loading and boundary conditions were imposed using a 276 277 purpose built loading rig (see figures 3 and 7), designed to impose a sustained axial 278 compressive loading on the test specimens during heating, hence replicating the pre-279 compression that would be experienced by prestressed concrete specimens manufactured 280 from similar concrete mixes (recall that the specimens tested with H-TRIS were unreinforced 281 and un-prestressed, however the end use applications envisioned for these mixes are typically 282 precast, prestressed). For reasons described elsewhere [32], the loading in H-TRIS aimed to 283 replicate the conditions near the ends of the prestress transfer zones of prestressed HPC 284 specimens with nominally concentric prestressing forces (i.e. with prestressing at mid-depth).

Specimens were tested either under a free-to-expand (unrestrained) condition or under sustained compressive load. Based on prior research [7], the service pre-compressive stress within the concrete at the end of a prestress transfer zone was conservatively defined as 12.3 MPa (i.e. prestressing losses due to elastic shortening, shrinkage, creep effects, and thermally induced prestressing forces were neglected). Therefore, the sustained axial compressive load 290 applied on specimens tested in H-TRIS, which has cross-sectional areas of 9000 mm<sup>2</sup> ( $200 \times 45 \text{ mm}$ ), was:

292 
$$L_{c,0} = 12.3 [\text{MPa}] \cdot 9000 [\text{mm}^2] = 110.7 [\text{kN}]$$
 (1)

This concentric compressive load,  $L_{c,0}$ , was applied using notionally rotationally fixed-fixed end conditions. Load was held constant for the duration of the tests using a hydraulic load control system (i.e. the applied compressive load was maintained, counteracting potential effects from thermal expansion and elastic modulus changes of the test specimen during heating). Unloaded test specimens were left free-to-expand (under notionally rotationally fixed-fixed end conditions) during heating. All tests were performed in triplicate for each specific concrete mix and restraint condition.



**301** Figure 7 – Schematic showing the mechanical loading rig used in H-TRIS testing (front elevation).

#### 302 4.3 Assessment of spalling

With a few exceptions (e.g. [37]), the propensity and extent of concrete spalling during fire tests is traditionally assessed only by visual evaluation of the specimens' exposed surface, and occasionally by measuring the depth, volume, or mass of spalled concrete. Testing with H-TRIS allows a more careful quantification of time-to-spalling, the mass of concrete spalled, and the total net heat density up to the moment of first spalling; this is calculated as the area under the time versus net heat flux curve divided by the area of the exposed surface.

309 5 TEST RESULTS AND ANALYSIS

310 Sixty-six individual spalling tests were performed during a period of 30 days; thus 311 demonstrating the low temporal costs of the H-TRIS testing approach as compared with 312 traditional furnace testing; this number of tests would have taken months using a standard fire 313 testing furnace.

It is noteworthy that (contrary to expectations and contrary to most prior research on spalling performed in furnaces), when spalling occurred for a given mix tested in H-TRIS it occurred for all three identical repeat tests, and at similar heating exposure times. Likewise, if no spalling was observed for a particular mix with H-TRIS then this was true for all three repeat tests. Figure 8 shows typical post-test photographs of H-TRIS test specimens showing increasing severities of spalling.

Spalling occurred for four of the 11 concrete mixes, namely: 042, 341, 241, and 242 (refer to tables 1 and 2). None of the other mixes experienced any spalling whatsoever for the full duration of the 60 minute tests. A summary of the relevant test results for the concrete mixes that experienced spalling is given in Table 3 (non-spalling mixes are not included).





Figure 8 – Post-test photographs of specimens tested with H-TRIS [38].

Mix	Sustained compressive stress	Time to spalling	Net Heat Density	Mass sp	alled <sup>1</sup>	Mass spalled /net heat density
		[min]	[kJ/cm <sup>2</sup> ]	[g]	[%]	$[g \times cm^2 / kJ]$
042		10.9	2.28	208	2.0 %	91
	0 MPa	24.7	5.99	664	6.3 %	111
		13.9	3.01	1135	10.7 %	377
		12.5	2.66	1281	12.1 %	481
	12.3 MPa	11.0	2.31	679	6.3 %	294
		13.1	2.81	1189	11.2 %	424
341		17.1	3.85	923	8.4 %	240
	0 MPa	14.6	3.19	268	2.4 %	84
		16.5	3.67	435	4.0 %	118
	12.3 MPa	16.3	3.64	3095	28.5 %	850
		13.0	2.80	2043	18.7 %	731
		14.4	3.16	2645	24.4 %	838
	0 MPa	12.4	2.66	420	3.8 %	158
		7.9	1.61	100	0.9 %	62
241		11.7	2.49	238	2.2 %	96
241	12.3 MPa	7.3	1.48	251	2.3 %	169
		14.3	3.11	210	1.9 %	67
		12.5	2.66	784	7.2 %	294
		-	-	-	-	-
242	0 MPa	-	-	-	-	-
		-	-	-	-	-
		9.9 <sup>2</sup>	2.07	438	4.1 %	212
	12.3 MPa	9.4 <sup>2</sup>	1.93	423	4.0 %	219
		10.6 <sup>2</sup>	2.22	1503	14.3 %	678

#### 328 Table 3 – Experimental test matrix and results for spalled specimens tested with H-TRIS.

<sup>1</sup> Mass spalled was calculated by subtracting the mass of the tested specimen (after cooling) from the initial mass of the specimen. Note that no distinction is made between mass lost due to the spalled concrete and that due to dehydration of the specimen during heating.

<sup>2</sup> Large-scale prestressed specimens tested during standard fire resistance tests [32] spalled during the first 9.2 to 10.3 minutes from the start of the test.

#### 329 5.1 Assessment of spalling

When testing using H-TRIS it is possible to accurately quantify the time-to-spalling, the mass
spalled, and the accumulated net heat density. All three quantifiable metrics are described
below.

#### 333 5.1.1 Time-to-spalling

During the tests described herein, when heat-induced spalling of concrete occurred it was always between 7 and 25 minutes from the start of the test (refer to Table 3). This being said, time-to-spalling demonstrated no obvious correlations with other parameters investigated herein.

The occurrence of heat-induced concrete spalling was in reasonable agreement in terms of time-to-spalling (i.e.  $\pm 2$  minutes) with specimens cast from identical concrete mixes and tested during the aforementioned large-scale fire resistance tests [32] (refer to Table 3). This observation provides further credence to H-TRIS' ability to accurately replicate not only the in-depth time dependent temperature distributions experienced by concrete specimens during standard fire resistance tests, but also the time-to-spalling during repeat testing of identical specimens under identical thermal boundary and loading/restraint conditions.

#### 345 5.1.2 Mass spalled

Specimens' masses were measured before and after each test. For tests where spalling occurred the mass lost as a consequence of the spalling event and *dehydration* was calculated by subtracting the mass of the tested specimen (after cooling) from the initial mass of the specimen. It is noteworthy that no distinction was made between mass lost due to the spalled concrete and the mass lost due to dehydration of the specimen during heating. 351 Figure 9 shows the percentage of mass spalled plotted against the time-to-spalling for tests 352 under a free-to-expand condition and under sustained compressive stress. Whilst the trend is 353 not categorical, in most cases the test results indicate that when spalling occurs at an early 354 stage of the test the mass spalled is lower than when it occurs at a later stage. For example, an 355 exception to the aforesaid trend was observed for one of the test specimens cast with Mix 042 356 (no PP fibres), which spalled after 25 minutes from the start of the test and showed a relatively low percentage of mass spalled (refer to Table 3 and Figure 9). This may be 357 358 associated with the fact that longer heating periods result in higher amounts of accumulated 359 thermal (and thermo-mechanical) energy, which predictably results in more energy being 360 released upon spalling; thus more concrete mass spalled.







#### 364 5.1.3 Accumulated net heat density

The ratio of mass spalled to accumulated net heat density was calculated for each of the spalled test specimens (refer to Table 3). This ratio could potentially allow for rational, 367 quantifiable comparison between spalling events for concrete specimens tested under 368 different thermal boundary conditions. Although this variable heat flux comparison was not 369 carried out in the current study, the concept is first introduced here and will be used in future 370 studies in which the effect of different thermal boundary conditions is evaluated using H-371 TRIS.

#### 372 5.2 Parametric analysis

This section presents a parametric assessment performed for each of the PP fibre parametersvaried within the current study, with reference to Table 1.

#### 375 5.2.1 PP fibre cross-section

376 As is widely recognized by concrete manufacturers and researchers (e.g. [24, 31]), during the 377 casting process it was observed that PP fibres with a small cross-sections (i.e. 18 µm 378 diameter) had a strong undesirable effect on the self-compacting and workability of the fresh 379 concrete mixes, thus the required slump flow was attained only for a relatively low dose of 380 these smaller cross-section fibres (refer to Table 1). For instance, similar slump flow was 381 achieved for two mixes, 132 and 142, respectively. Mix 132 included 0.68 kg of 18 µm diameter PP fibres per m<sup>3</sup> of concrete and had a slump flow of 740 mm, whereas Mix 142 382 383 had a slump flow of 745 mm with a larger dose of 1.20 kg of 32 µm diameter PP fibres per m<sup>3</sup> of concrete (refer to Table 2). Mix 142 thus had almost double the dose (by mass) of PP 384 fibres, while all other parameters (e.g. PP fibre length, supplier, type, etc.) were unchanged 385 (refer to Table 1). 386

387 No spalling was observed for mixes 132 or 142 (both mixes including 6 mm long 388 monofilament PP fibres), thus no direct comparisons were possible to evaluate the influence 389 of cross-section on spalling for identical monofilament PP fibres with circular cross-sections 390 of 18 or 32  $\mu$ m in diameter. Nonetheless, it appeared that including 0.68 kg per m<sup>3</sup> of 18  $\mu$ m 391 diameter PP fibres was 'as effective' as including 1.20 kg per m<sup>3</sup> of 32  $\mu$ m diameter fibres for 392 the time history of heat flux considered in the current study (simulating the exposure during a 393 standard fire resistance test [32]).

394 Concrete specimens cast with mixes including fibrillated PP fibres with comparatively large  $37 \times 200 \ \mu\text{m}^2$  rectangular cross-sections (i.e. mixes 241, 242 and 243) demonstrated a high 395 396 occurrence of spalling, although a 'recommended' [35] dose of PP fibres was included (i.e. 2.00 kg of PP fibres per m<sup>3</sup> in Mix 242). Test specimens cast with Mix 241 (1.20 kg of PP 397 398 fibres per m<sup>3</sup>) spalled both when tested under sustained compressive stress and under free-to-399 expand conditions (refer Table 3). Specimens cast with Mix 242 (2.00 kg of PP fibres per m<sup>3</sup>), equivalent to that for casting of large-scale prestressed specimens tested in a standard 400 401 fire resistance test [32] only spalled when under sustained compressive stress; unstressed specimens did not spall. Specimens cast with Mix 243 (2.34 kg of PP fibres per m<sup>3</sup> of 402 403 concrete) did not spall under any condition.

#### 404 5.2.2 PP fibre length

405 A comparison was made to assess the influence on spalling of individual PP fibre length for concrete mixes 341, 345, and 344, all of which included 1.20 kg of PP fibres per m<sup>3</sup> of 406 407 concrete (32 µm in diameter multifilament PP fibres) with PP fibre lengths of 3, 6 and 12 408 mm, respectively (refer to Table 1). Spalling was observed for all specimens with 3 mm long 409 PP fibres (refer to Table 3), which suggests a negative influence of using very short PP fibres, 410 thus supporting the theoretical findings from prior studies; relatively short PP fibres fail to 411 generate so-called *continuous channels* (refer to Section 1.2) for enhancing moisture 412 migration during heating thought [4, 31]. For the current study, 3 mm long PP fibres were 413 considered because of their reduced influence on the workability of fresh concrete. Very long 414 PP fibres have a clear negative impact on the self-compacting and workability properties of 415 fresh concrete; i.e. at an equivalent dose the use of longer PP fibres results in lower measured 416 slump flow (refer to Table 2). No spalling was observed for either of the other two mixes, 417 providing no clear comparative data for 6 mm versus 12 mm long PP fibres.

#### 418 5.2.3 PP fibre supplier

The PP fibre suppliers whose products were assessed in this study were Bekaert, Propex, and Vulkan. No spalling was observed for mixes 142 and 345 cast with an equivalent dose (1.20 kg of PP fibres per m<sup>3</sup> of concrete) of basically identical PP fibres from different suppliers (32  $\mu$ m diameter, 6 mm long monofilament and multifilament PP fibres); hence, as expected, no influence was observed for the comparison made between these essentially identical concrete mixes.

#### 425 *5.2.4 PP fibre type*

426 Concrete mixes which included monofilament or multifilament PP fibres showed a lower 427 propensity for heat-induced concrete spalling relative to those cast with fibrillated PP fibres. 428 This may not only be associated to the type of PP fibre but to the significantly larger cross-429 section of the fibrillated PP fibres (refer to Table 1); hence the inevitably lower specific 430 surface area of individual fibres (discussed in Section 5.3.2).

#### 431 5.2.5 Sustained compressive stress

For mixes in which spalling occurred under sustained compressive stress, spalling also occurred under free-to-expand conditions; with the exception of Mix 242 (refer to Table 3) which did not spall under a free-to-expand condition but spalled in all cases when under sustained compressive stress. This corroborates that widely stated belief that stressed concrete is more likely to spall than unstressed concrete, all other factors being equal.

#### 437 5.3 Like-to-like comparisons

- In addition to the parametric analysis presented herein, three additional parameters associatedwith the inclusion of PP fibres were compared on a like-to-like basis (refer to Table 1).
- 440 5.3.1 Dose of PP fibres

The concrete mixes examined in the current study had a range of doses between 0.68 and 2.34 kg of PP fibres per m<sup>3</sup> of concrete. An explicit comparison between specific mixes (refer to Table 1) was carried out to assess the influence of PP fibre dose (keeping all other parameters constant) on the occurrence of spalling:

- Mixes 341 (spalled) and 342 (did not spall) included 1.20 and 2.00 kg of PP fibres per
   m<sup>3</sup>, respectively (multifilament fibres 32 µm in diameter and 3 mm long).
- Mixes 345 and 343 (neither of which spalled) included 1.20 and 1.40 kg of PP fibres per
   m<sup>3</sup>, respectively (multifilament fibres 32 µm in diameter and 6 mm long).
- Mixes 241 (spalled), 242 (spalled only when loaded), and 243 (did not spall) included
   1.20, 2.00 and 2.34 kg of PP fibres per m<sup>3</sup>, respectively (fibrillated fibres with 37×200
   µm rectangular cross-section and 20 mm long).

It is noteworthy that spalling occurred for all test specimens cast from Mix 042, which had no PP fibres (refer to Table 1). As expected, a higher dose of PP fibres resulted in a lower propensity for heat-induced concrete spalling. This is clear when comparing the test results for mixes 341 and 342, as well as those for mixes 241, 242, and 243. Obviously, the inclusion of high doses of PP fibres has an undesirable effect on the self-compacting and workability properties of fresh concrete; hence future work with H-TRIS will focus on defining optimum 458 PP fibre doses to meet competing goals of spalling mitigation and practical workability of459 concrete mixes for use in various types of structural applications.

It should be noted that test results for mixes 132 and 142 (6 mm long monofilament PP fibres) suggested that including a dose of 0.68 kg per m<sup>3</sup> of 18  $\mu$ m diameter PP fibres was as effective as including 1.20 kg per m<sup>3</sup> of 32  $\mu$ m diameter fibres; similar slump flow was measured for these mixes (refer to Table 1), hence it is not necessarily the dose of PP fibres alone that defines their effectiveness in spalling mitigation.

#### 465 5.3.2 Total PP fibre surface area

Khoury [26] proposed the hypothesis that the existence of discontinuous reservoirs (at 466 467 ambient and at high temperatures) is further promoted by the inclusion of PP fibres. This hypothesis suggests that at ambient temperature the presence of PP fibres promotes the 468 469 creation of discrete reservoirs (i.e. air entrainment) in the concrete pore structure, whereas at 470 elevated temperatures PP fibres create discontinuous reservoirs by micro-cracking the surrounding concrete matrix when undergoing volumetric and phase changes during heating. 471 This potentially explains the positive influence of PP fibres in altering the moisture migration 472 473 and/or evaporation within heated concrete, thus possibly accounting for their observed effects 474 in reducing the propensity for heat-induced concrete spalling. Based on this hypothesis; the 475 total surface area of PP fibres could potentially be a key parameter to explain the positive 476 influence of PP fibres. Mixes 132, 142, 345, and 344 had equivalent total surface areas of PP fibres; this being 165  $m^2$  of PP fibre surface area per  $m^3$  of concrete in all cases (refer to 477 Table 1). Although mix 341 had 165 m<sup>2</sup> of PP fibre surface area per m<sup>3</sup> of concrete, a high 478 propensity for spalling was observed due to the negative effect of relatively short (3 mm) of 479 480 the PP fibres included in this mix (as noted in the parametric analysis above).

#### 481 5.3.3 Total PP fibre length

482 Khoury [26] also hypothesized that changes in the pore structure of concrete, and therefore 483 reductions in the propensity for heat-induced concrete spalling, are driven by the creation of 484 continuous channels in the cement matrix. Based on this hypothesis, the total length of PP 485 fibres could also potentially be a key parameter to explain the positive influence of PP fibres 486 in mitigating the propensity for spalling. Mixes 142, 345, and 344 had an equivalent total length of PP fibres; this being 1640 km of PP fibres per m<sup>3</sup> of concrete (refer to Table 1). Yet 487 again, while mix 341 had 1640 km of PP fibres per m<sup>3</sup> of concrete, a high propensity for 488 489 spalling was observed due to the negative effect of the relatively short (3 mm) PP fibres 490 included in this mix. Thus total PP fibre length also appears not to be a fundamental 491 parameter.

#### 492 5.3.4 Total number of individual PP fibres

493 It is widely stated in the literature that a higher number of individual PP fibres (as well as a 494 higher dose of PP fibres) enhances the effectiveness in reducing the propensity for heatinduced concrete spalling [31]. Nonetheless, spalling occurred for all specimens cast with 495 496 Mix 341 (32 µm diameter, 3 mm long multifilament PP fibres with) which had a relatively high number of individual PP fibres (547 million individual PP fibres per m<sup>3</sup> of concrete). 497 498 This suggests the relevant influence of individual fibre length on the effectiveness of PP 499 fibres in reducing the propensity for heat-induced concrete spalling that warrants further investigation. 500

To summarise, mixes with an equal or higher value of total surface area or total length of PP fibres to those of the predefined values compared in this study (165 m<sup>2</sup> or 1640 km of PP fibres per m<sup>3</sup> of concrete) did not spall (refer to Table 1). Furthermore, test specimens cast with mixes 241 and 242, both of which had significantly lower values of all of the like-to-like parameters examined in the current section, spalled during testing. No spalling was observed for Mix 243, although it also had low values of total length of PP fibres and total numbers of PP fibres, however with a high total surface area of PP fibres ( $165 \text{ m}^2$  of PP fibres per m<sup>3</sup> of concrete). This suggests a possible relevance of total surface area of PP fibres as compared to the total length or number of individual PP fibres.

#### 510 5.4 Experimental validation of the thermal exposure

511 Three additional medium-scale concrete specimens were cast with concrete Mix 042 (refer to 512 tables 1 and 2) and instrumented with in-depth thermocouples (K-type) placed at equivalent 513 depths to those placed in the aforementioned large-scale furnace test specimens which have 514 been described elsewhere [32]; namely at 10, 20 and 45 mm from the exposed concrete 515 surface. These specimens were tested with H-TRIS, and in-depth temperature distribution 516 measurements were used to verify that the thermal boundary conditions imposed with H-517 TRIS were indeed equivalent to those experienced by otherwise identical specimens during 518 standard fire resistance tests.

519 Figure 4 gives a comparison of in-depth temperature measurements between effectively 520 identical concrete elements (identical in the direction of the principal heat flow) during fire 521 resistance tests (shaded areas) and tested with H-TRIS (black lines), and shows very good 522 agreement. This comparison verifies the use of H-TRIS, particularly for replicating the in-523 depth temperature distribution experienced by concrete specimens during the fire resistance 524 tests performed by Terrasi et al. [32]. Figure 4 also illustrates the excellent repeatability of 525 testing with H-TRIS (three repeat tests are shown with two temperature measurements at 526 each depth) as compared with the greater variability observed in fire resistance tests described in this paper (three repeat tests are shown with one temperature measurement at 527 528 each depth).

#### 529 6 CONCLUSIONS

The studies described herein represent the first experiments ever performed using the novel H-TRIS testing methodology and apparatus to simulate the net heat flux at the exposed surface, and hence the in-depth time dependent temperature distributions within concrete specimens, during an otherwise identical standard fire resistance test. The study aimed at examining the propensity for heat-induced concrete spalling of 11 HPSCC mixes in which the PP fibre type, cross-section, length, supplier, and dose were systematically varied.

The inclusion of PP fibres has a clear positive effect on reducing the propensity for heatinduced concrete spalling. Additionally, based on the parametric analysis and discussion presented herein, the following overall conclusions can be made on the various factors that may have an impact on PP fibre effectiveness at spalling mitigation of the HPSCC mixes examined within the scope of this study:

- *PP fibre cross-section* inclusion of PP fibres with smaller cross-sections has a positive
   influence in reducing the propensity for spalling.
- *PP fibre length* mixes cast with relatively short (3 mm long) PP fibres exhibit a higher
   propensity for spalling than practically identical mixes (equivalent PP fibre dose) with
   longer fibres (6 or 12 mm long); thus, longer PP fibres appear to be more effective at
   reducing the propensity for spalling.
- *PP fibre supplier* the comparison made between PP fibres manufactured by Bekaert,
   Propex, and Vulkan showed that fibre supplier has no obvious influence on spalling (all
   other factors being equal).
- *PP fibre type* monofilament or multifilament PP fibres type showed a lower propensity
   for heat-induced concrete spalling relative to those cast with fibrillated PP fibres. This

may be associated with the lower specific surface area of larger cross-section fibrillatedPP fibres.

Sustained compressive stress – specimens for which spalling occurred under sustained
 compressive stress also suffered from spalling when tested under a free-to-expand
 conditions (with exception of Mix 242, which confirmed an influence of pre-compressive
 stress for this particular mix).

558 Based on the like-to-like comparisons presented, the following conclusions can be made:

Dose of PP fibres – as expected, high doses of PP fibres have a positive influence in mitigating the occurrence of spalling; however some very low doses, e.g. Mix 132 (0.68 kg of PP fibres per m<sup>3</sup> of concrete), of specific PP fibres (e.g. those of relatively small cross-section) were also effective at reducing the propensity for spalling, and some comparatively high doses , e.g. Mix 242 (2.00 kg of PP fibres per m<sup>3</sup> of concrete), were not. This suggests that current guidance for mitigation of spalling in HPC [29] is hard to defend scientifically and requires revision.

Total PP fibre surface area, total PP fibre length, and total number of individual PP 566 ٠ fibres - results showed that concrete mixes with relatively high values of total PP fibres 567 568 surface area, total PP fibre length, and total number of individual PP fibres were effective 569 in reducing the propensity for heat-induced concrete spalling. However, the mix that 570 included 3 mm long monofilament PP fibres had high values of all of these parameters; 571 yet displayed a high propensity for spalling. Moreover, no spalling was observed for Mix 243 which included 20 mm long fibrillated PP fibres at a comparatively high dose of 572 2.34 kg of PP fibres per  $m^3$  of concrete. Although this mix had low values of total PP 573 fibre length and the total number of PP fibres, it had a similar total surface area of PP 574

fibres to other mixes (165 m<sup>2</sup> of PP fibres per m<sup>3</sup> of concrete). This suggests a relevance of the total surface area of PP fibres over the total PP fibre length or total number of PP fibres, while assuming that the shape of the cross section (rectangular or circular) is negligible.

579 The inclusion of PP fibres has an obvious negative effect on slump flow values. 580 Polypropylene fibres with reduced cross-section and/or large individual lengths showed a 581 more negative influence on slump flow, compared to PP fibres with increase cross-section 582 and short individual lengths. Inclusion of PP fibres showed no obvious influence on moisture 583 content or compressive strength.

584 Based on the use of H-TRIS within the scope of the work carried for the study described 585 herein, the following observations may be made in regards to the novel test method:

• Test results verified the use of H-TRIS, particularly for simulating specified in-depth temperature distributions and time-to-spalling experienced by concrete specimens during the large-scale furnace test presented by Terrasi et al. [32]; providing excellent repeatability at a low economic and temporal cost and with outstanding repeatability.

• The use of H-TRIS allowed accurate quantification of the time to first spalling, the mass spalled, and the net heat density of the tested specimens. Spalling occurred between 7 and 25 minutes from the start of the test. When spalling occurred, the mass spalled from tested specimens was between 0.9 and 28.5% of the total weight of the specimen before testing; in most cases the test results indicate that when spalling occurs at an early stage of the test the mass spalled is lower than when it occurs at a later stage.

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