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Nanocomposite Strengthened Dissolving Microneedles for Improved Transdermal Delivery to Human Skin**

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- 46
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- 48



49 **ABSTRACT:**

50 Delivery of drugs and biomolecules into skin has significant advantages. To achieve this, 51 herein, we report a nanomaterial strengthened dissolving microneedle patch for transdermal 52 delivery. The patch comprises thousands of microneedles which are composed of dissolving polymers, nanomaterials and drug/biomolecules in their interior. With the addition of 53 54 nanomaterials, the mechanical property of generally weak dissolving polymers can be dramatically improved without sacrificing dissolution rate within skin. In our experiments, as 55 56 a test case, we incorporated lavered double hydroxides (LDH) nanoparticles into sodium 57 carboxymethylcellulose (CMC) to form a nanocomposite. The results show that, by adding 5 58 wt% of LDH nanoparticles into CMC, the elastic modulus of the polymer increases from 59 0.993±0.065 GPa to 2.878±0.123 GPa, which is comparable to that of engineering plastics 60 (e.g., 2.0-2.6 GPa for polycarbonate). Small and densely packed CMC-LDH microneedles 61 penetrate human and pig skin more reliably than pure CMC ones and attractively the 62 nanocomposite strengthened microneedles dissolve in skin and release payload within only 1 63 minute. Finally, we tested the application of using our nanocomposite strengthened 64 microneedle arrays for *in vivo* vaccine delivery and the results showed that significantly stronger antibody response could be induced when compared with that generated by 65 66 subcutaneous injection. These data suggest that nanomaterials could be useful for fabricating densely packed and small polymer microneedles that have robust mechanical properties and 67 68 rapid dissolution rate and therefore potential use in clinical applications.

69 **1. Introduction**

Microneedles are tiny projections of micrometer dimensions and have the capability of delivering drugs and biomolecules to skin.^[1-5] This transdermal delivery platform has many advantages over conventional subcutaneous and intramuscular injection by needle and syringe. First, there is no or minimal pain, cross-infection and needle stick injuries.^[6-8]



74 Second, microneedle can be designed to target specific layer of skin. Third, there is potential 75 for self-administration. Last but not least, it can be used when there is a significant first-pass effect of the liver that can prematurely metabolize drugs.^[9] Microneedle arrays are usually 76 made of silicon, metals and polymers.^[10] Among them, polymer microneedle arrays are 77 78 increasingly attractive because they are expected to be less expensive to mass produce than 79 silicon or metal arrays and safer during application. Drugs and biomolecules can be 80 incorporated into the interior of microneedles themselves when using dissolving polymers.^[8,11] During application, the polymer structure rapidly dissolves in skin, thereby 81 releasing the drug and biomolecules, so there is no sharp waste. 82

83 Despite their promising features, dissolvable polymers generally have very weak 84 mechanical properties. The need for combination of biocompatibility, robust mechanical properties and rapid dissolution rate severely limits the choice of polymer. 85 Polyvinylpyrrolidone (PVP)^[1,8,11] and carboxymethylcellulose sodium salt (CMC)^[7,12] are 86 87 commonly reported for making dissolving polymer microneedles. For example, PVP 88 microneedles were fabricated by either *in-situ* polymerization of monomers under UV conditions (using a 100 W UV lamp) or heating at 80 °C for 24 hours.^[1,8,11] These harsh 89 90 conditions may seriously limit the incorporation of drug and biomolecules that are 91 temperature or UV sensitive. On the other hand, CMC microneedles can be fabricated at room 92 temperature, but CMC has weak mechanical properties. For example, the elastic modulus of CMC is only around 1 GPa.^[12] It is expected that the bioresorbable polymer microneedle size 93 needs to be relatively large to reliably pierce human skin.^[12] This would apparently constrain 94 95 the density of microneedles on an array. However, recent study shows that small (base 96 diameter or width $< 40 \ \mu m$) and densely packed microneedles (over 10,000 microneedles per 97 cm²) may lead to significantly enhanced vaccine efficacy when compared to large and sparsely packed ones.^[13,14] In addition, small microneedles can be easily dried during 98



99 fabrication and dissolve rapidly in skin during application. Therefore, improving the 100 mechanical properties of dissolving polymer microneedles could be beneficial in terms of 101 drug efficacy and design flexibility as well as ease in fabrication and rapid dissolution in the 102 skin.

103 To achieve this, we hypothesize that the use of reinforcing nanofillers will result in an 104 advanced biomedical material that can make enhanced dissolving polymer microneedles that 105 are mechanically more robust, while retaining the capacity to rapidly dissolve. Lavered 106 double hydroxide (LDH) nanoparticles have been commonly used to reinforce a variety of polymers.^[15] For example, by adding only 1 wt% of LDH nanoparticles into nylon 6, the 107 108 elastic modulus of the composite increases 100% in comparison with that of pure nylon 6 109 polymer.^[16] Therefore, in this paper, we have examined the potential for LDH nanoparticles 110 to enhance the mechanical strength of CMC cast in microneedle arrays for potential drug and 111 biomolecule delivery. We are the first to report the use of nanomaterials to improve the 112 mechanical characteristics of dissolving microneedle arrays for transdermal delivery.

113 **2. Results**

114 2.1. Characterization of Mg₂Al-Cl-LDH Nanoparticles

We firstly prepared Mg₂Al-Cl-LDH nanoparticles with a mean size of 80 nm and zeta potential of +40 mV in aqueous and buffer-free solution (**Figure 1**a-c). The as-prepared aqueous suspension contained well suspended LDH nanoparticle without aggregation (Figure 1a-b). XRD pattern shows the typical feature of Mg₂Al-Cl-LDH nanoparticles (Figure 1d). Diffraction peaks shown in the XRD pattern of pristine LDH nanoparticles correspond to the (003), (006) and (009) plane reflections of LDH.

121 2.2. Mechanical Properties of CMC and CMC-LDH Nanocomposite



122 We incorporated varying amounts of LDH into 2 wt% CMC aqueous solution to test the 123 strengthening effect of LDH nanoparticles on the mechanical properties of CMC. After the samples were dried, nanoindentation was used to measure their elastic modulus and hardness. 124 125 Figure 2a shows typical load-displacement curves of CMC polymer with different 126 concentrations of LDH nanoparticles. The nanoindentation cycle consists of three periods: 127 loading-holding-unloading. Loading forces were increased at constant velocity and the 128 nanoindenter tip sank into materials during the loading period, which contributed to both 129 elastic and plastic deformation. Strong materials require a high force to achieve the same penetration depth during the loading period.^[16] As we can observe from Figure 2a, much 130 131 greater load is required for penetration of the same depth as LDH nanoparticle concentration 132 increases from 0 wt% to 2, 5 and 10 wt% (relative to the mass of CMC in the samples). 133 Apparently, adding LDH nanoparticles into CMC can significantly enhance its resistance to 134 indentation and make CMC-LDH composite much stronger than pure CMC. Figure 2b and Figure 2c show the elastic modulus and hardness of polymers, respectively, calculated from 135 136 unloading. The elastic modulus of pure CMC is 0.993±0.065 GPa. The elastic modulus of 2 137 wt% of LDH loaded CMC increased to 1.489±0.036 GPa. With LDH concentration increased to 5 wt%, the elastic modulus reaches 2.878±0.123 GPa. The elastic modulus increased to 138 139 290% of that of pure CMC polymer when 5 wt% of LDH nanoparticles were added to CMC 140 (p < 0.001). When the LDH concentration was increased to 10 wt%, the elastic modulus of 141 the nanocomposite started to decrease. It should be noted that the hardness of pure CMC polymer is 0.067±0.001 GPa. The addition of LDH nanoparticles to CMC increased the 142 143 hardness of the composite material to 0.080±0.001 GPa, 0.111±0.004 GPa and 0.118±0.001 144 GPa for CMC composites with 2 wt%, 5 wt% and 10 wt% of LDH nanoparticles, 145 respectively.



146 Based on these results we chose the CMC composite with 5 wt% LDH nanoparticles as 147 the starting material for preparing microneedle arrays. Since centrifugation $(3000 \times \text{g for } 10)$ 148 minutes) was used to force the viscous polymer solution to fill in the tiny cavity of a 149 microneedle PDMS mold, the concentration of CMC aqueous solution was increased to 5 150 wt% to avoid unequal LDH nanoparticle distribution within the centrifuged microneedles. 151 When 5 wt% LDH (relative to the mass of CMC) was added to the 5wt% CMC solution 152 followed by centrifugation at 4000 \times g for 10 minutes, negligible amount of LDH 153 nanoparticles was sedimented by simply observing the mixture solution. The bottom layer of 154 the solution was discarded and supernatant was used for nanoindentation measurements. The 155 results show that the elastic modulus of 5 wt% CMC/5 wt% LDH was 2.486±0.186 GPa. The 156 value is slightly lower than the highest elastic modulus of the sample dried from the solution 157 of 2 wt% CMC incorporating with 5 wt% LDH, but it is still much better than that of pure CMC (p < 0.001). The suspension of 5 wt% CMC/5 wt% LDH was then used for fabricating 158 159 microneedles.

160 **2.3 Characterization of CMC-LDH Nanocomposite Microneedle Patches**

161 The validation of the hypothesis that incorporation of LDH nanoparticles into CMC 162 could significantly increase the mechanical properties of the polymer supported the use of this 163 nanofiller-improved polymer to fabricate and test microneedle arrays. Figure 3a and Figure 164 3b are representative SEM images of silicon microneedle male molds used to prepare PDMS 165 female molds for polymer microneedle fabrication. The height and density of silicon microneedles are 218 µm and 11,900 projections cm⁻², respectively. Figure 3c and Figure 3d 166 167 show typical SEM images of our dissolving polymer microneedles. The polymer 168 microneedles had uniform morphology and geometry. The microneedles were pyramidal in 169 shape and the tip radius is below 500 nm. The length of these fabricated polymer projections is $165\pm3 \mu m$ (n=20 projections). This indicates a $24\pm1\%$ reduction in length in comparison 170



with that of the microneedles of the male mold. This decrease is mainly due to the contractionand solidification of CMC based composite materials during drying.

173 2.4. Confocal Microscopy Study of the Penetration and Payload Delivery of 174 Nanocomposite Microneedle Patches in Human and Pig Skin

175 Once nanocomposite microneedle patches were successfully made, the next key 176 question was whether these microneedles can reliably penetrate stratum corneum and delivery 177 payload to skin? To perform this study, FITC-Dextran was simply mixed with CMC-LDH 178 nanoparticle solution as a viewable drug and biomolecule surrogate and then cast onto the tips 179 of microneedles and then we tested nanofiller composite microneedle penetration in excised pig and human skin. To determine whether the microneedles can uniformly penetrate skin, 180 181 reflectance confocal microscopy (RCM) was used to image both the treated pig skin and 182 human skin (representative images shown in Figure 4a-d). Nanocomposite microneedles 183 applied to *pig* skin resulted in successful breaching of the stratum corneum and uniform 184 penetration within the skin across the array (Figure 4a). The penetration depth analyzed from 185 the RCM images was $71\pm7 \mu m$ (n = 40 projections). These results differed from what was 186 observed for the CMC only microneedles where the penetration was not uniform (Figure 4b). 187 The center area shows penetration but no penetration holes are able to be clearly observed in 188 the rest area. The depth of the penetration in the center area was found to be $46\pm12 \mu m$ (n = 189 40 projections, p < 0.001 between CMC and CMC-LDH microneedles penetration in pig 190 skin). The nanocomposite microneedles also resulted in successful breaching and penetration 191 into human skin (Figure 4c) with a depth of $64\pm9 \mu m$ (n = 40 projections). The CMC only 192 microneedles resulted in indents on the skin surface with minimal penetration of 39±8 µm (n 193 = 40 projections, p < 0.001 between CMC and CMC-LDH microneedle penetration in human 194 skin) (Figure 4d). Besides achieving apparent deeper penetration depth in both pig and human 195 skin, CMC-LDH nanocomposite microneedles can be more reliable on successful application



while CMC microneedles result in inconsistent penetration across the array, due to themicroneedles bending on skin surface sometimes.

198 The RCM samples were then imaged using laser scanning confocal microscopy 199 (LSCM) to determine payload dissolution and diffusion within the skin (representative images 200 shown in Figure 5a-h). For pure CMC microneedle applied skin samples, the images were 201 selected from the area where penetration of microneedles into skin was achieved. The 202 delivery sites are clearly observed from the top view of the skin samples (Figure 5a, 5c, 5e 203 and 5g), which further confirms the polymer microneedles are able to pierce stratum corneum. 204 For some delivery sites, it is obvious to see the holes created by the microneedle penetration. 205 The corresponding 3-D images (Figure 5b, 5d, 5f and 5h) clearly show that the FITC payload 206 was delivered vertically to certain depths beneath the skin surface. In a number of delivery 207 sites, it is even possible to see that the delivery payload started to diffuse a lot within the skin 208 after only 5 minutes. Collectively, Figure 5 demonstrates that the microneedles were capable 209 of piercing stratum corneum followed by dissolving in the skin and delivering the FITC 210 payload to the thin layer beneath the skin surface.

211 Now we have confirmed that the CMC-LDH nanocomposite microneedles can reliably 212 penetrate skin and deliver the payload into skin. Compared with CMC microneedles, the 213 nanomaterial strengthened microneedles result in more consistent penetration within the skin 214 cross the whole patch area. Another key question is whether these mechanically strengthened 215 microneedles can still rapidly dissolve in skin? To investigate this, we observed the 216 microneedles before application in skin and at 1, 2 and 5 minutes after skin penetration. The results are shown in Figure 6. The figure shows the merged fluorescence and reflectance 217 218 confocal microscopy images of microneedles before and after being applied to skin. Before 219 application, the fluorescent payload can be clearly seen in green throughout the shaft of the 220 microneedles (Figure 6a). No fluorescence signal could be detected at the base of the array,



which has the added benefit of reducing cost through conserving drug molecules to the microneedles only and therefore reducing drug wastage during delivery. Because of this, in our experiments, minimal fluorescence was seen on the surface between the microneedles due to the payload being cast within the projections instead of 'wasted' in the backing layer of the microneedles. After skin application, it can be seen that almost all of the microneedles are dissolved in the skin after only 1 minute.

227 2.5. In vivo Delivery of Antigen to Skin and Successful Immunization of Mice

228 Having confirmed that our nanocomposite microneedles can robustly penetrate, quickly 229 deliver payload to human and pig skin and target specific skin layers, next we test the 230 application of the nanocomposite microneedle arrays for vaccine delivery. We fabricated 231 CMC and CMC-LDH microneedle arrays with 10 and 1.65 µg of ovalbumin (OVA) protein, 232 respectively. Pure CMC polymer microneedle arrays were used as a control in the experiment. 233 Mice were anesthetized and a single microneedle patch was applied to each ear, therefore 2 234 microneedle patches were used for each mouse. As a positive control, we subcutaneously 235 injected 20µg of OVA protein to mice. The induced antibody titers of mice are shown in 236 Figure 7. From the figure, the following can be observed. At 14 days after primary 237 immunization, subcutaneous (SC) injection of 20 µg of OVA protein induced negligible 238 immune response compared with that of unimmunized mice. In great contrast, both CMC and 239 CMC-LDH microneedle vaccination led to great immune response indicated by the high 240 antibody titer shown in Figure 7a. The antibody titers between the two microneedle 241 immunized groups do not show statistical difference (p > 0.1). If we compare the standard 242 error of the mean of the two microneedle groups, it is easy to find that the antibody titers 243 generated by CMC-LDH microneedle patch vaccination are more consistent than those 244 induced by CMC microneedle immunization.



The mice were then boosted at 17 days after primary immunization and sera were collected at 21 days after the boost (38 days after primary vaccination). From Figure 7b, it can be seen that, after boost, SC injection of 20 μ g of OVA protein led to reasonably high antibody titers, although still much lower than those induced by microneedle vaccination (p <0.001). The other finding is that, after boost, CMC-LDH microneedle arrays containing 3.3 μ g of OVA protein led to stronger immune response than that induced by pure CMC microneedle patches with 20 μ g of OVA protein (p < 0.001).

252 **3. Discussion**

253 In this paper, we hypothesized that the LDH nanoparticles could enhance the 254 mechanical properties of CMC microneedles and thereby improve transdermal delivery. We chose CMC because it had often been used as a material in dissolving microneedles^[7,12] in the 255 256 literature, but the elastic modulus of CMC is only 1 GPa^[12], which potentially limits the 257 successful application of CMC microneedles in transdermal drug and biomolecule delivery 258 for humans, particularly when one needs to fabricate densely packed microneedles for certain 259 needs. LDH nanoparticles were selected to increase the mechanical strength of CMC because 260 of their high biocompatibility, high aspect ratio (lateral size over thickness), low cost and previous use in enhancing mechanical strength in polymers.^[15-17] Furthermore, CMC is 261 262 negatively charged in solution and may well be incorporated into the internal layers of LDH nanoparticles and help disperse LDH nanoparticles uniformly. Consistent dispersion is a 263 264 crucial challenge when formulating nanofillers to mechanically strengthen polymers as better dispersion of nanomaterials/fillers leads to enhanced mechanical properties.^[15] The 265 mechanical strength of CMC was greatly enhanced by adding LDH nanoparticles. The elastic 266 267 modulus of our CMC-LDH composite microneedles is comparable to that of engineering 268 plastics, e.g. 2-4 GPa for nylon and 2.0-2.6 GPa for polycarbonate. This improvement has the 269 capacity to increase the flexibility of drug and molecule formulations that can be incorporated



into dissolving microneedle arrays. It is expected that the addition of drug and molecules, composed primarily of proteins and salts, will worsen the mechanical properties of the structural polymer in a concentration dependent manner. The addition of reinforcing nanofillers could help to curb that effect such that the final microneedle array remains useful for animal and human applications.

275 Our fabrication process was operated at room temperature (23 °C). Lowering the 276 temperature to optimize the stability of the drugs and molecules could be explored using this 277 casting technique. The entire fabrication process required no heating, UV illumination or any 278 other harsh conditions or treatments and therefore our technique is suitable for incorporating 279 delicate drugs and biomolecules into microneedles for subsequent transdermal delivery. The 280 enhanced mechanical properties of the CMC-LDH composite microneedles successfully 281 pierced pig and human skin to deliver a FITC-labeled dextran payload. Importantly, the 282 nanoparticle strengthened polymer microneedles retained the capacity to dissolve quickly, 283 within only 1 minute. Quick dissolution within skin is crucial for a short administration time. 284 For comparison, in a previous report, methacrylic acid (MAA) was copolymerized with vinyl 285 pyrollidone (VP) to form poly(vinylpyrrolidone-co-methacrylic acid) (PVP-MAA) to improve 286 the mechanical strength of the fabricated microneedles. However, with the addition of MAA, 287 the dissolution rate of the microneedles greatly slowed. For example, PVP-MAA 288 microneedles (25% MAA) need 2 hours to dissolve within porcine skin while at the same size pure PVP microneedles dissolve within 15 minutes.^[8] 289

Skin contains abundant of immune cells and the density of these cells is much high than that in subcutaneous tissue and muscle to which vaccines are usually delivered by needle and syringe injection. Therefore, if we can deliver vaccines to the skin layers, their efficacy should be greatly enhanced. Although it is possible to use conventional needle and syringe to achieve intradermal injection for delivering vaccine to the skin, it is technically challenge to perform



295 because the skin is very thin. To achieve reliable skin delivery, many approaches such as 296 liquid jet injection, biolistic microparticle injection, thermal or laser assisted delivery and microneedles have been developed. [18] When these approaches were tested for vaccine 297 298 delivery to skin and compared with conventional intramuscular (IM) or SC injection, it was found that the vaccine efficacy was dramatically improved. [19-22] To test whether our 299 300 nanocomposite strengthened microneedle arrays can pierce skin and deliver payload to the 301 targeted skin layers, we investigated the penetration and payload delivery by RCM and 302 LSCM. The results confirmed that the composite microneedles successfully penetrated 303 stratum corneum and delivered the FITC-labeled dextran payload up to around 64±9 µm 304 below the human skin surface. The human epidermis layer contains high density of APCs and its thickness, using human forearm dorsal epidermis as an example, is 61.3±11.0 µm.^[23] This 305 means that most of the payload was delivered within the target layer. 306

307 Once demonstrating that the nanocomposite strengthened microneedle arrays could 308 deliver payload to skin, next key question will be whether they can induce robust immune 309 response. To investigate this, we loaded OVA protein in the microneedle arrays and 310 performed immunization trial in mouse model. The results suggested that dissolvable pure 311 CMC microneedle patches could induce much stronger immune response when compared 312 with conventional efficient SC injection (generally more efficient than the commonly used 313 intramuscular injection). Attractively, it was confirmed that the nanocomposite strengthened 314 microneedle arrays worked even better than the pure dissolvable ones. This is in line with the 315 findings from the penetration experiments. Because nanocomposite strengthened microneedle 316 arrays could penetrate skin better and worked more reliably, it was apparent that the 317 strengthened arrays should deliver more vaccine dose into skin. In other words, 318 nanocomposite strengthened microneedle arrays were capable of increasing vaccine delivery 319 efficiency.



320 Moreover, LDH nanoparticles have been widely used for efficient delivery of a range of drugs such as anticancer drug methotrexate (MTX),^[24,25] low molecular weight heparin 321 (LMWH),^[26] siRNA^[27-29] and plasmid DNA.^[30,31] The biocompatibility and safety profiles 322 323 obtained these studies will certainly help the potential use of LDH nanoparticles in our nanocomposite microneedle arrays in future clinical applications. In the meantime, it also 324 325 opens the opportunity of incorporating vaccine into LDH nanoparticles for transdermal 326 nanovaccine delivery. This will be very suitable for DNA and siRNA delivery because these 327 molecules need to enter cells to be functional and their existence in nanovaccine form will 328 greatly increase their intracellular delivery. In this case, LDH nanoparticles will play 329 multifunctional roles including mechanical strengthening and nanovaccine carrier.

330 4. Conclusion

331 In this study, we demonstrated that LDH nanoparticles can reinforce dissolving polymer 332 microneedles. By adding 5 wt% of LDH into CMC, the elastic modulus increases from 333 0.993 ± 0.065 GPa to a maximum of 2.878 ± 0.123 GPa (p < 0.001). Additionally, we 334 successfully manufactured LDH nanoparticle-reinforced, dissolving polymer microneedles 335 with uniform shape and size. The polymer microneedles have an extremely sharp tip with an 336 average radius below 500 nm. The fabrication process was conducted at room temperature 337 without the need for any harsh conditions that may degrade drugs and biomolecules. Confocal 338 microscopy results confirmed that the nanofiller strengthened the dissolving microneedles by 339 improving their mechanical properties to allow the microneedles to reliably pierce into pig 340 and human skin, while pure CMC polymer microneedle were more likely to bend on the 341 surface of skin. The composite microneedles retained the capacity to dissolve rapidly in skin 342 within only 1 minute and released the incorporated payload. The payload distribution was 343 highly localized within the skin. Finally, we tested the application of using our nanocomposite strengthened microneedle arrays for vaccine delivery and the results showed that significantly 344



stronger antibody response could be induced when compared with subcutaneous injection.
Overall, this represents an important step toward dissolving microneedles that have robust
mechanical properties with potential use in clinical applications.

348 4. Experimental Section

349 Preparation of Mg₂Al-LDH Nanoparticles: Mg₂Al-LDH nanoparticles were prepared according to the method described by Xu et al.^[32,33] Briefly, 40 ml of 0.15 M NaOH 350 351 (International Laboratory, USA) solution was mixed with 10 ml of solution containing 2.0 352 mmol of MgCl₂ (International Laboratory, USA) and 1.0 mmol of AlCl₃ (International 353 Laboratory, USA) under vigorous stirring. The container was sealed and the solution was 354 under stirring for 10 minutes. Next, the solution was centrifuged and washed once with water. 355 The obtained slurry was dispersed in 40 ml of water and hydrothermally treated at 80 °C for 4 356 hours in an airtight container. The concentration of LDH is about 0.4 wt%. The mass of LDH 357 was determined by weighing the LDH mass collected from suspension.

358 Fabrication of CMC-LDH Nanocomposites: LDH solutions with different concentrations 359 were mixed with CMC (Mw 90,000, Sigma-Aldrich, USA) to make composite solution. 360 Briefly, 10 ml of LDH solutions with different concentrations were mixed with 200 mg of 361 CMC to prepare composite solution followed by placing in fume hood and drying to obtain polymer nanocomposite. The prepared nanocomposites contained 2 wt%, 5 wt% and 10 wt% 362 363 LDH nanoparticles. The weight percentage is the mass ratio of LDH nanoparticles to CMC. 364 During microneedle fabrication, CMC-LDH solution was centrifuged onto the mold at a 365 speed of $3000 \times g$ for 10 minutes. To mimic this process, for another batch of samples, 10 ml 366 of solution containing 25mg LDH nanoparticles was mixed with 500 mg of CMC and the 367 mixture was sonicated for 30 minutes. After that, the solution was centrifuged for 10 min at $4000 \times g$. The amount of the nanoparticles which were centrifuged to the bottom of solution 368



was trivial. The upper layer of solution was collected and sonicated for 30 minutes for beingused to make nanoindentation samples and microneedle arrays.

371 Fabrication of Dissolving Polymer Microneedle Patches: Silicon microneedle arrays 372 were used as male mold. The arrays were fabricated according to methods described in literature.^[34] Briefly, a slicon wafer was diced by a diamond blade to create silicon 373 374 microcolumns of required dimension and spacing. A two-step isotropic etching using a 375 mixture of nitric acid and hydrofluoric acid was used to fabricate sharp microneedles. This 376 silicon microneedle array male mold was washed with ethanol for 3 times and dried in air and 377 then PDMS was slowly poured over the surface of silicon microneedle array. The silicon 378 microneedle array male mold immersed in PDMS was placed in a fume hood for curing for 24 379 hours. After curing, the silicon microneedle array male mold was peeled off and the PDMS 380 female mold was washed with water and ethanol for 3 times before casting. Figure 8 shows 381 the steps to manufacture a dissolving polymer microneedle patch. Figure 8-1 shows the 382 PDMS mold. To make microneedle patches, firstly, 30 µl of LDH-CMC composite solution 383 was added to the surface of mold (Figure 8-2). Then the mold was sealed (Figure 8-3) and centrifuged at $3000 \times g$ for 10 minutes. After centrifugation, the solution remaining on the 384 385 surface of the mold was collected by pipette and the mold was placed in a fume hood to dry 386 for 30 minutes. During the drying period, a solid microneedle tip was fabricated (Figure 8-5). 387 Subsequently, 40 µl of LDH-CMC composite solution was added to the surface (Figure 8-6) 388 and the mold was sealed (Figure 8-7) and centrifuged for 10 minutes. Finally, 200 µl of LDH-389 CMC composite solution was added to the surface of centrifuged mold and placed in a fume 390 hood for drying. After 8 hours, the mold was placed in a sealed desiccator. When the 391 microneedle patch was dried completely, it was removed from the mold (Figure 8-9) and 392 stored in a dessicator until use.



393 *Characterization*: Nanoindentation was carried by a MTS Nano Indenter XP[®] (MTS 394 Cooperation, Nano Instrument Innovation Center, NT) with three-sided pyramid (Berkovich) 395 diamond indenter. The indenter was pressed into materials with constant strain rate (0.05 1/s) 396 from the sample surface into 2000 nm deep. The fabricated polymer microneedle patch was 397 observed by scanning electron microscope (JEOL JSM-820 and FEG-SEM JEOL JSM-6335 398 F). The samples were tilted 45° for SEM.

399 Microneedle Application to Excised Skin: Excised pig ears were obtained from the local 400 abattoir (Highchester Pty Ltd, Gleneagle, Australia). The ventral side of the ear was lightly 401 shaved followed by thoroughly rinsing. The ventral skin (epidermis and dermis) was then 402 separated from the ear (cartilage) using tweezers and scalpel. Excised human skin was 403 obtained from abdominal plastic surgery patients. On arrival the adipose tissue was removed 404 using a scalpel and the skin was rinsed. All patients signed an informed consent approved by 405 the Princess Alexandra Hospital Research Committee approval no. 097/090. Skin (both pig 406 and human) was stored at -20 °C prior to use. For microneedle application, the skin (pig or 407 human) was thawed, rinsed, dried then pinned down taut on a covered corkboard. The tissue 408 was stored on saline moistened gauze throughout the experiment when not in use. A 409 microneedle array was then applied using a spring applicator for 1, 2 or 5 minutes (n = 3 per 410 skin type). After microneedle application, the treatment area was excised with an 8 mm 411 biopsy and the tissue fixed in 1 mL 4% formaldehyde in methanol for 1 hour. Following 412 fixing, the tissue was removed and washed 3 times for 10 minutes in 1 mL 0.1M phosphate 413 buffered saline. The samples were then stored at 4 °C until imaging.

414 *Confocal Microscopy Observation of Skin after Patch Application*: Reflectance confocal
415 microscopy was done using a Vivascope® 1500 Multilaser (Lucid Inc., Rochester, NY,
416 U.S.A). The protocol was adapted from a previously published procedure.^[35] Briefly, a laser



417 diode was used to excite the tissue at 830 nm. ImageJ (NIH, U.S.A) was used to analyse the 418 images. Laser scanning confocal microscopy was done using a Zeiss LSM 510 Meta (Carl 419 Zeiss Inc., Germany). Prior to imaging the tissue was stained with Hoechst 33342, a nuclei 420 stain. A stock solution of 10 mg/mL Hoechst 33342 in dimethyl sulfoxide was prepared. A 421 working solution was made by a 1:1000 dilution in 0.1 M phosphate buffered saline. The 422 tissue was incubated with the stain for 1 hour at room temperature followed by three washing 423 steps for 10 minutes in 0.1 M phosphate buffered saline. The wavelengths used to excite the 424 FITC-dextran and Hoechst 33342 was 488 nm and 405 nm, respectively.

425 Vaccination of OVA protein vaccine: Three groups of C57BL/6 female mice were 426 vaccinated with OVA protein either by SC injection using needle and syringe (5 mice in the 427 group), or microneedle array application (4 mice per group). Another group of four untreated 428 mice were used as negative control. For SC injection, saline solution with 20 µg OVA protein 429 was injected to each mouse. For microneedle array vaccination, one patch was applied to one 430 ear of a mouse (total 2 patches for each mouse). The patches were applied to mice skin by a 431 spring applicator and kept in place for 2 minutes. At 14 days after primary immunization, sera 432 were collected. A boost vaccination was given at 17 days post primary vaccination and sera 433 were collected at 21 days after the boost.

ELISA protocol: ELISA was performed as previously described. ^[36] Briefly, ELISA plates (Corning) were coated with 50 μg mL⁻¹ of ovalbumin (Acros) in 0.1M of sodium bicarbonate buffer (Sigma) overnight at 4°C. These coated plates were used to measure the titers of specific IgG induced. Color development was carried out using ABTS (diammonium 2,2azino-bis(3-ethylbenzothiazoline-6-sulfonate; Sigma) as the substrate. The absorbance readings at 405 nm were then measured against control wells containing no antiserum in the reaction.

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- 445 Chun Lau for SEM observation.
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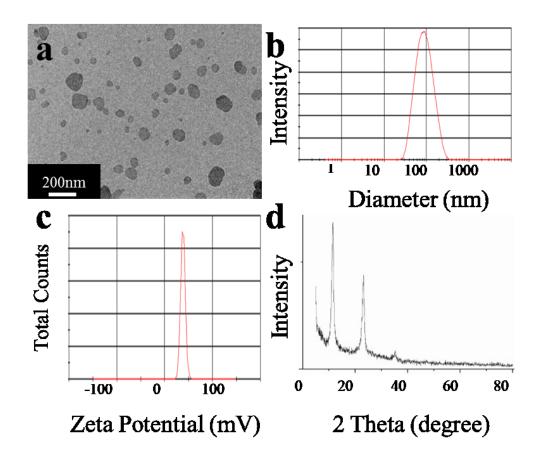


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517 **Figure 1.** a) HRTEM image of well dispersed Mg₂Al-Cl-LDH nanoparticles. b) Particle size 518 distribution of Mg₂Al-LDH suspension. c) The zeta potential of the Mg₂Al-LDH nanoparticles in 519 aqueous and buffer-free solution. d) X-ray diffraction pattern of pristine LDH nanoparticles.



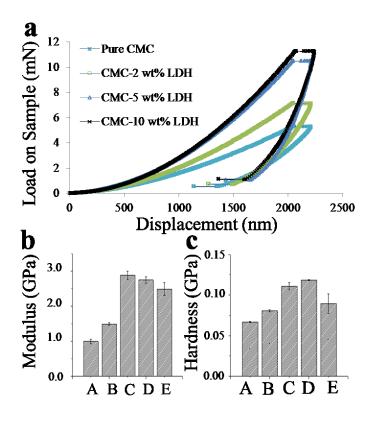


Figure 2. a) Load-displacement curves from nanoindentation. b) Elastic modulus and c)
 Hardness of CMC polymer films with different LDH concentrations: A-0 wt%; B-2 wt%; C-5

524 wt%; D-10 wt% and E-5 wt% with centrifugation.

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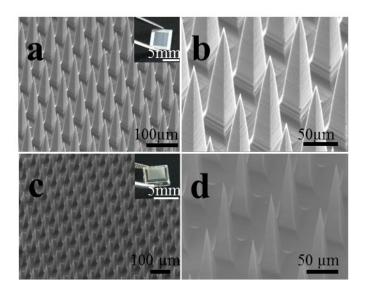
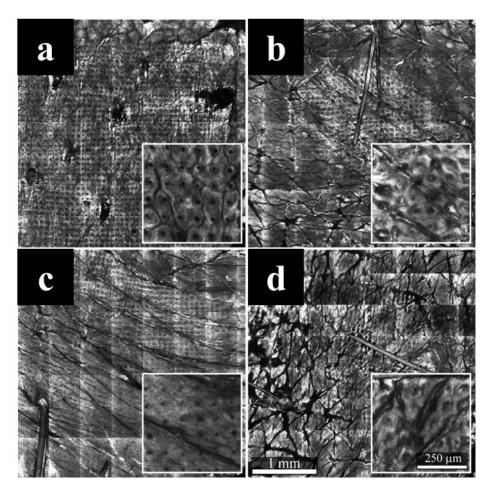


Figure 3. Scanning electron microscopy images of microneedles: a-b) Silicon microneedles array male mold (inset: digital camera image of a silicon microneedle array); c-d) Fabricated dissolving polymer microneedles (inset: digital camera image of a polymer microneedle array).

- 531
- 532

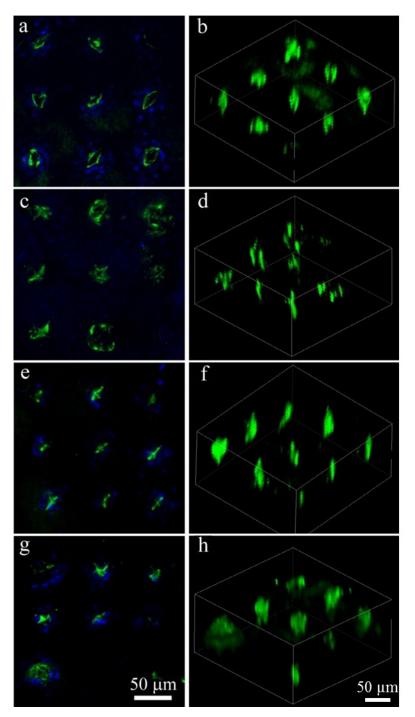




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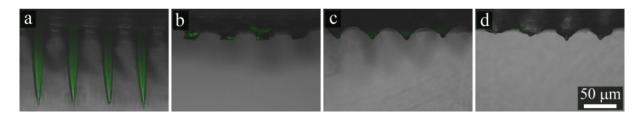
Figure 4. Reflectance confocal microscopy images of skin after 5 minutes microneedle
application: a) pig skin after CMC-LDH nanocomposite microneedle application, b) pig skin
after CMC microneedle application, c) human skin after CMC-LDH nanocomposite
microneedle application, and d) human skin after CMC microneedle application.





543 Figure 5. Laser scanning confocal microscopy images of skin after 5 minutes microneedle 544 application: a) and b) pig skin after CMC-LDH nanocomposite microneedle application, c) 545 and d) pig skin after CMC microneedle application, e) and f) human skin after CMC-LDH 546 nanocomposite microneedle application, and g) and h) human skin after CMC microneedle 547 application.

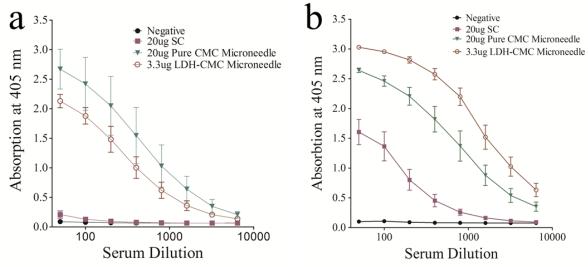






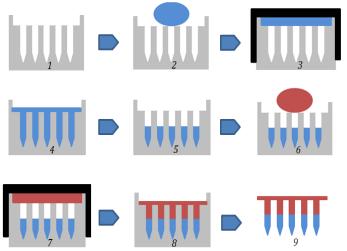
552 Figure 6. Merged fluorescence and reflectance confocal microscopy images of CMC-LDH

- 553 nanocomposite microneedles: a) before application, b) 1 minute, c) 2 minutes and d) 5
- 554 minutes after application to pig skin.



556 Figure 7. Total ovalbumin lgG levels at 12 and 38 days post vaccination. Five mice were 557 subcutaneouly injected with 20 µg of OVA protein to be the positive control. Four unimmunized mice were negative control. For microneedle immunization, either pure CMC 558 559 or CMC-LDH nanocomposite microneedle patches containing different amounts of OVA 560 protein were used to vaccinate the mice. Each group has four mice. Mice were immunized at 561 day 0 and boosted at day 17. At day 14 and 38, sera were collected and assayed for antibody titer measurements. The antibody titers at different dilutions of each group of mice were 562 563 shown in the figure.

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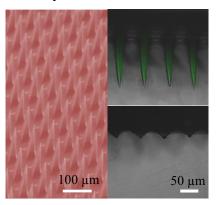
Figure 8. Steps to manufacture a dissolving nanocomposite microneedle patch.



567 **Highly uniform nanocomposite microneedles array** is fabricated under mild conditions. 568 These very small and densely packed nanocomposite microneedles can mechanically robust 569 enough to pierce pig/human skin, rapidly dissolve to release payload in targeted layers and 570 induce robust immune responses.

- 571
- 572 Keywords: Transdermal delivery; vaccine delivery; nanocomposite; polymeric material;
- 573 biomedical applications
- 574
- 575 Li Yan, Anthony P Raphael, Xiaoyue Zhu, Beilei Wang, Wei Chen, Tao Tang, Yan Deng,
- 576 Himanshu J Sant, Guangyu Zhu, Kwong Wai Choy, Bruce K Gale, Tarl W Prow, and
- 577 Xianfeng Chen*
- 578

579 Nanocomposite strengthened dissolving microneedles for improved transdermal 580 delivery to human skin



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- 584 Page Headings
- 585 Left page: First Author et al.
- 586 Right page: Title of manuscript (abbreviated)