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## High-fat diet disrupts metabolism in two generations of rats in a parent-of-origin specific manner

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1 **High-fat diet disrupts metabolism in two generations of rats in a parent-of-origin**  
2 **specific manner**

3

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5

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14

15 Experimental and epidemiological evidence demonstrate that ancestral diet might contribute  
16 towards offspring health. This suggests that nutrition may be able to modify genetic or  
17 epigenetic information carried by germ cells (GCs). To examine if a parental high fat diet  
18 (HFD) influences metabolic health in two generations of offspring, GC-eGFP Sprague  
19 Dawley rats were weaned onto HFD (45% fat) or Control Diet (CD; 10% fat). At 19 weeks,  
20 founders (F0) were bred with controls, establishing the F1 generation. HFD resulted in 9.7%  
21 and 14.7% increased weight gain in male and female F0 respectively. F1 offspring of HFD  
22 mothers and F1 daughters of HFD-fed fathers had increased weight gain compared to  
23 controls. F1 rats were bred with controls at 19 weeks to generate F2 offspring. F2 male  
24 offspring derived from HFD-fed maternal grandfathers exhibited increased adiposity, plasma  
25 leptin and luteinising hormone to testosterone ratio. Despite transmission via the founding  
26 male germline, we did not find significant changes in the F0 intra-testicular GC transcriptome.  
27 Thus, HFD consumption by maternal grandfathers results in a disrupted metabolic and  
28 reproductive hormone phenotype in grandsons in the absence of detectable changes in the  
29 intra-testicular GC transcriptome.

30

## 31 **Introduction**

32 The prevalence of obesity has doubled since 1980 with an estimated \$28billion annual  
33 increase in associated medical costs in the USA<sup>1-3</sup>. Whilst lifestyle influences obesity risk,  
34 other factors can contribute to weight accumulation and its effects on general health. Twin  
35 studies suggest that 40-70% of bodyweight can be explained by inherited factors<sup>4</sup>, however,  
36 with a few exceptions, specific genes have remained elusive and genome wide association  
37 studies have only accounted for 2-4% of the heritability of obesity.

38 Several human studies have identified relationships between parental weight and weight of  
39 offspring<sup>5</sup>, albeit this is confounded by parental and offspring environmental exposures.  
40 Experimental evidence suggests that this might occur via non-genetic mechanisms. For  
41 example, the diet of a male prior to conception can impact upon the metabolic and  
42 reproductive health of his offspring<sup>6-9</sup>, with some studies showing that such ‘programmed’  
43 effects are transmissible to further generations<sup>10-12</sup>. It has been proposed that such  
44 environmental exposures might affect the germline epigenome; for example the miRNA  
45 profile<sup>6,13,14</sup>, chromatin dynamics/histone modifications<sup>8,9</sup> and DNA methylome<sup>12</sup> of  
46 spermatozoa. However, the mechanisms linking these germline epigenetic modifications, the  
47 stage of spermatogenesis affected and the phenotypic changes observed in offspring are  
48 unknown.

49 The present study shows that grandparental exposure to a high-fat diet influences the  
50 metabolism of two generations of rats in a grandparent-of-origin and sex-specific manner.  
51 We demonstrate that the maternal grand-sire has the strongest effect on the metabolic  
52 phenotype of his male grand-offspring. Using a rat model in which germ cells (GCs) express  
53 eGFP<sup>15</sup>, enabling the isolation of a pure intra-testicular germ cell population, we did not  
54 identify any changes to the gene-coding or miRNA transcriptome of GCs from the testes of

55 HFD exposed adult males, implying that other (e.g. downstream) HFD-induced changes must  
56 account for the intergenerational effects which we identify.

## 57 **Results**

### 58 **HFD induces adiposity but not altered glucose tolerance in exposed animals (F0)**

59 From weaning male and female rats were placed onto a control diet (CD) or onto a high fat  
60 diet (HFD) for 16 weeks. Following 14 weeks on a HFD, F0 males and females were  
61 respectively 9.3% and 14.7% heavier compared to animals fed the CD, with a significant  
62 difference in male weight from 9 weeks of age and in female weight from 15 weeks (Figure  
63 1A). In males, the adiposity index (the sum of fat pads divided by body weight) was  
64 increased by 36% and leptin increased 3-fold, although this was not statistically significant  
65 (Table 1). Insulin secretion in response to glucose tolerance testing (GTT) was increased 150%  
66 in HFD fed males, without any changes in glucose concentration. There were no differences  
67 between groups in plasma lipids or triglycerides, or in testosterone, luteinising hormone (LH)  
68 or the LH:Testosterone ratio or in sperm count or testicular apoptosis (Table 1).

### 69 **Effects of parental (F0) HFD on F1 offspring**

70 At 19 weeks, adult males and females reared since weaning on CD or HFD were mated with  
71 opposite sex CD-fed controls to generate F1 offspring. No differences were observed in litter  
72 size, days taken to plug, gestation length, birthweight or proportion of males per litter in the  
73 F1 animals born to parents who had consumed a HFD or a CD (Supplementary Table 1).  
74 There were differences in the growth trajectories of the F1 offspring, with increased weight  
75 gain in F1 offspring of mothers that had consumed the HFD and in female offspring of HFD-  
76 fed males when compared to offspring of CD mothers (Figure 1B). Bodyweight at sacrifice  
77 was increased for male (10%) and female (7%) F1 offspring born to HFD mothers (Table 2),  
78 although there were no differences in adiposity, or in leptin, insulin and glucose levels (Table

79 2). Testosterone was elevated by ~70% in the sons of HFD-exposed mothers although there  
80 was no difference in plasma LH or the LH:T ratio (Table 2).

81 **Grandparental diet affects F2 metabolic physiology in a parent-of-origin and sex-**  
82 **specific manner**

83 To determine if grandparental exposure to HFD exerted effects on grandchildren (F2  
84 offspring), representative F1 adult males and females derived from the relevant CD-exposed  
85 or HFD-exposed F0 parents were mated with opposite sex CD-fed controls to generate F2  
86 offspring. No differences were observed in litter size, percentage of males per litter or birth-  
87 weights of F2 grand-offspring of CD or HFD fed rats (Supplementary Table 2). From 6  
88 weeks of age, the F2 males whose maternal grandfather consumed a HFD were heavier than  
89 the comparable F2 male offspring of rats fed CD (Figure 1C).

90 In adulthood, the adiposity index of the F2 male rats whose maternal grandfather consumed a  
91 HFD was 31% greater than control males (Table 3). There was an associated 97% increase in  
92 plasma leptin (Table 3) and evidence for decreased insulin sensitivity during the GTT, with  
93 insulin area under the curve increased by ~70% following a glucose challenge, although this  
94 was not statistically significant following Bonferroni adjustment (Table 3).

95 There was a trend for reduced plasma testosterone and increased LH levels in F2 males  
96 whose maternal grandfather had consumed a HFD (Table 3), which resulted in a significant  
97 three-fold increase in the LH:testosterone ratio in males of this group; this is indicative of  
98 compensated Leydig cell failure. There was no observable influence of grandpaternal diet on  
99 sperm count in F2 males (Table 3).

100 Female F2 animals derived from an HFD-fed grandparent showed no differences in body  
101 weight, adiposity or size of organs when compared to controls (Table 3).

## 102 **High fat diet does not alter the transcriptome of F0 male intra-testicular GCs**

103 As F0 male exposure to HFD resulted in intergenerational effects in F2 male offspring, we  
104 investigated if HFD exposure altered the gene expression profile of intra-testicular GCs from  
105 F1 males. Purity of FACS sorted GCs was verified by qPCR for the GC specific protein *Vasa*  
106 and expression of *Sox9* (Sertoli cell-specific) and *3 $\beta$ HSD* (Leydig cell-specific)  
107 (Supplementary Figure 1). Total RNA was extracted from the GCs and underwent deep  
108 sequencing;  $5.0\text{-}9.0 \times 10^7$  reads per animal for RNA and  $1.2\text{-}1.7 \times 10^7$  reads for small RNA  
109 were uniquely aligned to the rat genome (rn5). The distribution of gene expression between  
110 rats on HFD and CD, and between biological replicates, was highly consistent for protein  
111 coding genes (Figure 2A) and miRNAs (Figure 3A) indicating little overall change in GC  
112 transcription in this model. Clustering and principal components analysis showed strong  
113 homogeneity between GCs isolated from HFD- and CD-exposed males (Figure 2B, 2C, 3B  
114 and 3C). Three protein coding mRNAs and 1 microRNA were down-regulated with statistical  
115 significance in GCs following HFD consumption; *collagen3a1*, *gelsolin* and *decorin* (Figure  
116 2E) and miRNA rno-mir-10b (Figure 3E). Although each of these showed reduced expression  
117 in qPCR validation, these failed to reach statistical significance (Figures 2F and 3F).

118 There were no differentially expressed piRNAs or repeat elements when comparing GCs  
119 from CD- or HFD-exposed males (Figure S2D). Both piRNA and repeat elements showed  
120 consistent distribution between treatment and biological replicates (Supplementary Figure  
121 2A), and strong homogeneity was demonstrated by clustering analysis (Supplementary Figure  
122 2B) and PCA (Supplementary Figure 2C).

123 Given recent evidence that dietary exposure can affect the abundance of specific tRNA  
124 fragments in mature spermatozoa<sup>13,16</sup>, the expression of tRNA derived species was examined.  
125 Our library preparation selected for small RNA species of 22-30nt so we were only able to  
126 estimate expression (Sharma *et al* found tRNA fragments to be 28-34nt), however we were

127 able to quantify 10 species of tRNA, none of which exhibited differential expression in the  
128 germ cells extracted from the testes of CD or HFD exposed animals. This is consistent with  
129 the findings of Sharma *et al.* who were unable to identify differential expression in testis  
130 tissue<sup>13</sup>.

### 131 **RNA-seq data from FACS sorted GCs was adequately powered to detect differences in** 132 **protein coding gene expression**

133 Given the few differentially expressed protein-coding genes and miRNAs in GCs of HFD-  
134 exposed F0 males, we next determined if our study design was adequately powered. We  
135 performed a *post hoc* power analysis in which data from the initial dataset were shuffled to  
136 generate a simulated dataset, selected for genes with differential expression of  $|\log_2\text{fold}| \leq 2.0$   
137 (see Methods). This simulated dataset was analysed using the same approach as described for  
138 all other annotations. Our analysis revealed 2781 simulated genes with statistically significant  
139 differences in expression in this data set, suggesting the study was adequately powered to  
140 detect expression changes at a  $\log_2\text{fold change} \leq 0.6$  (Figure 2D and Supplementary Figure  
141 4). A similar *post hoc power* analysis was conducted on the miRNA data (Figure 3D) which  
142 identified 3 differentially expressed miRNAs, a proportion of differentially expressed  
143 miRNAs similar to our original analysis (0.48% vs 0.35% respectively) (Supplementary  
144 Figure 4).

### 145 **Discussion**

146 The aim of the present studies was to investigate if feeding rats a HFD results in metabolic or  
147 reproductive changes in subsequent generations and, if so, whether this might be mediated  
148 via altered gene expression in the GCs of the HFD-exposed parents (males in this case). Our  
149 data show that parental HFD exposure for a 16-week period can alter the metabolic  
150 phenotype of offspring and grand-offspring, with the most pronounced effects occurring  
151 when the maternal grandfather was exposed to a HFD. These effects occurred despite only



152 modest changes in the adiposity of the HFD-exposed grandfathers. We did not detect any  
153 significant HFD-mediated changes in the transcriptome of the GCs from the testes of F0 male  
154 rats.

155 Consistent with previous studies, we found that exposure of the maternal grandfather to HFD  
156 had the greatest impact on bodyweight, adiposity and insulin resistance in grandsons<sup>6,11</sup>. The  
157 animal model data also agrees with epidemiological data from Överkalix, in Sweden, in  
158 which the environment of men during puberty predicted cardiovascular disease in grandsons,  
159 although in this instance via the paternal line<sup>17,18</sup>.

160 F2 males whose maternal grandfather had been exposed to HFD exhibited compensated  
161 Leydig cell failure, with an elevation in LH in the presence of normal testosterone levels.  
162 Although the relevance of compensated hypogonadism remains unclear, it has been  
163 associated with increased mortality<sup>19</sup> and cardiovascular disease<sup>20,21</sup>. In humans, obesity is  
164 associated with hypogonadism<sup>22</sup>, although the causality of this is unclear<sup>23</sup>. The etiology of  
165 many cases of primary hypogonadism in men is unknown although there is some evidence  
166 that an altered *in utero* environment can program this effect in adulthood<sup>24</sup>.

167 Postnatal exposure of male rats to HFD resulted in metabolic changes in their grand-offspring,  
168 and previous studies have demonstrated changes in sperm RNA profiles following  
169 environmental exposures<sup>6,14</sup>; however, we found no differences in miRNA expression in  
170 intra-testicular GCs. This is in contrast to studies reporting alterations in miRNA in  
171 spermatozoa<sup>6,25</sup>, and suggests that HFD may affect the post-transcriptional stability of  
172 miRNA within maturing spermatozoa in the epididymis rather than in altered expression in  
173 the GC within the testis. Comparable studies in mice have shown that HFD exposure  
174 significantly altered the whole testis transcriptome<sup>6,14</sup>, with a proportion of transcripts  
175 showing altered expression in epididymal sperm. One key difference to the data presented

176 here is that we excluded somatic cells from our analysis. Although this could suggest that  
177 such differences are due to the changes to somatic cells as a result of the nutritional exposure,  
178 Grandjean *et al.* went on to show that microinjection of miRNA mir-19b, which had  
179 increased expression in the testis and epididymal sperm of HFD fed mice, into one-cell  
180 embryos resulted in an altered metabolic phenotype mirroring that of offspring of HFD  
181 exposed fathers<sup>14</sup>. We found remarkable homogeneity in the RNA and small RNA-seq data  
182 from the intra-testicular germ cells of male rats exposed to CD or HFD, in a study which was  
183 powered to identify any changes in expression of log2fold change  $\geq 0.6$ . This suggests that  
184 the changes identified may be species and/or experimental model specific. Unfortunately, due  
185 to difficulties in obtaining sperm populations with sufficient purity and abundance to  
186 interrogate miRNA profiles, we are unable to say if HFD-exposure induced changes in  
187 miRNA expression in mature epididymal sperm in our study. As several groups have now  
188 reported changes in expression of RNA species in epididymal spermatozoa following dietary  
189 interventions, and in the case of Sharma *et al.* in the absence of alterations in expression in  
190 testicular tissue<sup>13</sup>, we suggest that sperm maturation may be the stage of germ cell  
191 development most vulnerable to environmentally-induced perturbations.

192 Phenotypic changes may be transmissible across generations without changes in the GC  
193 transcriptome, for example in a model of maternal undernutrition, in which F2 mice exhibited  
194 an altered metabolic phenotype, the methylome of epididymal sperm was disrupted as a result  
195 of *in utero* undernourishment<sup>12</sup> and in humans methylation of mature sperm DNA was altered  
196 in obese individuals<sup>26</sup>. Such changes in the GCs in our model could have occurred without  
197 affecting transcription. Two further studies suggest that intergenerational effects of diet might  
198 be mediated by alterations in chromatin structure in mature spermatozoa<sup>8,9</sup>, which may occur  
199 in the absence of altered expression of mRNA in GCs, especially given that during  
200 spermiogenesis, the germline becomes largely transcriptionally inactive<sup>27</sup>.

201 The time-point(s) of importance for an environmental exposure to affect sperm, and the  
202 health of offspring and grand-offspring are unknown. Our results indicate that exposure to a  
203 HFD from weaning through puberty to adulthood is sufficient to program an effect in  
204 offspring, as has been shown in mouse models<sup>11,28</sup>. It is not clear how long such effects may  
205 persist; in mice, 7 weeks exposure to exercise or CD following 8 weeks exposure to HFD  
206 normalised insulin sensitivity in offspring, indicating some reversibility of the programmed  
207 phenotype<sup>29</sup>. One might speculate that a short-term, reversible effect would be more likely to  
208 arise from perturbations to sperm maturation than to spermatogonia, as has been suggested by  
209 studies that found programmed phenotypes following relatively short paternal exposures, for  
210 example as a consequence of exposure to 48h high sugar in *Drosophila*<sup>8</sup> and 24h fasting in  
211 mice<sup>30</sup>. The timing of these acute exposures along with the results presented here, might point  
212 towards perturbations in epididymal sperm maturation, rather than effects on spermatogenesis.  
213 This is supported by evidence suggesting that tRNA/tRNA fragment accumulation in  
214 maturing spermatozoa may play a role in influencing offspring phenotype<sup>13,16</sup>. Thus our data  
215 add further weight to the argument that sperm maturation is most susceptible to  
216 environmental influences. Alternatively, our data might suggest a non-GC mediated  
217 transmission of the effects of HFD exposure, for example alterations in seminal fluid, which  
218 is important for establishing normal conception and healthy development<sup>31,32</sup>, and which is  
219 altered by obesity<sup>31,33</sup>.

220 Our study has a number of limitations. The HFD exposure in our study resulted in only  
221 modest weight gain, although it clearly implicates dietary fat, or the physiological response to  
222 it, as a factor resulting in changes in the health of offspring. The study utilised a semi inbred  
223 rodent line, which may result in greater variability between animals than studies in inbred  
224 mice. Furthermore, we cannot rule out genetic variation as a potential cause for the altered  
225 phenotype. However, intergenerational programmed effects have been reported in both inbred

226 and outbred models<sup>12,34</sup>, and outbred strains are a better model of the human population. We  
227 have not further explored the epigenome in the purified GCs as, having found no changes to  
228 transcription, the relevance of any differences would be difficult to interpret; thus, we cannot  
229 discount possible epigenetic changes in regions in non-transcribed DNA in GCs. Finally,  
230 since we purified germ cells from the testis, we cannot account for any stage-specific GC  
231 effects, which could theoretically mask changes in gene expression; for example, if  
232 expression of a gene was increased in early spermatogonia but reduced in spermatids.

233 In conclusion, we show that postnatal exposure of male rats to HFD results in impaired  
234 metabolism in grandsons, a trait specifically transmitted down the maternal line. We did not  
235 detect significant changes in the intra-testicular GC transcriptome as a result of exposure to  
236 HFD that would explain the intergenerational effects. Further work is clearly necessary to  
237 discover mechanisms, to determine the time points at which males are most susceptible to  
238 HFD-induced changes, and establish if the effects are reversible. Given the rapid rise in the  
239 prevalence of obesity our data highlight that the environment of our immediate ancestors  
240 could play a role in this epidemic.

## 241 **Materials and methods**

### 242 **Study design and animal model**

243 Studies were performed according to the Animals (Scientific Procedures) Act 1986 following  
244 specific approval from the UK Home Office (Project License 60/3962), following review by  
245 the University of Edinburgh Animal Research Ethics Committee. Animals were maintained  
246 under controlled lighting (lights on 0700-1900) and temperature (22°C). Sprague Dawley  
247 GCS-eGFP rats<sup>15</sup> (a gift from R. Hammer, University of Texas Southwestern Medical Center,  
248 USA) were mated in-house. Animals had access to water and diet *ad libitum* and were killed  
249 by CO<sub>2</sub> inhalation followed by cervical dislocation.

250 30 male and 18 female 21-day-old founder (F0) rats were weaned onto either a high-fat, soya  
251 free diet (45% fat from lard) (HFD), or a matched control diet (10% fat) (CD) (Research  
252 Diets, NJ, USA) (for details see Supplementary Table 3) and weighed every 2 weeks. At 17  
253 weeks, rats underwent metabolic testing. Two weeks later, 3 groups of virgin breeding pairs  
254 of F0 animals were established (n=5-9), 1) mother CD/ father CD, 2) father HFD/ mother CD,  
255 and 3) mother HFD/ father CD. Animals were used once for breeding. The days taken for a  
256 plug to be observed and the length of gestation were recorded. Following delivery, F1 litters  
257 were culled to eight pups (four males and four females where possible), and were weighed  
258 and weaned onto CD on day 21.

259 At 19 weeks, a female and male rat from each F1 litter (n=4-7) were bred with a rat from the  
260 F1 control group to generate 4-5 F2 litters for each experimental arm and 7 F2 control litters.  
261 F2 litters were culled to 8 pups at birth and then culled to two animals per litter at 5-6 weeks  
262 of age. A total of 48 F2 males and 48 F2 females were thus derived (from 25 litters). Animals  
263 from the same treatment group were housed together with a maximum of 4 per cage and  
264 maintained throughout on CD.

### 265 **Metabolic testing**

266 For F0 and F1 animals, one animal per litter underwent oral glucose tolerance testing (OGTT)  
267 (F0 n=9, F1 n= 5-6). For F2 animals, two animals from each litter were tested (n= 8-14 from  
268 4-7 litters). Following an overnight fast, at 09.00, blood was obtained by tail nicking into  
269 EDTA coated micro tubes (Starstedt, Germany) and plasma separated. 2g/kg of 0.5g/ml  
270 glucose solution (Sigma) was administered by oral gavage. Further blood was collected at 30  
271 and 120 min.

272 For F0 animals, glucose was measured using a colorimetric kit (Cayman, USA) and for F1  
273 and F2 with a kit (Alpha Laboratories Ltd., UK) adapted for use on a Cobas Fara centrifugal

274 analyser (Roche, UK). Insulin was measured using a Rat Insulin ELISA kit (Merckodia,  
275 Sweden.). Fasting plasma triglyceride and cholesterol were determined using kits (Alpha  
276 Laboratories Ltd., UK and Olympus Diagnostics Ltd, UK, respectively), adapted for use on a  
277 Cobas Fara centrifugal analyser (Roche, UK). Terminal plasma leptin was measured using a  
278 Rat Leptin ELISA (Crystal-Chem, IL, USA).

### 279 **Testosterone and Luteinising Hormone (LH)**

280 Plasma testosterone levels were measured at termination using an in-house  
281 radioimmunoassay described previously<sup>35</sup>. Plasma Luteinising Hormone (LH) was  
282 determined using an in house ELISA with the capture by a monoclonal anti-beta chain  
283 antibody (from Dr. Jan F Roser, University of California, USA) and a signal biotinylated  
284 anti-beta-chain monoclonal antibody (Medix, Finland)<sup>36</sup>.

### 285 **Epididymal sperm count**

286 Epididymides were dissected and the caput and cauda nicked once prior to placement into  
287 5ml F12:Ham's (Life Technologies, UK) supplemented with 10% fetal calf serum (FCS) and  
288 2% bovine serum albumin (BSA) (Sigma, UK). The epididymis was incubated for 1 hour at  
289 37°C with inversion at 30 mins. Sperm in the medium were counted using a modified  
290 Neubauer haemocytometer at x40 magnification; 3-4 fields were counted per animal.

### 291 **Organ wet weights**

292 Following sacrifice, pancreas, liver, testes, epididymal fat pads, and left retroperitoneal fat  
293 pads were dissected and weighed. Anogenital distance was measured (using a 30cm rule for  
294 F0 and F1 and digital callipers for F2) from the midpoint of the anus to the scroto-penile  
295 junction. For F2 animals, the penis was dissected and measured using callipers. Body length  
296 was measured using a 30cm rule from the tip of the nose to the end of the rump.

**297 TUNEL staining**

298 TUNEL staining used a modified protocol for the Promega DeadEnd kit (Promega). Testes  
299 were fixed in Bouin's for 6 hours with bisection at 4 hours before paraffin embedding. 5µm  
300 sections were dewaxed, rehydrated and washed in PBS, fixed for 15 min in 4%  
301 paraformaldehyde in PBS, treated with 20µg/ml Proteinase K for 10mins prior to further  
302 fixation in 4% paraformaldehyde. The remaining process was carried out as per  
303 manufacturer's instructions. Slides were counterstained with DAPI prior to aqueous  
304 mounting. Four 40x 10x10 tiled images were captured from each section using a Zeiss LSM  
305 710 microscope. The number of positive pixels per tile was determined using ImageJ<sup>37</sup>.

**306 RNA-seq**

307 Testes were decapsulated and minced in 5 ml ice cold Hanks Buffered Saline Solution with  
308 0.1% Collagenase IV (Sigma, UK). The suspension was dissociated before incubation at  
309 37°C with gentle rotation for 10 min, and passage through a 40µm cell strainer. Cells were  
310 washed 3x by centrifugation at 500 g for 5 min and resuspended in 10ml 2% FCS (Invitrogen,  
311 UK). Samples were kept on ice until FACS on a BD Aria II, gating for expression of eGFP.  
312 6x10<sup>6</sup> sorted cells were centrifuged and RNA immediately extracted using the Qiagen  
313 miRNAeasy mini kit (Qiagen, UK) according to manufacturer's instructions. Quality and  
314 purity of total RNA was verified using spectrophotometry and the Agilent RNA 6000 nano  
315 kit before library preparation (Illumina RNA library prep kit v2 and the Illumina Truseq  
316 small RNA kits (Illumina, CA, USA)). The small RNA library preparation selected for RNA  
317 species with length 22-30nt. Sequencing small RNA (smRNA) and RNA was performed on  
318 the Illumina HiSeq2500 (Edinburgh Genomics, Edinburgh, UK). Intended library size for  
319 total RNA was 37.5 million single end reads of 125bp and for small RNA was 20 million  
320 single end reads of 50bp. Quality of the sequencing was verified using FastQC. Adaptor  
321 contamination was removed from the smRNA-seq libraries using trimmomatic to a minimum

322 length of 25 nucleotides<sup>38</sup>. SmRNA-seq reads were aligned to the *Rattus norvegicus* genome  
323 version rn5 using Butter with default parameters<sup>39</sup>. Differential expression was determined  
324 using DESeq2<sup>40</sup>. RNA-seq libraries were aligned to Rn5 using Star v2.3.0<sup>41</sup> on a custom-built  
325 splice junctions database based on Rn5 ensembl73 protein-coding annotations, with the  
326 maximum proportion of mismatches over the read length of 0.05 and minimum mapping read  
327 length of 125nts. As positive controls, liver and testis RNA-seq data from the Rat bodymap  
328 were subject to the same bioinformatic pipeline<sup>42</sup> (Supplementary Figures 3A-D). All raw  
329 RNA-seq data, and processed count tables are archived at the Gene Expression Omnibus with  
330 accession number GSE80721. The code used to perform read quality control  
331 (pipeline\_readqc.py) and short read alignment (pipeline\_mapping.py) can be found at  
332 <https://github.com/CGATOxford/CGATPipelines>.

### 333 **Sample clustering and principal components analysis**

334 Variance stabilising transformed (VST) read counts for protein-coding genes, miRNAs,  
335 repeats and piRNAs were calculated using DESeq2. Between-sample Pearson correlations ( $r$ )  
336 were calculated using VST counts and used to hierarchically cluster samples using average  
337 linkage clustering, with distances defined as  $1 - |r|$ . Principal components analysis (PCA)  
338 was performed on scaled and centred VST counts using the R *prcomp* function. Sample  
339 clustering was visualised using the R *gplots* package function *heatmap.2*, and PCA results  
340 were plotted using the R grammar of graphics package, *ggplot2*.

### 341 **Differential expression testing**

342 Uniquely aligned reads were counted over rn5 genomic annotations (ensemble v73 protein-  
343 coding genes, miRBase miRNAs<sup>43</sup>, piRNAQuest piRNAs<sup>44</sup> and repBase repeat classes<sup>45</sup>  
344 using featureCounts<sup>46</sup>. Genomic annotations with a mean read count  $<1$  across all samples  
345 were excluded from analysis. This resulted in the differential expression testing of 18,025  
346 protein-coding genes, 285 miRNAs, 7390 piRNA annotations and 522 repeat classes.



347 Statistical testing was carried out separately for protein-coding genes, miRNAs, piRNAs and  
348 repeat elements. Differential expression testing was performed using a negative binomial  
349 general linear model, regressing genomic annotation read counts on diet, adjusted for library  
350 size, in the Bioconductor package DESeq2<sup>40</sup>. P-values were calculated based on the Bayesian  
351 shrinkage moderated log2 fold changes by a Wald test with  $H_0$ : log2 fold change = 0,  $H_A$ :  
352 log2 fold change  $\neq$  0 and adjusted for multiple testing using the Benjamini & Hochberg  
353 procedure<sup>47</sup>.

### 354 **Power analysis**

355 Evaluation of statistical power was determined by simulation. For any given annotation, read  
356 counts were randomly and iteratively shuffled to generate a simulated dataset of read counts,  
357 preserving the experimental design, i.e. counts were shuffled between different genes, but not  
358 different treatment groups. Shuffled annotations were retained with |log2 fold change| ranges  
359 0.0-2.0 for protein-coding genes, and 0.0-0.5 for miRNA annotations. These ranges were  
360 selected to reflect the observed fold changes in the experimental data. The counts tables  
361 derived from the shuffled data sets were used as input into the same differential expression  
362 testing procedure described above. The shuffled counts tables were generated using the  
363 *counts2counts.py* Python script in the CGAT code collection<sup>48</sup>, found at  
364 <https://github.com/CGATOxford/cgat>. To generate Figures 2D and 3D, the relevant table of  
365 simulated counts were spiked into the table of relevant annotation counts, and the differential  
366 expression analysis was performed on the combined table. Statistical power was calculated in  
367 bins of 0.1 as the proportion of statistically significantly differentially expressed annotations,  
368 relative to all tested annotations of that class (i.e. either miRNAs or protein-coding genes).  
369 The R code to generate the power curves and all other code to perform differential expression  
370 testing can be found at <https://github.com/MikeDMorgan/proj035>, including the counts tables  
371 on which the power analysis in Supplementary Figure 4 was performed.

## 372 **qPCR validation of sequencing**

373 cDNA was prepared using SuperScript VILO (Invitrogen) as per the manufacturer's  
374 instructions. The most stably expressed genes from the RNA-seq were used to determine  
375 reference genes using normfinder<sup>49</sup>. Expression was thus calculated relative to the mean  
376 expression of *Ldha* and *Ropn1L*. qPCR was performed on the ABI Prism Sequence Detection  
377 System (Applied Biosystems). Expression was determined using the primers and universal  
378 probes (Roche, UK) in supplementary table 4. For miRNA, the ABI TaqMan miRNA assay  
379 for rno-mir-10b was used according to manufacturer's instructions; snoRNA-U6 was used as  
380 control. RNA from two independent cohorts of rats was used. All samples were analysed in  
381 triplicate.

382 Validation of the purity of sorted GCs was achieved by qPCR as above but with expression  
383 compared to RNA from adult rat testis (Ambion), using 18S as internal control.

## 384 **Statistics**

385 For experiments examining F0 founders, outcomes were analysed using linear mixed model  
386 with diet and sex as fixed factors and cohort as a random factor. For analysis of F1 and F2  
387 data, a mixed linear model was used with group and sex as fixed factors and litter number as  
388 a random factor. Data are presented either as a % difference to the control group or, as mean  
389  $\pm$  SEM with total animals as the denominator. For bodyweight, a mixed linear model was  
390 used with group and sex as fixed factors, litter as a random factor and weight as a repeated  
391 measure with an autoregressive covariance structure. Goodness of fit of these models was  
392 checked using the maximum likelihood method and comparison of -2 log likelihood  
393 information criteria for the lowest value. *Post hoc* Bonferroni analysis was conducted to  
394 account for multiple comparisons. Where no differences were determined by Bonferroni  
395 adjustment, but an interaction was identified, least significant difference analysis was

396 conducted as indicated in the results tables. Levels of significance were set at  $\alpha=0.05$ ,  
397 statistics were computed using SPSS version 19 (IBM, USA).

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514

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526 **Conflict of interest**

527 The authors declare no conflicts of interest

528 **Author contributions**

529 TC, AD and RS designed the studies. TC conducted wet benchwork. TC, MM, AH designed  
530 and conducted analysis of RNA-seq data. All authors contributed to manuscript preparation.

531

532 **Figure captions**533 **FIGURE 1 Growth curves of rats in each generation**

534 **a.** Body weight of F0 rats fed a control diet (CD; black lines, closed symbols) or a high fat  
535 (HFD; grey lines, open symbols) for 14 weeks. Data are shown for male (squares) and female  
536 (circles) rats. Data were analysed by linear mixed model with diet and sex as fixed factors,  
537 time as a repeated factor and cohort as a random factor with Bonferroni post hoc testing for  
538 effect of diet within a sex. N= 22-35 males and 10-18 females from two cohorts. \* $p < 0.05$   
539 HFD vs CD. **b.** Body weight of F1 rats according to diet of the F0 parents. Analysis was by  
540 linear mixed model with group and sex as fixed factors and litter as a random factor. N= 13-  
541 32 males from 5-9 litters and 10-21 females from 5-9 litters. \* $p < 0.05$  maternal high fat diet  
542 vs. both parents on control diet. ^  $p < 0.05$  maternal or paternal high fat diet vs. both parent  
543 control diet. **c.** Bodyweight of F2 rats from birth to 18 weeks of age. Analysis was by linear  
544 mixed model with sex and group as fixed factors, time as a repeated factor and litter as a  
545 random factor and post hoc Bonferroni analysis. \* $p < 0.05$  maternal grandfather high fat diet  
546 vs. control. Data are means  $\pm$  SEM.

547 **FIGURE 2. Effect of 14-week exposure to a high fat diet (HFD) or a control diet (CD)**  
548 **on the intra-testicular GC protein-coding transcriptome of F0 male rats.**

549 **a.** The distribution of variance stabilising transformed (VST) expression of annotated protein-  
550 coding genes was unaffected by diet and was highly consistent across biological replicates. **b.**  
551 Hierarchical clustering on the sample correlation matrix of gene expression indicated that the  
552 HFD and CD samples are highly similar. **c.** Principal components analysis (PCA) was unable  
553 to distinguish samples according to diet. **d.** Differential expression testing identified 3  
554 protein-coding genes that were statistically significantly down-regulated in response to HFD  
555 (see e). A *post hoc* power analysis by simulation showed that the few HFD-induced changes  
556 were not due to a lack of statistical power given the same expression value and fold change

557 range (Orange points = HFD vs. CD comparison; black points = statistically significantly  
558 differentially expressed genes between HFD and CD, including the simulated genes; purple  
559 points = simulated genes comparison). **e.** The top 5 most differentially expressed genes in  
560 GCs of HFD-fed rats when compared with CD-fed rats. Mean expression indicates the  
561 expression level in GCs from CD animals, normalised for library size and averaged across 4  
562 replicates; p-values were adjusted for multiple testing. **f.** RT-qPCR validation analysis for the  
563 differentially expressed genes in **E.** (Means  $\pm$ SEM for n=11-12).

564 **FIGURE 3. Effect of 14-week exposure to a high fat diet (HFD) or a control diet (CD)**  
565 **on regulatory miRNA expression in the intra-testicular GCs of male F0 rats. a.** The  
566 distribution of expression of annotated *Rattus norvegicus* miRNAs within GCs was  
567 unaffected by paternal diet. Expression was more variable between replicates than for the  
568 protein-coding mRNAs (Figure 2), but showed that the majority of miRNAs were relatively  
569 lowly expressed (shown as Variance Stabilised expression). **b.** Hierarchical clustering of  
570 miRNA expression showed that the HFD and CD samples had high similarity. **c.** Principle  
571 components analysis (PCA) did not separate samples according to HFD or CD over the first  
572 two principal components, which together explained the majority of the variance in miRNA  
573 expression between samples. **d.** Differential expression testing of miRNA expression  
574 identified a single miRNA (rno-mir-10b) that was significantly down-regulated in the HFD  
575 group compared with CD. This small but statistically significant change was mirrored in a  
576 *post hoc* power analysis by simulation that demonstrated a similar proportion of differentially  
577 expressed spike-in miRNAs (0.35% vs 0.48%) (Orange points = HFD vs. CD comparison;  
578 black points = statistically significantly differentially expressed genes between HFD and CD  
579 (including simulated genes); purple points = simulated gene comparison). **e.** Top 3 most  
580 differentially expressed miRNAs in GCs of HFD-fed rats when compared with CD-fed rats.  
581 The miRNA rno-mir-10b is highly expressed and demonstrates a modest difference between

582 HFD and CD groups. P-values were adjusted for multiple testing. f. RT-qPCR validation  
583 analysis for the down-regulation of rno-mir-10b. Values are Means  $\pm$ SEM for n=8.

**Tables****TABLE 1. Effect of feeding with a high fat (HFD) or control diet (CD) for 14 weeks on the metabolic and reproductive phenotype of F0 males.**

Data are derived from post-mortem dissection at 19 weeks of age. Biochemical data derives from 09.00 fasting plasma obtained during glucose tolerance testing at 17 weeks of age. Data were analysed by linear mixed model with diet as fixed factor and cohort as a random factor with post hoc Bonferroni analysis. Values significantly different ( $p < 0.05$ ) from control (CD) are shown in bold.

	Control diet	High fat diet	
N (litters)	7-15(6)	7-15(6)	
	Mean±SEM	Mean±SEM	p
<b>Body size</b>			
Weight (g)	416±14	<b>454±14</b>	<b>0.003</b>
Body length (cm)	23.95±0.25	24.10±0.31	0.565
<b>Organ weights</b>			
Pancreas weight/bodyweight (mg/g)	1.9±0.09	1.8±0.08	0.416
Liver/bodyweight (mg/g)	38.3±1.2	<b>31.0±0.9</b>	<b>&lt;0.001</b>
<b>Adipose weights</b>			
Retroperitoneal Fat/bodyweight (mg/g)	4.7±0.03	<b>6.9±0.04</b>	<b>&lt;0.001</b>
Gonadal fat/bodyweight (mg/g)	6.3±0.3	<b>8.3±0.3</b>	<b>&lt;0.001</b>
Adiposity Index (mg/g)	11.0±0.7	<b>15.2±0.7</b>	<b>&lt;0.001</b>
<b>Biochemistry</b>			
Leptin (ng/ml)	1.67±1.28	5.25±1.21	0.054
Insulin AUC µg/l.min	96.4±11.1	<b>144.7±10.1</b>	<b>0.003</b>
Glucose AUC mM.min	647.1±22.7	672.2±17.6	0.4
Triglycerides mM	0.81±0.06	0.73±0.07	0.719
Cholesterol mM	1.53±0.07	1.58±0.10	0.414
<b>Reproduction</b>			
AGD (mm)	46.91±1.29	45.93±0.80	0.52
Testis weight (g)	1.79±0.06	1.73±0.05	0.334
Penis length (mm)	10.69±1.22	12.14±0.11	0.25
Sperm count (10 <sup>-6</sup> )	19.10±2.60	17.50±1.44	0.598
Testosterone (ng/ml)	5.14±1.53	7.31±0.66	0.075
LH (ng/ml)	0.37±0.05	0.73±0.3	0.322
LH:T	0.08±0.01	0.09±0.03	0.236
% motile sperm	32.36±4.37	26.64±2.46	0.277
TUNEL (pixels)	1111±414	1451±263	0.504

**TABLE 2. Phenotypic analysis of F1 offspring of F0 mothers and fathers that were fed a high fat (HFD) or control diet for 14 weeks.**

Data are derived from post-mortem dissection at 19 weeks of age. Biochemical data derives from 09.00 fasting plasma obtained during glucose tolerance testing at 17 weeks of age. Data was analysed by linear mixed model with group and sex as fixed factors and litter as a random factor with post hoc Bonferroni analysis. Values significantly different ( $p < 0.05$ ) from control are shown in bold. \* indicates different only with least significant difference analysis (not taking multiple testing into account). ^ indicates sex not used as a fixed factor as data only available for males.

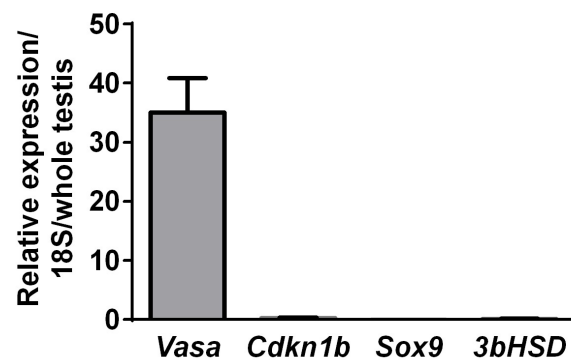
## High-fat diet disrupts metabolism in two generations of rats in a parent-of-origin specific manner without affecting the intra-testicular germ-cell transcriptome

Chambers TJG, Morgan MD, Heger AH, Sharpe RM, Drake AJ.

### Supplementary information

#### Figure S1 Validation of the purity of FACS-sorted GCs.

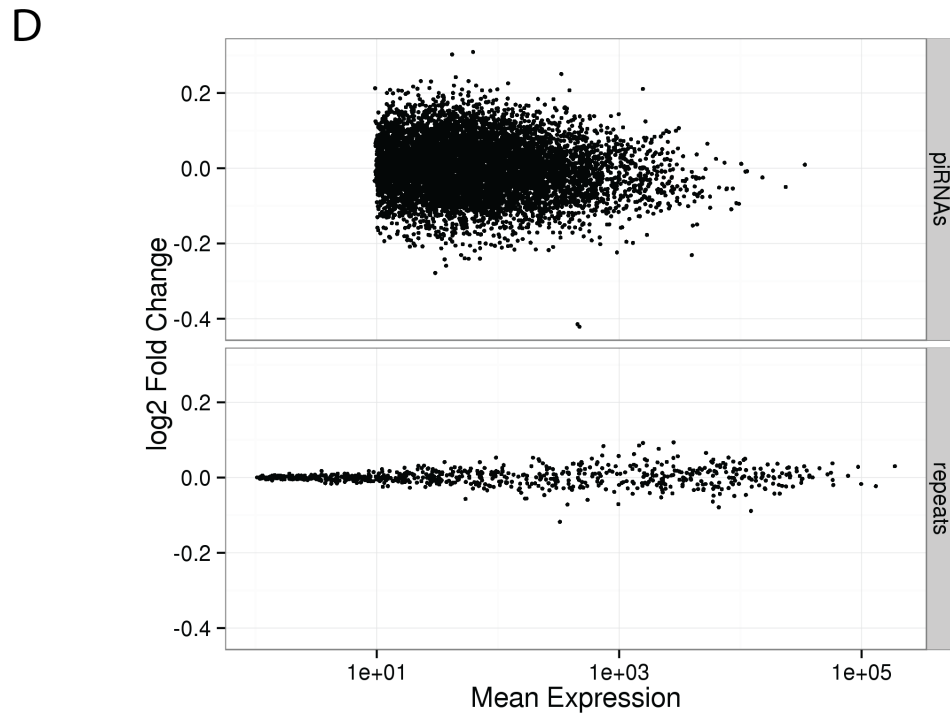
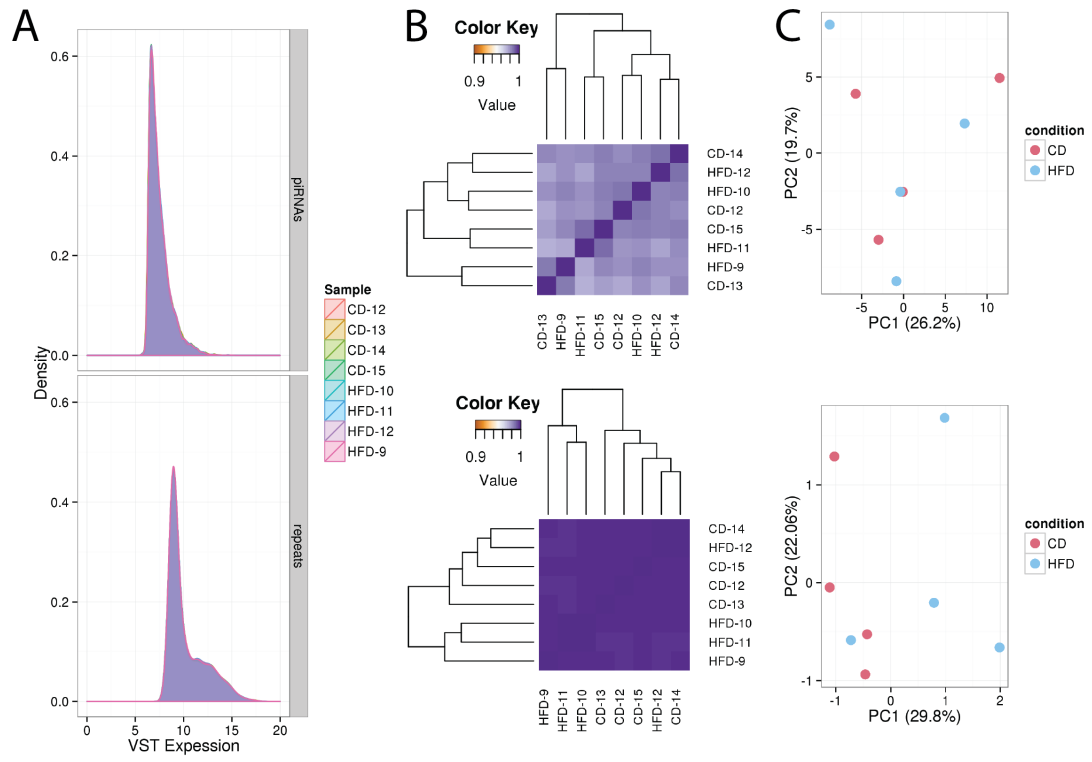
Relative expression (RT-qPCR) of the cell specific genes Vasa (GCs), Cdkn1b and Sox9 (Sertoli cells) and 3 $\beta$ HSD (Leydig cells) compared to whole testis are shown (Means  $\pm$  SEM, N=4).





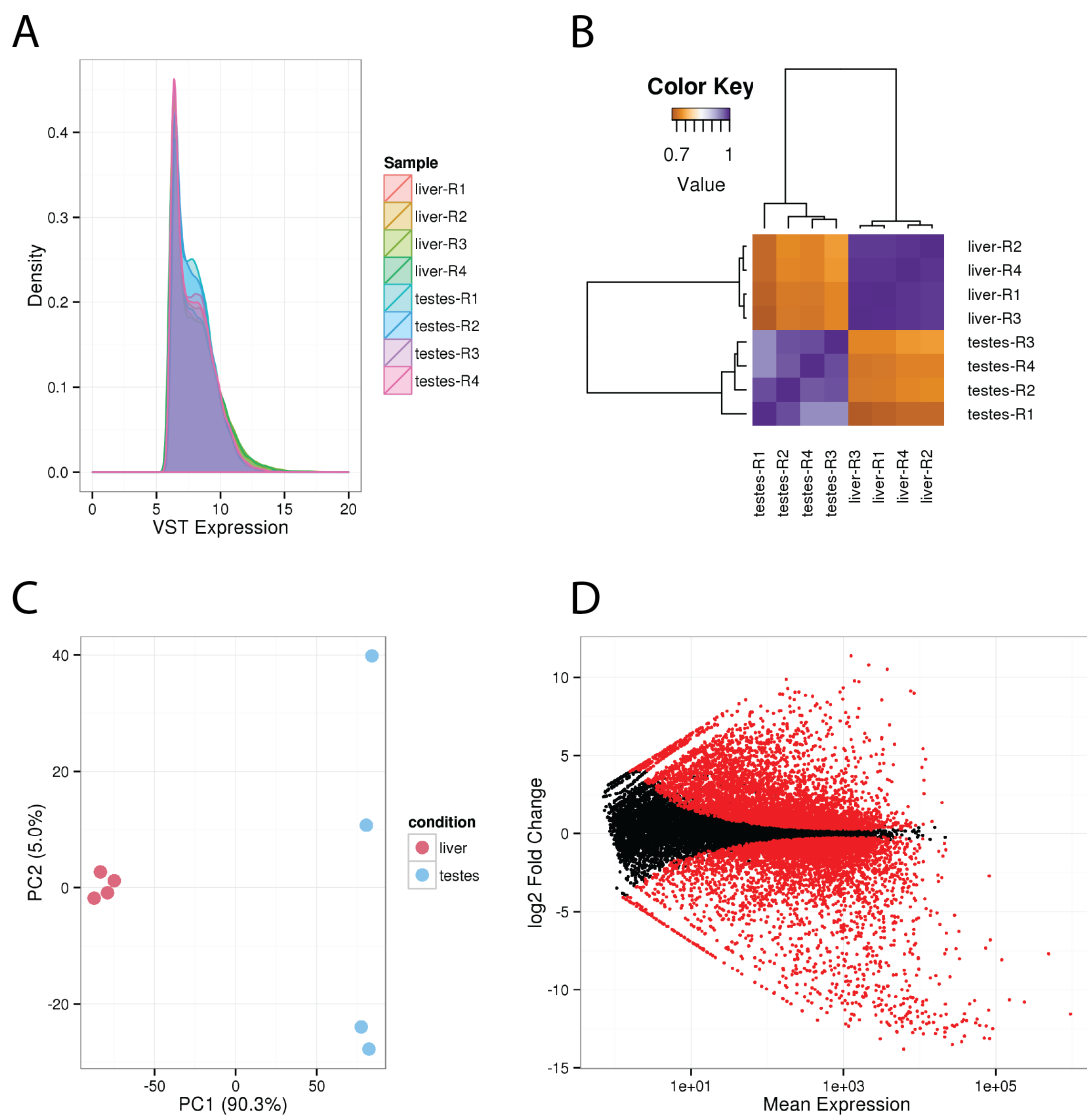
**Figure S2 Effect of 14-week exposure to a high fat diet (HFD) or a control diet (CD) on the GC retrotransposon, repeat element and piRNA transcriptome of F0 male rats**

**A.** The distribution of variance stabilising transformed (VST) expression values for annotated *Rattus norvegicus* piRNAs and expressed repeat elements was unaffected by diet and was highly consistent across biological replicates. The bimodal distribution of repeats expression was more similar to that of protein-coding genes than either miRNAs (Figure 3) or piRNAs. **B.** Hierarchical clustering of expression correlation of piRNAs (top) and repeat elements (bottom) between samples indicated that the HFD and CD samples were highly similar. **C.** Principal component analysis (PCA) across expressed piRNAs (top) and repeats (bottom) was unable to distinguish between the transcriptomes. **D.** Differential expression testing detected no differences in either the piRNA (top) or repeat element (bottom) expression.

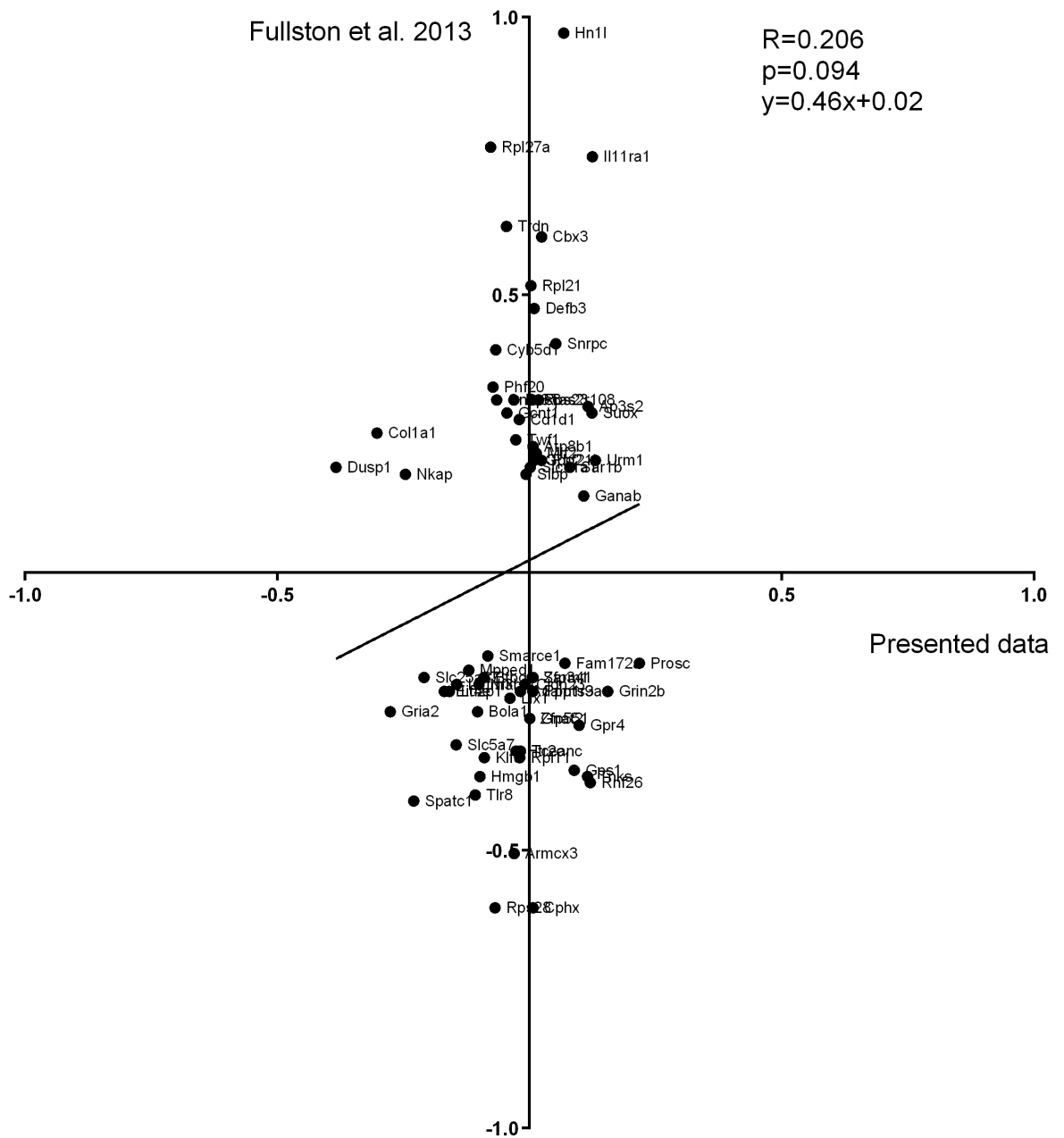


**Figure S3 Rat bodymap data demonstrate large tissue differences in mRNA expression between liver and testes**

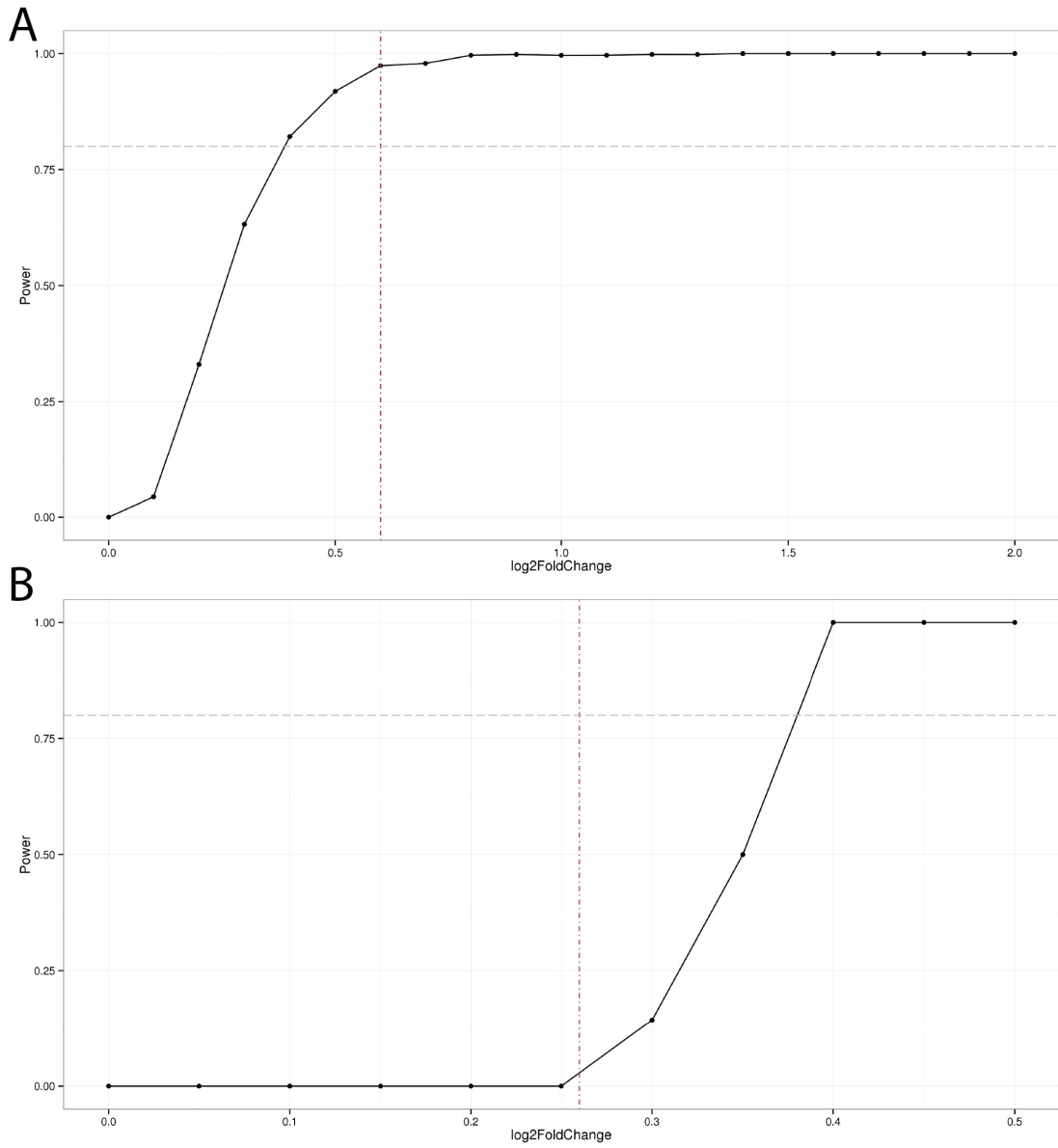
**A.** Distribution of expression values for annotated *Rattus norvegicus* protein-coding mRNAs displayed obvious differences between tissues. **B.** Hierarchical clustering of protein-coding gene expression separated samples by tissue type, in contrast to that found for comparison of CD- and HFD-fed rats (Figures 4B, 5B and supplementary figure 2B-3). **C.** Principal component analysis across expressed protein-coding genes differentiated between liver and testis samples, with 90% of the variation in expression explained by tissue differences. **D.** Differential expression testing detected large differences in gene expression between liver and testis tissue in the Rat Bodymap dataset that was not observed in the transcriptome components of the GCs of rats fed CD or HFD diets (red dots indicate significance with adjusted p-value  $\leq 0.05$ ).



**Figure S4 Comparison of RNaseq data from FACS sorted GCs in the present study with the top 50 up- and down-regulated genes identified from microarray analysis of whole testis extracts from mice following exposure to HFD from Fullston *et al.* (ref. 6). Spearman R correlation was used to compare the two data sets.**



**Figure S5 Power curves of spike-in experiments.** **A.** Spike-in analysis of protein-coding genes demonstrated sufficient statistical power (80%) to detect estimated absolute log<sub>2</sub> fold changes greater than  $\sim|0.4|$  (horizontal grey line). The smallest observed estimate was  $\sim|0.6|$ , shown by the vertical red line, indicating there was sufficient statistical power to detect a wide range of log fold changes. **B.** Spike-in analysis of miRNA data showed lower statistical power for the smallest observed difference, but there was sufficient power (grey line) at a similar level as for the protein-coding genes ( $\sim|0.4|$ ). This suggests the sample size used in this study would have sufficient power to detect any observations above this threshold.



	HFD	CD
Research Diets <sup>TM</sup> #	D06071701	D06072701
Cysteine (% w/w)	0.35	0.28
Casein (% w/w)	23.31	18.96
Corn-starch (% w/w)	8.48	29.86
Maltodextrin (% w/w)	11.65	3.32
Sucrose (% w/w)	20.14	33.17
Cellulose (% w/w)	5.83	4.74
Corn oil (% w/w)	2.91	2.37
Mineral mix (% w/w)	1.17	0.95
Vitamin mix (% w/w)	1.17	0.95
Lard (% w/w)	20.68	1.9
calories/100g	473	385
% of total energy from carbohydrate	35	70
% of total energy from protein	20	20
% of total energy from lipid	45	10

**Table S1. Composition of control (CD) and high fat (HFD) - soya free diets, which were obtained from Research Diets; some of the carbohydrate was replaced by fat (lard) in the HFD.**

	CD	Mother HFD	Father HFD	
litters	5	5	5	
	Mean±SEM	Mean±SEM	Mean±SEM	p
Litter size	10.20±1.39	12.60±0.87	12.40±0.75	0.236
Birthweight (g)	6.85±0.14	6.67±0.22	6.64±0.32	0.794
% males per litter	48.2±10.7	29.4±3.4	48.5±3.5	0.114
Days to plug	5.33±1.15	3.17±0.17	3.50±0.67	0.136
Gestation (days)	22.8±0.2	22.5±0.2	22.6±0.2	0.638

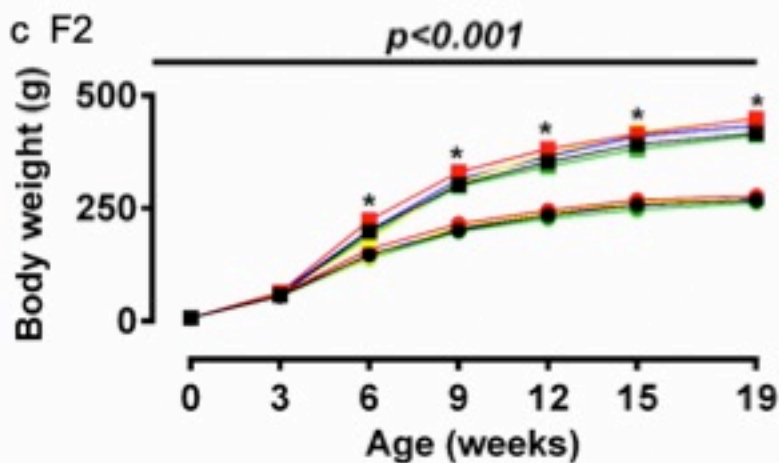
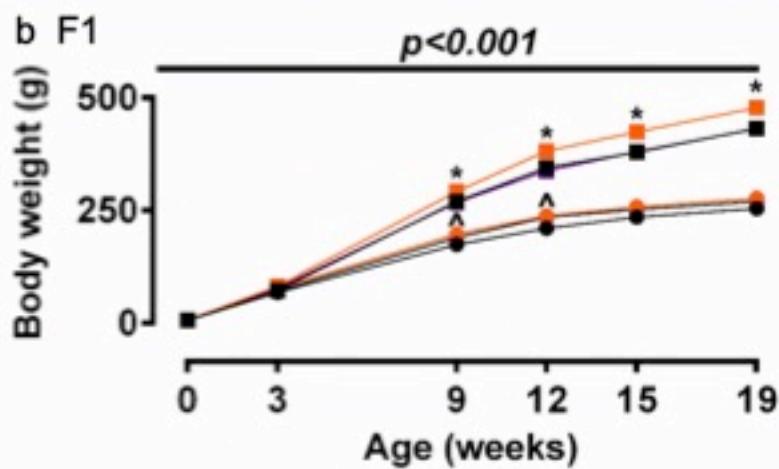
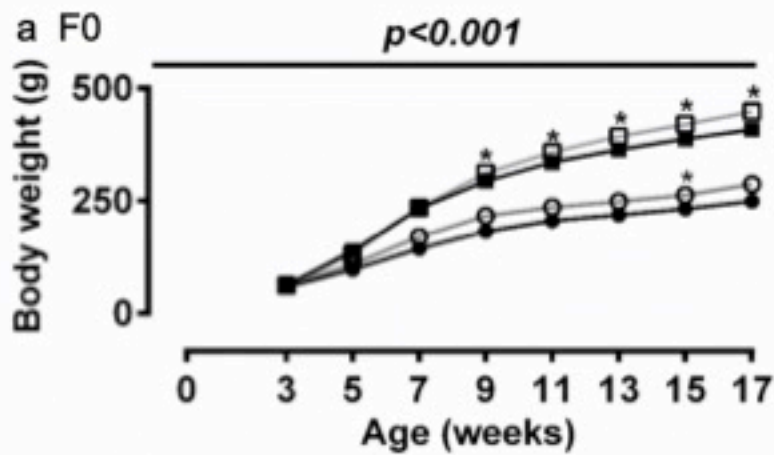
**Table S2. Demographics of F1 litters born to F0 rats in which the mother or father had been exposed for 14 weeks to a control (CD) or high fat diet (HFD).**

	Control	Maternal Grandfather	Maternal Grandmother	Paternal Grandfather	Paternal Grandmother	
Litters	7	4	4	5	5	
	Mean±SEM	Mean±SEM	Mean±SEM	Mean±SEM	Mean±SEM	p
Birthweight (g)	6.93±0.24	6.86±0.42	6.89±0.31	7.05±0.32	6.85±0.19	0.986
% male pups	46.5±2.8	58.2±4.0	46.0±5.6	55.0±8.4	58.6±7.6	0.384
Litter size	12.57±0.48	12.5±1.66	12.25±1.49	11.8±0.58	11.2±2.13	0.934

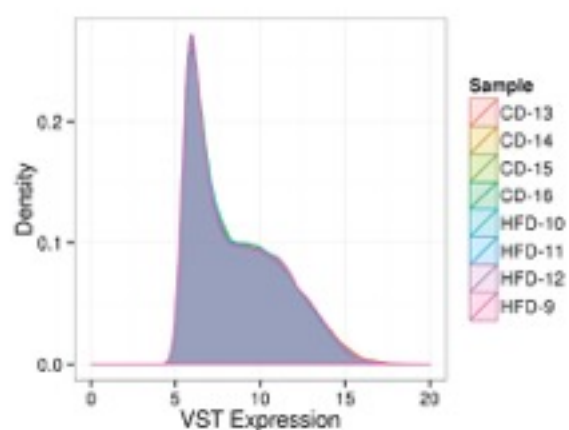
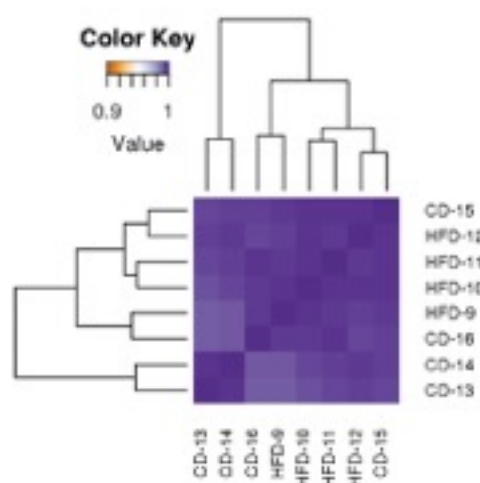
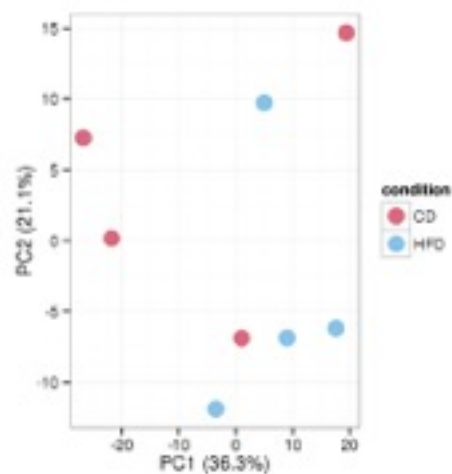
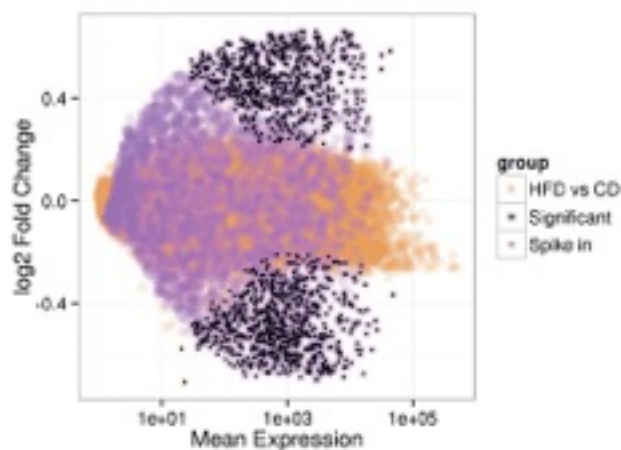
**Table S3. Demographics of F2 litters according to the diet of the maternal or paternal grandparent. Top row indicates which grandparent consumed a high fat diet (HFD). Control indicates grandparents and parents consumed the CD. Animals consumed a CD unless otherwise stipulated.**

Primer	F	R	Probe
<i>Col3a1</i>	cctgcaggaaaggatgga	gaggtccaggcagtccac	80
<i>Dcn</i>	ctccgagtgggtgcagtgtt	gcaatgttgtcaggtgga	115
<i>Gsn</i>	ctggccaagctctacaaggt	agccacgagggagactgac	16
<i>Ldha</i>	gatctcgcgacgtact	cacaatcagctggtccttgag	129
<i>Ropn1L</i>	catcctcaagcagttcacca	tacgggaagtgggtctcct	121
<i>vasa</i>	cattcagaagaggtgggagaga	tgctggttctctagaacaaa	77
<i>3bHSD</i>	gaccagaaaccaaggaggaa	ctggcacgctctcctcag	105
<i>Sox9</i>	atctcaaggcgtgcaa	cggtggaccctcagattg	63

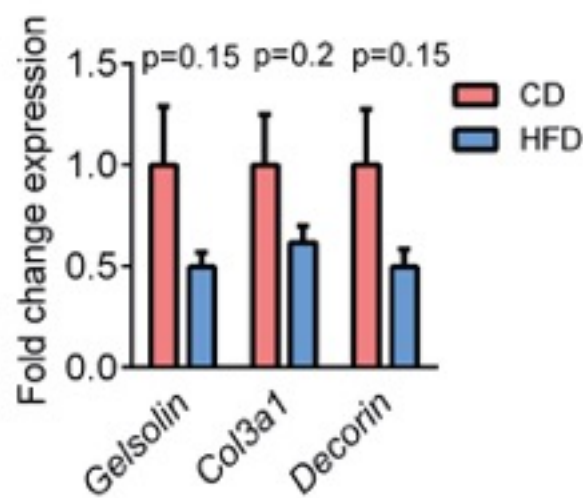
**Table S4. Primers and probes used for qPCR**



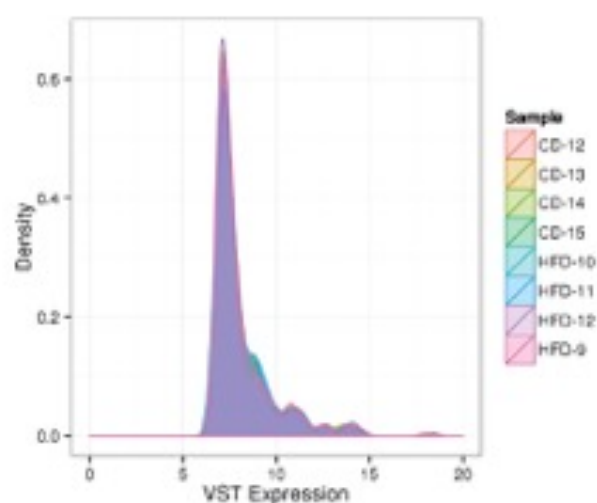
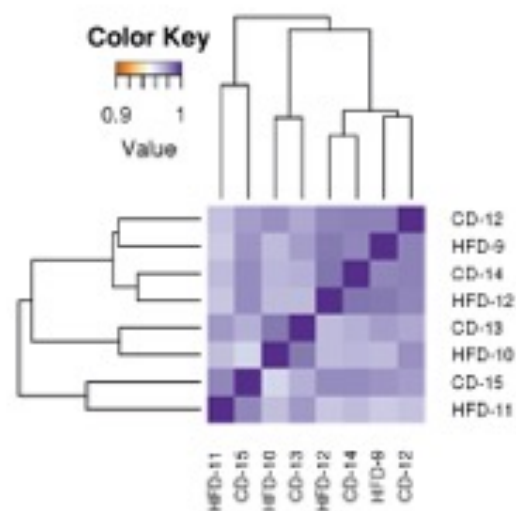
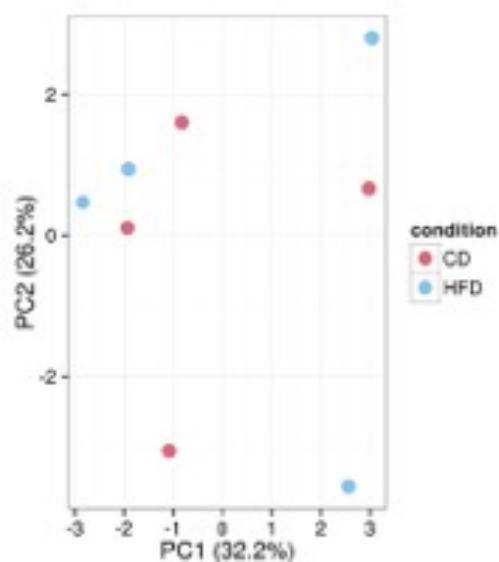
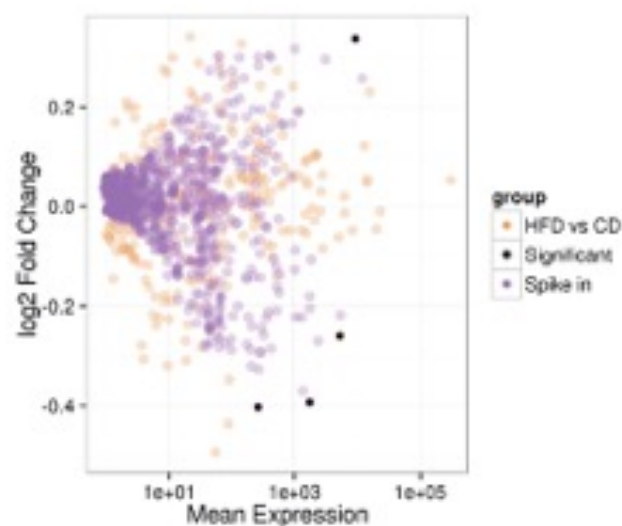


**a****b****c****d****e**

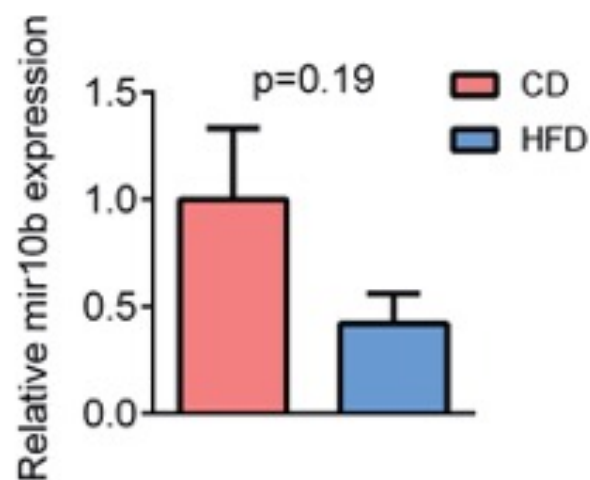
Gene	Mean Expression	log2 fold change	p-value
<i>Col3a1</i>	22.92	-0.71	<b>0.004</b>
<i>Gsn</i>	128.43	-0.59	<b>0.021</b>
<i>Dcn</i>	20.55	-0.58	<b>0.037</b>
<i>Anxa1</i>	11.99	-0.49	0.056
<i>Lyc2</i>	123.39	-0.57	0.056

**f**

Sex	Male			Female			
Group	Control	Maternal HFD	Paternal HFD	Control	Maternal HFD	Paternal HFD	p
N (litters) unless stated below	19-32 (9)	13-19 (5)	10-17 (5)	10-17 (9)	14-20 (5)	13-21 (5)	
	Mean±SEM	Mean±SEM	Mean±SEM	Mean±SEM	Mean±SEM	Mean±SEM	
<b>Body size</b>							
Weight (g)	434±4	<b>478±10</b>	431±8	260±5	278±4	270±4	<b>0.003</b>
Length (cm)	23.8±0.2	24.1±0.3	23.5±0.3	21.2±0.2	21.1±0.2	21.2±0.2	0.114
AGD (mm)	47.8±0.5	45.9±2.2	44.8±0.8	21.3±0.3	19.3±0.8	18.58±0.8	0.945
<b>Adiposity</b>							
Gonadal fat/bw (mg/g)	7.7±0.3	7.6±0.3	6.7±0.4	6.3±0.3	7.2±0.7	6.2±0.5	0.062
Retroperitoneal fat/bw (mg/g)	5.3±0.3	5.0±0.4	4.5±0.4	5.1±0.3	4.9±0.6	3.7±0.3	0.177
Adiposity index (mg/g)	12.9±0.6	12.6±0.7	11.2±0.7	11.4±0.5	12.1±1.2	10.0±0.6	0.062
<b>Biochemistry</b>							
Leptin (ng/ml)(n=5)	1.30±0.29	1.72±0.53	0.94±0.12				0.346 <sup>^</sup>
Insulin AUC (µg/l.min) (n=5)	108.6±21.6	76.65±11.1	77.9±14.7	51.39±10.4	65.7±13.3	47.05±9.8	0.249
Glucose AUC (mM.min) (n=5)	984±32.4	931.2±36.5	951±39.3	931.2±36.5	938.4±24.0	904±73.3	0.846
<b>Reproduction</b>							
Penis length (mm)	12.1±0.08	11.8±0.18*	11.7±0.16*				<b>0.023<sup>^</sup></b>
Gonad weight (g)	1.90±0.02	2.00±0.07	1.90±0.07	0.08±0.00	0.08±0.00	0.12±0.02	0.148
Testosterone (ng/ml) (n=5)	4.22±0.64	<b>7.38±0.90</b>	2.73±0.51				<b>0.002<sup>^</sup></b>
LH (ng/ml) (n=5)	0.38±0.06	0.34±0.04	0.26±0.04				0.255 <sup>^</sup>
LH:T ratio (n=5)	0.10±0.03	0.05±0.01	0.11±0.03				0.234 <sup>^</sup>

**a****b****c****d****e**

miRNA	Mean Expression	log2 Fold Change	p-value
mo-mir-10b	5258.49	-0.26	$2.2 \times 10^{-7}$
mo-mir-871	520.04	0.27	0.08
mo-mir-103-2	532.91	0.17	0.60

**f**

	Male					Female					p
	Control	Maternal grandfather	Maternal grandmother	Paternal grandfather	Paternal grandmother	Control	Maternal grandfather	Maternal grandmother	Paternal grandfather	Paternal grandmother	
N (litters)	14 (7)	8 (4)	8 (4)	10 (5)	10 (5)	14 (7)	8 (4)	8 (4)	10 (5)	10 (5)	
<b>Body size</b>											
Weight (g)	416±5.2	448±13.4	446±8.8	412±11.4	433±9.5	268±7.6	277±5.4	269±7.5	262±5.9	271±5.3	0.124
Length (cm)	23.3±0.1	23.5±0.2	23.5±0.2	22.8±0.1	23.4±0.2	21.1±0.2	20.9±0.1	21.0±0.2	20.7±0.2	21.1±0.2	0.613
<b>Organ weights</b>											
Liver/bw (mg/g)	43.2±0.8	40.8±0.5	42.3±1.4	42.8±1.2	44.4±1.4	38.9±0.9	37.0±1.5	34.3±1.5	38.4±1.4	37.6±1.1	0.24
Pancreas/bw (mg/g)	2.6±0.1	2.4±0.2	2.1±0.1	2.3±0.1	2.2±0.1	3.5±0.1	3.5±0.2	3.8±0.4	4.0±0.2	3.0±0.2	<b>0.007</b>
<b>Adiposity</b>											
Retroperitoneal fat/bw (mg/g)	4.8±0.4	<b>6.6±0.5</b>	5.1±.4	6.3±0.5	6.1±0.4	4.1±0.5	3.6±0.2	3.9±0.7	4.9±0.3	5.2±0.3	<b>0.003</b>
Gonad fat/bw(mg/g)	6.6±0.3	8.4±0.6*	7.0±0.2	7.9±0.5	6.9±0.4	5.9±0.5	5.2±0.3	5.9±0.4	6.3±0.4	6.3±0.5	<b>0.017</b>
Adiposity index (mg/g)	18.0±1.0	<b>23.4±1.7</b>	19.0±0.7	22.0±1.3	19.9±1.0	16.0±1.3	14.0±0.6	15.7±1.3	17.4±0.9	17.8±1.2	<b>0.012</b>
<b>Biochemistry</b>											
Insulin AUC (µg/l.min)	90.2±10.7	148.7±18.2*	104.0±7.1	119.0±13.3	128.5±18.6	60.3±7.4	86.2±16.2	48.4±2.9	103.3±8.4	72.0±11.9	<b>0.016</b>
Glucose AUC (mM.min)	964±18.5	904±6.6	947±36.5	954±10.7	966±6.4	947±24.1	931±18.9	921±27.7	1146±13.4	978±9.1	0.15
Leptin (ng/ml)	2.5±0.3	<b>5.0±0.8</b>	3.3±0.2	3.6±0.5	2.9±0.4	1.8±0.2	1.7±0.2	1.9±0.2	1.6±0.1	1.9±0.2	<b>0.001</b>
Cholesterol (mM)	1.08±0.03	1.16±0.05	1.03±0.07	1.18±0.05	1.03±0.04	1.02±0.04	1.10±0.08	1.06±0.06	1.25±0.06	1.08±0.07	0.474
Triglycerides (mM)	1.08±0.05	1.3±0.189	1.54±0.13	1.16±0.10	1.27±0.12	0.82±0.05	0.78±0.04	1.21±0.12	0.83±0.07	1.14±0.13	0.106
<b>Reproduction</b>											
LH (ng/ml)	0.6±0.1	1.2±0.2	0.7±0.7	1.0±0.2	1.0±0.2						0.250 <sup>^</sup>
Testosterone(ng/ml)	8.5±0.5	6.1±0.8	8.6±1.4	8.7±1.4	7.80±0.6						0.270 <sup>^</sup>
LH:T ratio	0.07±0.01	<b>0.21±0.04</b>	0.09±0.02	0.13±0.04	0.12±0.02						<b>0.017<sup>^</sup></b>
Penis Length (mm)	12.1±0.1	12.3±0.2	12.5±0.2	12.3±0.2	12.3±0.1						0.614 <sup>^</sup>
Sperm count (10 <sup>6</sup> )	6.0±12	36.3±7.5	22.4±7.3	33.2±8.8	23.3±7.7						0.629 <sup>^</sup>
AGD (mm)	48.6±0.7	49.5±0.9	49.9±1.1	47.8±0.8	50.9±0.6	21.3±0.5	23.1±0.2	21.7±0.4	22.4±0.4	22.7±0.4	0.121

**TABLE 3. Phenotypic analysis of F2 offspring of grandparents (F0 mothers and fathers) that were fed a high fat (HFD) or control diet for 14 weeks.**

Data are derived from post-mortem dissection at 19 weeks of age. Biochemical data derives from 09.00 fasting plasma obtained during glucose tolerance testing at 17 weeks of age. Data was analysed by linear mixed model with group and sex as fixed factors and litter as a random factor with post hoc Bonferroni analysis. Comparing groups within each sex, values significantly different ( $p < 0.05$ ) from control are shown in bold. \* indicates different only with least significant difference analysis (not taking multiple testing into account). ^ indicates sex not used as a fixed factor as data only available for males.