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## Genetic variants associated with longitudinal changes in brain structure across the lifespan

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Figure #	Figure title One sentence only	Filename This should be the name the file is saved as when it is uploaded to our system. Please include the file extension. i.e.: Smith_ED_Fig1.jpg	<b>Figure Legend</b> If you are citing a reference for the first time in these legends, please include all new references in the main text Methods References section, and carry on the numbering from the main References section of the paper. If your paper does not have a Methods section, include all new references at the end of the main Reference list.
Extended Data Fig. 1	Demographics and analysis	Brouwer_ED_Fig1.t iff	Overview of demographics (left). Per cohort, an age distribution is displayed, based on mean and standard deviation of the age at baseline. Cohorts of European ancestry are displayed in green, non-European cohorts are displayed in yellow. On the right, the total number of included subjects is displayed and a pie-chart of the distribution of diagnostic groups (pink) and subjects not belonging to diagnostic groups - often healthy subjects (aqua). Overview of analysis pipeline (right).
Extended Data Fig. 2	Correlations between change rates	Brouwer_ED_Fig2.t iff	Pearson correlations between rates of change and between baseline intracranial volume and rates of change in the largest adolescent cohort (top, $N = 1068$ ) and the largest cohort in older age (bottom, $N = 624$ ) in phase 1. The size of the correlations is displayed by color and size of the circles.

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Item	Present?	Filename This should be the name the file is saved as when it is uploaded to our system, and should include the file extension. The extension must be .pdf	A brief, numerical description of file contents. i.e.: Supplementary Figures 1-4, Supplementary Discussion, and Supplementary Tables 1-4.
Supplementary Information	Yes	Brouwer_Supplement	Supplementary Information, Supplementary Figures 1-
		al_Information.pdf	10

Reporting Summary	Yes	NN-
		A73342D_reporting_s
		ummary.pdf

Туре	Number If there are multiple files of the same type this should be the numerical indicator. i.e. "1" for Video 1, "2" for Video 2, etc.	Filename This should be the name the file is saved as when it is uploaded to our system, and should include the file extension. i.e.: Smith_ Supplementary_Video_1.mov	Legend or Descriptive Caption Describe the contents of the file
Supplementary Table	1	Brouwer_Supplementary_Tab les.xlsx	Supplementary Tables 1-19
Supplementary Video	1	Brouwer_Supplemental_Vide o_1.mp4	Supplementary Movie 1

- 7 8 9 10

#### 11 Genetic variants associated with longitudinal changes in brain structure

#### 12 across the lifespan

Rachel M. Brouwer<sup>1,2</sup> \*, Marieke Klein<sup>1,3–5</sup>, Katrina L. Grasby<sup>6</sup>, Hugo G. Schnack<sup>1,7</sup>, Neda Jahanshad<sup>8</sup>, Jalmar Teeuw<sup>1</sup>, Sophia I. Thomopoulos<sup>8</sup>, Emma Sprooten<sup>9</sup>, Carol E. Franz<sup>10</sup>, Nitin Gogtay<sup>11</sup>, William S. Kremen<sup>10,12</sup>, Matthew S. Panizzon<sup>10</sup>, Loes M. Olde Loohuis<sup>13</sup>, Christopher D. Whelan<sup>14</sup>, Moji Aghajani<sup>15,16</sup>, Clara Alloza<sup>17</sup>, Dag Alnæs<sup>18,19</sup>, Eric Artiges<sup>20</sup>, Rosa Ayesa-Arriola<sup>21–23</sup>, Gareth J. Barker<sup>24</sup>, Mark E. Bastin<sup>25–27</sup>, Elisabet Blok<sup>28</sup>, Erlend Bøen<sup>29</sup>, Isabella A. Breukelaar<sup>30</sup>, Joanna K. Bright<sup>8</sup>, Elizabeth E. L. Buimer<sup>1</sup>, Robin Bülow<sup>31</sup>, Dara M. Cannon<sup>32</sup>, Simone Ciufolini<sup>33</sup>, Nicolas A. Crossley<sup>33,34</sup>, Christienne G. Damatac<sup>9</sup>, Paola Dazzan<sup>35</sup>, Casper L. de Mol<sup>36</sup>, Sonja M. C. de Zwarte<sup>1</sup>, Sylvane Desrivières<sup>37</sup>, Covadonga M. Díaz-Caneja<sup>17</sup>, Nhat Trung Doan<sup>18</sup>, Katharina Dohm<sup>38</sup>, Juliane H. Fröhner<sup>39</sup>, Janik Goltermann<sup>38</sup>, Antoine Grigis<sup>40</sup>, Dominik Grotegerd<sup>38</sup>, Laura K. M. Han<sup>15</sup>, Mathew A. Harris<sup>25</sup>, Catharina A. Hartman<sup>41</sup>, Sarah J. Heany<sup>42</sup>, Walter Heindel<sup>43</sup>, Dirk J. Heslenfeld<sup>44</sup>, Harris<sup>2,</sup>, Catharina A. Hartman<sup>41</sup>, Sarah J. Heany<sup>42</sup>, Walter Heindel<sup>43</sup>, Dirk J. Heslenfeld<sup>44</sup>, Sarah Hohmann<sup>45</sup>, Bernd Ittermann<sup>46</sup>, Philip R. Jansen<sup>2,28,47</sup>, Joost Janssen<sup>17</sup>, Tianye Jia<sup>48,49</sup>, Jiyang Jiang<sup>50</sup>, Christiane Jockwitz<sup>51,52</sup>, Temmuz Karali<sup>53,54</sup>, Daniel Keeser<sup>53–55</sup>, Martijn G. J. C. Koevoets<sup>1</sup>, Rhoshel K. Lenroot<sup>56–58</sup>, Berend Malchow<sup>59</sup>, René C. W. Mandl<sup>1</sup>, Vicente Medel<sup>34</sup>, Susanne Meinert<sup>38,60</sup>, Catherine A. Morgan<sup>61,62</sup>, Thomas W. Mühleisen<sup>51,63,64</sup>, Leila Nabulsi<sup>32</sup>, Nils Opel<sup>38,65</sup>, Víctor Ortiz-García de la Foz<sup>21,22,66</sup>, Bronwyn J. Overs<sup>58</sup>, Marie-Laure Paillère Martinot<sup>20,67</sup>, Ronny Redlich<sup>38,68</sup>, Tiago Reis Marques<sup>33,69</sup>, Jonathan Repple<sup>38</sup>, Gloria Roberts<sup>56</sup>, Gennady V. Roshchupkin<sup>70,71</sup>, Nikita Setiaman<sup>1,28</sup>, Elena Shumskaya<sup>4,9</sup>, Frederike Stein<sup>72</sup>, Gustavo Sudre<sup>73</sup>, Shun Takahashi<sup>53,74</sup>, Anbupalam Thalamuthu<sup>50</sup>, Diana Tordesillas-Gutiérrez<sup>75,76</sup> Aad van der Lugt<sup>71</sup> Neeltie F. M. van Haren<sup>1,28</sup> Loppne M Tordesillas-Gutiérrez<sup>75,76</sup>, Aad van der Lugt<sup>71</sup>, Neeltje E. M. van Haren<sup>1,28</sup>, Joanna M. Wardlaw<sup>25,77</sup>, Wei Wen<sup>50</sup>, Henk-Jan Westeneng<sup>78</sup>, Katharina Wittfeld<sup>79,80</sup>, Alyssa H. Zhu<sup>8</sup>, Andre Zugman<sup>81,82</sup>, Nicola J. Armstrong<sup>83</sup>, Gaia Bonfiglio<sup>2</sup>, Janita Bralten<sup>4,5</sup>, Shareefa Dalvie<sup>42</sup>, Gail Davies<sup>25,84</sup>, Marta Di Forti<sup>37</sup>, Linda Ding<sup>8</sup>, Gary Donohoe<sup>85</sup>, Andreas J. Forstner<sup>86,87</sup>, Javier Gonzalez-Peñas<sup>17</sup>, Joao P. O. F. T. Guimaraes<sup>4,9</sup>, Georg Homuth<sup>88</sup>, Jouke-Jan Hottenga<sup>89</sup>, Maria J. Knol<sup>70</sup>, John B. J. Kwok<sup>90,91</sup>, Stephanie Le Hellard<sup>92,93</sup>, Karen A. Mather<sup>50,58</sup>, Yuri Milaneschi<sup>15</sup>, Derek W. Morris<sup>85</sup>, Markus M. Nöthen<sup>87</sup>, Sergi Papiol<sup>22,53,94</sup>, Marcella Rietschel<sup>95</sup>, Marcos L. Santoro<sup>81,82,96</sup>, Vidar M. Steen<sup>92,93</sup>, Jason L. Papiol<sup>22,53,94</sup>, Marcella Rietschel<sup>95</sup>, Marcos L. Santoro<sup>81,82,96</sup>, Vidar M. Steen<sup>92,93</sup>, Jason L.
 Stein<sup>97</sup>, Fabian Streit<sup>95</sup>, Rick M. Tankard<sup>83</sup>, Alexander Teumer<sup>98</sup>, Dennis van 't Ent<sup>89</sup>, Dennis van der Meer<sup>18,19,99</sup>, Kristel R. van Eijk<sup>78</sup>, Evangelos Vassos<sup>37,100</sup>, Javier Vázquez-Bourgon<sup>21-23</sup>, Stephanie H. Witt<sup>95</sup>, the IMAGEN Consortium<sup>8</sup>, Hieab H. H. Adams<sup>71,101</sup>, Ingrid Agartz<sup>18,102,103</sup>, David Ames<sup>104,105</sup>, Katrin Amunts<sup>51,63</sup>, Ole A. Andreassen<sup>18,19</sup>, Celso Arango<sup>17</sup>, Tobias Banaschewski<sup>45</sup>, Bernhard T. Baune<sup>106–108</sup>, Sintia I. Belangero<sup>81,82,96</sup>, Arun L. W. Bokde<sup>109</sup>, Dorret I. Boomsma<sup>89</sup>, Rodrigo A. Bressan<sup>81,82,110</sup>, Henry Brodaty<sup>50</sup>, Jan K. Buitelaar<sup>9,111</sup>, Wiepke Cahn<sup>1,112</sup>, Svenja Caspers<sup>51,52</sup>, Sven Cichon<sup>51,64,113</sup>, Benedicto Crespo Facorro<sup>22,114</sup>, Simon R. Cox<sup>25,115</sup>, Udo Dannlowski<sup>38</sup>, Torbjørn Elvsåshagen<sup>116–118</sup>, Thomas Espeseth<sup>119,120</sup>, Peter G. Falkai<sup>53</sup>, Simon E. Fisher<sup>5,121</sup>, Herta Flor<sup>122</sup>, Janice M. Fullerton<sup>58,91</sup>, Hugh Garavan<sup>123</sup>, Penny A. Gowland<sup>124</sup>, Hans J. Grabe<sup>79,80</sup>, Tim Hahn<sup>38</sup>, Andreas Heinz<sup>125</sup>, Manon Hillegers<sup>1,28</sup>, Jacqueline Hoare<sup>42,126</sup>, Pieter J. Hoekstra<sup>127</sup>, Mohammad A. Ikram<sup>70</sup>, Andrea P. Jackowski<sup>81,82</sup>, Andreas Jansen<sup>72,128</sup>, Erik G. Jönsson<sup>18,102</sup>, Rene S. Kahn<sup>129,130</sup>, Tilo Kircher<sup>72</sup>, Mayuresh S. Korgaonkar<sup>30,90</sup>, Axel Krug<sup>72,131</sup>, Herve Lemaitre<sup>132</sup>, Ulrik F. Malt<sup>133</sup>, Jean-Luc Martinot<sup>20</sup>, Colm McDonald<sup>32</sup>, Philip B. Mitchell<sup>56</sup>, Ryan L. Muetzel<sup>28</sup>, Robin M. Murray<sup>33</sup>, Frauke Nees<sup>45,122,134</sup>, Igor Nenadić<sup>72</sup>, Jaap Oosterlaan<sup>135,136</sup>, Roel A. Ophoff<sup>13,137</sup>, Pedro M. Pan<sup>81,82</sup>, Brenda W. J. H. Penninx<sup>15</sup>, Luise Poustka<sup>138</sup>, Perminder S. Sachdev<sup>50,139</sup> Pedro M. Pan<sup>81,82</sup>, Brenda W. J. H. Penninx<sup>15</sup>, Luise Poustka<sup>138</sup>, Perminder S. Sachdev<sup>50,139</sup>, Giovanni A. Salum<sup>82,140,141</sup>, Peter R. Schofield<sup>58,91</sup>, Gunter Schumann<sup>142,143</sup>, Philip Shaw<sup>73,144</sup>, Kang Sim<sup>145,146</sup>, Michael N. Smolka<sup>147</sup>, Dan J. Stein<sup>148</sup>, Julian N. Trollor<sup>50,149</sup>, Leonard H. 

van den Berg<sup>78</sup>, Jan H. Veldink<sup>78</sup>, Henrik Walter<sup>150</sup>, Lars T. Westlye<sup>18,19,119</sup>, Robert Whelan<sup>151</sup>, Tonya White<sup>28,71</sup>, Margaret J. Wright<sup>152,153</sup>, Sarah E. Medland<sup>154</sup>, Barbara Franke<sup>4,5,155</sup>\*\*, Paul M. Thompson<sup>8</sup>\*\*, Hilleke E. Hulshoff Pol<sup>1,156</sup>\*\*\* 58

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- 61
- 62 63 \*Correspondence to: r.m2.brouwer@umcutrecht.nl ; h.e.hulshoffpol@uu.nl
- 64 65 \*\*These authors contributed equally.
- 66

#### 67 Affiliations

- 68 1. Department of Psychiatry, University Medical Center Utrecht Brain Center, Utrecht University, Utrecht, 69 The Netherlands.
- 70 2. Department of Complex Trait Genetics, Center for Neurogenomics and Cognitive Research, Amsterdam 71 Neuroscience, VU Amsterdam, Amsterdam, The Netherlands.
- 3. Department of Psychiatry, University of California San Diego, La Jolla, CA, USA.
- Department of Human Genetics, Radboud University Medical Center, Nijmegen, The Netherlands. 4.
- Donders Institute for Brain, Cognition and Behaviour, Radboud University, Nijmegen, The Netherlands. 5.
- 6. Psychiatric Genetics, QIMR Berghofer Medical Research Institute, Brisbane, QLD, Australia.
- 7. Utrecht Institute of Linguistics OTS, Utrecht University, Utrecht, The Netherlands.
- 72 73 74 75 76 77 78 Imaging Genetics Center, Mark and Mary Stevens Neuroimaging and Informatics Institute, Keck School 8. of Medicine, University of Southern California, Marina del Rey, CA, USA.
- 79 9. Department of Cognitive Neuroscience, Donders Institute for Brain, Cognition and Behaviour, Radboud 80 University Medical Center, Nijmegen, The Netherlands.
- 81 Department of Psychiatry and Center for Behavior Genetics of Aging, University of California San 10. 82 Diego, La Jolla, CA, USA.
- 83 11. American Psychiatric Association, Washington, DC, USA.
- 84 12. VA San Diego Center of Excellence for Stress and Mental Health, San Diego, CA, USA.
- 85 13. Center for Neurobehavioral Genetics, University of California, Los Angeles, Los Angeles, CA, USA.
- 86 Biogen Research and Development, Cambridge, MA, USA. 14.
- 87 Department of Psychiatry, Amsterdam Public Health and Amsterdam Neuroscience, Amsterdam UMC, 15. 88 Vrije Universiteit, Amsterdam, The Netherlands.
- 89 Institute of Education & Child Studies, Section Forensic Family & Youth Care, Leiden University, 16. 90 Leiden, The Netherlands.
- 91 17. Department of Child and Adolescent Psychiatry, Institute of Psychiatry and Mental Health, Hospital 92 93 General Universitario Gregorio Marañón, IISGM, CIBERSAM, School of Medicine, Universidad Complutense, Madrid, Spain.
- 94 NORMENT Centre, University of Oslo, Oslo, Norway. 18.
- 95 19. Division of Mental Health and Addiction, Oslo University Hospital, Oslo, Norway.
- 96 20. INSERM U1299 Trajectoires Développementales en Psychiatrie, Centre Borelli UMR9010, Ecole 97 Normale Supérieure Paris-Saclay, CNRS, Centre Borelli, Gif-sur-Yvette, France.
- 98 21. Valdecilla Biomedical Research Institute (IDIVAL), Marqués de Valdecilla University Hospital 99 (HUMV), School of Medicine, University of Cantabria, Santander, Spain.
- 100 22. CIBERSAM, Biomedical Research Network on Mental Health Area, Santander, Spain.
- 101 23. Universidad de Cantabria (UC), Santander, Spain.
- 102 Department of Neuroimaging, King's College London, London, UK. 24.
- 103 25. Lothian Birth Cohorts group, Department of Psychology, University of Edinburgh, Edinburgh, UK.
- 104 Centre for Clinical Brain Sciences, University of Edinburgh, Edinburgh, UK. 26.
- 105 27. Edinburgh Imaging, University of Edinburgh, Edinburgh, UK.
- 106 28. Department of Child and Adolescent Psychiatry/Psychology, Sophia Children's Hospital, Erasmus 107 University Medical Centre Rotterdam, Rotterdam, The Netherlands.
- 108 29. Psychosomatic and CL Psychiatry, Oslo University Hospital, Oslo, Norway.
- 109 Brain Dynamics Centre, Westmead Institute for Medical Research, The University of Sydney, 30. 110 Westmead, NSW, Australia.
- 111 Institute of Diagnostic Radiology and Neuroradiology, University Medicine Greifswald, Greifswald, 31. 112 Germany.
- 113 32. Centre for Neuroimaging, Cognition and Genomics (NICOG), Clinical Neuroimaging Laboratory, 114 NCBES Galway Neuroscience Centre, College of Medicine Nursing and Health Sciences, National

- 115 University of Ireland Galway, Galway, Ireland. 116 33. Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College 117 London, London, UK. 118 34. Department of Psychiatry, School of Medicine, Pontificia Universidad Católica de Chile, Santiago, 119 Chile. 120 Department of Psychological Medicine, Institute of Psychiatry, Psychology and Neuroscience, King's 35. 121 College London, London, UK. 122 Department of Neurology, Erasmus University Medical Centre Rotterdam, Rotterdam, The Netherlands. 36. 123 Social, Genetic and Developmental Psychiatry Centre, Institute of Psychiatry, Psychology & 37. 124 Neuroscience, King's College London, London, UK. 125 Institute for Translational Psychiatry, University of Münster, Münster, Germany. 38. 126 Section of Systems Neuroscience Department of Psychiatry and Psychotherapy Technische Universität 39. 127 Dresden, Dresden, Germany. 128 40. Université Paris-Saclay, CEA, Neurospin, Gif-sur-Yvette, France. 129 University of Groningen, University Medical Center Groningen, Department of Psychiatry, 41. 130 Interdisciplinary Center Psychopathology and Emotion regulation (ICPE), Groningen, The Netherlands. 131 Department of Psychiatry and Mental Health, University of Cape Town, Cape Town, South Africa. 42. 132 43. Institute of Clinical Radiology, University and University Hospital Münster, Münster, Germany. 133 44. Departments of Experimental and Clinical Psychology, Amsterdam, The Netherlands. 134 45. Department of Child and Adolescent Psychiatry and Psychotherapy, Central Institute of Mental Health, 135 Medical Faculty Mannheim/Heidelberg University, Mannheim, Germany. 136 Physikalisch-Technische Bundesanstalt (PTB), Berlin, Germany. 46. 137 Department of Human Genetics, VUmc, Amsterdam UMC, Amsterdam, The Netherlands. 47. 138 48. Centre for Population Neuroscience and Precision Medicine (PONS), Institute of Science and 139 Technology for Brain-Inspired Intelligence and MoE Key Laboratory of Computational Neuroscience 140 and Brain-Inspired Intelligence, Fudan University, Shanghai, China. 141 49. Centre for Population Neuroscience and Precision Medicine (PONS), Institute of Psychiatry, 142 Psychology and Neuroscience, SGDP Centre, King's College London, London, UK. 143 50. Centre for Healthy Brain Ageing (CHeBA), Discipline of Psychiatry and Mental Health, UNSW, 144 Sydney, NSW, Australia. 145 51. Institute of Neuroscience and Medicine (INM-1), Research Centre Jülich, Jülich, Germany. 146 52. Institute for Anatomy I, Medical Faculty & University Hospital Düsseldorf, Heinrich Heine University, 147 Düsseldorf, Germany. 148 53. Department of Psychiatry and Psychotherapy, University Hospital LMU, Munich, Germany. 149 54. NeuroImaging Core Unit Munich (NICUM), University Hospital LMU, Munich, Germany. 150 55. Munich Center for Neurosciences (MCN) – Brain & Mind, Planegg-Martinsried, Germany. 151 School of Psychiatry, University of New South Wales, Sydney, NSW, Australia. 56. 152 57. School of Psychiatry and Behavioral Sciences, School of Medicine, University of New Mexico, 153 Albuquerque, NM, USA. 154 58. Neuroscience Research Australia, Sydney, NSW, Australia. 155 Department of Psychiatry and Psychotherapy, University Medical Center Göttingen, Göttingen, 59. 156 Germany. 157 60. Institute for Translational Neuroscience, University of Münster, Münster, Germany. 158 61. School of Psychology and Centre for Brain Research, The University of Auckland, Auckland, New 159 Zealand. 160 Brain Research New Zealand, New Zealand. 62. 161 Cécile and Oskar Vogt Institute for Brain Research, Medical Faculty, University Hospital Düsseldorf, 63. 162 Heinrich Heine University Düsseldorf, Düsseldorf, Germany. 163 64. Department of Biomedicine, University of Basel, Basel, Switzerland. 164 Department of Psychiatry, Jena University Hospital/Friedrich-Schiller-University Jena, Jena, Germany. 65. 165 Neuroimaging Unit, Technological Facilities, Valdecilla Biomedical Research Institute IDIVAL, 66. 166 Santander, Spain. 167 APHP, Sorbonne Université, Pitie-Salpetriere Hospital, Department of Child and Adolescent Psychiatry, 67. 168 Paris. France. 169 68. Department of Psychology, University of Halle, Halle, Germany. 170 Psychiatric Imaging Group, MRC London Institute of Medical Sciences (LMS), Imperial College 69. 171 London, London, UK. 172 70. Department of Epidemiology, Erasmus University Medical Centre Rotterdam, Rotterdam, The 173 Netherlands.
- 174 71. Department of Radiology & Nuclear Medicine, Erasmus MC, University Medical Center Rotterdam,

175		Rotterdam, The Netherlands.
176	72.	Department of Psychiatry and Psychotherapy, Philipps-University Marburg, Marburg, Germany.
177	73.	Social and Behavioral Research Branch, National Human Genome Research Institute, Bethesda, MD,
178		USA.
179	74.	Department of Neuropsychiatry, Wakayama Medical University, Wakayama, Japan.
180	75.	Department of Radiology, IDIVAL, Marqués de Valdecilla University Hospital, Santander, Spain.
181	76.	Advanced Computing and e-Science, Instituto de Física de Cantabria (UC-CSIC), Santander, Spain.
182	77.	Centre for Clinical Brain Sciences and UK Dementia Research Institute Centre, University of
183		Edinburgh, Edinburgh, UK,
184	78.	Department of Neurology, University Medical Center Utrecht Brain Center, Utrecht University, Utrecht,
185		The Netherlands.
186	79	German Center for Neurodegenerative Diseases (DZNE) Site Rostock/Greifswald Greifswald
187	17.	Germany
188	80	Department of Psychiatry and Psychotherapy University Medicine Greifswald Greifswald Germany
189	81	Laboratory of Integrative Neuroscience (LiNC) Department of Psychiatry Universidade Federal de São
190	01.	Paulo (UNIFESD) São Paulo SP Brazil
101	82	National Institute of Developmental Development for Children and Adolescents (INDD), CNDa, São Devlo
102	62.	SD Provil
102	02	SF, Didelli. Methometics and Statistics, Crutin University, Douth, WA, Australia
10/	03. 04	Department of Developer, University of Edinburgh, Edinburgh, UV
194	04. 05	Department of Psychology, University of Edinburgh, Edinburgh, UK.
195	85.	Centre for Neuroimaging, Cognition and Genomics (NICOG), School of Psychology and Discipline of
190	06	Biochemistry, National University of Ireland Galway, Galway, Ireland.
19/	86.	Centre for Human Genetics, Philipps-University Marburg, Marburg, Germany.
190	87.	Institute of Human Genetics, University of Bonn, School of Medicine & University Hospital Bonn,
199	00	Bonn, Germany.
200	88.	Interfaculty Institute for Genetics and Functional Genomics, University Medicine Greifswald,
201		Greifswald, Germany.
202	89.	Netherlands Twin Register, Department of Biological Psychology, Vrije Universiteit, Amsterdam, The
203		Netherlands.
204	90.	Faculty of Medicine and Health, The University of Sydney, Sydney, NSW, Australia.
205	91.	School of Medical Sciences, University of New South Wales, Sydney, NSW, Australia.
206	92.	NORMENT Centre of Excellence, Department of Clinical Science, University of Bergen, Bergen,
207		Norway.
208	93.	Dr. Einar Martens Research Group for Biological Psychiatry, Department of Medical Genetics,
209		Haukeland University Hospital, Bergen, Norway.
210	94.	Institute of Psychiatric Phenomics and Genomics (IPPG), University Hospital LMU, Munich, Germany.
211	95.	Department of Genetic Epidemiology, Central Institute of Mental Health, Medical Faculty Mannheim,
212		Heidelberg University, Mannheim, Germany.
213	96.	Department of Morphology and Genetics, Universidade Federal de São Paulo (UNIFESP), São Paulo,
214		SP, Brazil.
215	97.	Department of Genetics & UNC Neuroscience Center, University of North Carolina at Chapel Hill,
216		Chapel Hill, NC, USA.
217	98.	Institute for Community Medicine, University Medicine Greifswald, Greifswald, Germany.
218	99.	School of Mental Health and Neuroscience, Faculty of Health, Medicine and Life Sciences, Maastricht
219		University, Maastricht, The Netherlands.
220	100.	NIHR Maudsley Biomedical Research Centre, South London and Maudsley NHS Trust, London, UK.
221	101.	Department of Clinical Genetics, Erasmus University Medical Centre Rotterdam, Rotterdam, The
222		Netherlands.
223	102.	Centre for Psychiatry Research, Department of Clinical Neuroscience, Karolinska Institutet, &
224		Stockholm Health Care Services, Stockholm County Council, Stockholm, Sweden.
225	103.	Department of Psychiatric Research, Diakonhjemmet Hospital, Oslo, Norway.
226	104.	Academic Unit for Psychiatry of Old Age, University of Melbourne, Parkville, VIC, Australia.
227	105.	National Ageing Research Institute, Parkville, VIC, Australia.
228	106.	Department of Psychiatry, The University of Melbourne, Melbourne, VIC, Australia.
229	107.	Florey Institute of Neuroscience and Mental Health, The University of Melbourne, Melbourne, VIC.
230		Australia.
231	108.	Department of Psychiatry, University of Münster, Münster, Germany.
232	109.	Discipline of Psychiatry and Trinity College Institute of Neuroscience. Trinity College Dublin. Dublin.
233		Ireland.
234	110.	Instituto Ame Sua Mente, São Paulo, SP, Brazil.

235 111. Karakter Child and Adolescent Psychiatry University Centre, Nijmegen, The Netherlands. 236 112. Altrecht Science, Altrecht Mental Health Institute, Utrecht, The Netherlands. 237 113. Institute of Medical Genetics and Pathology, University Hospital Basel, University of Basel, Basel, 238 Switzerland. 239 Department of Psychiatry, Virgen del Rocio University Hospital, School of Medicine, University of 114. 240 Seville, IBIS, Seville, Spain. 241 Scottish Imaging Network, A Platform for Scientific Excellence (SINAPSE) Collaboration, Edinburgh, 115. 242 UK. 243 116. NORMENT Centre, Oslo University Hospital, Oslo, Norway. 244 117. Department of Neurology, Oslo University Hospital, Oslo, Norway. 245 118. Institute of Clinical Medicine, University of Oslo, Oslo, Norway. 246 119. Department of Psychology, University of Oslo, Oslo, Norway. 247 120. Bjørknes College, Oslo, Norway. 248 121. Language and Genetics Department, Max Planck Institute for Psycholinguistics, Nijmegen, The 249 Netherlands. 250 251 Department of Cognitive and Clinical Neuroscience, Central Institute of Mental Health, Medical Faculty 122. Mannheim, Heidelberg University, Mannheim, Germany. 252 123. Department of Psychiatry, University of Vermont, Burlington, VT, USA. 253 124. Sir Peter Mansfield Imaging Centre, School of Physics and Astronomy, University of Nottingham, 254 Nottingham, UK. 255 125. Charité Universitätsmedizin Berlin, Berlin, Germany. 256 257 Faculty of Health, Peninsula Medical School, University of Plymouth, Plymouth, United Kingdom. 126. University of Groningen, University Medical Center Groningen, Department of Child and Adolescent 127. 258 Psychiatry & Accare Child study Center, Groningen, The Netherlands. 259 128. Core-Facility Brainimaging, Faculty of Medicine, University of Marburg, Marburg, Germany. 260 129. Department of Psychiatry, Icahn School of Medicine at Mount Sinai, New York, NY, USA. 261 130. VISN 2 Mental Illness Research, Education & Clinical Center (MIRECC) James J. Peters Department 262 of Veterans Affairs Medical Center, Bronx, NY, USA. 263 Department of Psychiatry and Psychotherapy, University of Bonn, Bonn, Germany. 131. 264 132. Groupe d'Imagerie Neurofonctionnelle, Institut des Maladies Neurodégénératives, CNRS UMR 5293, 265 Université de Bordeaux, Centre Broca Nouvelle-Aquitaine, Bordeaux, France. 266 133. Unit for Psychosomatic Medicine and C-L Psychiatry, University of Oslo, Oslo, Norway. 267 134. Institute of Medical Psychology and Medical Sociology, University Medical Center Schleswig-Holstein, 268 Kiel University, Kiel, Germany. 269 135. Emma Children's Hospital, Amsterdam UMC, University of Amsterdam, Emma Neuroscience Group, 270 department of Pediatrics, Amsterdam Reproduction & Development, Amsterdam, The Netherlands, 271 Amsterdam, The Netherlands. 272 Vrije Universiteit, Clinical Neuropsychology section, Amsterdam, The Netherlands. 136. 273 Department of Psychiatry, Erasmus Medical Center, Erasmus University, Rotterdam, The Netherlands. 137. 274 138. Department of Child and Adolescent Psychiatry, University Medical Center Goettingen, Germany, 275 Göttingen, Germany. 276 139. Neuropsychiatric Institute, The Prince of Wales Hospital, Sydney, NSW, Australia. 277 140. Department of Psychiatry and Legal Medicine, Universidade Federal do Rio Grande do Sul, Porto 278 Alegre, RS, Brazil. 279 141. Section on Negative Affect and Social Processes, Hospital de Clínicas de Porto Alegre, Porto Alegre, 280 RS, Brazil. 281 142. Centre for Population Neuroscience and Precision Medicine (PONS) Fudan-KCL PONS Centre, 282 Institute for Science and Technology for Brain-inspired Intelligence (ISTBI), Fudan University, 283 Shanghai, China. 284 143. PONS Centre, Department of Psychiatry, Clinical Neuroscience, CCM, Charite University Medicine, 285 Berlin, Germany. 286 144. National Institute of Mental Health, National Institutes of Health, Bethesda, MD, USA. 287 145. West Region, Institute of Mental Health, Singapore. 288 Yong Loo Lin School of Medicine, National University of Singapore, Singapore. 146. 289 147. Department of Psychiatry and Neuroimaging Center, Technische Universität Dresden, Dresden, 290 Germany. 291 SAMRC Unit on Risk & Resilience in Mental Disorders, Department of Psychiatry & Neuroscience 148. 292 Institute, University of Cape Town, Cape Town, South Africa. 293 149. Department of Developmental Disability Neuropsychiatry, Discipline of Psychiatry and Mental Health, 294 UNSW Sydney, Sydney, NSW, Australia.

- 295 150. Charité Universitätsmedizin Berlin, corporate member of Freie Universität Berlin, Humboldt-296 Universität zu Berlin, and Berlin Institute for Health, Berlin, Germany.
- 297 151. Trinity College Institute of Neuroscience, Trinity College Dublin, Dublin, Ireland.
- 298 Queensland Brain Institute, The University of Queensland, Brisbane, QLD, Australia. 152.
- 299 Centre for Advanced Imaging, The University of Queensland, Brisbane, QLD, Australia. 153.
- 300 154. QIMR Berghofer Medical Research Institute, Brisbane, QLD, Australia.
- 301 Department of Psychiatry, Radboud University Medical Center, Nijmegen, The Netherlands. 155.
- 302 Department of Psychology, Utrecht University, The Netherlands. 156.
- 303 157. Sir Peter Mansfield Imaging Centre School of Physics and Astronomy, University of Nottingham, 304 University Park, Nottingham, United Kingdom.
- 305 Physikalisch-Technische Bundesanstalt (PTB), Braunschweig and Berlin, Germany. 158.
- 306 159. NeuroSpin, CEA, Université Paris-Saclay, F-91191 Gif-sur-Yvette, France.
- 307 160. Department of Psychiatry, Faculty of Medicine and Centre Hospitalier Universitaire Sainte-Justine, 308 University of Montreal, Montreal, OC, Canada.
- 309 161. Departments of Psychology and Psychiatry, University of Toronto, Toronto, ON, Canada.
- 310
- 311 IMAGEN consortium authors:
- Tobias Banaschewski<sup>1</sup>, Gareth J. Barker<sup>2</sup>, Arun L.W. Bokde<sup>3</sup>, Sylvane Desrivières<sup>4</sup>, Herta Flor<sup>5,6</sup>, Antoine Grigis<sup>7</sup>, Hugh Garavan<sup>8</sup>, Penny Gowland<sup>9</sup>, Andreas Heinz<sup>10</sup>, Rüdiger Brühl<sup>11</sup>, Jean-Luc Martinot<sup>12</sup>, Marie-Laure Paillère Martinot<sup>13</sup>, Eric Artiges<sup>14</sup>, Frauke Nees<sup>1,5,23</sup>, Dimitri Papadopoulos Orfanos<sup>7</sup>, Herve Lemaitre<sup>7,15</sup>, Tomáš Paus<sup>16, 17</sup>, Luise Poustka<sup>18</sup>, Sarah Hohmann<sup>1</sup>, Sabina Millenet<sup>1</sup>, Juliane H. Fröhner<sup>19</sup>, Michael N. Smolka<sup>19</sup>, Henrik Walter<sup>10</sup>, Robert Whelan<sup>20</sup>, Gunter Schumann<sup>21, 22</sup> 312
- 313
- 314
- 315
- 316
- 317
- 318

319 1 Department of Child and Adolescent Psychiatry and Psychotherapy, Central Institute of Mental Health,

- 320 Medical Faculty Mannheim, Heidelberg University, Mannheim, Germany.
- 321 2 Department of Neuroimaging, Institute of Psychiatry, Psychology & Neuroscience, King's College London, 322 United Kingdom.
- 323 3 Discipline of Psychiatry, School of Medicine and Trinity College Institute of Neuroscience, Trinity College 324 Dublin, Dublin, Ireland.
- 325 4 Centre for Population Neuroscience and Precision Medicine (PONS), Institute of Psychiatry, Psychology & 326 Neuroscience, SGDP Centre, King's College London, United Kingdom.
- 327 5 Institute of Cognitive and Clinical Neuroscience, Central Institute of Mental Health, Medical Faculty
- 328 Mannheim, Heidelberg University, Square J5, Mannheim, Germany.
- 329 6 Department of Psychology, School of Social Sciences, University of Mannheim, Mannheim, Germany.
- 330 7 NeuroSpin, CEA, Université Paris-Saclay, F-91191 Gif-sur-Yvette, France.
- 331 8 Departments of Psychiatry and Psychology, University of Vermont, Burlington, VT, USA.
- 332 9 Sir Peter Mansfield Imaging Centre School of Physics and Astronomy, University of Nottingham, University 333 Park, Nottingham, United Kingdom.
- 334 10 Department of Psychiatry and Psychotherapy CCM, Charité – Universitätsmedizin Berlin, corporate member
- 335 of Freie Universität Berlin, Humboldt-Universität zu Berlin, and Berlin Institute of Health, Berlin, Germany.
- 336 11 Physikalisch-Technische Bundesanstalt (PTB), Braunschweig and Berlin, Germany.
- 337 12 Institut National de la Santé et de la Recherche Médicale, INSERM U A10 "Trajectoires développementales
- 338 en psychiatrie", Université Paris-Saclay, Ecole Normale supérieure Paris-Saclay, CNRS, Centre Borelli, Gif-339 sur-Yvette, France.
- 340 13 Institut National de la Santé et de la Recherce Médicale, INSERM U A10 "Trajectoires développementales &
- 341 psychiatrie", University Paris-Saclay, Ecole Normale Supérieure Paris-Saclay, CNRS; Centre Borelli, Gif-sur-
- 342 Yvette, France; and AP-HP, Sorbonne Université, Department of Child and Adolescent Psychiatry, Pitié-
- 343 Salpêtrière Hospital, Paris, France.
- 344 14 Institut National de la Santé et de la Recherche Médicale, INSERM U A10 "Trajectoires développementales
- 345 en psychiatrie"; Université Paris-Saclay, Ecole Normale supérieure Paris-Saclay, CNRS, Centre Borelli, Gif-
- 346 sur-Yvette; and Psychiatry Department, EPS Barthélémy Durand, Etampes, France.
- 347 15 Institut des Maladies Neurodégénératives, UMR 5293, CNRS, CEA, Université de Bordeaux, Bordeaux, 348 France.
- 349 16 Department of Psychiatry, Faculty of Medicine and Centre Hospitalier Universitaire Sainte-Justine,
- 350 University of Montreal, Montreal, QB, Canada.
- 351 17 Departments of Psychiatry and Psychology, University of Toronto, Toronto, ON, Canada.

352 353 354 355 356 357 358 359	<ol> <li>18 Department of Child and Adolescent Psychiatry and Psychotherapy, University Medical Centre Göttingen, Göttingen, Germany.</li> <li>19 Department of Psychiatry and Neuroimaging Center, Technische Universität Dresden, Dresden, Germany.</li> <li>20 School of Psychology and Global Brain Health Institute, Trinity College Dublin, Ireland.</li> <li>21 PONS Centre, Charité Mental Health, Department of Psychiatry and Psychotherapy, Charité Universitätsmedizin Berlin, Berlin, Germany.</li> <li>22 Centre for Population Neuroscience and Precision Medicine (PONS), Institute for Science and Technology of Brain-inspired Intelligence (ISTBI), Fudan University, Shanghai, China.</li> </ol>
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363	Abstract
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365	Human brain structure changes throughout our lives. Altered brain growth or rates of
366	decline are implicated in a vast range of psychiatric, developmental, and
367	neurodegenerative diseases. Here, we identified common genetic variants that affect
368	rates of brain growth or atrophy, in the first genome-wide association meta-analysis of
369	changes in brain morphology across the lifespan. Longitudinal MRI data from 15,640
370	individuals were used to compute rates of change for 15 brain structures. The most
371	robustly identified genes GPR139, DACH1 and APOE are associated with metabolic
372	processes. We demonstrate global genetic overlap with depression, schizophrenia,
373	cognitive functioning, insomnia, height, body mass index and smoking. Gene-set
374	findings implicate both early brain development and neurodegenerative processes in the
375	rates of brain changes. Identifying variants involved in structural brain changes may
376	help to determine biological pathways underlying optimal and dysfunctional brain
377	development and ageing.
378 379 380	Main text
381	Under the influence of genes and a varying environment, human brain structure changes
382	throughout the lifespan. Even in adulthood, when the brain seems relatively stable,
383	individuals differ in the profile and rate of brain changes <sup>1</sup> . Longitudinal studies are crucial to

384 identify genetic and environmental factors that influence the rate of these brain changes 385 throughout development<sup>2</sup> and ageing<sup>3</sup>. Inter-individual differences in brain development are associated with general cognitive function<sup>4,5</sup>, and risk for psychiatric disorders<sup>6,7</sup> and 386 neurological diseases<sup>8,9</sup>. Genetic factors involved in brain development and ageing overlap 387 with those for cognition<sup>10</sup> and risk for neuropsychiatric disorders<sup>11</sup>. A recent cross-sectional 388 389 study showed brain age to be advanced in several brain disorders. Brain age is an estimate of biological age based on brain structure, which can deviate from chronological age. Several 390 391 shared loci were found between the genome wide association study (GWAS) summary statistics for advanced brain age and psychiatric disorders<sup>12</sup>. However, we still lack 392 393 information on which genetic variants influence an individual's brain changes throughout 394 life, since this requires longitudinal data. Discovering genetic factors that explain variation 395 between individuals in brain structural changes may reveal key biological pathways that drive 396 normal development and ageing, and may contribute to identifying disease risk and 397 resilience: a crucial goal given the urgent need for new treatments for aberrant brain 398 development and ageing worldwide.

399 As part of the Enhancing NeuroImaging Genetics through Meta-Analysis (ENIGMA) consortium<sup>13</sup> the ENIGMA Plasticity Working Group quantified the overall genetic 400 401 contribution to longitudinal brain changes, by combining evidence from multiple twin cohorts across the world<sup>14</sup>. Most global and subcortical brain measures showed genetic 402 403 influences on change over time, with a higher genetic contribution in the elderly (heritability 404 16-42%). Genetic factors that influence longitudinal changes were partially independent of 405 those that influence baseline volumes of brain structures, suggesting that there might be 406 genetic variants that specifically affect the rate of development or ageing. However, the genes 407 involved in these processes are still not known, with only a single, small-scale GWAS 408 performed for longitudinal volume change in gray and white matter of the cerebrum, basal

ganglia, and cerebellum<sup>15</sup>. Here, we set out to find genetic variants that may influence rates
of brain changes over time, using genome-wide analysis in individuals scanned with
magnetic resonance imaging (MRI) on more than one occasion. We also aimed to identify
age-dependent effects of genomic variation on longitudinal brain changes in mostly healthy,
but also neurological and psychiatric, populations.

414 In our GWAS meta-analysis, we sought genetic loci associated with annual change rates in 8 415 global and 7 subcortical morphological brain measures in a coordinated two-phased analysis 416 using data from 40 longitudinal cohorts (Extended Data Fig 1 and Supplementary Table 1). 417 We extracted global and subcortical brain measures, and assessed annual change rates, using 418 additive genetic association analyses to estimate the effects of genetic variants on the rates of change within each cohort. As brain change is not constant over age<sup>1</sup> and gene expression 419 also changes during development and ageing<sup>16</sup>, we determined whether the estimated genetic 420 421 variants were age-dependent, i.e., differentially affected rates of brain changes at different 422 stages of life, by using genome-wide meta-regression models with linear or quadratic age 423 effects (Methods). It must be noted that although the cohorts analysed in this study together 424 cover the full lifespan, there is relatively little age overlap between them. This implies that 425 we cannot rule out that cohort-specific characteristics other than age could influence our 426 meta-regression findings.

We employed a rolling cumulative meta-analysis and -regression approach<sup>17</sup>. In phase 1, for which data collection ended on Feb 1<sup>st</sup>, 2019, we analysed the cohorts of European descent (N=9,623). We sought replication by adding data from three additional cohorts that became available after our analysis of phase 1: one developmental cohort (average age 10 at baseline) and two in ageing populations (N =5,477; all of European descent; total N=15,100 in phase 2). For all follow-up analyses we used results from phase 2. Finally, we added cohorts of non-European ancestry (total N=15,640). 434

#### 435 Longitudinal trajectories

436 Brain measures showed differing trajectories of change with age (Figures 1,2 and Extended 437 Data Video 1) - either monotonic increases (lateral ventricles), monotonic decreases (cortex 438 volume, cerebellar grey matter volume, cortical thickness, surface area, total brain volume), 439 or increases followed by stabilization and subsequently decreases (cerebral and cerebellar 440 white matter, thalamus, caudate, putamen, nucleus accumbens, pallidum, hippocampus and 441 amygdala volumes). Each brain structure showed a characteristic trajectory of change. Within 442 two of our largest cohorts in phase 1 (one in childhood and one in older age), we computed 443 correlations between the rates of change of all possible pairs of these 15 brain structures. 444 These correlations in both childhood and older age were generally low in our data (Extended 445 Data Fig. 2), except for the correlation between rates of change of cortical thickness and 446 cortex volume. Therefore, we chose to investigate all brain structures separately, maximizing 447 sensitivity of the GWAS to identify region-specific associations of genetic variants. Using the 448 correlation structure, we estimated the effective number of independent variables through 449 matrix spectral decomposition on the rates of change, yielding 14 independent traits for 450 multiple testing corrections (Methods).

451

#### 452 Age-independent associations

Two loci showed genome-wide significant effects on the rate of brain change in phase 1, one of which was also genome-wide significant in phase 2 (Figure 3; Supplementary Table 4; pvalue replication sample 0.08). This lead SNP, rs72772740 on chromosome 16, is an intronic variant located in the *GPR139* gene and was associated with rate of change in lateral ventricle volume (Figure 4). Functional annotation identified numerous significant expression quantitative trait loci (eQTL) associations (FDR < 0.05) in different datasets and highlighted 459 genes by either eQTL mapping (GPRC5B, IQCK, KNOP1, C16orf62) or chromatin 460 interaction mapping (ACSM1, ACSM5, UMOD, GP2). GPR139 is the G-protein-coupling 461 receptor gene 139, which encodes a member of the rhodopsin family of G-protein coupled 462 receptors. The gene is almost exclusively expressed in the central nervous system, with 463 highest expression from 12 to 26 weeks post-conception, and has been suggested as a therapeutic target for metabolic syndromes and motor diseases<sup>18</sup>. *GPR139* may play a role in 464 465 foetal brain development<sup>19</sup>. Mice lacking *GPR139* exhibited schizophrenia-like behavioural abnormalities<sup>20</sup>, and functional cell assays showed the inhibitory influence of *GPR139* on 466 dopamine receptor 2 (D2R) signalling<sup>20</sup>. The second lead SNP, rs449998, an intronic variant 467 468 on chromosome 21 located in the Down Syndrome Cell Adhesion Molecule (DSCAM) gene, 469 was associated with rate of change in nucleus accumbens volume in phase 1, but this 470 association was not significant in the replication sample, or phase 2. Three SNPs were 471 significant in the phase 2 analysis only. These include rs10990953, intergenic on 472 chromosome 9, associated with rate of change in lateral ventricle volume; rs1425034, 473 intergenic and located in long intergenic non-protein coding RNA on chromosome 2, 474 associated with rate of change in pallidum volume; and rs12325429, intron of CDH8 on 475 chromosome 16, associated with rate of change in total brain volume (Supplementary Table 476 5; Supplementary Figs. 1,2 provide Manhattan plots, QQ plots, locus plots and circos plots). The association of CDH8 with total brain volume rate of change is particularly interesting, 477 478 since *CDH8* has been associated previously with learning disability and autism<sup>21</sup>. *CDH8* is a 479 protein-coding gene and encodes a type II classical cadherin from the cadherin superfamily, 480 integral membrane proteins that mediate calcium-dependent cell-cell adhesion. Genomewide significant SNPs in phase 1 or phase 2 did not show heterogeneity ( $I^2 < 10.2$ ;  $p(I^2) >$ 481 482 0.31; Supplementary Tables 4,5, Supplementary Fig.3 for forest plots).

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#### 484 Age-dependent associations

485 Three additional loci had an association with rate of change that was variable across the 486 lifespan in phase 1 (Figure 3; Supplementary Tables 6,8). For two of these, the association 487 remained significant in the phase 2 analysis: rate of change in white matter cerebrum volume 488 was affected by rs573983368 (intronic variant) in the Dachshund Family Transcription Factor 489 1 (DACH1) gene, and 5:157751672 (intergenic and located in long intergenic non-protein 490 coding RNA LINC02227) on chromosome 5 had an age-dependent effect on the rate of 491 change in surface area (Figure 4; Supplementary Tables 6-9). Rate of change in cerebellar 492 white matter volume was affected by the intronic rs10674957 in the Thyrotropin Releasing 493 Hormone Degrading Enzyme (TRHDE) gene, but this third locus was not significant in phase 494 2. 495 The DACH1 locus shows significant chromatin interaction, which can play an important role 496 in gene expression regulation. DACH1 encodes a chromatin-associated protein that 497 associates with DNA-binding transcription factors to regulate gene expression and cell fate 498 determination during development. DACH1 is highly expressed in the proliferating neural 499 progenitor cells of the developing cortical ventricular and subventricular regions, and in the striatum<sup>22</sup>. We found the effect of *DACH1* to have a quadratic age-dependence, with the 500 501 variant being associated with faster growth in childhood and earlier but slower decline with 502 ageing (Figure 4). The effect of 5:157751672 had a linear age-dependence, with the tested 503 variant being associated with less growth of surface area in childhood, and less decline at 504 older age. 505 For seven additional loci we found a significant age-dependent association with rate of 506 change only in phase 2 (Supplementary Tables 7,9; Supplementary Figs. 1,2 provide

507 Manhattan plots, QQ plots, locus plots and circos plots). One of these, rs429358, a missense

508 variant of the Alzheimer's disease (AD)-related<sup>23</sup> apolipoprotein E gene (APOE) gene, was

509 associated with change rate in hippocampus, showing prolonged growth into adulthood and 510 faster reductions of volume of the hippocampus for carriers of the AD risk variant. APOE 511 plays a role in maintenance of cellular cholesterol homeostasis by delivering cholesterol to 512 neurons on apoE-containing lipoprotein particles. Cholesterol is important for synapse and 513 dendrite formation, and cholesterol depletion has been shown to cause synaptic and dendritic degeneration<sup>24</sup>. Other findings include rs12019523, an intronic variant in the *CAB39L* gene 514 515 associated with rate of change of the caudate volume; rs34342646, an intronic variant in the 516 *NECTIN2* gene associated with rate of change in surface area and rs73210410, an intronic 517 variant in the SORCS2 gene associated with rate of change in pallidum volume. 518 To visualize the age-dependent effects, we plotted the meta-regression results for the 519 significant loci (Methods, Supplementary Fig. 3). Genome-wide significant SNPs in phase 1 520 or phase 2 did not show significant residual heterogeneity (p > 0.23; except for the age-521 dependent effect of rs429358 on hippocampus change rate (p=0.02)). A summary of the 522 genome-wide significant results and the top-10 loci for each phenotype and age model are 523 presented in Supplementary Tables 4-9. 524

#### 525 Gene-based analyses

526 Gene-based associations with all phenotypes were estimated using MAGMA (Methods). We 527 found six genome-wide significant genes influencing structural rates of change in phase 1, 528 four of which were also significant in phase 2 (Supplementary Table 10, 11); among these, 529 DACH1 and GPR139, which were implicated through SNP-based GWAS, also reached 530 genome-wide significance in this gene-based GWAS. In addition, we found APOE to be 531 associated with change rates for both hippocampus and amygdala. The phase 2 analysis 532 showed two new findings: an association of the FAU gene with rate of change in cerebellum 533 white matter volume, and again APOE, associated with rate of change in surface area. Of

534 note, the APOE findings were based on GWAS and subsequent gene analysis, and we did not 535 investigate the classical APOE status, since that is determined by a combination of two SNPs. 536 However, we observed that the effect of APOE on change rate of hippocampus and amygdala 537 was fully driven by rs429358, with the risk variant for AD causing prolonged growth into 538 adulthood and faster decay for both amygdala and hippocampus volumes later in life. 539 To visualize the age-dependent effects, we plotted the meta-regression results for the top SNP 540 in each of the significant genes (Supplementary Fig. 3). Supplementary Tables 10, 11 display 541 the top-10 genes for each phenotype and each age model. Supplementary Table 12 details 542 putative biological functions of associated genes and genes harbouring genome-wide 543 significant associated loci. 544 545 **Gene-set analyses** 546 To test whether genetic findings for brain structure change converged onto functional gene 547 sets and pathways, we conducted gene-set analyses using MAGMA (Methods). Competitive 548 testing was used and 10 and 12 genome-wide significant gene sets were found for phase 1 549 and phase 2, respectively (Supplementary Tables 13, 14 for top-10 gene sets and genes 550 included). Two main themes emerge from this analysis, as biological functions of the gene 551 sets converge onto involvement in early brain development and involvement in 552 neurodegeneration, respectively. 553 554 One gene set was significant in both the phase 1 and phase 2 analyses, i.e. 555 GO\_neural\_nucleus\_development. This gene set consists of genes involved in the 556 development of neural nuclei (compact clusters of neurons in the brain) and was associated 557 with rates of change in cerebellar white matter volume in our study. Two other gene sets, 558 significant in phase 1 (GO substantia nigra development associated with rate of change in

559 cerebellum white matter volume) and phase 2 (GO\_midbrain\_development associated with 560 quadratic age-dependent surface area rates of change) were closely related to neural nucleus 561 development in gene ontology terms.

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- 563 The most significant gene set was GO\_response\_to\_phorbol\_13\_acetate\_12\_myristate (p-
- value=1.42e-08) in phase 2, related to surface area change. Phorbol 13-acetate 12-myristate is
- a phorbol ester and an activator of protein kinase C  $(PKC)^{25}$ . Two other gene sets, significant
- 566 in phase 2 (GO\_tau\_protein\_binding and GO\_tau\_protein\_kinase\_activity) and both
- associated with rate of change in caudate volume, imply genes involved in interacting with
- tau protein. Tau is a microtubule-associated protein, implicated in Alzheimer's disease, Down
- 569 Syndrome and amyotrophic lateral sclerosis (ALS).
- 570

#### 571 Follow-up analyses: overlap with cross-sectional findings

SNP-based heritability estimates  $(h^2)$  of the rates of change based on linkage disequilibrium 572 573 score regression (LDSC; Methods) were small overall (Supplementary Table 15). For all phenotypes, the  $h^2$  z-score was below 4. We thus tested for genetic overlap with cross-574 575 sectional brain data and other phenotypes by applying approaches other than LDSC, although 576 these do not provide a measure of genetic correlation. To investigate whether cross-sectional 577 GWAS for brain structure and our GWAS on rates of change identify the same or different 578 genetic variants, we investigated overlap between rate of change and earlier published data 579 on cross-sectional brain structure of the same structure, where available (Methods). 580 Supplementary Fig. 4 displays the number of overlapping genes tested against the expected 581 number of overlapping genes that would occur by chance, in the first 1-1,000 ranked genes. 582 Supplementary Table S11 lists the top-10 gene findings for each of the 15 change-rate 583 phenotypes and compares these with the gene ranks from cross-sectional data. In the top-10

ranked genes, APOE for hippocampus occurred in the top-10 for both cross-sectional data<sup>26</sup> 584 585 and age-dependent effects on rate of change (p=0.006). No overlap was seen for the other 586 measured phenotypes. Extending this search to the top 200 (~1% of genes), we found 587 overlapping genes above chance level for cortical thickness of quadratic age-dependent genes 588 and cross-sectional findings (p = 8.39e-05). In the top 1,000 ranked genes (~5% of genes), 589 further overlapping genes did emerge (Supplementary Fig. 4). Overlapping genes at such a 590 high aggregate level imply that largely different genetic backgrounds underlie changes in 591 brain structure and brain structure per se.

To test for global genomic overlap between our findings and GWAS of cross-sectional
volumes we applied independent SNP-Effect Concordance Analyses (iSECA) (Methods) and
tested for pleiotropy. We found no significant pleiotropy between longitudinal and crosssectional results, confirming a largely different genetic background for changes in brain
structure and brain structure *per se* (Figure 5).

597

#### 598 Follow-up analyses: overlap with other traits

599 We applied iSECA for overlap between our age-independent summary statistics for structural 600 brain changes and several neuropsychiatric, neurological, physical, ageing and disease-601 related phenotypes and psychological traits (Methods). We found significant genomic overlap (p < 1.6e-04) with genetic variants associated with depression<sup>27</sup>, schizophrenia<sup>28</sup>, cognitive 602 functioning<sup>29</sup>, height<sup>30</sup>, insomnia<sup>31</sup>, body mass index (BMI)<sup>30</sup> and ever-smoking<sup>32</sup>. Despite 603 604 significant pleiotropy between rates of change and these traits, we did not find evidence for 605 concordance or discordance of effects (Figure 5, Supplementary Figure 5). For comparison, 606 we computed the genomic overlap between cross-sectional volumes and these phenotypes 607 using the same method. In general, cross-sectional volumes showed overlap for the same 608 traits and several others. Of note, there was also little overlap between the summary statistics

for the longitudinal brain measures and summary statistics for the corresponding volumes,

based on cross-sectional data. This implies that despite the fact that both cross-sectional brain

611 volume and rates of changes are associated with traits such as schizophrenia or cognitive

612 functioning, these associations are likely not driven by the same genomic locations.

Additionally, there was little overlap in the genetic loci associated with the longitudinal brain
measures and intracranial volume at baseline, indicating that overall head size did not drive
our findings (Figure 5).

616

#### 617 **Follow-up analyses: gene expression across the lifespan**

618 We determined mRNA expression for genome-wide significant genes and genes associated

619 with genome-wide significant SNPs (Supplementary Tables S5,7,9) in 54 tissue types and in

both the developing and adult human brain (Methods). For the prioritized genes, a gene

621 expression heatmap was created, based on GTEx v8 RNAseq data<sup>33</sup>. This revealed

622 considerable expression levels across several brain tissues for the following genes: APOE,

623 CAB39L, FAU, NECTIN2 (alias PVRL2) and SORCS2, the latter showing higher expression

624 in brain tissue compared to all other tissue types (Supplementary Fig. 6A). These genes show

625 different expression patterns across the lifespan in the BrainSpan data<sup>34</sup>. *DACH1* shows

626 highest expression during early prenatal stages (8-9 post conception weeks), compared to

627 postnatal stages. Several genes demonstrate stable high expression levels throughout

628 development and across the lifespan (APOE, CAB39L, FAU, NECTIN2 (alias PVRL2)).

629 CDH8 shows lower expression in the early prenatal stages and higher expression later in life

630 (Supplementary Fig. 6B).

631

#### 632 Follow-up analyses: phenome-wide associations

633 For the prioritized SNPs and genes (Supplementary Tables 5,7,9,11), exploratory pheWAS 634 (i.e., 'phenome-wide') analysis was performed to systematically analyse many phenotypes 635 for association with the genotype and individual genes (Supplementary Table 17). PheWAS was performed using publicly available data from the GWASAtlas<sup>32</sup> (<u>https://atlas.ctglab.nl</u>). 636 637 Gene associations of DACH1, GPR139 and SORCS2 showed pleiotropic effects mainly in the 638 metabolic domain, e.g., with estimated glomerular filtration rate and BMI (Supplementary 639 Table 17, Supplementary Fig. 7). SORCS2 and CDH8 also showed significant associations 640 with psychiatric and cognitive traits. Both APOE and NECTIN2 showed strongest 641 associations with Alzheimer's disease, cholesterol and lipids (Supplementary Table 17, 642 Supplementary Fig. 7).

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#### 644 Sensitivity analyses

645 We repeated the SNP and gene analyses in various subgroups: 1) by adding four cohorts of 646 non-European or mixed ancestry (N=540; total N=15,640); 2) by omitting cohorts that did 647 not meet a minimum sample size criterion (N>75) or a minimum scanning interval (> 0.5648 years) leaving N=14,601; 3) by excluding diagnostic groups in each cohort, leaving 649 N=13,034, and 4) by including a covariate adjusting for disease status (Supplementary Tables 650 18,19). In SNP-based and gene-based analyses, effect sizes of SNPs were very similar in all 651 subgroups, suggesting that our results are also applicable for individuals of non-European 652 ancestry (with the caveat that the non-European subgroup was rather small) and were not 653 driven by the smaller cohorts. Findings were also similar in the healthy subgroup and when 654 correcting for disease status, with one notable exception: the association between APOE and 655 rate of volume change in hippocampus and amygdala, with increasing influence of the top 656 SNP with age, was no longer present after correcting for disease (see Supplementary Table 1 657 for diagnoses). This suggests that these APOE findings were in part driven by the presence of

patients in the cohorts and could therefore be explained either by disease-related genes that
also influence rates of change or by brain changes occurring as a consequence of the disease.
Given that our main analyses included patients, and iSECA analyses showed several
associations with disease, we repeated iSECA analyses excluding diagnostic groups in each
cohort. These analyses implicate the same traits, associated with largely the same rates of
change of brain measures (Supplementary Fig. 5).

664

#### 665 Discussion

666 Here, we present the first GWAS investigating influences of common genetic variants on 667 brain-structural changes in over 15,000 subjects covering the lifespan. The longitudinal 668 design of our study combined with the large age range assessed provides a flexible 669 framework to detect age-independent and age-dependent effects of genetic variants on rates 670 of structural brain changes. We identified genetic variants for structural brain changes 671 between 4 and 99 years of age. Some of these were independent of age, showing effects that 672 were stable throughout life in terms of strength and direction, suggesting that these genetic 673 variants are equally crucial for early brain development as for brain ageing. In addition, we 674 identified age-dependent genetic variants, suggesting that some genetic variants are 675 predominantly associated with brain development while others are mainly associated with 676 brain ageing.

677

Amongst our top findings is the *APOE* gene, a major risk factor for AD<sup>23</sup>, and specifically a missense variant in that gene, which influences rates of change in amygdala and hippocampus volume with varying and differential effects across the lifespan, with probably most pronounced effects in those affected with brain disorders. While most of the additional genetic loci identified here have not previously been associated with any brain-plasticityrelated phenotypes, several others were also linked to brain disorders, including psychiatric
(e.g., *GPR139* and *CDH8*) and neurodegenerative disorders (e.g., *NECTIN2*). Notably, *DACH1* and *NECTIN2* show increased expression during early development, while other
genes' brain expression patterns are most pronounced during adulthood (e.g., *APOE* and *CDH8*), suggesting that these genes may exert specific effects during different developmental
periods.

689

690 Gene-set analysis also implies a role for both developmental and neurodegenerative 691 processes. We found a gene-set involved in 'neural nucleus development' that influenced 692 rates of change in cerebellar white matter. Other closely related gene ontology terms, 693 'development of the substantia nigra and midbrain nuclei', were associated with rates of 694 change of cerebral white matter volume and surface area. These all implicate the biological 695 process of progression of a neural nucleus, a compact cluster of neurons in the brain, from its 696 initial condition or formation to its mature state. This would also suggest that we observed 697 the influence of genes involved in early developmental mechanisms of (subcortical) nuclei 698 on cortical changes later in life. It is unclear whether this is a direct effect of these gene sets 699 on cortical changes in adulthood, or the consequence of these early developmental pathways. 700 In addition, we found several gene-sets interacting with tau-protein associated with rate of 701 change in caudate volume, and a gene-set associated with rate of change in surface area that implicates phorbol 13-acetate 12-myristate, an activator of protein kinase C (PKC)<sup>25</sup>. PKC is 702 703 a family of enzymes whose members transduce a large variety of cellular signals and plays a 704 key role in controlling the balance between cell survival and cell death. Its loss of function is 705 generally associated with cancer, whereas its enhanced activity is associated with 706 neurodegeneration. PKC both directly phosphorylates tau and indirectly causes the 707 dephosphorylation of tau, and has been suggested to play a key role in the pathology of

Alzheimer's disease<sup>35</sup>. Together these results suggest involvement of genes in ageing and
neurodegeneration.

710

711 At the global, genome-wide level, we found significant genomic overlap between genetic 712 variants associated with rate of change with genetic variants associated with depression, 713 schizophrenia, cognitive functioning, insomnia, height, body mass index (BMI) and ever-714 smoking. Several of these traits, such as schizophrenia, smoking, cognitive functioning, and body mass index, have been associated with longitudinal brain-structural changes<sup>5,36–38</sup>. The 715 716 global overlap coincides with findings at the individual gene level: several of the identified 717 genetic variants and genes were linked to metabolic processes (APOE, DACH1, GPR139, 718 NECTIN2), cognitive functioning (CDH8), psychiatric traits (GPR139, SORCS2, CDH8) and 719 Alzheimer's disease (NECTIN2 and APOE) as apparent from the pheWAS results. Despite 720 the pleiotropic effects, concordance of effects was generally null. This is not surprising, as 721 rate-of-change measures for brain structures are not constant and often switch sign over the 722 course of the lifespan<sup>1,39</sup>, whereas the GWAS for other traits assume stability of both the 723 phenotype and the genetic influences on the phenotype over time. As such, concordance and 724 discordance of effects would not be expected.

725

The advantage of longitudinal analyses is that each individual acts as their own control, allowing us to separate the genetic effects on volumes in cross-sectional studies from those on the rates of change<sup>14</sup>. Indeed, we found little overlap between the two: top genes identified in the GWAS on cross-sectional brain structure<sup>26,40–42</sup> generally did not overlap with the top genes for the corresponding rates of change. Longitudinal analyses have long been shown to provide different information from cross-sectional approaches. On a phenotypic level, ageing patterns of the hippocampus show different results in cross-sectional studies than in

longitudinal studies<sup>43</sup>. On a genetic level, a study that included a within-sample SNP-by-age 733 734 interaction in the ADNI cohort showed that the power to detect genetic associations was larger for a longitudinal design than for a cross-sectional analysis<sup>44</sup>. Of note, that study also 735 736 identified rs429358 in APOE as being associated with longitudinal hippocampal and 737 amygdala volume change in older age (the ADNI cohort is also included in the current study). 738 Through our meta-regression approach, we now show this variant to exert an effect across the 739 lifespan, with the risk variant for AD causing faster increases in childhood for amygdala 740 volume and faster volume reductions for both amygdala and hippocampus later in life. 741

Given the dynamics of brain structural changes during the lifespan, we investigated both ageindependent and age-dependent genetic effects. The age-independent effects can be
interpreted as neurodevelopmental influences that also impact brain structure at older
ages<sup>45,46</sup>, whereas the age-dependent effects can be interpreted as possible changing effects of
genes or gene expression during life<sup>16</sup>. The genome-wide meta-regression approach
employed here may enable future GWAS for other phenotypes that change over the human
lifespan.

749

750 We chose to analyse longitudinal changes for 15 separate brain structures, because we 751 observed generally low correlations between these phenotypic changes. This approach 752 allowed us to find brain-structure-specific associations. However, several longitudinal studies have described phenotypic correlations between structural changes <sup>39,47,48</sup>; combining several 753 754 phenotypes could thus be an alternative approach to identify genetic variants that exert a 755 global effect. Of note, cohort and age are intertwined in our meta-regression analysis. 756 Although the cohorts analysed in this study together cover the full lifespan, there is relatively 757 little age overlap between them; therefore, we cannot be sure that differences between

cohorts can be exclusively attributed to age. Mega-analysis would circumvent this problem,
but was not feasible in practice. Moreover, we imposed the same stringent criteria of
genome-wide significance for the age-independent meta-analysis and age-dependent metaregression, which renders chance findings equally unlikely in either type of analysis. In
addition, residual heterogeneity for the top findings was generally small. That said, our
sample size is still relatively modest for GWAS purposes, and replication in larger samples
and inclusion of other ancestries is needed once more longitudinal data becomes available.

766 How exactly variation in these genes impacts brain changes in health and disease cannot be 767 answered based on genome-wide association studies. To this end, our findings may direct 768 future studies into brain development and ageing, and prevention and treatment of brain 769 disorders. For example, biological pathways that guide neural nucleus development in the 770 foetal subcortical brain may be particularly relevant to the cerebral white matter growth and 771 cortical thinning that takes place during childhood and adolescence. Neurodegenerative 772 disorders might be better understood when we identify genetic variants that influence brain 773 atrophy over time, compared with identification of static genetic differences. In conclusion, 774 our study shows that our genetic architecture is associated with the dynamics of human brain 775 structure throughout life.

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777

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- Author contributions: Conceptualization: B.F., C.E.F., H.E.H., M.S.P., N.J., P.M.T.,
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- 1129 H.E.H., H.G.S., M.K., K.L.G., N.J., P.M.T., R.M.B., S.E.M., S.I.T.. Core writing team: B.F.,
- H.E.H., K.L.G., M.K., N.J., P.M.T., R.M.B., S.E.M. Visualization: J.Teeuw, M.K., R.M.B..
  Cohort principle investigators: A.H., A.J., A.K., A.L.W.B., A.P.J., B.C.F., B.T.B.,
- B.W.J.H.P., C.Arango, C.McD., D.Ames, D.I.B., E.G.J., F.N., G.A.S., G.Schumann, H.B.,
- 1133 H.E.H., H.F., H.G., H.H.H.A., H.J.G., H.L., H.W., I.A., I.N., J.-L.M., J.H., J.H.V., J.K. 1124 Distributer LME LO. LTERHER K.A. K.S. L.H. ID. L.D. L.T.W. MAAL MULTING
- Buitelaar, J.M.F., J.O., J.Trollor, K.A., K.S., L.H.vdB., L.P., L.T.W., M.A.I., M.H.J., M.J.W.,
  M.N.S., M.S.K., O.A.A., P.A.G., P.B.M., P.G.F., P.J.H., P.M.P., P.R.S., P.S., P.S.S., R.A.B.,
- 1136 R.A.O., R.L.M., R.M.M., R.S.K., R.W., S.Caspers, S.Cichon, S.E.F., S.I.B., S.R.C., T.B.,
- 1137 T.E.I., T.Espeseth, T.H., T.Kircher, T.W., U.D., U.F.M., W.C.. Imaging data collection:
- 1138 A.G., A.L.W.B., A.P.J., A.Z., A.vdL., B.I., B.M., C.A.M., C.A.H, C.D.-C., C.J., C.McD.,
- 1139 D.Ames, D.G., D.I.B., D.J.H., D.M.C., D.T.-G., E.A., E.Bøen, E.G.J., E.Shumskaya, F.N.,
- 1140 F.Stein, G.J.B., G.R., G.Sudre, H.-J.W., H.F., H.H.H.A., I.A., I.A.B., J.-L.M., J.G., J.H.,
- J.H.F., J.Janssen, J.M.F., J.M.W., J.R., J.Trollop, K.A., K.D., K.S., L.H.vdB., L.T.W.,
  M.A.I., M.E.B., M.G.J.C.K., M.J.W., M.L.P.M., M.N.S., M.S.K., N.E.M.vH., N.O., N.S.,
- 1143 O.A.A., P.A.G., P.D., P.M.P., P.R.J., P.S., R.A.-A., R.B., R.K.L., R.R., S.Desrivières, S.H.,
- 1144 S.M., T.R.M., T.W., T.W.M., U.D., V.O.G., W.H., W.W. Genetic data collection: A.J.F.,
- 1145 A.L.W.B., B.M., B.T.B., B.W.J.H.P., C.Arango, C.D.-C., C.McD., D.I.B., D.W.M., E.A.,
- 1146 E.G.J., F.N., F.Stein, F.Streit, G.H., G.Sudre, H.F., H.H.H.A., I.A.B., J.-L.M., J.B.J.K., J.G.-
- 1147 P., J.H., J.J.H., J.M.F., J.R., J.Trollop, J.V.-B., K.A.M., K.S., L.H.vdB., M.D.F., M.J.W.,
- 1148 M.L.P.M., M.L.S., M.M.N., M.N.S., M.R., M.S.K., N.S., O.A.A., P.D., P.M.P., P.R.S., P.S., 1149 P.A.O. P.P. S.Cieber S. Degrivières S.F.F. S.L.W. S.P. S.L.U. S.M. T.P.M. T.W.M.
- 1149 R.A.O., R.R., S.Cichon, S.Desrivières, S.E.F., S.H.W., S.I.B., S.L.H., S.M., T.R.M., T.W.M.,
  1150 U.D., V.M.S.. Imaging data analysis: A.G., A.H.Z., A.P.J., A.Thalamuthu, A.Z., B.J.O.,
- 1151 B.M., C.Alloza, C.G.D., C.J., C.L.dM., D.Alnæs, D.G., D.K., D.M.C., D.T.-G., E.Blok,
- 1152 E.E.L.B., E.Shumskaya, E.Sprooten, F.N., G.B., G.Sudre, G.V.R., H.-J.W., H.J.G., I.A.,
- 1153 I.A.B., J.Jiang, J.K.Bright, J.M.W., K.S., K.W., L.K.M.H., L.N., L.T.W., M.A., M.A.H.,
- 1154 M.G.J.C.K., M.S.K., N.A.C., N.E.M.vH., N.J., N.S., N.T., R.B., R.C.W.M., R.M.B., R.R., S.
- 1155 Ciufolini, S.I.T., S.J.H., S.M.C.dZ., S.R.C., S.T., T.J., T.Karali, T.W., U.D., V.M., W.H.,
- W.W.. Genetic data analysis: A.J.F., A.Teumer, A.Thalamuthu, B.M., B.T.B., C.G.D.,
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- 1192
- 1193 Figure Legends
- 1194 Figure 1: Phenotypic brain changes throughout the lifespan.
- 1195 Visualization of growth and decline of brain structures throughout the lifespan. The
- 1196 subcortical structures are shown in exploded view .
- 1197
- 1198 Figure 2: Annual rates of change  $\Delta$  per cohort for each structure (a-o). The estimated
- 1199 trajectories with 95% confidence intervals (*in green*) are displayed in the top row. Mean
- 1200 values of individual cohorts are displayed as points, with error bars representing
- 1201 standard errors displayed in grey. The size of the points represents the relative size of

the cohorts, total sample size N=15640. Means and standard deviations are based on
raw data – no covariates were included. Cohorts that were added in phase 2 are
displayed in grey. Only cohorts that satisfy N>75 and mean interval > 0.5 years are
shown. The estimated trajectories of the volumes themselves are displayed in the
bottom row, for all subjects (*solid line*) and for subjects not part of diagnostic groups
(*dashed line*).

1208

1209 Figure 3: Genetic effects on rates of brain changes throughout the lifespan.

1210 Genome-wide significant SNPs and genes with effects on brain changes at their

1211 respective loci across the human genome, from phase 2 (total N=15,100). This plot was

1212 created using PhenoGram (<u>http://visualization.ritchielab.org</u>).

1213

1215

1214 Figure 4: Summary of findings for two top-SNPs.

1216 Shown here is a summary of findings for a top-SNP of an age independent effect

1217 (rs72772746; intron to *GPR139*; associated with rate of change of lateral ventricle volume;

1218 left column) and a top-SNP of an age dependent effect (13:72353395; intron to DACH1;

associated with rate of change in cerebral white matter volume; right column). Displayed are

1220 the locus plots (a) and (d), forest plot (b; total N = 14593, means and 95% confidence

1221 intervals are displayed for each cohort; confidence intervals that are outside the axis of the

1222 plot are marked with an arrow) and plot of meta-regression (e; total N = 13864, center of the

1223 circles represent the effect size of the tested allele for each cohort, radius of the circles are

1224 proportional to sample size) and inferred lifespan trajectories for carriers (in red) and non-

1225 carriers of the effect allele (in black) (c) and (f). Note that 13:72353395 was not in the

1226 reference dataset containing LD structure; the displayed LD structure is based on

1227 13:7234009, R2 = 0.87 with the top-SNP.

1228

1229 Figure 5: Genetic overlap with other phenotypes.

1230 1231	P-values for pleiotropy between change rates of structural brain measures (rows,
1232	indicated by $\Delta$ for change rate) and neuropsychiatric, disease-related and psychological
1233	traits (columns on the left). <i>P</i> -values for pleiotropy between change rates of structural
1234	brain measures and head size (intracranial volume) and the cross-sectional brain
1235	measure are displayed on the right. The colour legend is displayed on the right,
1236	indicating the -log <sub>10</sub> p-value. Significant overlap ( $p < 1.6e-04$ ; obtained through
1237	permutation testing, two-sided, Bonferroni corrected) is marked with *. P-values
1238	underlying this figure can be found in Supplemental Table 16.
1239	
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1357

1356 Methods

1358 Ethical approval

1359 All participants gave written informed consent and all participating sites obtained approval

1360 from local research ethics committees/institutional review boards. Ethics approval for meta-

analyses within the ENIGMA consortium was granted by the QIMR Berghofer Medical

1362 Research Institute Human Research Ethics Committee in Australia (approval: *P2204*).

1363

1364 Inclusion criteria

1365 Cohorts that had longitudinal magnetic resonance imaging (MRI) data of the brain and 1366 genotyped data extracted from blood or saliva available were invited to participate, 1367 irrespective of disease status and age. Patients were not excluded as aberrant brain 1368 trajectories are often observed and we hypothesize that genetic risk for disease may be 1369 associated with genetic influences on rates of change. We included cohorts that had a 1370 preferred sample size of at least 75 subjects and a follow up duration (for repeated MRI 1371 scans) of at least six months. After quality control of individual subject's imaging and 1372 genotyping data, not all the cohorts could meet these criteria. In total, we included 15,640 1373 subjects aged 4 to 99 (49% female, 14% patients). Please see Extended Data Fig. 1 and 1374 Supplementary Table 1 for further description of the cohorts.

1375

#### 1376 Longitudinal imaging

Eight global brain measures (total brain including cerebellum and excluding brainstem, 1377 surface area measured at the grey-white matter boundary, average cortical thickness, total 1378 1379 lateral ventricle volume, and cortical and cerebellar grey and white matter volume) and seven 1380 subcortical structures (thalamus, caudate, putamen, pallidum, hippocampus, amygdala and nucleus accumbens) were extracted from the FreeSurfer processing pipeline $^{49-51}$ ; see 1381 1382 Supplementary Table 2 for details per cohort). We chose these measures based on the fact that they show generally high test-retest reliability for cross-sectional measures 52-54, thereby 1383 1384 selecting those measures that would have sufficient signal to noise in change measures. 1385 Image processing and quality control were performed at the level of the cohorts, following 1386 harmonized protocols (http://enigma.ini.usc.edu/protocols/imaging-protocols/) which 1387 included visual inspection of the segmentation. Annual rates of change were computed in 1388 each individual for each phenotype by subtracting baseline brain measures from follow up 1389 measures and dividing by the number of years of follow-up duration. We chose not to correct 1390 for overall head size in the main analysis: while it is common practice to correct for intracranial volume when investigating cross-sectional brain volumes<sup>55</sup>, the associations 1391 1392 between intracranial volume and brain changes over time are small (Extended Data Fig. 2) 1393 and GWAS findings are very similar with and without correction (Supplementary Note; 1394 Supplementary Figure 8). Distributions of baseline and follow-up measures - as well as 1395 annual rates of changes - were visually inspected and change rates were centrally compared 1396 for consistency.

1397

Longitudinal trajectories of brain structure rates of change were estimated by applyinglocally, cohort-size weighted, estimated scatterplot smoothing with a Gaussian kernel, local

polynomials of degree 2 and a span of 1 (LOWESS<sup>56</sup>) implemented in R<sup>57</sup>. Integrating these
trajectories and then fitting these to the baseline values of the phenotypes in the cohorts
provides trajectories throughout the lifespan. Trajectories were estimated in the full dataset
including patients and by excluding diagnostic groups in each cohort separately.

1404

#### 1405 <u>Genome-wide association analysis</u>

At each participating site, genotypes were imputed using the 1000 Genomes project dataset<sup>58</sup> through the Michigan imputation server<sup>59</sup> (https://imputationserver.sph.umich.edu/) or the Sanger imputation server<sup>60</sup> (Supplementary Table 3). Subsequently, each site ran the same multidimensional scaling (MDS) analysis protocol, computing MDS components from the combination of their cohort's data with the HapMap3 population<sup>61</sup>. This ensured that all sites corrected for ancestry in a consistent manner. See

1412 http://enigma.ini.usc.edu/protocols/genetics-protocols/ for the imputation and MDS analysis 1413 protocol. Within each cohort genome-wide association was conducted using an additive 1414 model, modelling change rate as a function of the genetic variant plus covariates age, sex, age\*sex. age<sup>2</sup>, age<sup>2</sup>\*sex and ancestry (the first four MDS components). While it is possible 1415 1416 that rates of brain structural changes are different in males and females, we did not have the 1417 power to perform analyses separating the sexes. Dummy variables were added where 1418 appropriate, e.g., when multiple scanners were used. We re-ran these analyses adding a 1419 covariate for disease status if the cohorts contained patients and controls. Most sites used our harmonized GWAS protocol, which used *raremetalworker*<sup>62</sup> for analysis (Supplementary 1420 1421 Table 3). Regardless of the study design, a kinship matrix was incorporated in these analyses, 1422 accounting for relatedness in family studies, or possible unknown kinship in the other studies. 1423 Given the small sample sizes of the individual cohorts, a stringent cohort level quality control was enforced, to exclude variants with a minor allele frequency (MAF) < 0.05 or variants 1424

1425with imputation  $\mathbb{R}^2$  / info score < 0.75. Across cohorts and phenotypes, GWAS summary</th>1426plots (Manhattan plots and QQ plots) were visually inspected at the central site. If a given1427cohort / trait showed deviation from expectations, sites were asked to re-analyse their data,1428which usually involved removal of outliers in the phenotypic data. QQ plots per cohort, per1429phenotype can be found in Supplementary Figure 10.

1430

#### 1431 Meta-analysis and Meta-regression

1432 In the phase 1 cohorts of European ancestry (N=9,604) we aggregated the cohort-level data

1433 for each phenotype, using standard-error weighted meta-analysis or meta-regression. We

1434 employed a cumulative meta-analysis and meta-regression approach for replication, in phase

1435 2 (N=15,100). The meta-regression could not be performed separately in the three

1436 independent cohorts added in phase 2 since a regression line based on three points is prone to

1437 overfitting. For age-independent analyses, we list results in the added sample (Supplementary

1438 Tables 4 and 10). We tested three models. Under the assumption that effect sizes of single

1439 nucleotide polymorphisms (SNPs) were consistent across the lifespan (i.e., a standard meta-

1440 analytic approach), where the subscript C denotes a cohort and  $\varepsilon$  an error term:

1441 1) Effect\_SNP<sub>C</sub> ~  $b_0 + \varepsilon_C$ , under the null hypothesis that  $b_0 = 0$ .

1442 Given that brain changes throughout life are dependent on age, the effects of a genetic variant 1443 on brain change are likely to depend on age too. Within cohorts, such an age by SNP effect 1444 analysis would not have been feasible since longitudinal cohorts that span the age-range 1445 between 4-99 years do not exist. Given the widespread mean age among the cohorts included 1446 (Extended Data Fig. 1 and Supplementary Table 1), it was possible to calculate the age-1447 dependent effects across the life span by comparing effects of loci between cohorts, through 1448 meta-regression. Meta-regression is a sophisticated tool for addressing heterogeneity between cohorts in meta-analyses when the source of heterogeneity is known (in this case, age)<sup>63</sup>. We 1449

1450 estimated the following model under the assumption that the effects of SNPs may vary in size1451 or direction across the lifespan:

1452 2) Effect\_SNP<sub>C</sub> ~  $b_0 + b_1^* age_C + \varepsilon_C$  under the null hypothesis that  $b_1=0$  (1 degree of 1453 freedom), and

1454 3) Effect\_SNP<sub>C</sub> ~  $b_0 + b_1^* age_C + b_2^* age_C^2 + \varepsilon_C$  under the null hypothesis that

 $1455 \qquad (b_1 \!=\! b_2 \!=\! 0, 2 \text{ degrees of freedom}).$ 

1456 SNP data were aligned using METAL<sup>64</sup> for all three analyses. The age-independent effect of 1457 SNPs (model 1) was computed in METAL. For the age-dependent analyses (model 2 for 1458 linear age effects and model 3 for quadratic age effects) the aligned data were imported into 1459  $R^{52}$  and fixed effects meta-regression was performed using the R-package metafor<sup>65</sup> (version 1460 2.0-0). Results were filtered on SNPs that were present for at least 50% of the cohorts and in 1461 at least 50% of the subjects.

1462

#### 1463 <u>Functional mapping</u>

1464 Functional mapping was performed using the FUMA platform designed for prioritization,

1465 annotation and interpretation of GWAS results<sup>66</sup>. As the first step, independent significant

1466 SNPs in the individual GWAS meta-analysis summary statistics were identified based on

1467 their *p*-value ( $p < 5 \ge 10^{-8}$ ) and independence of each other ( $r^2 < 0.6$  in the 1000G phase 3

1468 reference) within a 1Mb window. Thereafter, lead SNPs were identified from independent

1469 significant SNPs, which are independent of each other ( $r^2 < 0.1$ ). We used FUMA to annotate

1470 lead SNPs in genomic risk loci based on the following functional consequences on genes:

1471 eQTL data (GTEx v6 and v7<sup>67</sup>), blood eQTL browser<sup>68</sup>, BIOS QTL browser<sup>69</sup>,

1472 BRAINEAC<sup>70</sup>, MuTHER<sup>71</sup>, xQTLServer<sup>72</sup>, the CommonMind Consortium<sup>73</sup> and 3D

1473 chromatin interactions from HI-C experiments of 21 tissues/cell types<sup>74</sup>. Next for eQTL

1474 mapping and chromatin interaction mapping, genes were mapped using positional mapping,

1475 which is based on a maximum distance between SNPs (default 10kb) and genes. Chromatin 1476 interaction mapping was performed with significant chromatin interactions (defined as FDR 1477  $< 1 \times 10^{-6}$ ). The two ends of significant chromatin interactions were defined as follows: 1478 region 1 – a region overlapping with one of the candidate SNPs, and region 2 – another end 1479 of the significant interaction, used to map to genes based on overlap with a promoter region 1480 (250bp upstream and 50bp downstream of the transcription start site).

1481

#### 1482 <u>Visualization of SNP effects</u>

1483 We visualized the effects of our top SNPs on the lifespan trajectory, assuming no effects of 1484 the other SNPs, for easier interpretation of the direction of effect. Similar to the estimation of 1485 the lifespan trajectory, we estimated a smoothed version f(x) of the phenotypic change rate 1486 using LOWESS (see above) and integrated the rate of change. We added the unknown 1487 volume C at the start of our age range by fitting the integrated curve to the baseline data. 1488 Suppose h(x) is the unknown rate of change for non-carriers. The additional change rate g(x)1489 for carriers was estimated through the meta-analysis or meta-regression. The full dataset contained a fraction p of the carriers of the tested allele. Assuming p + q = 1,  $f(x) = p^*(h(x))$ 1490  $(+ g(x)) + q^{*}h(x) = h(x) + p^{*}g(x)$ . We created a rate of change curve for non-carriers as f(x)-1491 1492  $p^*g(x)$  and a rate of change curve of carriers as  $f(x)+q^*g(x)$ . The offset C is potentially 1493 different in carriers and non-carriers, so we estimated this difference by taking the effect of 1494 the cross-sectional GWAS data (see below) in this SNP, or a proxy SNP in high linkage 1495 disequilibrium (LD).

1496

#### 1497 <u>Gene-based and gene-set analyses</u>

1498 Gene-based associations with 15 phenotypes were estimated using MAGMA<sup>75</sup> (version

1499 1.09a) using the summary statistics from age-independent and age-dependent GWAS meta-

1500 analyses of rate of change of global brain measures. Gene names and locations were based on 1501 NCBI 37.3 locations as provided by MAGMA. Association was tested using the SNP-wise 1502 mean model, in which the sum of -log(SNP p-value) for SNPs located within the transcribed 1503 region was used as the test statistic. LD correction was based on estimates from the 1000 Genomes Project Phase 3 European ancestry samples<sup>58</sup>. To describe the direction of the age 1504 1505 effect for significant genes in the age-dependent analyses, we subsequently identified the 1506 SNPs that were used in the gene-based *p*-value and plotted the age-dependent effect of the 1507 top SNP that contributed to the gene-based *p*-value.

The generated gene-based *p*-values were used to analyse sets of genes in order to test for association of genes belonging to specific biological pathways or processes. MAGMA applies a competitive test to analyse if the genes of a gene set are more strongly associated with the trait than other genes, while correcting for a series of confounding effects such as gene length and size of the gene set. For gene sets we used 9,975 sets with 10 –1,000 genes from the Gene Ontology sets<sup>76</sup> curated from MsigDB 7.0<sup>77</sup>.

1514

#### 1515 <u>Multiple testing corrections</u>

1516 We investigated annual rates of change for 15 brain phenotypes, but these are correlated to 1517 some extent (Extended Data Fig. 2). We therefore estimated the effective number of independent variables based on matrix spectral decomposition<sup>78</sup> for the largest adolescent 1518 1519 cohort (IMAGEN; N=1,068) and for the largest elderly cohort from the phase 1 sample 1520 (ADNI2; N=626). The most conservative estimate of the number of independent traits was 1521 13.93. Despite the fact that models 2 and 3 are nested and therefore not independent, we also 1522 corrected for performing three analyses per trait. The study-wide significant threshold for the 1523 genome was therefore set at p < 1.2e-09 (5e-08/13.93\*3). For gene-based significance, we 1524 applied a genome-wide significance level of 0.05/17541 = 2.85e-06, and a study wide

significance of 2.85e-06/(13.93\*3), i.e. p < 6.82e-08. For gene-set significance, we applied a genome-wide significance level of 0.05/9,975 = 5.01e-06 and a study-wide significance level of 5.01e-06/(13.93\*3), i.e. p < 1.20e-07.

1528

#### 1529 <u>SNP heritability</u>

- 1530 SNP heritabilities,  $h^2_{SNP}$ , were estimated by using linkage disequilibrium (LD) score
- 1531 regression<sup>79</sup> (LDSR) for the European-ancestry brain change GWASs to ensure matching of
- 1532 population LD structure. For LDSR, we used precomputed LD scores based on the European-
- ancestry samples of the 1000 Genomes Project<sup>58</sup> restricted to HapMap3 SNPs<sup>61</sup>. The
- summary statistics with standard LDSC filtering were regressed onto these scores. SNP
- 1535 heritabilities were estimated based on the slope of the LD score regression, with heritabilities
- 1536 on the observed scale calculated. To ensure sufficient power for the genetic correlations,  $r_{\rm g}$
- 1537 was calculated if the Z-score of the  $h_{SNP}^2$  for the corresponding GWAS was 4 or higher<sup>79</sup>.
- 1538

#### 1539 Comparison with cross-sectional results

1540 For the genome-wide significant genes and genes associated with genome-wide significant

1541 SNPs, we compared our findings with cross-sectional GWAS summary statistics when

available. To this end, datasets<sup>26,40–42</sup> were requested and downloaded from

1543 <u>http://enigma.ini.usc.edu/research/download-enigma-gwas-results/</u> and

1544 http://big.stats.ox.ac.uk/download\_page. Gene-based association analyses for cross-sectional

brain GWAS summary statistics were performed using MAGMA (as described above).

- 1546 Additionally, we compared the overlap in the first 1,000 ranked genes to the expected
- 1547 number of overlapping genes based on chance. False discovery rate correction<sup>80</sup> was applied
- to determine over- or under-representation of genes from our longitudinal GWAS to the
- 1549 cross-sectional previously published  $GWAS^{26,40-42}$ .

1550

#### 1551 Overlap with cross-sectional results and other traits

1552 To investigate genetic overlap with other traits across the genome we applied an adapted version of iSECA<sup>81</sup> (independent SNP effect concordance analysis) which examines 1553 1554 pleiotropy and concordance of the direction of effects between two phenotypes by comparing 1555 expected and observed overlap in sets of SNPs from both phenotypes that are thresholded at 1556 different levels. From the results at each threshold, heatmap plots were generated containing 1557 binomial tests for pleiotropy and Fisher's exact tests for concordance. An empirical *p*-value 1558 for overall pleiotropy and concordance was then generated through permutation testing. Our 1559 implementation of iSECA also included a *p*-value for overall discordance, as we expect some 1560 phenotypes to negatively influence brain-structural change rates. P-values were computed 1561 using a two-step approach: we first ran 1,000 permutations. If the *p*-value for pleiotropy was 1562 below 0.05/15 we reran the analyses with 10,000 permutations to obtain a more precise p-1563 value. Summary statistics of change rates were first filtered on SNPs for which > 95% of the 1564 subjects contributed data to remove the sample size dependency of *p*-values and subsequently 1565 clumped (*p*=1,kb=1000) to ensure independence of input SNPs. 1566 We investigated the genetic overlap between brain-structural changes and risk for 20 1567 neuropsychiatric, neurological and somatic disorders, and physical and psychological traits. Summary statistics were downloaded or requested for  $aggression^{82}$ , alcohol dependence<sup>83</sup>, 1568 Alzheimer's disease<sup>84</sup>, attention-deficit/hyperactivity disorder<sup>85</sup>, autism<sup>86</sup>, bipolar disorder<sup>87</sup>, 1569 body mass index<sup>30</sup>, brain age gap<sup>12</sup>, cognitive functioning<sup>29</sup>, depression<sup>27</sup>, diabetes type  $2^{88}$ , 1570 ever-smoking<sup>32</sup>, focal epilepsy<sup>89</sup>, height<sup>30</sup>, inflammatory bowel disease<sup>90</sup>, insomnia<sup>31</sup>, 1571 multiple sclerosis<sup>91</sup>, Parkinson's disease<sup>92</sup>, rheumatoid arthritis<sup>93</sup> and schizophrenia<sup>28</sup>. These 1572 1573 phenotypes were chosen because of known associations with brain structure or function, and availability of summary statistics based on large GWA-studies. For comparison, we 1574

1575 computed the genetic overlap between cross-sectional brain structure and these phenotypes,1576 using the same method.

Apart from these, we also 1) included intracranial volume<sup>94</sup> to investigate the effect of overall head size and 2) tested the overlap between each structure's longitudinal change measure against its cross-sectional brain structure. Pleiotropy, concordance or discordance was considered significant when the *p*-value was smaller than 0.05/15\*22 (#change rates \*

1582

1581

1583 Brain gene expression

#phenotypes tested) = 1.5e-04.

1584 GENE2FUNC, a core process of FUMA<sup>66</sup> (Functional Mapping and Annotation of Genome-

1585 wide Association Studies), was employed to analyse gene expression patterns. For this, a set

1586 of 8 genes was used as input, including all genome-wide significant genes and genes

1587 harbouring genome-wide significant SNPs (compare Supplementary Tables 5,7,9,11).

1588 Gene expression heatmap was constructed employing GTEx v8<sup>33</sup>; 54 tissue types) and

1589 BrainSpan RNA-seq data across 29 different ages or 11 different developmental stages<sup>32</sup>. The

average of normalized expression per label (zero means across samples) was displayed on the

1591 corresponding heatmaps. Expression values are TPM (Transcripts Per Million) for GTEx v8

and RPKM (Read per Kilobase Million) in the case of the BrainSpan data set.

1593

#### 1594 <u>Phenome-wide association studies</u>

1595 To identify phenotypes associated with the candidate SNPs and genes (defined as genome-

1596 wide significant SNPs and the genome-wide significant genes and genes associated with

1597 genome-wide significant SNPs), a phenome-wide association study (pheWAS) was done for

1598 each SNP and/or gene. PheWAS was performed using public data provided by

1599 GWASAtlas<sup>32</sup>(<u>https://atlas.ctglab.nl</u>). To correct for multiple testing, the total number of

- 1600 GWASs (4,756) was considered (including GWASs in which the searched SNP or gene was
- 1601 not tested) and the number of tested SNPs and genes (n=14), resulting in a Bonferroni
- 1602 corrected *p*-value threshold of 1.05e-05/14, i.e., p < 7.51e-07.
- 1603

1604 <u>Sensitivity analyses</u>

1605 The phase 2 analyses include available data from all cohorts with European ancestry 1606 (N=15,100). The four cohorts of non-European and mixed ancestry together consist of 540 1607 subjects, who are predominantly children and adolescents (Supplementary Table 3). The 1608 number of subjects, heterogeneity in ancestry and the age-distribution do not allow for 1609 separate meta-analysis or meta-regression. We therefore added the cohorts of non-European 1610 ancestry to the original datasets and reran analyses (N=15,640). In a second analysis, we 1611 excluded the 9 cohorts that had N < 75 or mean scanning interval < 0.5 years (Supplementary 1612 Table 2), leaving N=14,601 subjects. The main analyses include data from all subjects 1613 combined, without correction for disease. This approach was chosen because many 1614 neurological and neuropsychiatric diseases are characterized by aberrant brain changes over 1615 time, and genes involved in the disease may also be involved in these brain changes. To 1616 check whether our results were confounded by disease, we repeated the main analyses 1617 excluding diagnostic groups of each cohort (N=13,0349) and by correcting for disease status. 1618 1619 Data availability: This work is a meta-analysis. Upon publication, the meta-analytic results 1620 will be made available from the ENIGMA consortium webpage 1621 (http://enigma.ini.usc.edu/research/download-enigma-gwas-results). Cohort level data can be 1622 shared upon request, after permission of cohort principal investigators. Individual level data 1623 can be shared with interested investigators, subject to local and national ethics regulations

1624 and legal requirements that respect the informed consent forms and national laws of the

- 1625 country of origin of the persons scanned. Figures that contain cohort level (meta) data:
- 1626 Figures 1, 2, Extended data Figures 1,2, Supplementary Figures 1,3,8,10.
- 1627 Public data used in this work include the ABCD cohort (data release 3.0, accessible through
- 1628 <u>https://nda.nih.gov/abcd;</u> http://dx.doi.org/10.15154/1519007), ADNI cohort (accessible
- through adni.loni.usc.edu), and the UK biobank cohort (data request 11559,
- 1630 <u>https://www.ukbiobank.ac.uk</u>).
- 1631
- 1632
- 1633 **Code availability:**
- 1634 The code for processing of individual cohorts (including imaging and QC, imputation and
- 1635 GWAS protocol) can be found on <u>http://enigma.ini.usc.edu/ongoing/enigma-plasticity-</u>
- 1636 <u>working-group/</u>. Code for the meta-regression is available through Github
- 1637 <u>https://github.com/RMBrouwer/GWAS\_meta\_regression</u>.
- 1638

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- 1744 **Supplementary Table 1.** Cohort characteristics.
- 1745 **Supplementary Table 2.** Description of imaging per study cohort.
- 1746 **Supplementary Table 3.** Description of genetics per study cohort.

Supplementary Table 4. Summary of genome-wide significant SNPs and top-10 loci for
main effect of genetic variants on brain morphology rates of change in phase 1 + results
for same SNPs in replication cohorts and phase 2.

1750 Supplementary Table 5. Summary of genome-wide significant SNPs and top-10 loci for

1751 main effect of genetic variants on brain morphology rates of change in phase 2.

1752 **Supplementary Table 6.** Summary of genome-wide significant SNPs and top-10 loci for

1753 linear age effects of genetic variants on brain morphology rates of change in phase 1 + results1754 for same SNPs in phase 2.

1755 Supplementary Table 7. Summary of genome-wide significant SNPs and top-10 loci for

1756 linear age effects of genetic variants on brain morphology rates of change in phase 2.

1757 Supplementary Table 8. Summary of genome-wide significant SNPs and top-10 loci for

1758 quadratic age effects of genetic variants on brain morphology rates of change in phase 1 +

results for same SNPs in phase 2.

1760 Supplementary Table 9. Summary of genome-wide significant SNPs and top-10 loci for

1761 quadratic age effects of genetic variants on brain morphology rates of change in phase 2.

1762 Supplementary Table 10. Summary of genome-wide significant genes and top-10 genes for

brain morphology rates of change in phase 1 + results for same genes in replication cohortsand phase 2.

1765 **Supplementary Table 11.** Summary of genome-wide significant genes, top-10 genes for

brain morphology rates of change in phase 2 sample, and look-up results for top 10 genes in

1767 cross-sectional data.

**Supplementary Table 12.** Biological functions for top SNPs and genes.

1769 Supplementary Table 13. Summary of genome-wide significant effects and top-10 gene-sets

1770 for brain morphology rates of change in phase 1 + results for same gene sets in phase 2.

- 1771 **Supplementary Table 14.** Summary of genome-wide significant effects and top-10 gene-sets
- 1772 for brain morphology rates of change in phase 2.
- 1773 **Supplementary Table 15.** SNP-based heritabilities as estimated using LDSC.
- 1774 **Supplementary Table 16.** P-values and intervals for genetic overlap with cross-sectional
- volumes, ICV and other traits, underlying Figure 4.
- 1776 Supplementary Table 17. Phenome-wide association results for genome-wide significant
- 1777 loci and genes.
- 1778 Supplementary Table 18. Loci for age-(in)dependent effect on longitudinal brain changes in
- subgroups.
- 1780 Supplementary Table 19. Genes for age-(in)dependent effect on longitudinal brain changes1781 in subgroups.



















older age (ADNI2)